# CALIFORNIA INSTITUTE OF INTEGRAL STUDIES:

### Category

Holistic Healing/Education

### Summary

The CIIS is the largest single campus MFT (Marriage and Family Therapy) training program in California, focusing on interdisciplinary education. The CIIS has firm roots in Eastern cultural and spiritual practices and many courses embrace Eastern philosophies in their core teachings.

#### Numbers

Founded 1968 Students 1431 Undergraduate 5% Graduate 95% 72% Female **Faculty** 72 \$25.4M Revenue (2010) \$24.1M Expenses (2010)

Campus San Francisco, CA
President Joseph L. Subbiondo

#### Mission

"California Institute of Integral Studies is an accredited institution of higher education that strives to embody spirit, intellect, and wisdom in service to individuals, communities, and the Earth. The Institute expands the boundaries of traditional degree programs with interdisciplinary, cross-cultural, and applied studies in psychology, philosophy, religion, cultural anthropology, transformative learning and leadership, integrative health, and the arts. Offering a personal learning environment and supportive community, CIIS provides an extraordinary education for people committed to transforming themselves and the world"

#### History

CIIS was originally founded as the American Academy of Asian Studies attracting many leading figures of the "San Francisco Renaissance" and came to represent "the cutting-edge of Western absorption of the culture and spiritual practices of the East". In 1973, the AAAS began adding offering programs in Integral Counseling Psychology, marking the start of its transformation from an Asian studies graduate school to a more diverse program offering and change its name from "Asian" to "Integral" in 1980, just as it received funding from Laurence Rockefeller; a library stands in his name.

## **Programming**

Departments: (http://www.ciis.edu/Academics/Departments.html)

The California Institute of Integral Studies is organized into three schools (Under Graduate, Graduate, Doctoral) which are themselves organized into departments:

## **Interdisciplinary Studies**

"With 15 to 22 fellow learners, you'll study both multiple disciplines and various ways of knowing, such as kinesthetic, spiritual and intuitive. Students develop the capacity to improvise approaches to problems or issues, work collaboratively toward solutions, negotiate diverse viewpoints and become more adept technologically-skills valued in many professions, and that help you adapt as your career and workplace evolve."

# **Clinical Psychology**

"The program's training philosophy is based on the practitioner-scholar model of training that prepares students for professional practice in varying public and private contexts as active consumers of psychological science. The program endorses a broad understanding of psychological science which includes quantitative empirical science and methods as well as qualitative and experiential methods of inquiry."

### **Counseling Psychology**

This program is divided into five concentrations:
Community Mental Health
Drama Therapy
Expressive Arts Therapy
Integral Counseling Psychology
Somatic Psychology

## **Philosophy and Religion**

"The department administers the MA and PhD programs in Asian and Comparative Studies, Philosophy, Cosmology, and Consciousness, and Women's Spirituality."

## **East-West Psychology**

"Founded in 1975, East-West Psychology (EWP) is a multidisciplinary department concerned with the meeting of Eastern, Western, and indigenous psychological and spiritual traditions."

## **Integrative Health Studies**

"Integrative Health Studies is a two-year, nonclinical master's degree program (40 units) that prepares graduates with a strategically designed career focus to enter the innovative field of integrative health and medicine. The curriculum blends knowledge and skill attainment in complementary, alternative and integrative medicine studies, professional skills in coaching and leadership, and practical knowledge in holistic therapies and self-care."

## **Transformative Inquiry**

"The Transformative Leadership MA is a uniquely innovative distance-learning program that integrates extensive practical skills with deep self-reflection and an emphasis on creative action in the world. The program prepares students to embody leadership and mobilize their creativity in many different ways, whether in organizations, social movements, or a range of activities requiring personal initiative and dedication to making a difference."

# Tuition/Price Points

Program	Price/Unit	Course
Undergraduate	\$640	\$25K
Masters	\$943	\$33K-\$56K
Doctoral	\$1089	\$40K-\$98K

### Contact

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### Conclusion

The CIIS seems to be a well-managed institution with operating expenses of 14%, under the 15% non-profit benchmark. However, the American Psychological Association revoked their accreditation of the Doctoral program in Clinical Psychology in 2011, citing that "The program was deemed to be not fully consistent with the *Guidelines and Principles for Accreditation of Programs in Professional Psychology* (G&P)." They have responded saying: "our students continue to get licensed and have higher pass rates on the national psychology exam over the last five years than any APA approved Psy.D. program in our area, and we will continue to provide innovative and cutting edge training to our future clinical psychologists".

The CIIS has also recently expanded to a larger 80,000 square foot facility in the South-of-Market district of San Francisco, an up and coming hub for innovative tech companies, some of which are high-profile contributors to the CIIS.