



# Pre-trip Questionnaire

1. What are your primary goals for the program? What do you most want out of it?

3. What do you hope to learn about yourself?

5. On a scale of 1-10, rate and describe your comfort with backpacking, hiking and wilderness travel.

Name\_\_\_\_\_

6. What sort of topics would you like to discuss as a group?
7. On a scale of 1-10, rate and describe your comfort level with taking physical/emotional/intellectual challenges.
8. On a scale of 1-10, rate and briefly describe your leadership skills.
9. What does the word “wilderness” mean to you?
10. If you were to teach this program, what would you want the students to experience?