**Heather Jameson**

**3650 Lakeshore Blvd.**

**Lakeport, CA 94543**

**Cell: (707) 272-8278**

E-mail: [heatherdawnjameson@gmail.com](mailto:heatherdawnjameson@gmail.com)

**Education**

**California Credentialed Teacher**

**Post baccalaureate-Multiple Subject Teaching Credential**

**School: Sonoma State University**

**Date: 6/2010**

**GPA: 3.8 out of 4**

**Relevant Coursework, Licenses and Certifications:**

**Student Teaching**:

Spring Semester- Full time student teaching, 4.5 days a week, in a fifth grade classroom.

**Relevance:**

* Extensive experience developing and creating standard aligned lessons.
* Promoting and facilitating a connection to course content.
* Teaching all subject matter in a self -contained classroom.
* Experience in teaching science and social studies.

**Skills:**

* Adaptability
* Resourcefulness
* Long term planning and assessment.
* Self -evaluation

Fall Semester-Part time, 2 days a week , in a 1st grade classroom.

**Relevance:**

* Developing and creating standard aligned lesson plans.
* Modifying lesson and curriculum to meet my student's needs.
* Experience teaching science and social studies.

**Relevant Course Work**:

* Teaching Second Language Learners
* Science in Elementary Schools
* Teaching Social Studies.

**Bachelor‘s Degree: Environmental Education**

**School: Sonoma State University**

**Date: 6/2009**

**GPA: 3.28 out of 4.0**

**Relevant Coursework, Licensures and Certifications:**

**Environmental Science:**

Education and the Environment

Portfolio Development and Review

Environmental Education Techniques

Global Environmental Issues

Environmental Forum

Energy, Technology and Society

Global Change

**Science:**

General Chemistry,

Intro to Biology,

Applied Ecology

The Physical Environment,

Quantitative Methods

**Child Development**:

Elementary School Physical Education

Personal Fitness and Wellness

Multicultural Pedagogy

School and Society

Critical Thinking

**Personal Electives:**

SCUBA

Black and White Photography

Native American: Philosophic systems and sacred spaces Multimedia Storytelling

**Semester at Sea: University of Virginia**

**Date: 1/2008- 5/2008**

**Relevant Coursework, Licensures and Certifications:**

Study Abroad Program-Semester at Sea Spring 2008 Voyage

Traveled and studied through 12 different countries while circumnavigating the globe.

**Course work:**

* Global Change –Current environmental changes occurring around our world. (Tracking pressing social, ecological and developmental changes).
* Traditional Chinese Medicine- Chinese herbal medicine, acupuncture and dietary therapy.
* Global Studies- Cultural aspects and current issues.

**Mendocino School of Holistic Massage and Advanced Healings**

**Certified Holistic Massage Therapist**

**Date: 2006**

**Mendocino School of Holistic Massage and Advanced Healings**

**Certified Hot stones Massage Therapist**

**Date: 2007**

**Academic Honors and Awards:**

* Kenneth Stocking Scholarship Award 2008 & 2009
* SSU Dean’s List Spring 2007
* SSU Academic Excellence Fall 2006
* SSU Dean’s List Spring Semester 2006
* Lake County Garden Club Scholarship 2007
* Lake County Record Bee CLHS Student of the Month: May 2005
* Lucky Scholarship Award 2005
* Clear Lake High School Booster Club Award 2005

