



# SOULFLOWER

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# SELF-CARE AND EMOTION MANAGEMENT

**“Know thyself.”**



# KEY COMPONENTS

## INSTANT FEEDBACK FLOWER

Jiggles with positive words  
Droops with negative words



## CUMULATIVE BOUQUET

Rises with positive expressions  
Lowers with negative expressions

**9 : 00 AM**






**12 : 00 PM**







A photograph of a bedroom with a thought bubble overlaid. The room features a bed with a patterned blanket and a brown pillow, a desk with a blue chair, and a window in the background. The thought bubble contains the text: "Wow, I guess I've been pretty negative today. Maybe I should do something about it."

Wow, I guess I've been  
pretty negative today.  
Maybe I should do  
something about it.





Hm, Tina's plant is looking a little low. She must be having a rough day.

**3 : 00 PM**





# SOULFLOWER

**UP & DOWN BOUQUET**  
Indicates accumulated  
sentiment

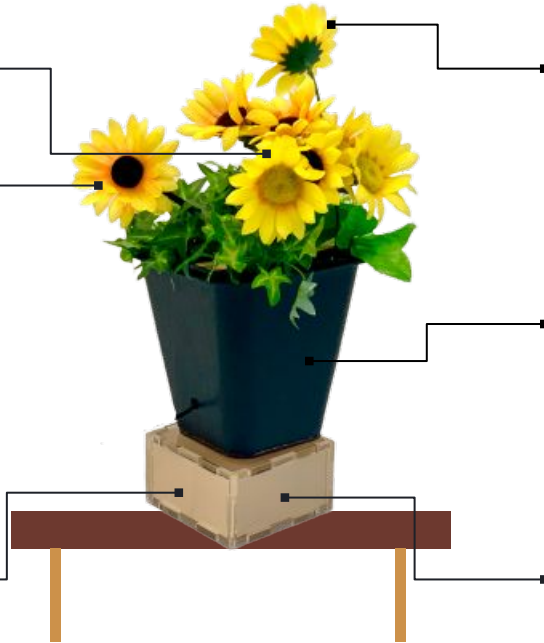
**FLOWER MIC**  
A mic who thinks  
he is a sunflower

**LED LIGHTS**  
Flash different colors of  
lights according to the  
detected sentiments

**DROOPING FLOWER**  
Indicates  
instantaneous  
sentiment

**SPEAKER**  
Gives audio  
feedback based on  
detected sentiments

**ROTATING POT**  
Moves when too  
many happy or sad  
emotions accumulate  
over the day



# BETTER EMOTION MANAGEMENT





# ENCOURAGING EMPATHY



# THANK YOU!



ANANYA NANDY



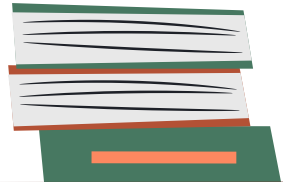
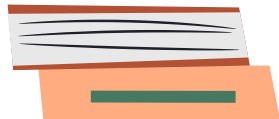
KATHERINE SONG



SIA CHANG



TINA TALEB



# THANK YOU!



ANANYA NANDY

Says gonna help she's not.



KATHERINE SONG

Disappears at the very beginning and doesn't show up til the very end.



SIA CHANG

Has no idea what's going on the whole time.



TINA TALEB

Disappears at the very beginning and doesn't show up til the very end.

