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References

- **Scott Benson – Former student of mine (T'ai Chi Ch'uan)**
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- **Ryan Arvidson – Former student of mine (T'ai Chi Ch'uan)**
 - Known since 2004
 - Tel#: 661-406-0556
- **Amanda Barker, M.A. - Cohort-mate, Environment & Community Program, HSU**
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Additional references available upon request!



"One [fundamental]
understanding brings
one-hundred
understandings."
-Chinese saying