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# **Healthy Life Expectancy, Mortality, and Age Prevalence of Morbidity**

**Alyson van Raalte, Tim Riffe**



## Expected life years with disability (DLY)

- Most often measured by Sullivan method
- DLY is sum product of life table survival  $L_x$  and morbidity age-specific prevalence  $\pi_x$
- DLY can change because of changes in  $L_x$  or  $\pi_x$



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## But what is $\pi_x$ exactly?

- Disability prevalence at each age
- Stock variable: slow to react to abrupt health innovations since it depends on past cohort experiences with sickness (Barendregt et al. 1994)
- Prevalence can vary by age, time-to-death, lifespan, or combinations of these things.
- This complicates comparisons of period DLY (or HLE) across populations with different mortality.
- Since  $\pi_x$  changes across mortality regimes, attributing between-population differences in DLY to mortality and morbidity is problematic.



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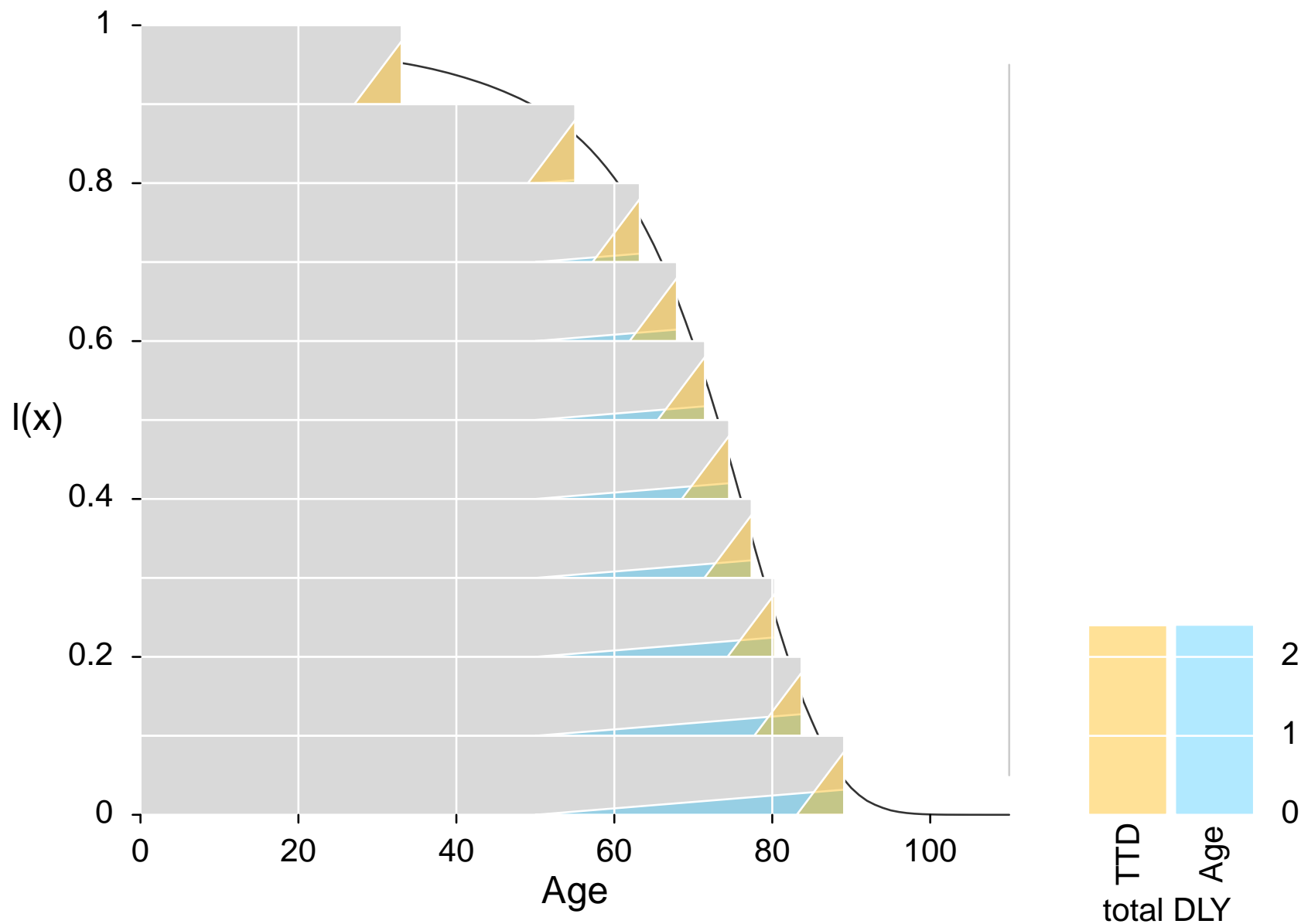


