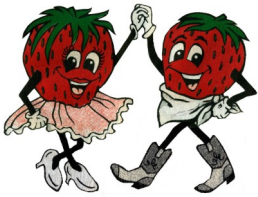


Burn calories, make friends, prevent Alzheimer's, lower blood pressure, improve balance, fun

Burn calories, make friends, have fun, lower blood pressure, improve balance, de-stress, boost your brain, lengthen your life



FUN and EXERCISE!

Pair that with music and dancing

Square Dance Lessons

Charlotte Jeskey—Instructor

Lebanon Square Circlers

www.lebanonsquarecirclers.com

Starts September 15th, 2019

Sundays 6:30pm—8:00pm

**No partner
required!**

**I.O.O.F Hall
20 Ash St. Lebanon**

**No partner
required!**

The first class is FREE!

**\$5.00 per person
or \$12.00 per family per lesson**

No experience required

Kids welcome

Meet great people

No partner required

Good family fun and exercise

It's fun for all ages (7 to 107!)

It's not expensive

Drug, alcohol, and smoke free

Singles welcome

No partner required

For further information call **503-838-5113** or **541-401-9780**
or visit us on the web at www.lebanonsquarecirclers.com

*Dances are held 1st and 3rd Saturday nights at the Odd
Fellows Hall, 20 East Ash Street.*

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