

Starting with the definition of  $a$ ,  $N$ , and  $H$  for the simple harmonic oscillator,

$$H = \frac{P^2}{2m} + \frac{m\omega_0^2 X^2}{2}, \quad a = \frac{1}{\sqrt{2}d_0} \left[ X + \frac{iP}{m\omega_0} \right], \quad d_0 = \sqrt{\frac{\hbar}{m\omega_0}}, \quad N = a^\dagger a,$$

verify all the following properties, using the commutation relation for  $X$  and  $P$ ,  $[X, P] = i\hbar$ , as necessary. Note that  $|E\rangle$  means an eigenstate of  $H$  with eigenvalue  $E$  and  $|n\rangle$  means an eigenstate of  $N$  with eigenvalue  $n$ . You should do this without referencing the course notes!!

$$(1) H = \hbar\omega_0 \left( a^\dagger a + \frac{1}{2} \right) = \hbar\omega_0 \left( N + \frac{1}{2} \right).$$

$$(2) [a, a^\dagger] = I.$$

$$(3) [N, a] = -a.$$

$$(4) [N, a^\dagger] = a^\dagger.$$

$$(5) N(a|n\rangle) = (n-1)(a|n\rangle).$$

$$(6) N(a^\dagger|n\rangle) = (n+1)(a^\dagger|n\rangle).$$

$$(7) a|n\rangle = \sqrt{n}|n-1\rangle.$$

$$(8) a^\dagger|n\rangle = \sqrt{n+1}|n+1\rangle.$$

$$(9) X|n\rangle = \frac{d_0}{\sqrt{2}} [\sqrt{n+1}|n+1\rangle + \sqrt{n}|n-1\rangle].$$

$$(10) P|n\rangle = \frac{i\hbar}{\sqrt{2}d_0} [\sqrt{n+1}|n+1\rangle - \sqrt{n}|n-1\rangle].$$

$$(11) [H, N] = 0.$$

$$(12) [H, a] = -\hbar\omega_0 a.$$

$$(13) [H, a^\dagger] = \hbar\omega_0 a^\dagger.$$

$$(14) H(a|E\rangle) = (E - \hbar\omega_0)(a|E\rangle).$$

$$(15) H(a^\dagger|E\rangle) = (E + \hbar\omega_0)(a^\dagger|E\rangle).$$

$$a^\dagger = \frac{1}{\sqrt{2}d_0} \left[ X - \frac{iP}{m\omega_0} \right]$$

$$\begin{aligned} \textcircled{1} \quad a^\dagger a &= \frac{1}{2d_0^2} \left[ X - \frac{iP}{m\omega_0} \right] \left[ X + \frac{iP}{m\omega_0} \right] \quad \checkmark \quad i\hbar \\ &= \frac{1}{2d_0^2} \left[ X^2 + \frac{P^2}{m^2\omega_0^2} + \frac{i}{m\omega_0} [XP - PX] \right] \\ &= \frac{1}{2} \frac{m\omega_0}{\hbar} \left[ X^2 + \frac{P^2}{m^2\omega_0^2} - \frac{\hbar}{m\omega_0} \right] \end{aligned}$$

$$\Rightarrow \frac{1}{2} \left( X^2 + \frac{P^2}{m^2\omega_0^2} \right) = \frac{\hbar}{m\omega_0} a^\dagger a + \frac{\hbar}{2m\omega_0}$$

$$\Rightarrow \frac{1}{2} \left( m\omega_0^2 X^2 + \frac{P^2}{m} \right) = \hbar\omega_0 \left( a^\dagger a + \frac{1}{2} \right)$$

$$\begin{aligned} \textcircled{2} \quad aa^\dagger &= \frac{1}{2d_0^2} \left[ X + \frac{iP}{m\omega_0} \right] \left[ X - \frac{iP}{m\omega_0} \right] \quad \checkmark \quad -i\hbar \\ &= \frac{1}{2d_0^2} \left[ X^2 + \frac{P^2}{m^2\omega_0^2} + \frac{i}{m\omega_0} (PX - XP) \right] \\ &= \frac{1}{2} \frac{m\omega_0}{\hbar} \left[ X^2 + \frac{P^2}{m^2\omega_0^2} + \frac{\hbar}{m\omega_0} \right] \end{aligned}$$

$$\therefore [a, a^\dagger] = aa^\dagger - a^\dagger a$$

$$\begin{aligned} &= \frac{1}{2} \frac{m\omega_0}{\hbar} \left( \frac{\hbar}{m\omega_0} \right) - \frac{1}{2} \frac{m\omega_0}{\hbar} \left( -\frac{\hbar}{m\omega_0} \right) \\ &= 1 \quad \checkmark \end{aligned}$$