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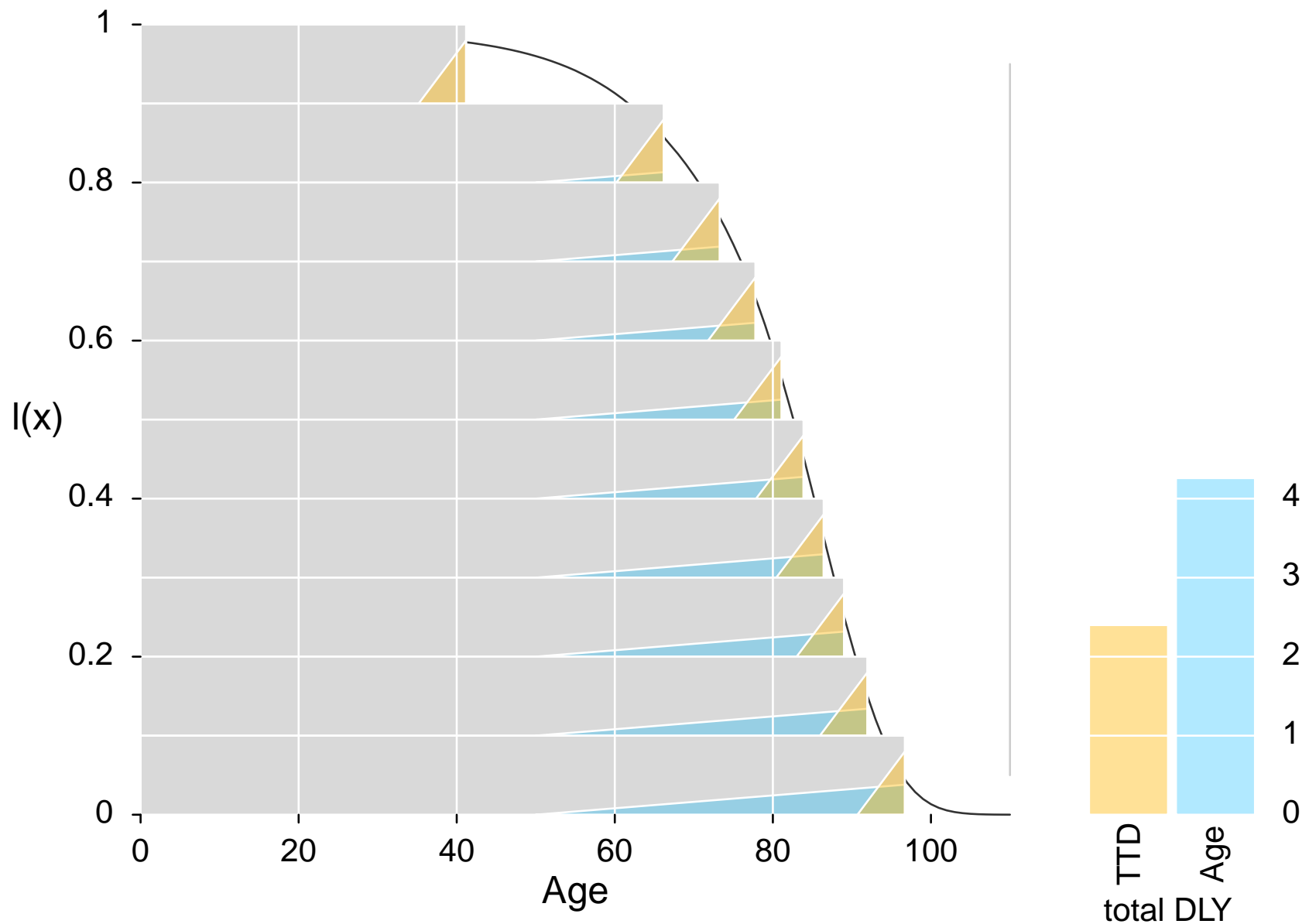


