

Published in final edited form as:

Am J Transplant. 2020 January; 20(1): 220–230. doi:10.1111/ajt.15576.

Liver Transplant for Hepatocellular Carcinoma in the United States: Evolving Trends over the Last Three Decades

Marc Puigvehí¹, Dana Hashim², Philipp K. Haber¹, Amreen Dinani³, Thomas D. Schiano⁴, Amon Asgharpour³, Tatyana Kushner³, Gaurav Kakked³, Parissa Tabrizian⁴, Myron Schwartz⁴, Ahmet Gurakar⁵, Douglas Dieterich³, Paolo Boffetta², Scott L. Friedman³, Josep M. Llovet^{1,6,7}, Behnam Saberi³

¹Liver Cancer Program, Division of Liver Diseases, Icahn School of Medicine at Mount Sinai, New York, New York ²Icahn School of Medicine at Mount Sinai, The Tisch Cancer Institute, New York, New York ³Icahn School of Medicine at Mount Sinai, Division of Liver Diseases, New York, New York ⁴Icahn School of Medicine at Mount Sinai, Recanati / Miller Transplantation Institute, New York, New York ⁵Johns Hopkins University School of Medicine, Division of Gastroenterology and Hepatology-Transplant Hepatology, Baltimore, Maryland ⁶Liver Cancer Translational Lab, Barcelona Clinic Liver Cancer (BCLC) Group, Liver Unit, Hospital Clinic de Barcelona, IDIBAPS, CIBEREHD, University of Barcelona, Barcelona, Catalonia, Spain ⁷Institució Catalana de Recerca i Estudis Avançats, Barcelona, Catalonia, Spain

Abstract

HCV infection has been the most common etiology in HCC-related liver transplantation (LT). Since 2014, direct-acting antivirals (DAAs) have dramatically improved HCV cure. We aimed to

Correspondence Behnam Saberi, behnam.saberi@mssm.edu. Author Contributions

MP (study concept and design, analysis and interpretation of data, statistical analysis, drafting and critical revision of the manuscript); DH (study concept and design, acquisition of data, analysis and interpretation of data, statistical analysis, drafting of the manuscript); PKH (study concept and design, analysis and interpretation of data, statistical analysis, drafting and critical revision of the manuscript); AD (study concept and design, analysis and interpretation of data, drafting of the manuscript); TDS (study concept and design, analysis and interpretation of data, critical revision of the manuscript for important intellectual content); AA (study concept and design, analysis and interpretation of data, drafting of the manuscript); TK (analysis and interpretation of data, drafting of the manuscript); PT (study concept and design, drafting of the manuscript); GK (analysis and interpretation of data, statistical analysis, drafting of the manuscript); PT (study concept and design, drafting of the manuscript); MS (study concept and design, drafting of the manuscript, critical revision of the manuscript for important intellectual content); AG (study concept and design, analysis and interpretation of data, critical revision of the manuscript for important intellectual content); DD (study concept and design, analysis and interpretation of data, critical revision of the manuscript for important intellectual content); PB (contribution to study design and analysis plan; critical review of the manuscript); SLF (study concept and design, analysis and interpretation of data, drafting of the manuscript, critical revision of the manuscript for important intellectual content); JML (analysis and interpretation of data, critical revision of the manuscript for important intellectual content); BS (study concept and design, acquisition of data, analysis and interpretation of data, statistical analysis, drafting of the manuscript, critical revision of the manuscript for important intellectual content, study supervision).

Disclosure

The authors of this manuscript have conflicts of interest to disclose as described by the *American Journal of Transplantation*. Douglas Dieterich: Gilead, Merck, AbbVie. Josep Llovet: Prof. Josep M. Llovet is receiving research support from Bayer HealthCare Pharmaceuticals, Eisai Inc, Bristol-Myers Squibb and Ipsen, and consulting fees from Bayer HealthCare Pharmaceuticals, Bristol-Myers Squibb, Eisai Inc, Celsion Corporation, Eli Lilly, Exelixis, Merck, Ipsen, Glycotest, Navigant, Leerink Swann LLC, Midatech Ltd, Fortress Biotech, Sprink Pharmaceuticals, Nucleix and CatFite. The other authors have no conflicts of interest to disclose.

Supporting Information

Additional supporting information may be found online in the Supporting Information section at the end of the article.

study the changing pattern of etiologies and impact in outcome in HCC-related LT according to HCV treatment-era through retrospective analysis of the Scientific Registry of Transplant Recipients (SRTR) database (1987–2017).

A total of 27,855 HCC-related LT were performed (median age 59 years, 77% male). In the DAA-era (2014–2017) there has been a 14.6% decrease in LT for HCV-related HCC; however, HCV remains the most common etiology in 50% of cases. In the same era, there has been a 50% increase in LT for NAFLD-related HCC. Overall survival was significantly worse for HCV-related HCC compared to NAFLD-related HCC during pre-DAA era (2002–2013; p=0.031), but these differences disappeared in the DDA era. In addition, HCV patients had a significant improvement in survival when comparing DAA-era with IFN-era (p<0.001). Independent predictors of survival were significantly different in the pre-DAA era (HCV, AFP, diabetes) than in the DAA-era (tumor size).

HCV-related HCC continues to be the main indication for LT in the DAA-era, but patients' survival has significantly improved and is comparable to that of NAFLD-related HCC.

Introduction

Hepatocellular carcinoma (HCC) is the sixth most common cancer, and the fourth leading cause of cancer-related mortality worldwide (1, 2). At risk populations are well defined and include patients with cirrhosis due to alcoholic liver disease (ALD), hepatitis B virus (HBV), hepatitis C virus (HCV), nonalcoholic fatty liver disease (NAFLD), as well as other chronic liver diseases (3). Curative treatment options are available for patients with local disease and include ablation, resection and liver transplantation (3). Particularly, patients with early stage HCC with cirrhosis, who are not eligible for surgical resection, represent ideal candidates for LT when the tumor burden is within Milan criteria (4, 5).

After the implementation of the model for end-stage liver disease (MELD) score in 2002, HCC patients were granted MELD exception points with the intent to balance the risk of tumor progression and subsequent drop-out from the waiting list with death compared to non-HCC patients (6). However, based on recent data demonstrating that the system advantaged HCC recipients compared to patients without HCC, the policy was modified in 2015 in order to decrease the priority awarded to HCC patients (6). Overall, the organ allocation policies for HCC have evolved over the recent years to deprioritize HCC relative to other indications (7).

