Starting with the definition of a, N, and H for the simple harmonic oscillator,

$$H=\frac{P^2}{2m}+\frac{m\omega_0^2X^2}{2},\quad a=\frac{1}{\sqrt{2}d_0}\left[X+\frac{\mathrm{i}P}{m\omega_0}\right],\quad d_0=\sqrt{\frac{\hbar}{m\omega_0}},\quad N=a^\dagger a,$$

verify all the following properties, using the commutation relation for X and P, $[X, P] = i\hbar$, as necessary. Note that $|E\rangle$ means an eigenstate of H with eigenvalue E and $|n\rangle$ means and eigenstate of N with eigenvalue n. You should do this without referencing the course notes!!

(1)
$$H = \hbar \omega_0 \left(a^{\dagger} a + \frac{1}{2} \right) = \hbar \omega_0 \left(N + \frac{1}{2} \right).$$

(2)
$$\left[a, a^{\dagger}\right] = I.$$

(3)
$$[N, a] = -a$$
.

$$(4) \left[N, a^{\dagger} \right] = a^{\dagger}.$$

(5)
$$N(a|n\rangle) = (n-1)(a|n\rangle).$$

(6)
$$N(a^{\dagger}|n\rangle) = (n+1)(a^{\dagger}|n\rangle).$$

(7)
$$a|n\rangle = \sqrt{n}|n-1\rangle$$
.

(8)
$$a^{\dagger}|n\rangle = \sqrt{n+1}|n+1\rangle$$
.

(9)
$$X|n\rangle = \frac{d_0}{\sqrt{2}} \left[\sqrt{n+1} |n+1\rangle + \sqrt{n} |n-1\rangle \right].$$

(10)
$$P|n\rangle = \frac{\mathrm{i}\hbar}{\sqrt{2}d_0} \left[\sqrt{n+1} |n+1\rangle - \sqrt{n} |n-1\rangle \right].$$

(11)
$$[H, N] = 0.$$

(12)
$$[H, a] = -\hbar \omega_0 a$$
.

(13)
$$\left[H, a^{\dagger}\right] = \hbar \omega_0 a^{\dagger}$$
.

(14)
$$H(a|E\rangle) = (E - \hbar\omega_0) (a|E\rangle).$$

(15)
$$H(a^{\dagger}|E\rangle) = (E + \hbar\omega_0)(a^{\dagger}|E\rangle).$$