## A simple illustration



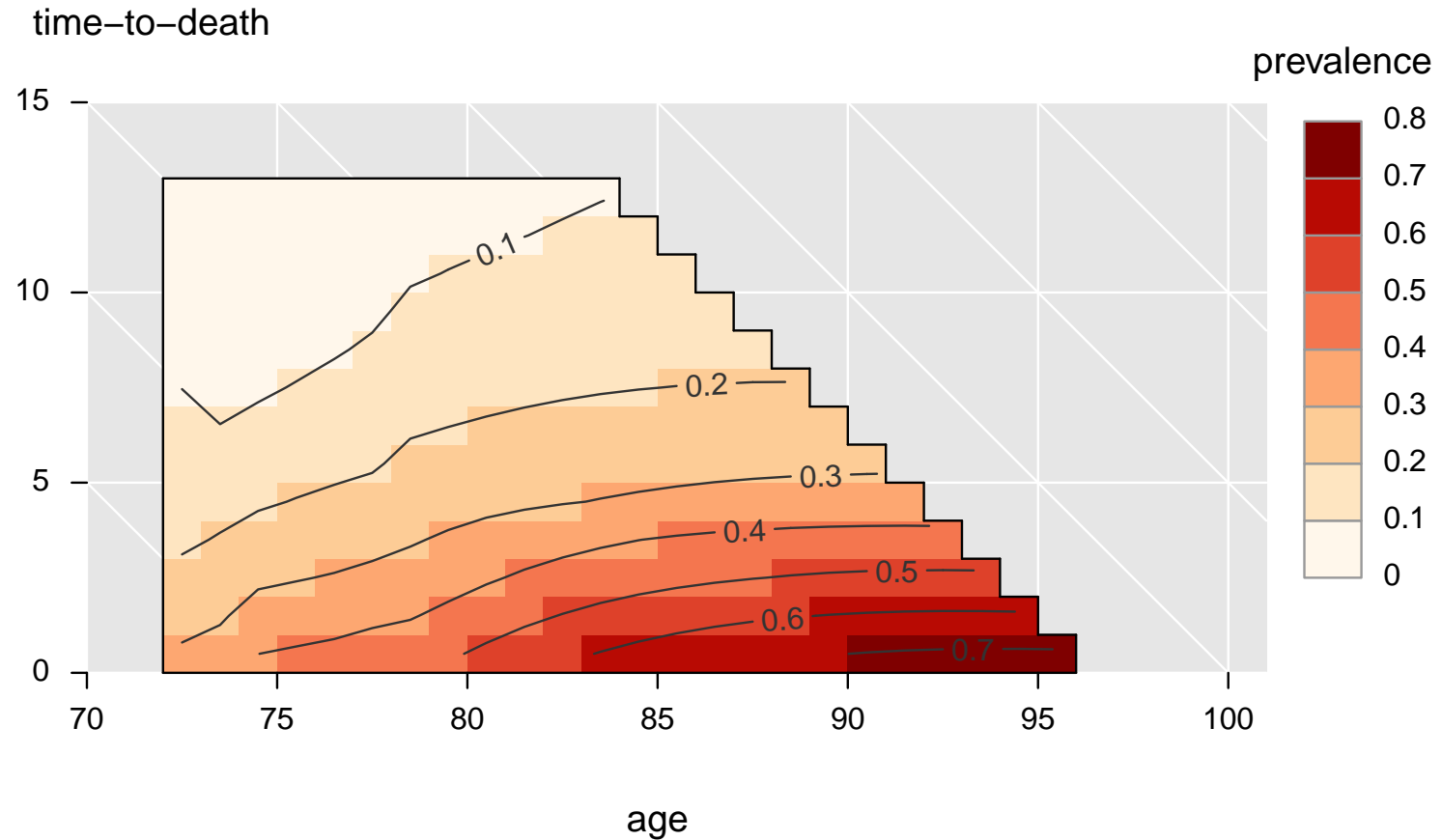


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