Among the underlying etiologies of liver disease, HCV has been the most common indication for LT among HCC patients in the United States (US) (8). Treatment options of HCV have evolved tremendously in the recent years (9). After November of 2013, with the availability of interferon (IFN) free direct-acting antivirals (DAAs), sustained virologic response (SVR) rates of > 90% in both pre- and post-LT setting and in patients with impaired liver function is achievable (10, 11). Prior to 2011, IFN and ribavirin (RBV) were the only available treatment for HCV that were associated with low SVR rates of only 20–40% and significant side effects (12). In 2011, the first generation of protease inhibitors was

approved that improved the SVR rates to 50–60%; however, they were still associated with side effects because they were combined with IFN/RBV (13).

While HCV treatment options have evolved considerably(13), the growing obesity epidemic in the US has led to an increased prevalence of NAFLD(14). Current estimates indicate that 68% of US adults are overweight or obese, and between 75–100 million individuals likely have NAFLD (15). Herein, it has been speculated that due to the DAAs, the relative burden of HCC arising from HCV will diminish and NAFLD eventually will become the leading indication for HCC-related LT (16).

Patterns of underlying liver diseases giving rise to HCC and ultimately leading to LT are likely going to shift in the coming years, warranting a closer look at the etiologies. The recent changes in the MELD exception policies, the availability of DAAs to treat HCV, and the rise in the prevalence of obesity and fatty liver disease prompted us to study: 1) the changing pattern of HCC-related LT etiologies over the past 30 years and 2) the impact of etiology in HCC-related LT outcomes, focusing on HCV treatment changes. In order to reflect both the changing patterns in etiology and the outcomes as treatment for HCV has advanced we defined four time intervals: the pre-MELD era (1987–2001), the IFN-only era (2002–2010), early IFN-DAA era (2011–2013) and the DAA-only era (2014–2017).

Materials and Methods

Data Source

The data reported here have been supplied by the Minneapolis Medical Research Foundation (MMRF) as the contractor for the Scientific Registry of Transplant Recipients (SRTR). The interpretation and reporting of these data are the responsibility of the authors and in no way should be seen as an official policy of or interpretation by the SRTR or the U.S. Government. The SRTR data system includes data on all donor, wait-listed candidates, and transplant recipients in the US, submitted by the members of the Organ Procurement and Transplantation Network (OPTN). The Health Resources and Services Administration (HRSA), U.S. Department of Health and Human Services provides oversight to the activities of the OPTN and SRTR contractors.

Study Population

Our study retrospectively evaluated adult patients who received a deceased donor LT (DDLT) in the SRTR database from 1987 to September 2017 in the US. LT recipients with HCC were identified using the primary or secondary coding for the diagnosis of HCC at the time of listing or at the time of transplant in the SRTR database. In addition to the aforementioned coding, we included recipients whose providers had sought HCC MELD exception points and were approved, even if the diagnosis of HCC had not been entered. Data regarding incidental HCCs among patients transplanted for their native MELD were not available within the database. Overall patients below age 18, living donor recipients, or any patient with prior history of organ transplant (except kidney transplant), or other primary or secondary liver malignancies were excluded (Supplementary Table 1). In line with this analysis and using additional available coding, the underlying etiologies of liver disease at

the time of listing were determined. Patients were categorized in the following groups: HCV, ALD, HBV, ALD/HCV, NAFLD, and cryptogenic. Patients who did not have any codes for these diagnoses or had codes under unknown etiology were included in the "unknown" category. Patients who had codes for autoimmune hepatitis (AIH), primary biliary cholangitis (PBC), primary sclerosing cholangitis (PSC), Budd-Chiari syndrome (BCS), hemochromatosis, alpha-1 antitrypsin deficiency, acute hepatic necrosis (AHN) or other diagnoses were included in the "other" category. Patients with ALD/HCV were considered separately and not included in the calculations for HCV or ALD patients. Patients with combination codes for NAFLD and HCV (n=89) or NAFLD and ALD (n=50) were not included in the HCV, NAFLD, and ALD groups.

Statistical analysis

Categorical variables are reported by percentages, and continuous variables are reported as medians with interquartile ranges (IQR). Differences between qualitative variables were assessed with the Fisher exact test. Differences between quantitative variables were analyzed with a non-parametric test (Mann-Whitney or Kruskal-Wallis for independent samples).

Survival was calculated for each patient between the date of transplantation relevant to the date of death or re-transplant, date of the last follow-up, or the end of the study period in September 2017. Univariate and multivariate Cox regression models were constructed to estimate mortality hazard ratios (HR) and 95% confidence intervals (CI) for baseline clinical and analytical parameters. We constructed two different models for the pre-DAA era (2002–2013) and the DAA era (2014–2017). The model obtained for the pre-DAA era was also applied to the DAA era. All the models were adjusted for known baseline factors related to survival, which were used as covariates (Supplementary Table 4). Survival curves by HCC etiology following LT were obtained from Kaplan–Meier estimates of mortality probabilities. Differences between survival curves were tested using the log-rank test. Statistical analyses were performed using the SPSS software package (version 24.0; SPSS Inc, Chicago, IL).

Results

Study population

Between October 1987 and September 2017 there were a total of 132,731 adult DDLT recipients in the US. Of these 27,855 (21%) underwent an initial DDLT for an HCC-related indication. Overall, 22,280 (80%) of the HCC-related LT recipients had been granted HCC MELD exception points. Baseline characteristics of the study population are summarized in Table 1. The median age of LT recipients was 59 years, and 77% of the patients were males. Overall, 69.5% of patients had T2 TNM stage tumor. Median lab MELD of the cohort at the time of transplantation was 12 (9–17).

The most common underlying etiology was HCV (48.9%) followed by HCV/ALD (10.6%), ALD alone (8.1%), NAFLD (6.1%), HBV (5.8%), and cryptogenic (3%). HCV patients, compared to NAFLD, were younger (58.4 vs. 63.9 years), mostly male (76.9% vs. 65.2%), with lower BMI (27.9 vs. 32.3 kg/m²), and lower MELD at transplant (12 vs. 14) (all

p<0.001, Supplementary Table 2). Proportion of diabetes (70.4% vs 23.9%) and hypertension (47.9% vs 28.2%) were significantly higher among NAFLD patients compared to HCV (both p<0.001) (Supplementary Table 2).

