

The Ackerman Institute

NUMBERS

Founded	1960
People Served in 2010	3600 Family Members
Revenue ('10)	\$3.3m
Expenses ('10)	\$2.5m
Campus	Converted Townhouse
Current President	Lois Braverman

MISSION

"Founded in 1960, the Ackerman Institute for the Family is one of the premier institutions for family therapy and one of the best-known and most highly regarded training facilities for family therapists in the United States. The Institute serves families from all walks of life at all stages of family life."

HISTORY

1960: The Ackerman Institute for the Family was founded by Dr. Nathan W. Ackerman.

1962: the Ackerman Institute creates Family the first journal dedicated specifically to supporting academic activities in family therapy.

1967: The Ackerman Institute expands clinical training program and begins to develop programs focused on specific populations

A keystone feature of the Ackerman institute is the use of audio visual equipment to document therapy and for use as teaching materials

The Ackerman Institute also pioneered a style of therapy that focused on treating the whole family, rather than the individual:
"healthy families make healthy societies"

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THEMATIC CENTERS

During the 1990s, the Institute incorporated its projects into five thematic centers that provide training opportunities, programs and services:

The Center for the Developing Child and Family supports the relational development of children and parents in the context of their families and larger systems.

The Center for Families and Health offers effective Family Therapy treatment and research for families experiencing acute, chronic or life-threatening illness.

The Center for Work and Family is dedicated to maximizing family and individual well-being along with satisfaction and productivity in work.

The Center for Substance Abuse and the Family (CSAF) is dedicated to the development of treatment models for addressing problems arising in families secondary to substance use and abuse in one or more family members.

The Center for Children and Relational Trauma includes, but is not limited to family violence, sexual abuse, chronic illness, premature death, and family separation; all of which requires the involvement of the entire family if any therapeutic intervention is to be successful.