$$\begin{aligned}
 \textcircled{3} \quad [N, a] &= \underbrace{a^\dagger a a - a a^\dagger a}_{\Rightarrow a^\dagger a = a a^\dagger - I} \quad a^\dagger a - a a^\dagger = -[a, a^\dagger] = -I \\
 [N, a] &= (a a^\dagger - I) a - a a^\dagger a \\
 [N, a] &= a a^\dagger a - a - a a^\dagger a = -a \quad \checkmark
 \end{aligned}$$

$$\textcircled{4} \quad [N, a^\dagger] = a^\dagger a a^\dagger - a^\dagger a^\dagger a = a^\dagger (a a^\dagger - a^\dagger a) = a^\dagger [a, a^\dagger] = a^\dagger \quad \checkmark$$

$$\begin{aligned}
 \textcircled{5} \quad N(a|n\rangle) &= N a|n\rangle = (N a - a N + a N)|n\rangle \\
 &= ([N, a] + a N)|n\rangle = (-a + n a)|n\rangle \\
 &= (n-1)(a|n\rangle) \quad \checkmark
 \end{aligned}$$

$$\begin{aligned}
 \textcircled{6} \quad N(a^\dagger|n\rangle) &= N a^\dagger|n\rangle = (N a^\dagger - a^\dagger N + a^\dagger N)|n\rangle \\
 &= ([N, a^\dagger] + a^\dagger N)|n\rangle = (a^\dagger + n a^\dagger)|n\rangle \\
 &= (n+1)(a^\dagger|n\rangle) \quad \checkmark
 \end{aligned}$$

$$\textcircled{7} \quad \text{From } \textcircled{5}, \quad a|n\rangle = \alpha|n-1\rangle$$

$$\Rightarrow \underbrace{\langle n| a^\dagger a |n\rangle}_N = \langle n-1| \alpha^* \alpha |n-1\rangle$$

$$\langle n|N|n\rangle = |\alpha|^2 \langle n-1|n-1\rangle$$

$$n \langle n|n\rangle = |\alpha|^2 \langle n-1|n-1\rangle$$

$$|\alpha|^2 = n \Rightarrow \alpha = \sqrt{n} \quad \checkmark$$

$$\textcircled{8} \text{ From } \textcircled{6}, \quad a^+ |n\rangle = \beta |n+1\rangle$$

$$\Rightarrow \langle n | a a^+ | n \rangle = \langle n+1 | \beta^* \beta | n+1 \rangle$$

$$\langle n | a a^+ - a^+ a + a^+ a | n \rangle = |\beta|^2 \langle n+1 | n+1 \rangle$$

$$\langle n | [a, a^+] + N | n \rangle = |\beta|^2$$

$$\langle n | 1 + n | n \rangle = |\beta|^2$$

$$\langle n | n \rangle \langle n+1 | n+1 \rangle = |\beta|^2 \Rightarrow \beta = \sqrt{n+1}$$

$$\textcircled{9} \quad a + a^+ = \frac{2}{\sqrt{2} d_0} X \Rightarrow X = \frac{d_0}{\sqrt{2}} (a + a^+)$$

So, using  $\textcircled{7}$  &  $\textcircled{8}$

$$X |n\rangle = \frac{d_0}{\sqrt{2}} (a + a^+) |n\rangle = \frac{d_0}{\sqrt{2}} \left( \sqrt{n} |n-1\rangle + \sqrt{n+1} |n+1\rangle \right) \quad \checkmark$$

$$\textcircled{10} \quad a - a^+ = \frac{2iP}{\sqrt{2} d_0 m \omega_0} \Rightarrow P = \frac{m \omega_0 d_0}{\sqrt{2} i} (a - a^+) = \frac{m \omega_0 d_0^2}{\sqrt{2} i d_0} (a - a^+) \\ = \frac{\hbar}{\sqrt{2} i d_0} (a - a^+)$$

$$P |n\rangle = -\frac{i\hbar}{\sqrt{2} d_0} \left( \sqrt{n} |n-1\rangle - \sqrt{n+1} |n+1\rangle \right)$$

$$\textcircled{11} \quad H = \hbar \omega_0 \left( N + \frac{1}{2} \right) \Rightarrow [H, N] = 0$$

$$(12) \quad [H, a] = \hbar\omega_0 [N, a] = -\hbar\omega_0 a \quad \checkmark$$

$$(13) \quad [H, a^\dagger] = \hbar\omega_0 [N, a^\dagger] = \hbar\omega_0 a^\dagger$$

$$\begin{aligned} (14) \quad H(a|E\rangle) &= (aH + [H, a])|E\rangle \\ &= (aE - \hbar\omega_0 a)|E\rangle \\ &= (E - \hbar\omega_0)a|E\rangle \quad \checkmark \end{aligned}$$

$$\begin{aligned} (15) \quad H(a^\dagger|E\rangle) &= (a^\dagger H + [H, a^\dagger])|E\rangle \\ &= (a^\dagger E + \hbar\omega_0 a^\dagger)|E\rangle \\ &= (E + \hbar\omega_0)a^\dagger|E\rangle \quad \checkmark \end{aligned}$$