The characteristics of the donors for the different etiologies of HCC-related LT are presented in Supplementary Table 3.

Etiology trends of HCC-related LT

There was a remarkable increase in HCC-related LT from 222 (5.3%) in 2001 to 977 (21.8%) in 2002, following the implementation of the MELD system and MELD exceptions for HCC recipients (p<0.001) (Figure 1). After 2002, the number and proportion of HCCrelated LT continued to increase steadily until 2015 (30.5% in 2008, 36.1% in 2015). Following the MELD policy change in 2015 that would deprioritize HCC patients, the rate of HCC as an indication for DDLT declined from 36.1% in 2015 to 30% in 2016 (p<0.001) (Figure 1). While the first patient undergoing LT for HCV-related HCC was reported in 1991, the first LT for NAFLD-related HCC was not until 2003. In the entire pre MELD era (1987–2001) the most frequent underlying liver disease for patients with HCC undergoing LT was HCV (31%) followed by an unknown etiology (23.8%). In the MELD era, patients with unknown liver disease only accounted for 3.8% of all patients with HCC related LT (p<0.001). The proportion of HCV-related HCC peaked at 55.5% in 2010 and slightly decreased in 2016 and 2017 (46.3% and 45.7%, respectively). On the other hand, there has been a steady increase in the number and proportion of NAFLD patients from 2003 (n=4, 0.4%) to 2016 (n=276, 13.2%). In parallel, the HCV/NAFLD ratio has decreased from 1/145 in 2003 (one NAFLD-related transplant for every 145 HCV-related transplants) to 1/12 in 2010 and 1/4 in 2017.

Considering the different HCV treatment eras, the proportion of HCV-related LT kept an increasing trend in the IFN-only era (48.2%) and the early IFN-DAA era (53%) but started to decrease in 2015 coinciding with the IFN-free DAA era (50.3%) (Supplementary Figure 1). Conversely, NAFLD-related LT rose constantly from the IFN-only era (3.1%) to the early IFN-DAA era (7%) and the DAA era (11.3%), with the highest proportion in 2016–2017 (13.3%) (Supplementary Figure 1 and Figure 2). Consequently, NAFLD is now the second leading cause of HCC-related LT in the IFN-free DAA era, after HCV. However, it is important to note that 9% of patients have concomitant HCV and ALD diagnosis. Hypothetically, if the recipients with HCV/ALD (9%) are counted toward ALD only group (9%), then ALD will be the 2nd leading cause of HCC-related LT (18%) (Supplementary Figure 1E).

Outcomes and survival in HCC patients

The causes of death were different according to etiology. HCV patients had a higher rate of graft-related death compared to NAFLD patients (12.4% vs. 4.8%, p<0.001). On the contrary, NAFLD individuals showed a higher rate of cardiovascular-related death (13.3% vs. 7.8%, p<0.001) (Table 2).

The main determinants of death (HR, 95% CI, p value) in the IFN era (2002-2013) as determined through Cox regression multivariate analysis were HCV etiology (1.155, 1.0179-1.237, p<0.001), AFP (1.288, 1.200-1.382, p<0.001), and diabetes (1.188, 1.102-1.280, p<0.001) (Figure 3A **and** Supplementary Table 4A). Remarkably, in the DAA era, etiology was not related to survival neither in the univariate (0.963, 0.836-1.110, p=0.603) nor in the multivariate analysis (1.115, 0.892-1.394, p=0.338) (Figure 3B **and** Supplementary Table 4B). Only tumor size (1.189, 1.079-1.311, p=0.001) was related to an impaired survival in the DAA era.

Overall, HBV patients had the best survival among the different etiologies (Log Rank <0.001) (Supplementary Figure 2). This difference in outcome was maintained when only patients transplanted in the MELD era were taken into consideration (Figure 4A). In the same period, HCV patients had lower survival compared to NAFLD patients (Log Rank=0.030) (Figure 4B). This impaired survival was conveyed through a markedly worse outcomes during the IFN-only era, and the early IFN-DAA era (Log Rank=0.031) as no significant difference was observed in the IFN-free DAA era (Log Rank=0.321) (Figure 4C). When evaluating the survival changes according to the HCV treatment era, HCV-related LT showed a significant improvement, comparing the IFN-only to the early IFN-DAA era (Log-Rank <0.001) and the early IFN-DAA era to the DAA era (Log-Rank=0.002) (Figure 4D). In contrast, NAFLD patients only showed improved survival when comparing the IFN-only era to the early IFN-DAA era (Log-Rank=0.001), but no difference compared to the DAA era (Log-Rank=ns).

Discussion

In this study, we retrospectively evaluated the evolving trends of HCC and the underlying diagnosis of liver disease in deceased donor LT recipients over the last three decades (1987 to September 2017) using the SRTR database. In addition to including patients with the diagnosis of HCC, we included recipients whose providers had sought HCC MELD exception points and were approved, even if the diagnosis of HCC had not been entered. This allowed us to identify cases with HCC as an indication for LT more broadly. Therefore, our reported HCC cases/per year are higher than those noted in previous publications (17). Our study shows a trend towards a decrease of HCV-related LT and a parallel increase in NAFLD-related LT following the implementation of DAAs in clinical practice. Moreover, we show a significant improvement in HCV patients' survival in the DAA era, being now comparable to NAFLD patients, whereas survival for the latter group remains unchanged.

Our study shows an increase in HCC-related LT, particularly in the MELD era. The trends and peaks of HCC over time are reflective of changes in the way patients with HCC are prioritized for LT. Following the implementation of MELD exception points in 2002, HCC has grown as an indication for LT and accounts for 21% of the total number of deceased donor LTs over a thirty-year period. As a result of a series of analyses indicating that the MELD exception scores advantaged HCC patients, the system was modified in 2003, 2004, and 2005 to reduce the priority accorded to these patients (6, 18, 19). Despite these modifications, we show that the rate of LT for HCC continued to rise.