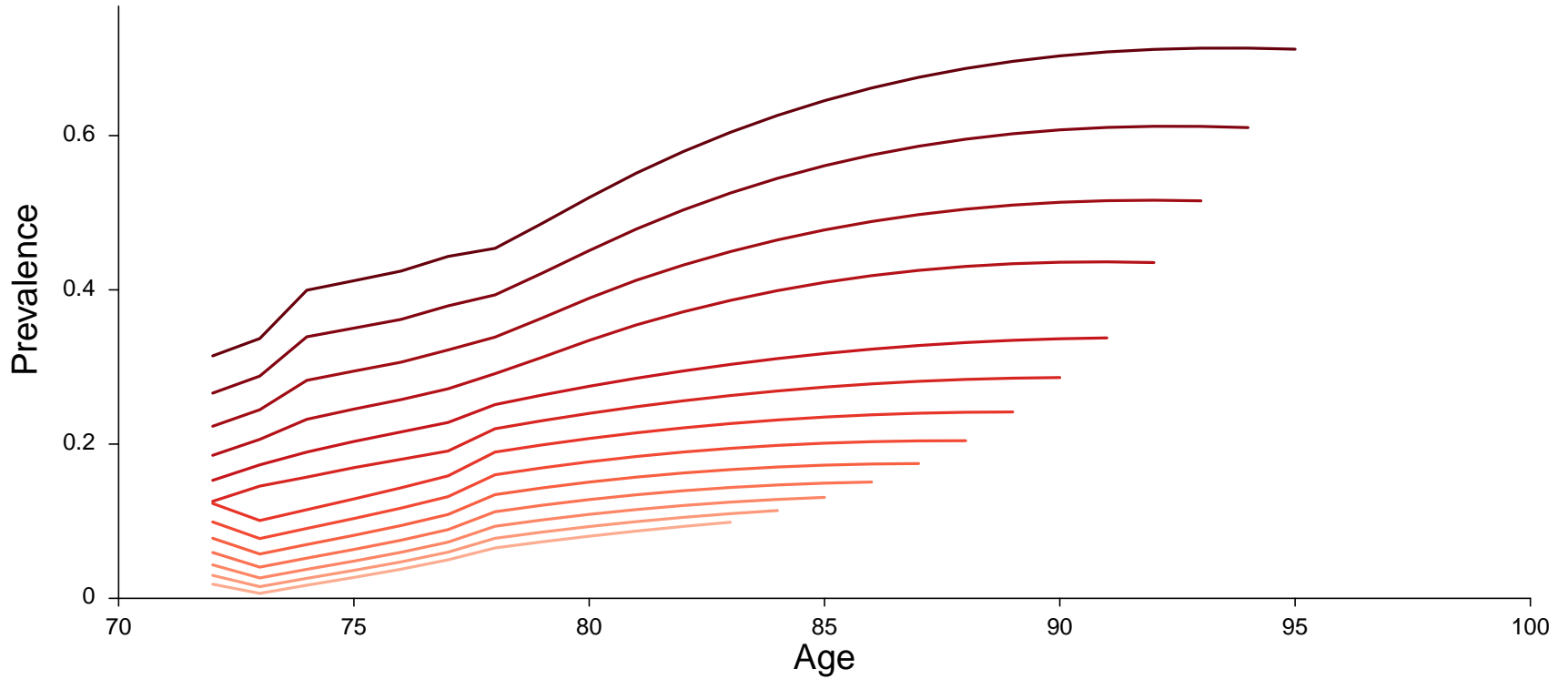
# Disability broken down by age and time to death