**Employment History**

**National Park Service -Glacier National Park**

**Date:** 5/2011 - 10/2011

**Position:** Interpretive Ranger

**Duties**:

* Customer Service
* Researched, prepared, and presented illustrated programs, guided day hikes, and boat tours.
* Program topics include: Geology, ecology, flora/fauna, human history, park management, and critical resource issues regarding the Rocky Mountain region.
* Presented programs in a variety of locations including trails, campgrounds, amphitheaters, and historic structure and boats.
* Audience sizes ranged from 2-100+
* Received feedback to improve interpretive techniques and methods and actively incorporated feedback resulting in increased interpretive opportunities for my audiences.
* Received 80+ hours of training including Interpretive Development Program, Interpretive Talks, Conducted Activities, Illustrated Programs, Informal Interpretation, customer service skills, resource information, park operations, and bear safety.
* Provided public orientation at Apgar Visitor Center and Logan Pass Visitor Center, working as a contact person in a highly visited resource center.
* Assisted in planning backpacking trips and providing safety information.
* Educated visitors about backcountry etiquette, backcountry travel, leave no trace principals, and camping in grizzly bear/mountain lion habitat.
* Utilized two-way radio communication devices to gather information and report important information.
* Safely drove a four wheel drive government vehicle on paved and unpaved roads.
* Daily use of electronic mail and word processing.
* Directed customers to appropriate resource in and around the park.
* Performed opening and closing procedures for the Visitor Centers.

**Skills:**

* Ability to work safely in a natural environment with numerous hazards.
* Effective skills and abilities to work independently with minimal supervision.
* Used Microsoft PowerPoint and audio-visual equipment for illustrated programs.
* Used computer software for research and word processing.
* Planning backcountry trips itinerary.
* Facilitated intellectual and emotional connections to a range of audiences and cultural backgrounds.
* Utilized interpretive principals such as tangible resources, intangible resources, and universal concepts to help visitors connect with Glacier National Park.
* Presented and defended controversial issues such as global climate change.

**Training :**

NPS Interpretive Development Program Module 101- Interpretive talks and illustrated conductive activities.

NPS Bear Management/ Orientation and Awareness Training - 6hrs

NPS Medical Litter Responses

NPS Training in radio operation and protocol

**Personal Time**:

* Exploring the park by hiking over 400 miles
* Numerous backpacking trips
* Biking
* Whitewater rafting

**Supervisor:** Matt Graves, Phone: (406) 888-7942

**National Park Service- Glacier National Park** (GNP)

**Date:** 5/2011 – 6/2011

**Position:** Education Ranger

**Duties:**

* Trained and worked at a GS 5 Level during GNP Fall Education Programs.
* Researched, developed, and facilitated curriculum-based education programs that merged educational objectives with park resources and themes.
* Scheduling and confirming classroom and field site educational visits.
* Preparing specimens, scientific equipment.
* Leading student in the field through educational hikes.
* Facilitating and supporting a connection to our environment
* Promoted and maintained a safe field environment with audiences of 50 + students.

**Skills:**

* Developed and facilitated curriculum aligned to current state standards.
* All programs were based upon and adjusted to meet the objectives and standards of our school groups.
* Working and teaching in the field.

**Supervisor:** Laura Law, Supervisor's Phone: (406) 888- 5837

**Lake and Sonoma County Office of Education**

**Date:** 3/2010- Present

**Position:** Substitute Teacher

**Duties:**

* Maintain and respect confidentiality of student and school personnel information;
* Maintain a discipline and classroom control that fosters a safe and positive environment for all students and staff in accordance with school polices.
* Ensure adequate supervision to assure health, welfare, and safety of all students;
* Take all necessary and reasonable precautions to protect students, equipment, materials, and facilities.
* Reports to office upon arrival at school; checks mailbox of absent teacher for materials requiring immediate attention; requests clarification of school rules and procedures.
* Reports all student injuries, accidents, illnesses, and discipline problems to the appropriate authority immediately or as soon as is reasonably possible.
* Implements lesson plans, while ensuring the integrity of academic time and in a manner which motivates students to learn and participate.
* Organizes students for effective instruction.
* Model non-discriminatory practices in all activities;
* Performs other related duties as assigned by building administrator in accordance with school/division policies and practices

**Skills:**

* Establish and maintain leadership role.
* Able to follow oral and written directions.
* Ability to establish effective working relationships with staff and students.
* Ability to maintain effective classroom management strategies.

