

Bio Alexis Presents,
The Powerful Nourishment for Physical & Mental Health



Because

Family Health Means Happiness



Scientifically and clinically proven ingredients

18.6 % improvement in
working memory capacity
(WMC)



What is working memory capacity ?

Working Memory Capacity (WMC) is the small amount of information that can be held in mind and used in the execution of cognitive tasks.

For examples ?

Holding a person's address in mind while listening to instructions about how to get there.

Ask to your self

1. What is BioAlexis office No. ?
2. What is your school prayer ?
3. What is your school address (10th Class) ?
4. What is your Down Line
Leader Mobile no.?
5. What is your Aadhar No.?



How to improve working Memory Capacity

- **Break big chunks of information into small, bite-sized pieces**

(remember mobile no. like this 891 305 1195)

- **Add exercise to your daily routine**
- **Experiment with various ways of remembering information**
- **Regularly use TRUFIT**

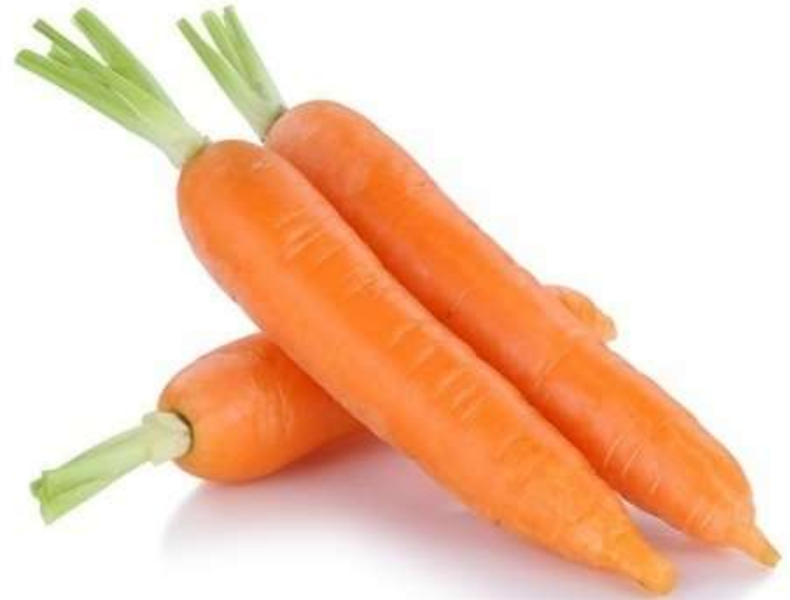
*

12.9% improvement of memory
reaction time (MRT)



Natural Beta Carotenes

Healthy Skin &
Hair Growth



Beta carotene is a red and orange pigment found in many fresh fruits and vegetables, Essential for healthy skin and hair growth.

Natural Vitamins for Physical & Mental Growth and Bone Health

Alexis Trufit contains all essential Vitamins and minerals that Promotes healthy growth and development.

Vitamin A - Brain development and protects against colds

Vitamin C & E - Powerful antioxidant, immune protecting properties

Vitamin D - for healthy bones and teeth

Vitamin B6 – for building antibodies for the immune system and helps the nervous system in brain function



Sulforaphane: Memory & Brain

Sulforaphane is natural substance extracted from broccoli improves processing speed and working memory



Lutin & Zeaxanthin : Eye & Vision Health

As powerful natural antioxidants, Lutein and Zeaxanthin may protect your eyes in numerous ways.



Reduces eye irritation

Defend against free radicals and oxidative stress

Enhance the sharpness of your vision

Improve your visual contrast sensitivity

Protect eye tissue from sunlight damage & harmful light

Helps freedom from eyeglasses in children.

Withanolides: Improve brain function and Intelligence

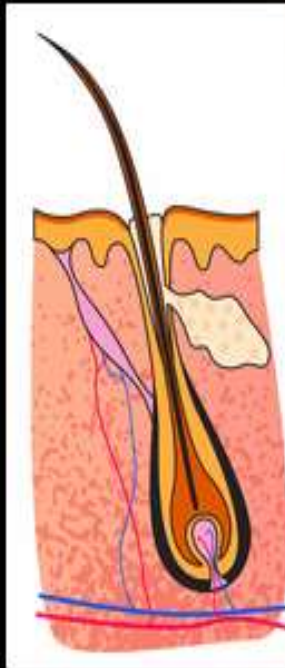
Withanolides obtained from Ashwagandha and this increases Acetylcholine level in the brain and improve brain function and intelligence.



Fenugreek Saponins and Flavonoids:

Stop Hair Thinning & Hair loss, and Anti-dandruff

Lecithin in Alexis Trufit acts as a natural emollient that conditions and moisturizes scalp and hair deeply and it makes your hair stronger from the roots by providing rich nourishment.



Best Nutrition for Senior Citizens

Natural Vitamin D & E, Iron and Beta Carotenes are essential for elder people health.



The Powerful Nourishment for Physical & Mental Health

Family Health Means Happiness

