

## CAMPUS GUIDELINES AND EXPECTATIONS

At Olympic Park Institute, students will live and study closely together in an unfamiliar setting away from their homes and families. The following guidelines have been established to help students and adults prepare for and enjoy the experience safely.

### RESPECT EACH OTHER

**Respect personal space and property.** It is important to take good care of your own belongings and leave others' alone. Proper clothing and equipment are essential for a safe and comfortable experience.

**Treat everyone as you want to be treated.** It is important that there be respectful dialogues among students, chaperones, teachers, and Olympic Park Institute staff. Attentive listening and participation in events and activities are key signs of respect.

**Respect each person's privacy. Students may only enter their own assigned cabin.**

**Consider the needs of others. Quiet hours are observed between 9:30pm and 7:00am,** except under special circumstances. Students are expected to be in their bunks and quiet by 9:30pm so that everyone can get enough sleep for the next day's adventures.

### CARE FOR YOURSELF

**Stay with your group** when you are hiking or exploring during the program. Your chaperone must know where you are **at all times**.

**Behave in a safe and responsible manner** while you are here. An **accident** or injury can ruin your trip or someone else's.

If you or someone you are with becomes sick or injured, **contact your teacher, chaperone, or Olympic Park Institute staff member immediately.**

### *While on Campus...*

**Help us be positive environmental stewards** by conserving energy: turn off lights and heat when not in use. Also, REDUCE, REUSE & RECYCLE whenever possible.

**Food is not allowed in cabins at any time.** To avoid attracting rodents to the cabins, any food brought to Olympic Park Institute must be given to an Olympic Park Institute staff member for storage in the Dining Area of Rosemary Inn.

**Please treat Rosemary Inn with care.** This historic building is our dining and program facility. The only other buildings on campus that participants may enter are dormitory cabins and restrooms.

Two wood stoves heat Rosemary Inn. **Students must keep a safe distance from the woodstoves and only Olympic Park Institute staff will tend stoves.**

**The lake shore is off limits to students** unless accompanied by a chaperone or Olympic Park Institute Educator. There is no swimming in the lake.

**Wooded areas around the campus are off limits to students,** unless with a chaperone or Olympic Park Institute Educator.

## **LEAVE NO TRACE TRAIL GUIDELINES**

*An excellent motto for minimizing impact travel is: **Take only pictures, Leave only footprints.** Remember, the less we disturb an area, the more we can discover about it. Follow the guidelines below and continuously watch, examine, and observe the world around you. You'll be amazed at what you discover!*



**Be prepared for the day.** Wear and pack appropriate gear in your backpack including hiking boots, a warm jacket, hat, gloves, rain gear, leak-proof water bottle, notebook, pencil, and other items as requested by your Olympic Park Institute Educator or teacher.

**Please stay on the trails.** If we limit our travel to existing trails, we protect the plants and animals alongside the path. This is important to do for the sake of those living things and to allow other people the pleasure of walking in a wild and beautiful place. **Please be observant and careful wherever you go.** Attention to trail irregularities (roots, rocks, etc.) will help avoid unnecessary mishaps.

**Pick up natural objects like rocks, twigs, or shells only to observe them.** When you are finished, return them to where you found them. Do NOT throw objects, as throwing things can harm others and will disturb plants and wildlife.

**Dispose of waste properly.** Pack out everything you pack in. You can also help the environment by picking up litter that others have carelessly left behind. Your Educator will inform you about the availability of restrooms and minimum impact ways to answer nature's call while on the trail.

**Respect wildlife: though it can be tempting to approach, feed, or follow wild animals, *please do not.*** Animals can be stressed when people approach or make loud noises near them. Human food is unhealthy for wild creatures and feeding animals can lead to their deaths. Animals can injure you and may carry serious diseases. Antagonistic human behavior may force animals into taking aggressive actions as a means of self-defense.

**Respect other visitors to wild places.** Follow the directions of your Olympic Park Institute Educator regarding noise level and what to do when your group meets other people on the trail.

**Collecting any natural objects within the National Park is prohibited.**