In 2013 "Share 35" policy was implemented with the goal of allowing an increased proportion of patients with a MELD > 35 to undergo LT and thus decreasing death on the waiting list. A study evaluating the effect of "Share 35" on patients who underwent LT for HCC demonstrated no change in the proportion of LT performed or overall waiting time. However, a higher rate of death/de-listing was observed (20). Similarly, in our study, we did not observe any significant change in the rate of LT for HCC in the Share 35 era, although our study did not specifically evaluate UNOS regional differences. Only after the most recent modification in 2015 in which HCC patients received no priority for six months and the MELD exception score was capped at 34 points (6, 7) has the rate of LT for HCC and proportion of HCC candidates undergoing LT declined (Figure 1). The most recent MELD policy change awards exception points equal to median MELD score of a DSA (donation service area) region minus 3 using a calculation based on a 250 nautical mile (NM) circle around each donor hospital that is recalculated every 180 days (21). Although this policy only was recently implemented, it is speculated that it may decrease the rate of LT and increase the dropout rate for HCC candidates.

Our study confirms that HCV has been the leading etiology for HCC as an indication for LT over the last 30 years, accounting for almost half of the cases. Even during the current IFNfree DAA era in which HCV is routinely cured, HCV remains the predominant etiology of liver disease in HCC patients, although there is a downward trend. It is worth noting that the SRTR database cannot distinguish active from cured-HCV in the LT candidates or recipients. Model-based simulation studies have predicted that HCC will continue to increase over the next decade (22). In addition, in some liver transplant centers patients with HCV and HCC are treated with DAA after LT to increase their chance of receiving a HCV positive organ and decreasing the waiting-list-time (10). Although achieving SVR decreases the risk of all-cause and liver-related mortality, the risk of developing HCC persists, more so in those with cirrhosis, in which the annual incidence of HCC in post-SVR patients is 1.82/100 person per year in patients with cirrhosis compared to 0.34/100 person per year in those without cirrhosis (23). While early reports suggested that DAA treatment may lead to increased risk of cancer occurrence/recurrence, that concern has proven unfounded (24, 25). From a public health perspective, it will be several years before there will be a decline in the rates of HCC secondary to HCV (26).

Based on the analysis herein presented, NAFLD-related HCC, which was first reported as a diagnosis in the SRTR database in 2003, is shown to be the most rising etiology of liver disease in HCC patients undergoing LT (27). It is estimated that the incidence of HCC secondary to NAFLD will increase by 137% by 2030 (28). Unlike other groups analyzing the SRTR database, we did not include patients with cryptogenic cirrhosis or unknown diagnosis with DM or elevated BMI > 30 in the NAFLD group (17, 29). This is of critical importance, as our analysis shows that up to fifty percent of HCC-related LT patients have underlying ascites, which falsely raises the BMI. Of note, cryptogenic cirrhosis accounted for less than three percent of cases.

As no patients with NAFLD codification were transplanted until 2003, we performed our survival analysis in the MELD era (2002–2017). In our study, HCV was a main determinant of death in the pre-DAA era (2002–2013) but was no associated with decreased survival in

the DAA era (2014–2017), confirming that HCV widespread cure has significantly improved the prognosis of HCV patients undergoing LT for HCC (30). During the 2002–2013 period, HBV patients showed the best survival, and HCV patients had an impaired survival compared to NAFLD patients. Even though diabetes was far more prevalent in the NAFLD population, and having diabetes was a strong predictor of mortality, survival was significantly worse for HCV-infected patients. However, this strong effect of HCV infection on survival disappeared in 2014, in concert with the rise of DAAs, and no differences in survival have been noted between HCV and NAFLD patients since then. Even though the follow-up is still short and median survivals are not reached, our study is, to the best of our knowledge, the first to show the changing trends on etiology and their impact on survival in HCC-related LT in the US. Of note, the causes of death were different among HCV and NAFLD patients, and as expected, more related to cardiovascular events in the latter. The higher rate of graft-related death among HCV patients may be explained by differences in recipient and donor characteristics or, plausibly, be related to post-LT HCV recurrence and related graft failure before the DAA era. Remarkably, graft-related deaths were comparable in patients with HBV and HCV.

There are several limitations to our study. Due to the nature of the database, the determination of the underlying etiology of chronic liver disease, by the primary and secondary diagnoses, is based on how the diagnosis codes were entered into the database. Therefore, the HCC cases could be under or over-reported. Data regarding HCV-RNA are not available in the database. Therefore it is unclear whether HCV recipients were post-SVR or had active HCV.Furthermore, a detailed history regarding the amount of alcohol use is not available. Besides, there are missing data, specifically prior to 2002, and cases with unknown etiology within the database. Patients with HCC with unknown etiology were noted to have the highest mortality compared to other groups. However, in recent years, these cases only accounted for five percent of the total.

In summary, changes in the MELD exception policy have overtime led to a decrease in the proportion of LT for HCC candidates after an initial significant increase with the adoption of the MELD score for organ allocation. While HCV remains the most common etiology of HCC-related LT, the availability of DAA is decreasing its burden. Conversely, there is in the same timeframe a steady increase in patients undergoing LT with NAFLD-related HCC. Whereas in the pre DAA era HCV-infection was one of the strongest determinants of death in the HCC-related LT population, NAFLD and HCV patients have similar survival in the DAA era, and HCV is no longer an independent predictor of an adverse outcome. The rate of death for cardiovascular disease is higher in NAFLD patients, while the rate of graft-related death is higher among HCV individuals. Further studies in the next years will be of high importance in order to confirm these changing trends.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

Marc Puigvehí received a grant from Asociación Española para el Estudio del Hígado (AEEH). Philipp K. Haber received a grant from the German Research Foundation (DFG). Scott L. Friedman has grant support from NIH RO1DK56621 and U.S. Department of Defense (CA150272P3). Josep M. Llovet is supported by the European Commission (EC)/Horizon 2020 Program (HEPCAR, Ref. 667273–2), U.S. Department of Defense (CA150272P3), an Accelerator Award (CRUCK, AECC, AIRC) (HUNTER, Ref. C9380/A26813), National Cancer Institute, Tisch Cancer Institute (P30-CA196521), Samuel Waxman Cancer Research Foundation, Spanish National Health Institute (SAF2016–76390) and the Generalitat de Catalunya/AGAUR (SGR-1358).

