

Interviews for introverts

May 2023



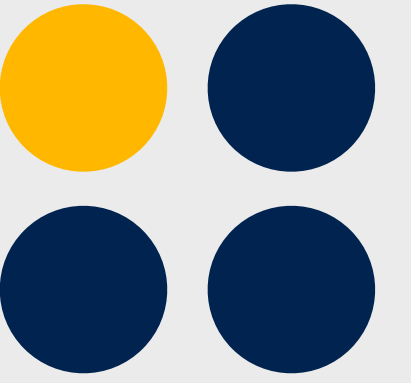
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hard truths about interviews as an introvert

2. interviews are a performance

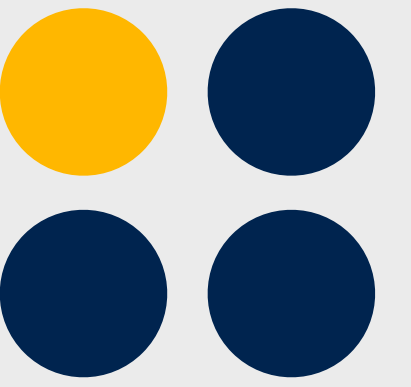
your good work alone will
not speak for itself

**show up as your
best self**



shapes

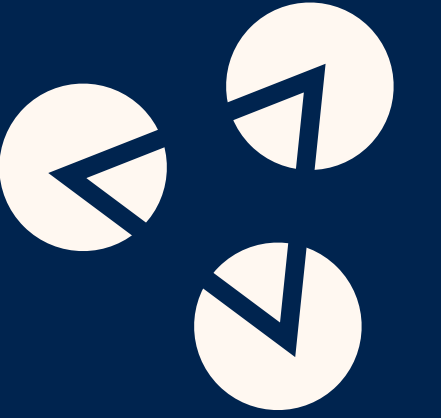
**of a successful
interviews**



types of interviews

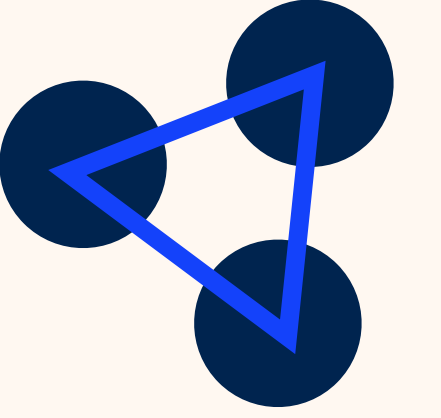
- 1. Recruiter/Talent acquisition**
- 2. Skills and role fit**
- 3. Culture/behavioural fit**

others: tests, workshops etc



tell me about yourself

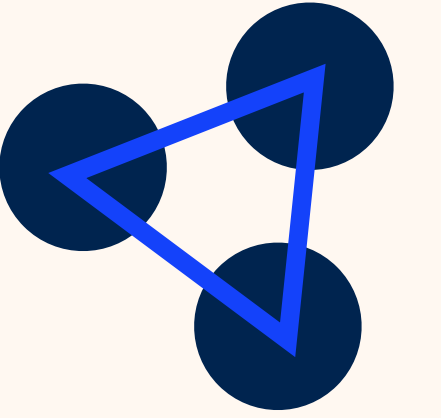
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if you start well

you end well

- gives you confidence
- most in control of narrative
- you will introduce yourself repeatedly
- first impression

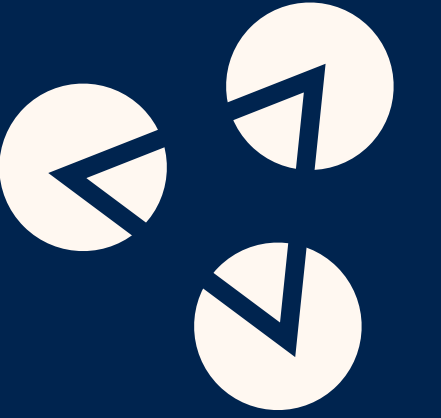


intros done poorly

- last forever 🤔
- messy, all over the place 🙄
- talk only, no show 🙈

A blurry, close-up image of a hand, likely a woman's, wearing a ring on the ring finger. The hand is positioned in the lower right quadrant of the frame. The background is a textured, blue-grey surface. The overall image has a motion blur effect, particularly on the hand, which is slightly out of focus.

