

**FPT EDUCATION  
FPT POLYTECHNIC COLLEGE**



## **ENGLISH 2.2**

### **Fortfolio 1 + 2 :**

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**Class: ENT2226.16**

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# COMMENTS



✎ *Lecturer 1 :*

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✎ *Lecturer 2:*

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**Topic 1:** Talk about a hotel that you have stayed in

Hello teacher, my name is Tình, and today, I would like to talk about a hotel that I have stayed in.

First of all, the last time I stayed in a hotel was two years ago. The name of the hotel is "Mường Thanh," and it is located right on the beautiful coastline of Cua Lo Beach, Nghe An. I found the location to be absolutely fantastic as it was just a stone's throw away from the sandy shores and also conveniently close to the vibrant city center.

During my stay, I opted for a double room. I chose this room type because I was traveling with a friend, and it provided enough space for both of us. The cost for one night in the double room was approximately \$35. In the room, we had a comfortable queen-size bed, and there was a minibar stocked with an assortment of snacks and beverages. I did indulge in some treats from the minibar during my stay, which added a bit to the overall cost, but it was convenient.

Muong Thanh Hotel had an array of facilities and services to offer. They had a fitness center with modern exercise equipment, which I used every morning to kickstart my day. The hotel also provided free airport shuttle service, which was incredibly convenient for us. Moreover, their housekeeping services were impeccable. They not only made up the room daily but also turned down the beds in the evening and promptly picked up our laundry and dishes.

What I liked most about the hotel was the stunning view from our room's balcony. Waking up to the sight of the endless ocean was a truly memorable experience. The hotel staff was also very accommodating and friendly, making our stay even more enjoyable.

In conclusion, I was extremely satisfied with my stay at Muong Thanh Hotel. The combination of the excellent location, comfortable room, and top-notch services made it a memorable and enjoyable experience. If I ever have the chance to visit Cua Lo Beach again, I wouldn't hesitate to stay at this hotel once more.

## **Topic 2: Talk about good and bad driving habits**

Hello teacher, my name is Tinh, I am a student of Software Developer at FPT Polytechnic College , and today I'd like to talk to you about a topic that affects all of us—good and bad driving habits.

First of all, let's me share a bit about my riding experience. I've been riding a motorbike for 2 years, and I do have one at home. I'd like to think of myself as a responsible and cautious rider. Now, let's delve into good and bad driving habits.

Good driving habits play a crucial role in ensuring road safety. Some examples of good driving habits include obeying the speed limit, maintaining a safe following distance, and always using turn signals when changing lanes or making a turn. On the other hand, bad driving habits can put us and others at risk. Bad habits like speeding, tailgating, using a phone while driving, or weaving through traffic can lead to accidents.

The most dangerous driving behavior, in my opinion, is texting or talking on the phone while driving. This behavior diverts a driver's attention from the road, making it a recipe for disaster. Personally, I make it a point never to engage in such habits.

Now, let me share an incident I witnessed recently. The accident occurred on To Ky street and was about 1 month ago. Fortunately, no one was hurt, but there was significant damage to the vehicles involved. I happened to be in a restaurant across the street when it happened, and I immediately called an ambulance to assist.

After witnessing this accident, I realized the importance of avoiding bad driving habits. It's our responsibility as drivers and riders to ensure the safety of ourselves and others on the road.

In conclusion, it is imperative that we all drive carefully, avoid bad driving habits, and prioritize safety on the road to prevent unforeseen accidents. Remember, safety is a shared responsibility, and each one of us plays a vital role in keeping our roads safe.

That brings me to the end of my talk. Thank you all for listening.

**Topic 3: Talk about how you take care of your appearance**

Hello teacher, my name is Tinh, I am a student majoring in Software Development at FPT Polytechnic College. Today I would like to talk about my way to take care of my appearance.

First of all, I want to share with you about how I think about my appearance and how I take care of it. I rarely leave the house so I just take care of my appearance by I use skin care products once a week. I'm so glad because my appearance looks like a normal person, I don't lack anything, and I'm still happy compared to the unhappy fates out there. I always take care of my hair by going to hair salon every time my hair is so long. I don't waste so much money on cosmetic products because I you rarely take care of your skin.

Secondly, I would like to talk about a place where I usually to go to take care of my appearance. I often go barber shop twice of week. My favorite barber shop is Bi Barber. It located on Quang Trung street. I usually go there with my friend. Every time I go there I often have free massage. I have to pay sixty thousand Vietnam dong.

Finally, it is about cosmetic surgery. I think cosmetic surgery sometimes good sometimes bad. Because, if you know to use right way you will receive good result but if you don't know to use right way or excessive abuse, your appearance will be destroyed by cutlery. The advantages of cosmetic surgery is improve the beauty of your face. The advantages of cosmetic surgery is you waste a lot of money to just edit a small part of your face. If I had money, I wouldn't have cosmetic surgery because I am satisfied about my appearance and I don't have demand to improve my face.

That is end of my presentation. Thank you for listening.

#### **Topic 4: Your eating habits**

Hello teacher, my name is Tinh, I am a student of Software Developer at FPT Polytechnic College and today, I would like to share my thoughts and experiences about my eating habits.

I've always had a passion for food, and one particular item I'm crazy about is pasta. The sight of a well-cooked pasta dish can instantly make my mouth water. I eat it at least once a week, and I usually prepare it at home with my family. The creamy texture, the delicious sauces, and the wide variety of ingredients make pasta my all-time favorite. On the flip side, I can't stand overly spicy food because it doesn't sit well with my taste buds. There was a time when I used to be crazy about fast food, but I've since cut down on it due to health concerns. I realized that it wasn't doing my body any favors, and my eating habits needed a change. I aim for a balanced diet with three main meals a day: breakfast, lunch, and dinner. My meals consist of a variety of foods, including vegetables, lean meats, and whole grains. I believe in the importance of maintaining a healthy diet as it directly impacts my overall well-being. For breakfast, I often have a bowl of oatmeal, packed with fiber and complex carbohydrates, which provides sustained energy throughout the day. Lunch usually consists of a salad or a sandwich, ensuring I get my daily dose of veggies. Dinner typically features a protein source, like grilled chicken or fish, along with a side of steamed vegetables. I try to maintain a balance between protein, carbohydrates, and fats in my diet. One of my favorite types of diets is the Vegan Diet. It's not only for its ethical and environmental aspects but also for its health benefits. A vegan diet excludes all animal products, including meat, dairy, and eggs. Instead, it emphasizes fruits, vegetables, nuts, seeds, and grains.

That is end of my presentation. Thank you for listening.