



FAST FACTS SUMMER 2011



What to Bring:

- Backpack with water bottle
- Sunscreen
- Layered all-weather clothing with sturdy shoes and socks
- Cloth bandana to use as field lunch placemat

What Not to Bring:

- Electronics
- Really nice new clothes!
- Candy or gum

Coastal Camp T-shirts:

A Coastal Camp t-shirt will be distributed to new campers on Mondays.



Drive-Thru Camper Drop-off & Pick-up:

The camp day begins at 9:15 a.m. and concludes at 3:30 p.m. Extended Care hours are from 8:00 a.m. to 5:30 p.m.

Arrival:

Campers will be greeted by a camp counselor every morning at 8:00 a.m. (for early care) in the West Parking Lot and again at 9:15 a.m. in the West Parking Lot. If parents wish, they are welcome to park and personally escort their camper onto campus. We ask that campers arriving at any other time always be escorted onto campus by an adult.

Departure:

Adults can pick up their camper at 3:30 p.m. in the West Parking Lot. Campers registered for Extended Care can be picked up anytime between 3:30 p.m. and 5:30 p.m. in the Kestrel Room.

Please note: Authorized adults must show photo ID during pick-up.



Field Lunch:

Camp field lunches and daily snacks are included in the price of each camp session. Field lunches are prepared daily by the chefs and culinary crew in the Headlands Institute kitchen. Lunches are kid-friendly and nutritious; vegetarian and vegan options are available. Please visit www.CoastalCamp.org for a sample daily lunch menu.

Every camper should bring a water bottle to camp everyday. Filtered water is available at the camp Hydration Station.

Accommodations can be made for most individual camper food allergies.



Overnights:

The Great Headlands Challenge features a Thursday overnight for Grades 5-6 at a local campsite.

Detailed information will be sent home on Monday of each session. All meals will be provided. Campers should plan to bring a *sleeping bag* (and pad & pillow if desired), *appropriate clothing* (including a *warm hat*) and a *flashlight*.



Friday Showcase:

Coastal Camp families are invited to observe, admire and appreciate camper's artful creations, scientific experiments and inspirational performances while mingling among camp counselors, field science educators, and other camp families every Friday afternoon at 2:30 p.m.

Please join us!



Camp Store:

The Camp Store sells a variety of Headlands Institute and Coastal Camp clothing and gear. All proceeds from the Camp Store go to our scholarship fund, which provides those in financial need with the opportunity to participate in our programs.

The Camp Store is open every Friday from 2:45-3:30 p.m.




Lost & Found:

Camper items found at camp will be delivered to the Lost & Found box located in the lounge next to the camp office. Parents and campers are welcome to search for lost items at anytime. Inquiries can also be made by calling the camp office at (415) 331-1548. All unclaimed items will be donated at the end of the camp season.

Shuttle Transportation:

Campers participating in shuttle transportation service will be picked up and dropped off at a pre-registered location. The shuttle will not wait for late campers. If camper is not met by authorized adult at shuttle stop, s/he will be returned to camp office. The shuttle runs from June 13-August 19.



| Shuttle Stop | AM Pick up | PM Drop off |
|--|------------|-------------|
| San Francisco: Presidio Transit Center | 7:45 a.m. | 4:15 p.m. |
| Mill Valley: Manzanita Park & Ride Lot | 8:40 a.m. | 5:15 p.m. |
| Sausalito: Bay Area Discovery Museum | 9:00 a.m. | 3:45 p.m. |



Medications:

All camper prescription and over-the-counter medications administered during the camp day must be in their original packaging and submitted to the Camp Manager on the first day of camp session. Medication prescribed by a physician must also be accompanied by a written prescription.

Driving Directions:

From San Francisco:

- (1) Cross the Golden Gate Bridge and take the Alexander Avenue exit (the 2nd exit after the bridge, directly after the Vista Point exit).
- (2) Veer right onto Sausalito Lateral Road (do not go left under the freeway).
- (3) Take the first left (in approx. 1/10 of a mile, the left hand turn lane) on to Bunker Road. Go straight on Bunker Road to the tunnel entrance, then follow Directions from Tunnel below.

From Marin County:

- (1) Take the 2nd Sausalito exit (2.5 miles past the 1st Sausalito exit, the exit directly after the Spencer Ave/Monte Mar Drive exit). It is the last exit before the Golden Gate Bridge.
- (2) Turn right and follow the road under Highway 101.
- (3) Go straight after the stop sign and take the first left (in approx. 1/10 of a mile, left hand turn lane) onto Bunker Road. Go straight on Bunker Road to the tunnel entrance, then follow Directions from Tunnel below.

Directions from Tunnel:

- (4) Wait for the green light before proceeding through the tunnel. Continue on Bunker Road slowly through housing area (watch for speed bumps).
- (5) Continue along Bunker Road around the lagoon.
- (6) At the fork in the road, Bunker Road ends and turns into Mitchell Road. Bear left onto Mitchell Road.
- (7) On Mitchell Road take the first right into our West Parking Lot.

For more assistance please call (415) 331-1548 or (415) 332-5771 X 20.