Abbreviations

AHN Acute hepatic necrosis

ALD alcoholic liver disease

AIH autoimmune hepatitis

BCS Budd-Chiari syndrome

CI confidence intervals

DDLT deceased donor LT

DAAs direct-acting antivirals

DSA donation service area

HR hazard ratios

HRSA Health Resources and Services Administration

HBV hepatitis B virus

HCV hepatitis C virus

HCC Hepatocellular carcinoma

IFN interferon

IQR interquartile ranges

LT liver transplantation

MMRF Minneapolis Medical Research Foundation

MELD model for end-stage liver disease

NM nautical mile

NAFLD nonalcoholic fatty liver disease

OPTN Organ Procurement and Transplantation Network

PBC primary biliary cholangitis

PSC primary sclerosing cholangitis

RBV ribavirin

SRTR Scientific Registry of Transplant Recipients

SVR sustained virologic response

US United States

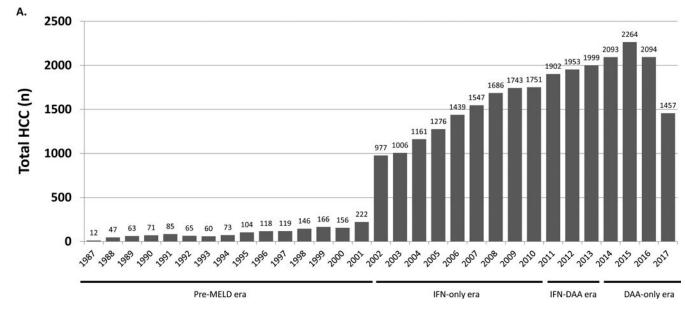
References

 Stewart BW, Wild CP, et al. World Cancer Report 2014. IARC http://publications.iarc.fr/Non-Series-Publications/World-Cancer-Reports/World-Cancer-Report-2014.

- Llovet JM, Zucman-Rossi J, Pikarsky E, Sangro B, Schwartz M, Sherman M, Gores G. Hepatocellular carcinoma. Nat Rev Dis Primers 2016;2:16018. [PubMed: 27158749]
- 3. Heimbach JK, Kulik LM, Finn RS, Sirlin CB, Abecassis MM, Roberts LR, Zhu AX, et al. AASLD guidelines for the treatment of hepatocellular carcinoma. Hepatology 2018;67:358–380. [PubMed: 28130846]
- 4. Mazzaferro V, Regalia E, Doci R, Andreola S, Pulvirenti A, Bozzetti F, Montalto F, et al. Liver transplantation for the treatment of small hepatocellular carcinomas in patients with cirrhosis. N Engl J Med 1996;334:693–699. [PubMed: 8594428]
- 5. Clavien PA, Lesurtel M, Bossuyt PM, Gores GJ, Langer B, Perrier A, Group OLTfHC. Recommendations for liver transplantation for hepatocellular carcinoma: an international consensus conference report. Lancet Oncol 2012;13:e11–22. [PubMed: 22047762]
- Parikh ND, Singal AG. Model for End-Stage Liver Disease Exception Points for Treatment-Responsive Hepatocellular Carcinoma. Clinical Liver Disease 2016; 7:97–100 [PubMed: 31041039]
- 7. https://optn.transplant.hrsa.gov/news/revised-liver-policy-regarding-hcc-exception-scores/.
- 8. Yang JD, Larson JJ, Watt KD, Allen AM, Wiesner RH, Gores GJ, Roberts LR, et al. Hepatocellular Carcinoma Is the Most Common Indication for Liver Transplantation and Placement on the Waitlist in the United States. Clin Gastroenterol Hepatol 2017;15:767–775 e763. [PubMed: 28013117]
- 9. Cosar AM, Durand CM, Cameron AM, Gurakar A. Hepatitis C following liver transplantation: current approach and future research opportunities. Curr Opin Infect Dis 2016;29:346–352. [PubMed: 27191202]
- Saberi B, Dadabhai AS, Durand CM, Philosophe B, Cameron AM, Sulkowski MS, Gurakar A. Challenges in treatment of hepatitis C among patients with hepatocellular carcinoma. Hepatology 2017;66:661–663. [PubMed: 28211073]
- Ofosu A, Durand CM, Saberi B, Alqahtani S, Ucbilek E, Belden M, Cameron AM, et al. Implications of Treating Hepatitis C Virus Infection Among Patients Awaiting Cadaveric Liver Transplant: A Single-Center Experience. Exp Clin Transplant 2015;13 Suppl 3:7–10. [PubMed: 26640901]
- 12. Manns MP, von Hahn T. Novel therapies for hepatitis C one pill fits all? Nat Rev Drug Discov 2013;12:595–610. [PubMed: 23807378]
- 13. Bowring MG, Kucirka LM, Massie AB, Luo X, Cameron A, Sulkowski M, Rakestraw K, et al. Changes in Utilization and Discard of Hepatitis C-Infected Donor Livers in the Recent Era. Am J Transplant 2017;17:519–527. [PubMed: 27456927]
- 14. Younossi ZM. The epidemiology of nonalcoholic steatohepatitis. Clin Liver Dis (Hoboken) 2018;11:92–94. [PubMed: 30992797]
- 15. Rinella ME. Nonalcoholic fatty liver disease: a systematic review. JAMA 2015;313:2263–2273. [PubMed: 26057287]
- Pais R, St Barritt A, Calmus Y, Scatton O, Runge T, Lebray P, Poynard T, et al. NAFLD and liver transplantation: Current burden and expected challenges. J Hepatol 2016;65:1245–1257. [PubMed: 27486010]
- Wong RJ, Cheung R, Ahmed A. Nonalcoholic steatohepatitis is the most rapidly growing indication for liver transplantation in patients with hepatocellular carcinoma in the U.S. Hepatology 2014;59:2188–2195. [PubMed: 24375711]

18. Thuluvath PJ, Guidinger MK, Fung JJ, Johnson LB, Rayhill SC, Pelletier SJ. Liver transplantation in the United States, 1999–2008. Am J Transplant 2010;10:1003–1019. [PubMed: 20420649]

