

# Programming Example

- **Name of the Program: Body Mass Index**
- **Level : Easy**

# Body Mass Index

- Body mass index (BMI) or Quetelet Index is a statistical measure of the weight of a person scaled according to height.
- Body Mass Index is defined as the individual's body weight (in KGs) divided by the square of their height (in meters).
- You have to write a program to calculate the BMI and return the persons category as defined in the constraints.

The Prototype of the Function is :

- public String getCategory(float height, float weight)
  - Where the function takes **height** and **weight** as the input and returns category of that BMI Value.
- Constraints
  - The **height** is greater than zero, otherwise return string "invalid"
  - The **weight** is greater than zero, otherwise return string "invalid"
  - bmi range  $< 15$  then category is "starvation"
  - bmi range  $\geq 15$  && bmi range  $< 18.5$  then category is "underweight"
  - bmi range  $\geq 18.5$  && bmi range  $< 25$  then category is "normal"

- bmi range  $\geq 25$  && bmi range  $< 30$  then category is "overweight"
- bmi range  $\geq 30$  && bmi range  $< 40$  then category is "obese"
- bmi range  $\geq 40$  then category is "morbidly obese"

- Example 1
  - Input        float height = 200 (CM);  
                float weight = 67.8 (KG);
  - Output        Function getCategory() Returns "underweight"
  - **Explanation**  
                The BMI is  $((\text{Weight in KG} / (\text{Height in meter})^2)$  which will be  $67.8/4 = 16.950001$ . Since this falls in the second category, the function returns the "underweight" as Output.
- Example 2
  - Input        float height = 168 (CM);  
                float weight = 70.2 (KG);
  - Output        Function getCategory() Returns "normal"
- Example 3
  - Input        float height = 0 (CM);  
                float weight = 70.2 (KG);
  - Output        Function getCategory() Returns "invalid"

- For Java solutions
  - Package Name : `test.bodymassindex`
  - File Name : `BMI.java`
  - Class Name : `BMI`
  - Function Name : `public String getCategory(float height, float weight)`
- **General Instructions** The package names, class names, method signatures to be used are mentioned in the problem statement.
  - Do not use your own names or change the method signatures and fields. You can add any number of additional methods.

# Pseudo Code

## Body Mass Index

1. Check for the constraint, The **height** is greater than zero, otherwise return string "invalid"
2. Check for the constraint, The **weight** is greater than zero, otherwise return string "invalid"
3. Calculate the body mass index(BMI).
4. Check the category of that BMI value.
5. Return the category from the method.

# Program Solution

- `package test.bodymassindex;`
- `public class BMI`
- `{`
- `public String getCategory(float height, float weight) {`
- `///Write your Code Here`
- `if(height <= 0 || weight <= 0 )`
- `return "invalid";`
- `double bmiValue = weight / Math.pow((height/100),2);`
- 
- `if(bmiValue<15)`
- `return "starvation";`
- `else if(bmiValue >=15 && bmiValue < 18.5)`
- `return "underweight";`
- `else if( bmiValue >=18.5 && bmiValue < 25)`
- `return "normal";`
- `else if(bmiValue >= 25 && bmiValue <30)`
- `return "overweight";`
- `else if(bmiValue >=30 && bmiValue < 40)`
- `return "obese";`
- `else if(bmiValue >=40)`
- `return "morbidly obese";`
- `return "";`
- `}`



- **public static void main(String[] args)**
- **{**
- **//TestCase 1**
- **try**
- **{**
- **float height = 200f;**
- **float weight = 67.8f;**
- **String catagory = new BMI().getCategory(height, weight);**
- **System.out.println(catagory);**
- **}**
- **catch(Exception e)**
- **{**
- **System.out.println(e);**
- **}**
- **}**
- **}**