

# 5 Things to Know Before Your First Electrolysis Session

*Feel confident, informed, and ready for smooth skin.*

## Electrolysis by Fiona

### **1. It's the Only FDA-Approved Permanent Hair Removal**

Electrolysis is the only method recognized by the FDA for permanent hair removal.

### **2. It Works on All Skin and Hair Types**

Unlike laser, electrolysis can treat any hair and skin color safely.

### **3. You'll Need Multiple Sessions**

Hair grows in cycles, so multiple sessions are needed for full clearance.

### **4. There's Some Discomfort - But It's Tolerable**

You may feel a pinch, but most clients say it's worth it. Numbing options are available.

### **5. Aftercare Is Important for Smooth Healing**

Use aloe vera or witch hazel to soothe the area and avoid sun or makeup for 24 hours.

## Electrolysis by Fiona

### Bonus Tips

- Avoid caffeine or alcohol before your appointment.
- Wear comfortable clothing that exposes the treatment area.
- Expect minor redness or bumps that usually fade within hours.

### Let's Get You Glowing!

Ready to book? Let's make your skin glow. Email me at [electrolysisbyfiona@gmail.com](mailto:electrolysisbyfiona@gmail.com) or visit my

Instagram [@electrolysisbyfiona](https://www.instagram.com/electrolysisbyfiona)

Website: <https://tinatstnx.github.io/ElectrolysisByFiona>