Proportion of USA males from the 1915-1919 cohort with at least 1 of 5 IADLs

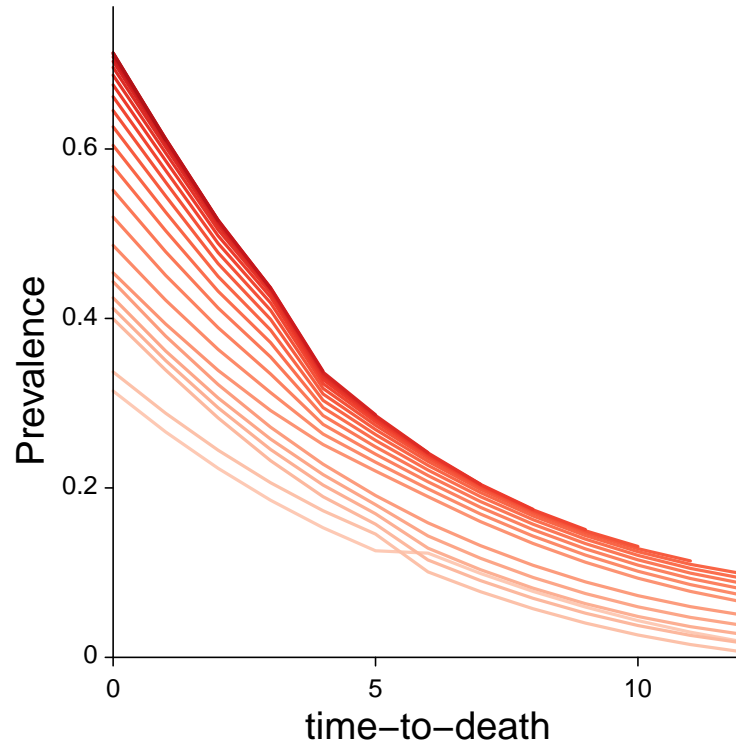


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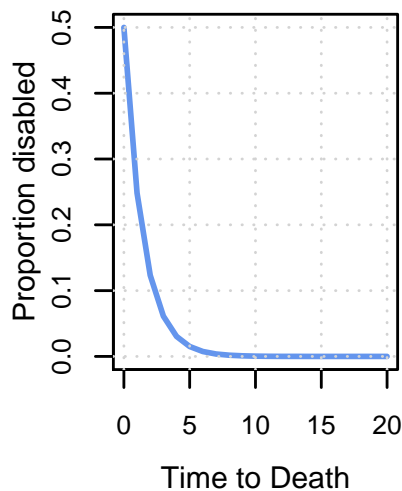
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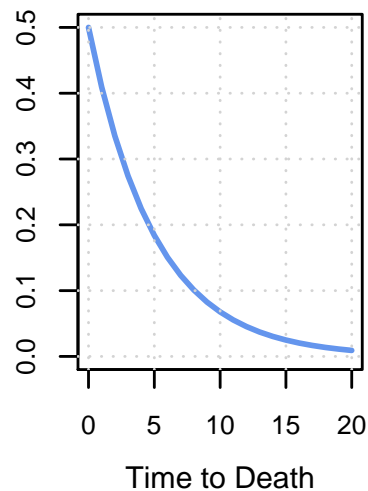


