



Module 3 Summary

Here is a summary of Key Points for **Module 3: Physical Environment and Health Requirements.**

Key Point
 <p>Child care personnel should conduct daily inspections to ensure the indoor and outdoor spaces are clean, in good repair, and free from health and safety hazards.</p>
<p>Harmful materials, such as toxic substances and firearms, must be stored in a locked area or be inaccessible and out of the reach of children at all times.</p>
<p>The licensed capacity of the child care facility is the number of children that may attend the program at one time, including transportation and field trips.</p>
<p>Usable floor space for facilities is calculated by first measuring the wall-to-wall interior space at floor level and then subtracting the non-usable space.</p>
<p>Outdoor play space must be designed to ensure children are directly supervised and free from injury or harm.</p>
<p>Outdoor square footage cannot be calculated until the indoor square footage has been determined.</p>
<p>Each child must have their own bedding to reduce the spread of germs.</p>
<p>Each child must have their own designated napping space that is 18" apart from others.</p>
<p>Fire drills are important so children and adults are prepared in case of emergency.</p>
<p>Lockdown and shelter-in-place drills must be practiced at least once per year to ensure children and adults are comfortable if a situation arises.</p>
<p>A clean and sanitary food preparation area must be established for programs that serve food.</p>
<p>Food must be stored at appropriate temperatures to reduce the growth of bacteria and food-borne illnesses.</p>
<p>Food in a child care program must be handled in a sanitary manner at all times.</p>
<p>Families must have access to the meal and snack menus.</p>
<p>Formula and breastmilk must be stored, prepared, and discarded properly.</p>
<p>Child care personnel must follow food handling guidelines to protect children from illness from contaminated food.</p>
<p>Children and adults in child care programs must wash their hands throughout the day before or after certain activities.</p>
<p>The diaper-changing station must be equipped with all of the proper materials and child care personnel must follow proper techniques.</p>
<p>Indoor equipment must be developmentally appropriate, clean, and in good repair.</p>
<p>All playground equipment must be developmentally appropriate; securely anchored, unless portable or stationary by design; and have an appropriate fall zone to protect the safety of children.</p>
<p>To reduce the spread of disease, child care personnel must observe children daily for signs of communicable diseases.</p>
<p>Child care programs must have first aid kits within the facility, while transporting children, and on any field trips away from the program.</p>
<p>Child care professionals must document all accidents and incidents that occur in child care programs and notify the parents on the day of the occurrence.</p>
<p>Child care personnel must be trained on how to administer medication to protect the health and safety of children in care.</p>
<p>Each enrolled child, except school-age children, must have documentation of immunizations or exemption from immunizations on file with the child care program.</p>
<p>Student health records are valid for two years after the date of the physical exam.</p>