

# La Pura Resort

## CATEGORY

Wellness

## SUMMARY

La Pura is an exclusively female resort, centering their care around research into gender specific treatments for all stages of a woman's life.

**Location:** Gars am Kamp, Austria

**Total Rooms:** 83

**Standard Rooms (24-33 sqm):** USD\$191

**Junior Suites (37-47sqm):** USD\$230

### Packages

FX Mayr Program USD\$2,000

Basic Spa Program USD\$470

*"The feelgood resort exclusively for women"*

La Pura features a 1,900sqm Spa that support programs including weight management, pregnancy health management, post-surgery facial repair, and detoxification. All programs at La Pura are designed specifically with women in mind and tailored to their specific medical and aesthetic needs. This concept of gender-specific treatments are at the core of La Pura's philosophy, seeking to address the needs of women at different stages in their lives: puberty, pregnancy, breast feeding, menopause and old age.

The nutrition concept is based around easily digested food for a peaceful sleep, and follows the common, local, organic, seasonal mantra.



## Further Reading

[La Pura Home](#)

[Lonely Plant](#)

[Vitality World](#)