# Proportion disabled by TTD and mortality level

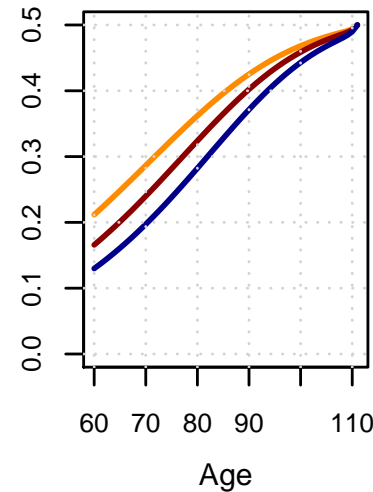
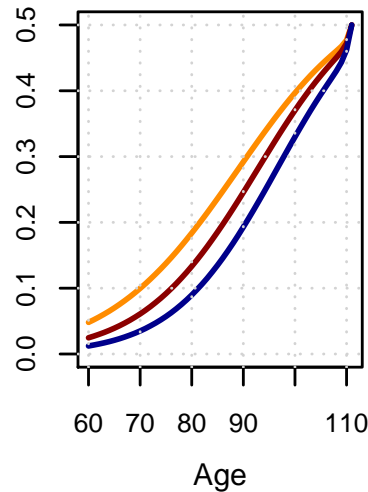
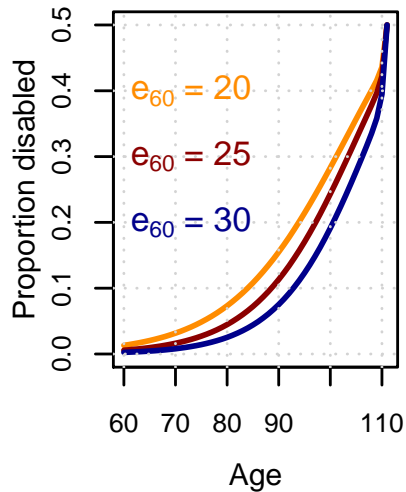
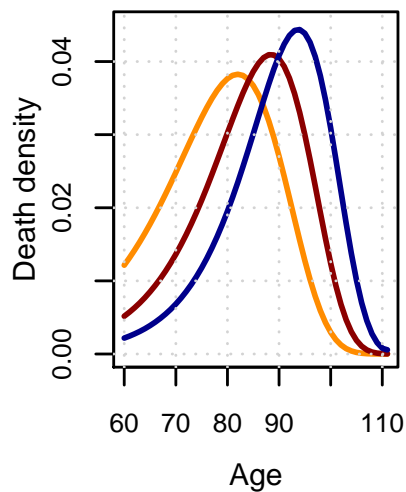
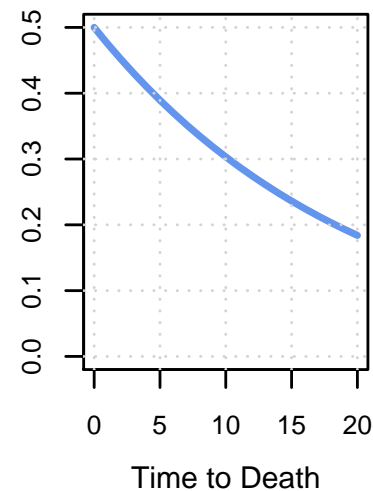
Steep TTD Disability



Med TTD Disability



Gentle TTD Disability







# Decomposing differences in DLY into mortality and morbidity

- Are differences in DLY from mortality or morbidity?
- Decomposition methods isolate the effects of changes in  $L_x$  and changes in  $\pi_x$
- These are considered as *mortality* and *morbidity* effects (Nusselder and Looman 2004, Andreev et al. 2002)
- Interpretation problem: mortality can change  $\pi_x$  all by itself if disability is patterned by time-to-death



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# Estimating the upper magnitude of bias of morbidity differences from mortality decline