- Ioannou GN, Perkins JD, Carithers RL Jr. Liver transplantation for hepatocellular carcinoma: impact of the MELD allocation system and predictors of survival. Gastroenterology 2008;134:1342–1351. [PubMed: 18471511]
- Croome KP, Lee DD, Harnois D, Taner CB. Effects of the Share 35 Rule on Waitlist and Liver Transplantation Outcomes for Patients with Hepatocellular Carcinoma. PLoS One 2017;12:e0170673.
- 21. https://optn.transplant.hrsa.gov/media/2799/201901_nlrb_faq_professional.pdf.
- 22. Cramp ME, Rosenberg WM, Ryder SD, Blach S, Parkes J. Modelling the impact of improving screening and treatment of chronic hepatitis C virus infection on future hepatocellular carcinoma rates and liver-related mortality. BMC Gastroenterol 2014;14:137. [PubMed: 25100159]
- Kanwal F, Kramer J, Asch SM, Chayanupatkul M, Cao Y, El-Serag HB. Risk of Hepatocellular Cancer in HCV Patients Treated With Direct-Acting Antiviral Agents. Gastroenterology 2017;153:996–1005 e1001. [PubMed: 28642197]
- 24. Kushner T, Dieterich D, Saberi B. Direct-acting antiviral treatment for patients with hepatocellular carcinoma. Curr Opin Gastroenterol 2018;34:132–139. [PubMed: 29517502]
- 25. Waziry R, Hajarizadeh B, Grebely J, Amin J, Law M, Danta M, George J, et al. Hepatocellular carcinoma risk following direct-acting antiviral HCV therapy: A systematic review, meta-analyses, and meta-regression. J Hepatol 2017;67:1204–1212. [PubMed: 28802876]
- 26. Chhatwal J, Wang X, Ayer T, Kabiri M, Chung RT, Hur C, Donohue JM, et al. Hepatitis C Disease Burden in the United States in the era of oral direct-acting antivirals. Hepatology 2016;64:1442–1450. [PubMed: 27015107]
- Friedman SL, Neuschwander-Tetri BA, Rinella M, Sanyal AJ. Mechanisms of NAFLD development and therapeutic strategies. Nat Med 2018;24:908–922. [PubMed: 29967350]
- Estes C, Razavi H, Loomba R, Younossi Z, Sanyal AJ. Modeling the epidemic of nonalcoholic fatty liver disease demonstrates an exponential increase in burden of disease. Hepatology 2018;67:123–133. [PubMed: 28802062]
- 29. Charlton MR, Burns JM, Pedersen RA, Watt KD, Heimbach JK, Dierkhising RA. Frequency and outcomes of liver transplantation for nonalcoholic steatohepatitis in the United States. Gastroenterology 2011;141:1249–1253. [PubMed: 21726509]
- 30. Belli LS, Perricone G, Adam R, Cortesi PA, Strazzabosco M, Facchetti R, Karam V, et al. Impact of DAAs on liver transplantation: Major effects on the evolution of indications and results. An ELITA study based on the ELTR registry. J Hepatol 2018;69:810–817. [PubMed: 29940268]



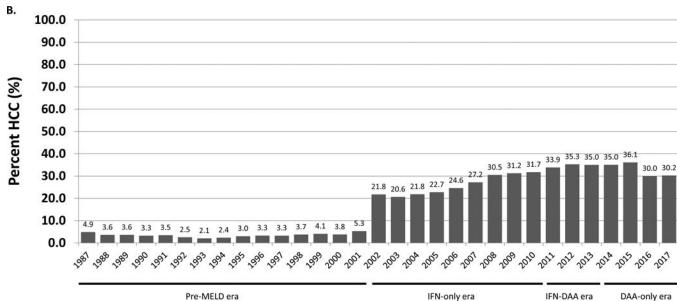
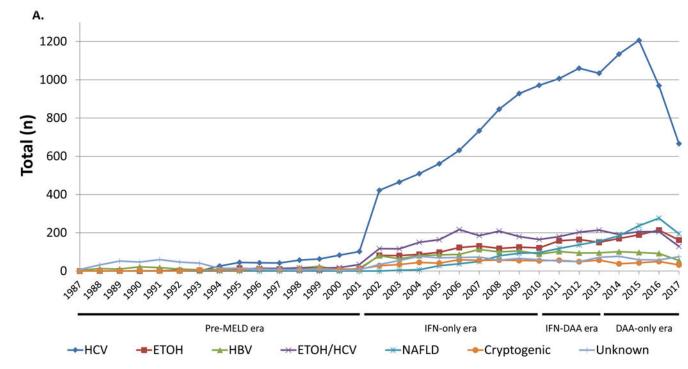


Figure 1. The trend of HCC-related liver transplants in the United States based on SRTR data. A) total number (n); B) percentage.



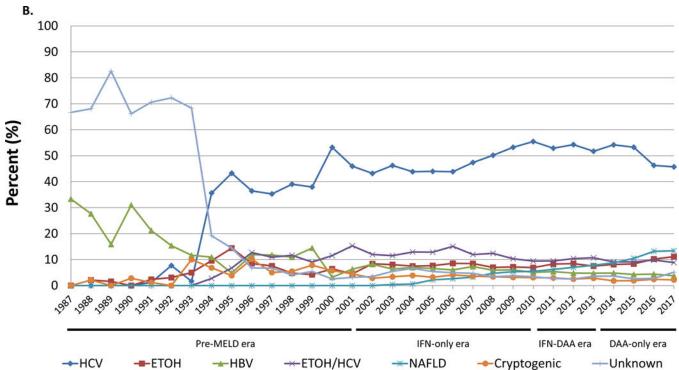
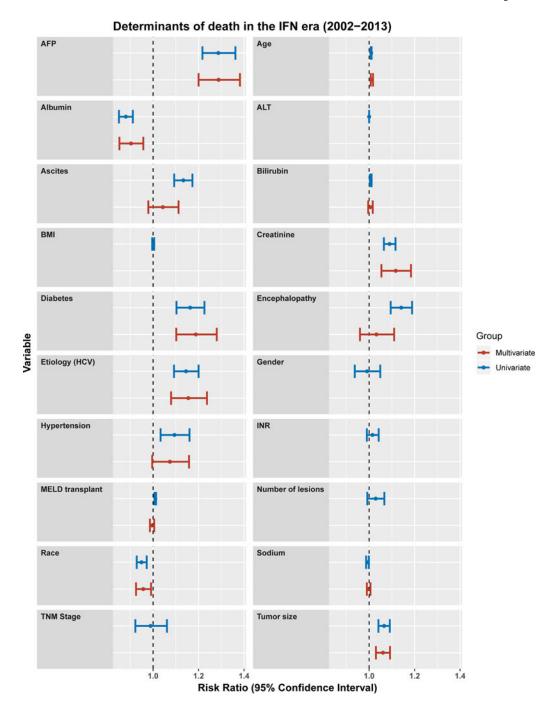


Figure 2. Annual trend of etiologies of liver disease in LT recipients with HCC in the US. A) total number (n); B) percentage.