**National Park Service- Glacier National Park** (GNP)

**Date:** 5/2010 – 10/2010

**Position:** Education Program -Intern

**Duties:**

* Trained and worked at a GS 5 Level during GNP Fall Education Programs.
* Researched, developed, and facilitated curriculum-based education programs that merged educational objectives with park resources and themes.
* Scheduling and confirming classroom and field site educational visits.
* Preparing specimens, scientific equipment.
* Leading student in the field through educational hikes.
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**Skills:**

* Developed and facilitated curriculum aligned to current state standards.
* All programs were based upon and adjusted to meet the objectives and standards of our school groups.
* Working and teaching in the field.

**Supervisor:** Laura Law, Supervisor's Phone: (406) 888- 5837

**National Park Service -Glacier National Park**

**Date:** 5/2010 - 10/2010

**Position:** Interpretation Intern

**Duties**:

* Customer Service
* Researched, prepared, and presented illustrated programs, guided day hikes, and boat tours.
* Program topics include: Geology, ecology, flora/fauna, human history, park management, and critical resource issues regarding the Rocky Mountain region.
* Presented programs in a variety of locations including trails, campgrounds, amphitheaters, and historic structure and boats.
* Audience sizes ranged from 2-100+
* Received feedback to improve interpretive techniques and methods and actively incorporated feedback resulting in increased interpretive opportunities for my audiences.
* Received 80+ hours of training including Interpretive Development Program, Interpretive Talks, Conducted Activities, Illustrated Programs, Informal Interpretation, customer service skills, resource information, park operations, and bear safety.
* Provided public orientation at Apgar Visitor Center and Logan Pass Visitor Center, working as a contact person in a highly visited resource center.
* Assisted in planning backpacking trips and providing safety information.
* Educated visitors about backcountry etiquette, backcountry travel, leave no trace principals, and camping in grizzly bear/mountain lion habitat.
* Utilized two-way radio communication devices to gather information and report important information.
* Safely drove a four wheel drive government vehicle on paved and unpaved roads.
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NPS Bear Management/ Orientation and Awareness Training - 6hrs

NPS Medical Litter Responses

NPS Training in radio operation and protocol

**Personal Time**:

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* Numerous backpacking trips
* Biking
* Whitewater rafting

**Supervisor:** Matt Graves, Phone: (406) 888-7942

**Jameson Chiropractic**

**Date:** 8/2006 – Present

**Position:** Massage Therapist

**Duties:**

* Marketing, sales, creating and tracking gift certificates.
* Establishing a massage room and out reach to cliental.
* Client confidentiality. Establish and maintain client to therapist relationships.
* Maintain the massage room and supplies.
* Communicate effectively to supervisor and preserving a holistic relationship.
* Spreading body awareness.
* Building cliental. Being approachable and trustworthy.

**Skills**:

* Communication skills
* Marketing
* Computer (Word, Publisher, Excel)
* Telephone
* Ability to assess the needs of the clients based on ability to communicate effectively prior and throughout the massage.
* Ability to modify treatment to fit clients needs.

**Supervisor:** Dr. David Jameson, Supervisor's Phone: (707)263-3124

**Sonoma State University (SSU) Recreation Center**

**Date:** 2/2009 - 5/2010

**Position:** Massage Program Coordinator

**Duties:**

* Marketing SSU Rec. Massage Center, creating advertisement flyers, handouts and newsletters.
* Interviewing and hiring employees.
* Establishing and maintaining client relations-Informational and demonstrative tabling**.**
* Coordinating and scheduling appointments and events
* Working with therapist to create a productive and efficient massage center.
* Maintain the massage room resources. Tracking and ordering supplies.
* Working connectively with other departments and resources.
* Book keeping Payroll (Excel) Tracking and recording payment receipts, gift certificates and sales.
* Comprising end of the year data repots (Excel) - Organizing and filing all documents
* Fostering a supportive supervisor- employee relationship with therapist.
* Staff training and cooperative weekly meeting with supervisor.
* Upholding SSU Campus Recreation’s mission to encourage healthy and active lifestyles, promote student development through extracurricular activities,and pioneer a vision for a sustainable society.