- Estimated average TTD profile for different disability types, based on USA HRS data, quinquennial cohorts 1905-1930
- Calculated apparent period age prevalence of morbidity for HMD countries had they experienced the US TTD morbidity
- Assumed all populations were stationary
- Decomposed differences between all population pairs in 1980, 1990, 2000 into apparent mortality and morbidity components
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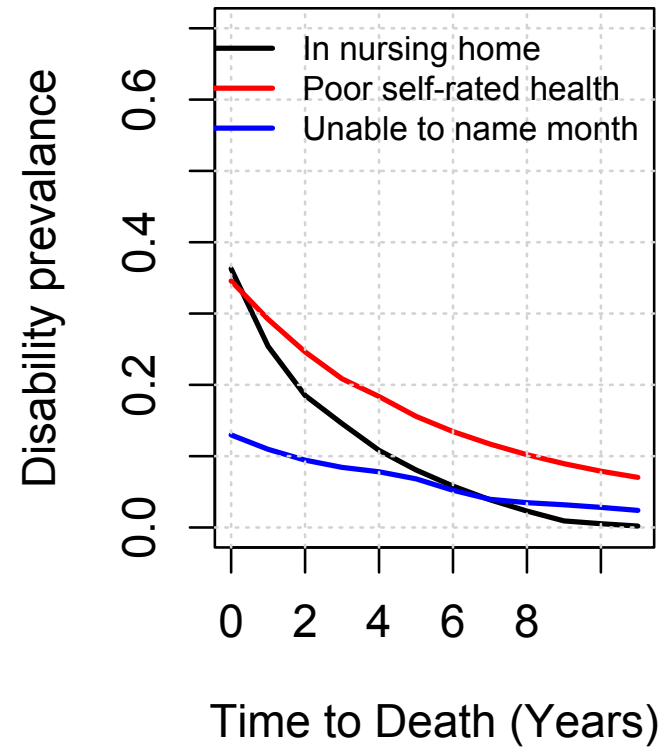
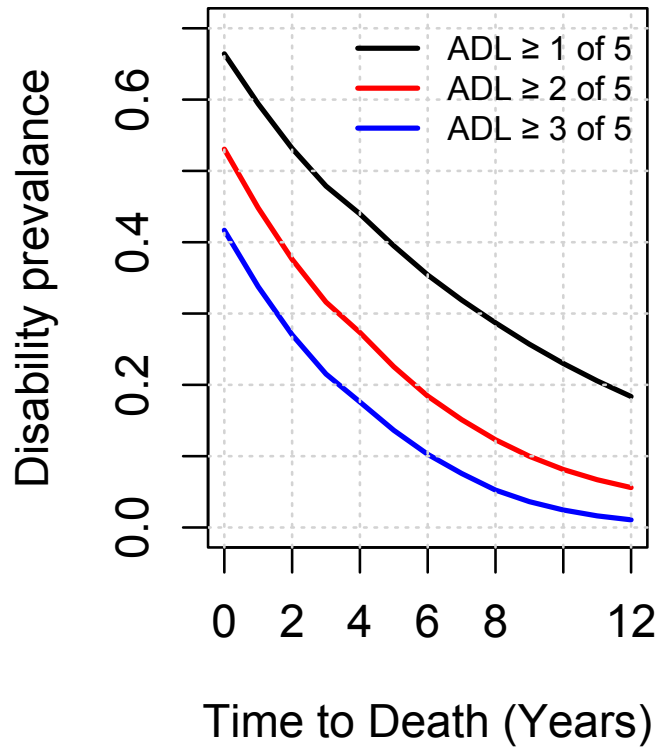