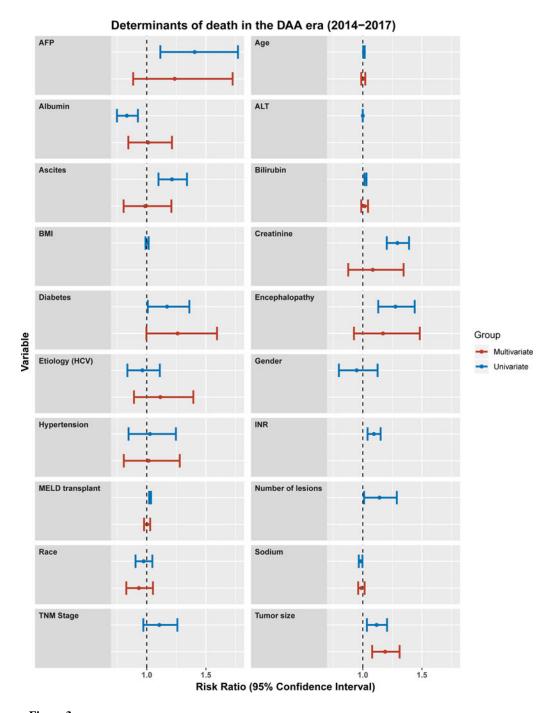
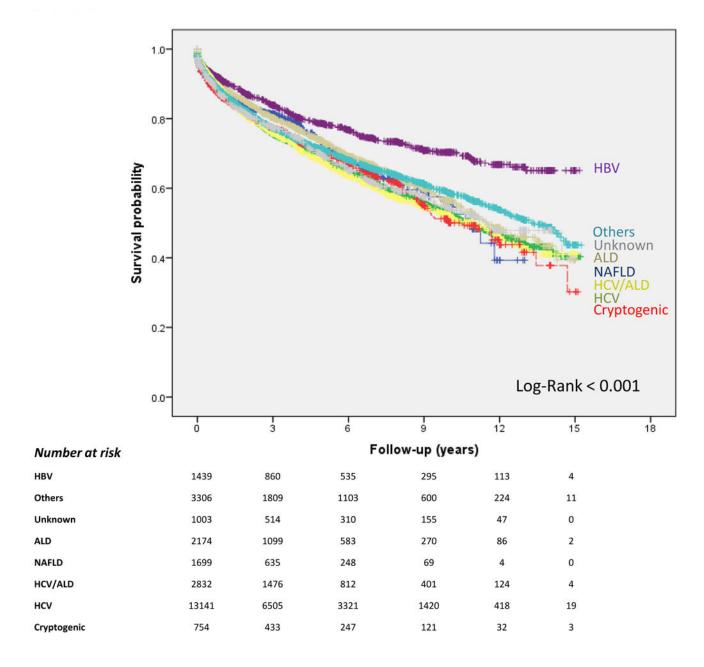
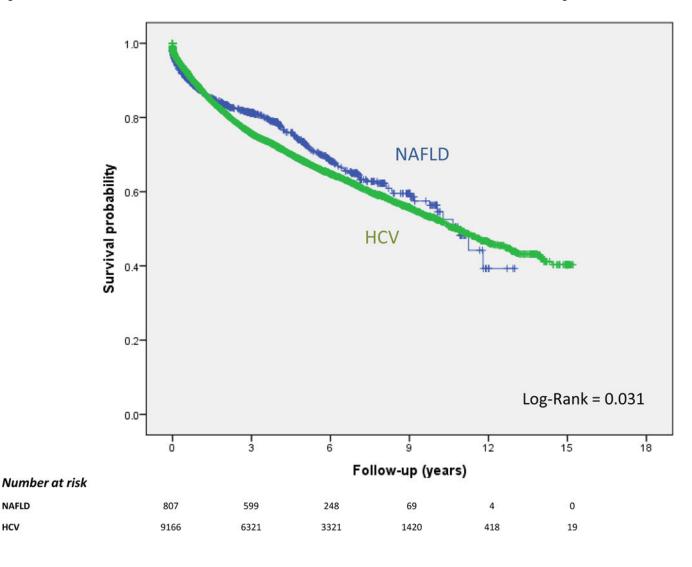
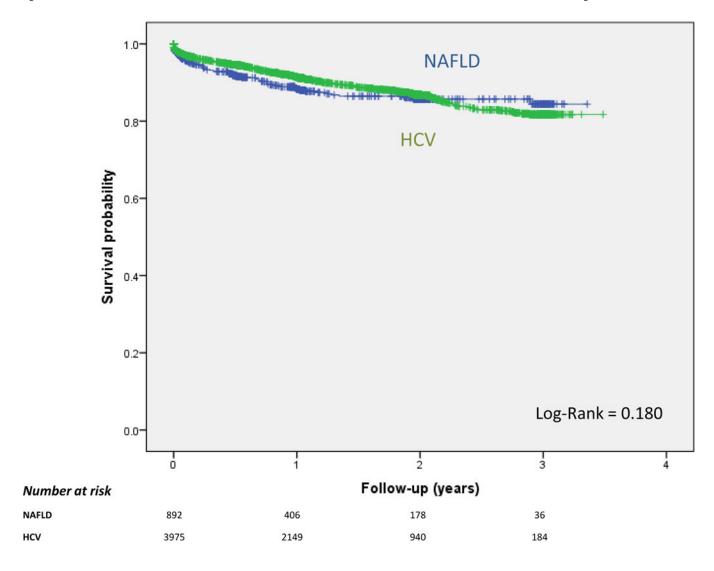


Figure 3.Determinants of death in HCC-related LT. A) IFN-era (2002–2013); B) DAA-era (2014–2017).







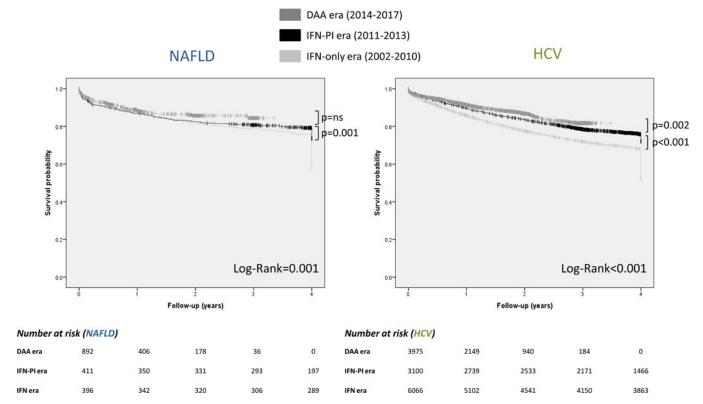


Figure 4.Kaplan Meier estimates of survival based on etiology of liver disease in HCC liver transplant recipients. A) MELD era (2002–2017); B) IFN era (2002–2013); C) DAA era (2014–2017); D) Survival according to HCV treatment era in HCV and NAFLD patients (2002–2017).