**Skills:**

* Communication skills
* Customer Service Skills.
* Marketing, informational tabling
* Computer and telephone
* Interviewing and hiring employees.
* Establishing and maintaining client relations.
* Book keeping Payroll (Excel) Tracking and recording payment receipts, gift certificates and sales.
* Organizing and filing all documents.
* Training staff.

**Supervisor:** Ryan Fitzpatrick, Phone: (707) 664-4223

**Sonoma State Recreation Center:**

**Date:** 8/2008 - 5/2010

**Position:** Massage Therapist

**Duties:**

* Providing safe, appropriate and effective massage therapy to Sonoma State University’s students, faculty and staff.
* Establish and maintain client to therapist relationships.
* Spreading body awareness.
* Building cliental. Being approachable and trusting.
* Scheduling and maintaining punctual time management.
* Perform pre-treatment medical history on all clients to determine precautions and concerns prior to treatment.
* Clear and understandable client to therapist relationship. Maintaining client confidentiality.
* Providing massage orientation services, education seminars and marketing massage services to our campus community.
* Maintain the massage room and supplies. Communicate effectively to supervisor and maintain a holistic relationship. Keep the massage room secure and locked when not in use.
* Dress appropriately in staff required uniform. Follow payroll procedures.

**Skills:**

* Communication skills,
* Marketing and informational tabling
* Computer and telephone
* Ability to assess the needs of the clients based on ability to communicate effectively prior and throughout the massage.
* Ability to modify treatment to fit clients needs.

**Supervisor:** Ryan Fitzpatrick, Phone: (707) 664-4223

**Sonoma County Water Agency**

**Date:** 8/2008 - 6/2009

**Position:** Educational Program Intern

**Duties:**

* Working in a multi-facetted position in a challenging and ever-changing field.
* Providing water education to the Sonoma County.
* Teaching in-class and field based lesson to grades K-5th.
* Researching and collecting information to support the development the educational programs offered.
* Modifying lesson and programs to meet your own teaching style.
* Attending county wide events to provide informational tabling.
* Creating informational displays for local visitor centers, developing workbook pages and curriculum to send to schools in the region.
* Creating and reviewing county wide video and poster contest.
* Filling orders and shipping requested supplies to schools.
* Scheduling and confirming classroom and field site educational visits.
* Working and teaching in the field.
* Preparing specimens, scientific equipment.
* Leading student in the field through educational hikes and water quality test.
* Facilitating and supporting a connection to our environment.

**Skills**:

* Computer (Excel, Office, Publisher, Photoshop)
* Developing standard aligned lesson plans.
* Creating work books for publication.
* Filling and shipping supplies orders.
* Telephone skills.
* Working in a classroom as well as field site.

**Supervisor:** Cary Olin, Phone: (707) 975-2120

**Montecio Height's Spa and Health Club**

**Date:** 5/2007 - 11/2007

**Position:** Massage Therapist

**Duties:**

* Maintaining client confidentiality.
* Maintain the massage room and supplies.
* Communicate effectively to supervisor and preserve a holistic relationship.
* Establish and maintain client to therapist relationships. Spreading body awareness.
* Building cliental.
* Being approachable and trustworthy.

**Skills:**

* Communication skills.
* Customer Service Skills.
* Marketing, informational tabling, computer, telephone, ability to assess the needs of the clients based on ability to communicate effectively prior and throughout the massage.
* Ability to modify treatment to fit clients needs.

**Job Related Training**:

* Wilderness First Responder –NOLS- Recertification Date: March 2013
* CPR/ First Aid Certified -March 2010
* NAUI: Open Water SCUBA Certification
* Certified Massage Therapist
* National Park Service (NPS)- Interpretive Development program Module 101 Training- Interpretive talks, illustrated programs and conducting activities.
* NPS Bear Management/ Orientations and Awareness Training 6hrs – Glacier national Park
* NPS Medical Litter Responses Training
* NPS Training in radio operation and protocol
* NPS Curriculum Education Programs -16 hrs in preparing and providing educational field trips for kindergarten through middle school.

**Educator workshops**:

* Project Leaning Tree
* Project Wet
* Project Wild