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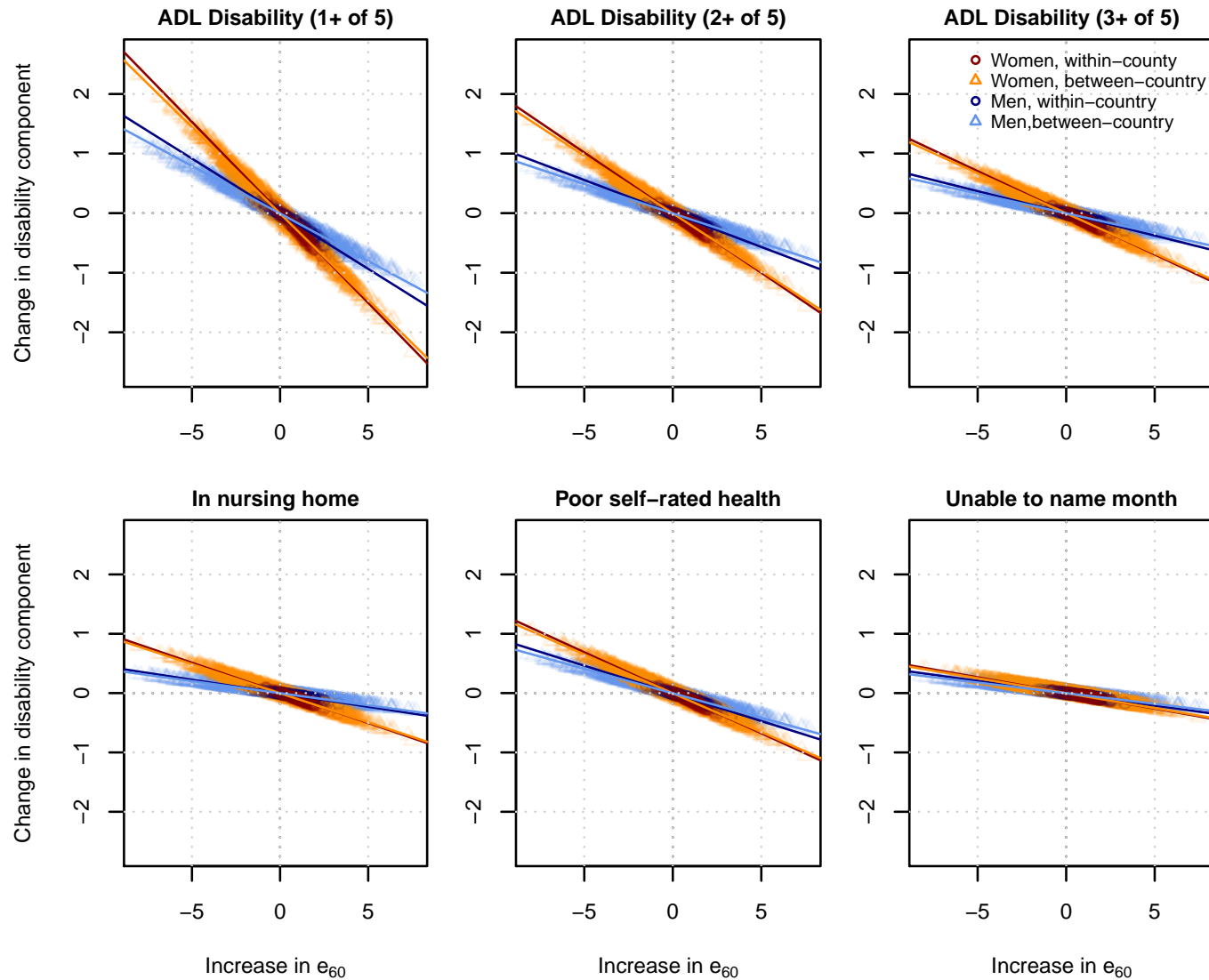


# TTD disability prevalence for different disability types





# Decomposition: Change in disability component





# Interpreting decomposition results

- True value of the change in disability component is zero by design
- Deviation is result of differences in mortality
- If  $e_{60}$  increases by 5 years, up to 1 year of decrease in DLY attributed to disability component could be from decrease in mortality (Female ADL 3 or more)
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- Different slopes partly from differences in final  $\pi_x$  between disability types and the sexes



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- Considering morbidity prevalence as a function of time to death does not imply that morbidity incidence is a time to death
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# Summary

- HLE or DLY provide an important snapshot of expected life years lived in good or poor health
- Difficulty in interpreting period differences in these quantities between populations
- Chronological age pattern of disability can change solely as a function of mortality change even when the underlying morbidity function is held constant
- Could partly explain why mortality levels and disability prevalence are related (Van Oyen et al. 2013, Luy and Minagawa 2014)



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