Table 1.

Baseline clinical characteristics of the HCC recipients. AFP, alpha-fetoprotein; ALT, alanine aminotransferase; Bili, bilirubin; BMI, body mass index; F, female; HCC, hepatocellular carcinoma; HTN, hypertension; INR, international normalized ratio; M, male; MELD, model for end-stage liver disease.

	All patients N= 27,855
Age (years)	58.8 (53.4–63.8)
Gender (male, %)	21,515 (77.2)
Etiology (n, %)	
HCV	13,609 (48.9)
NAFLD	1699 (6.1)
BMI (Kg/m ²)	28 (24.9–31.7)
Diabetes (yes, %)	7,521 (28.9)
Hypertension (yes, %)	5,337 (28.2)
Ascites (n, %)	
None	10,195 (40)
Mild	11,767 (46.2)
Moderate	3,503 (13.8)
Number of HCC lesions (n, %)	
One	15,173 (68)
Two	5,016 (22.5)
Three	2,2024 (9.1)
> Three	94 (0.4)
Size of HCC lesions (cm)	2.5 (2.1–3.2)
TNM Stage (n, %)	
T1	477 (2.1)
T2	16,079 (69.5)
Outside criteria	5,824 (25.2)
Others	744 (3.2)
AFP (ng/mL)	12 (5–49)
MELD transplant	12 (9–17)
Sodium (mmol/L)	138 (135–140)
Creatinine (mg/dl)	0.9 (0.8–1.2)
Albumin (g/dl)	3.2 (2.7–3.7)
ALT (IU/L)	51 (32–85)

| All patients N= 27,855 | Bilirubin (mg/dl) | 1.8 (1-3.1) | INR | 1.3 (1.2-1.6) Page 21

Puigvehí et al.

Author Manuscript

Author Manuscript

Table 2.

Comparison of outcome and causes of death based on liver disease etiology in HCC recipients. ALD, alcoholic liver disease; HCV, hepatitis C virus; HBV, hepatitis B virus; NAFLD, non-alcoholic fatty liver disease.

	All patients N=27,855	HCV n=13,609 (48.9%)	ALD n=2258 (8.1%)	NAFLD n=1699 (6.1%)	HBV n=1623 (5.8%)	Cryptogenic n=831 (3%)	ALD/HCV n=2953 (10.6%)	Others n=3521 (12.6%)	Unknown n=1361 (4.9%)
Overall outcome									
Died (n, %)	8,008 (28.8)	3864 (28.4)	599 (26.5)	330 (19.4)	389 (24)	291 (35)	921 (31.2)	1047 (29.7)	567 (41.7)
Alive (n, %)	16,732 (60.1)	8238 (60.5)	1417 (62.8)	1271 (74.8)	1024 (63.1)	450 (54)	1681 (56.9)	2057 (58.4)	602 (44.2)
Re-transplant (n, %)	1021 (3.7)	511 (3.8)	54 (2.4)	29 (1.7)	61 (3.8)	29 (3.5)	118 (4.0)	156 (4.4)	64 (4.7)
Lost to follow up (n, %)	1297 (4.7)	(4.5)	115 (5.1)	18 (1.1)	103 (6.3)	41 (4.9)	154 (5.2)	176 (5.0)	87 (6.4)
No show (n, %)	561 (2.0)	288 (2.1)	45 (2.0)	21 (1.2)	36 (2.2)	20 (2.4)	65 (2.2)	71 (2.0)	15 (1.1)
Unknown (n, %)	236 (0.8)	(2.0) 86	28 (1.2)	30 (1.8)	10 (0.6)	0.00)	14 (0.4)	14 (0.5)	26 (1.9)
Cause of death (COD)									
Graft related (n, %)	880 (11)	480 (12.4)	39 (6.5)	16 (4.8)	53 (13.6)	18 (6.2)	110 (11.9)	102 (9.7)	62 (10.9)
Infections (n, %)	771 (9.6)	352 (9.1)	85 (14.2)	38 (11.5)	29 (7.5)	20 (6.9)	81 (8.8)	105 (10.0)	61 (10.8)
Cardiovascular (n, %)	(8.6)	303 (7.8)	61 (10.2)	44 (13.3)	19 (4.9)	39 (13.4)	72 (7.8)	98 (9.4)	49 (8.6)
Multi-organ failure (MOF) (n, %)	578 (7.2)	314 (8.1)	35 (5.8)	25 (7.6)	20 (5.1)	20 (6.9)	72 (7.8)	64 (6.1)	28 (4.9)
Cerebrovascular (n, %)	155 (1.9)	71 (1.8)	10 (1.7)	8 (2.4)	8 (2.1)	7 (2.4)	20 (2.2)	14 (1.3)	13 (2.3)
Bleeding (n, %)	143(1.8)	76 (2.0)	9 (1.5)	6 (1.8)	6 (1.5)	4 (1.4)	18 (2.0)	22 (2.1)	6 (1.1)
Malignancy: primary (n, %)	368 (4.6)	167 (4.3)	28 (4.7)	10 (3.0)	21 (5.4)	12 (4.1)	43 (4.7)	34 (3.3)	53 (9.3)
Malignancy: metastasis (n, %)	1289 (16.1)	596 (15.4)	103 (17.2)	50 (15.2)	94 (24.2)	45 (15.5)	134 (14.5)	158 (15.1)	109 (19.2)
Malignancy: other (n, %)	617 (7.7)	280 (7.2)	51 (8.5)	31 (9.4)	27 (6.9)	23 (7.9)	70 (7.6)	86 (8.2)	38 (6.7)
Other (n, %)	1275 (15.9)	604 (15.6)	88 (14.7)	61 (18.5)	55 (14.1)	62 (21.3)	148 (16.1)	256 (24.4)	79 (13.9)
Unknown (n, %)	1244 (15.5)	621 (16.1)	90 (15.0)	41 (12.4)	57 (14.7)	41 (14.1)	153 (16.6)	105 (10.3)	69 (12.2)