Touch, or sweep?



work and portfolio showcase

@timyeo

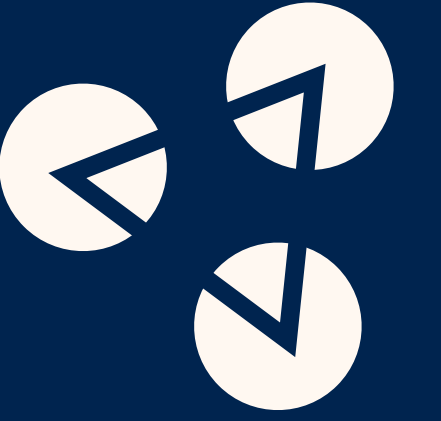


Building rapport and a connection with your interviewer

(in-person and remote)

speaking well is a **skill**

- skills can be practiced
- you sound smarter; but does not mean you are smarter or have more substance



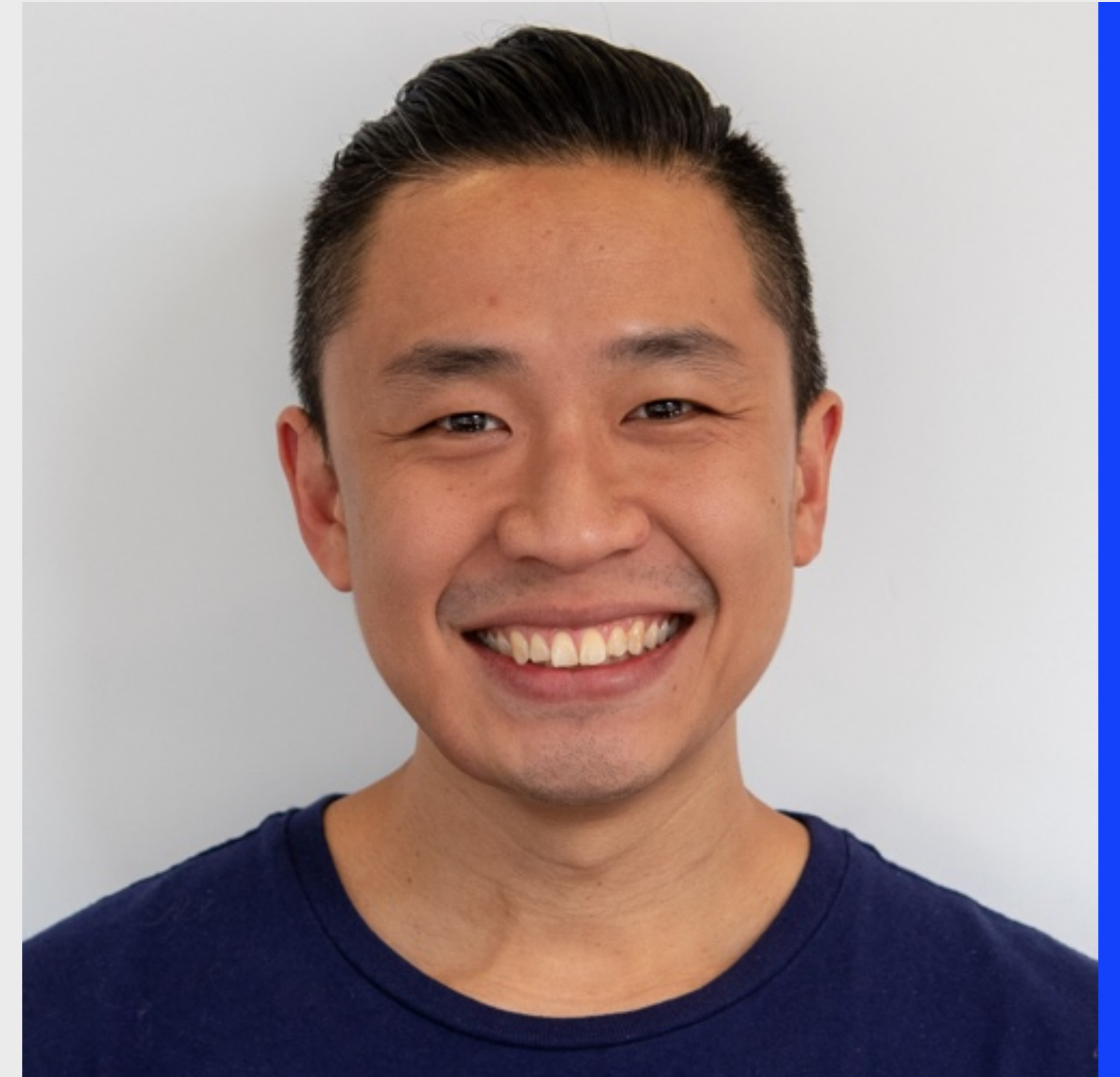
**interviews are hard,
but doable**

Interviews for introverts

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