

La Reserve Geneva Hotel & Spa

CATEGORY

Wellness

SUMMARY

La Reserva was recently awarded best anti-aging spa and is not only a destination for travellers, but also serves a healthy local market.

Location: Bellevue, Switzerland

Established: 1969

Keys: 102

Average Stay: 7 days

Rooms: USD\$500

Suites: USD\$1,600

Packages:

4-day Better Aging, excluding accommodation: USD\$3,500

Conde Nast recently voted La Reserva the “*Best Anti-Aging Spa*” noting its noninvasive weight loss program and service that eliminates all guest concerns and asks simply that they show up. Located on a 10 acre park minutes from the city centre, La Reserva overlooks lake Geneva, and features a 2,000 sqm, 17 treatment room wellness centre focusing on three key areas: “healthy age management, nutritional consultation and deep relaxation.” The centre features an indoor pool, fitness centre, hair salon, sauna and health bar.

La Reserva has become popular with both destination spa goers and local families. A Gondola water taxi ferries guests to and from town for day trips between spa treatments and guests

have a number of on-site restaurants to choose from: The Loti features ultra-simple local produce and hand-made pastas while Tse Fung showcases traditional Chinese menu served in opulent surroundings.

Further Reading

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