UI Prototype & Scenario

Group ID: **01**
Project Name: Your E-Care
Prepared by: **Duong Minh Tung, Tran Quang An Quoc**

1/ User Screen:

1.1/ Non-Login screen:

This is the main screen when you start the system. The user can choose to sign in or sign up so as to join our system. If the user already has an account, click on the "Sign In" button or "Sign Up" button in case the user is new.

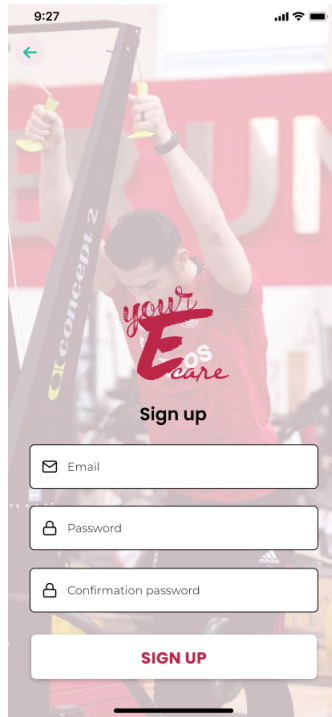| Components	How to use
SIGN IN	Click on to sign in (go to screen 1.2).
SIGN UP	Click on to sign up for a new account (go to screen 1.3).

1.2/ Login screen:

If the user chooses the "Sign In" button, the user can go to the 'Login screen' to log in the application.
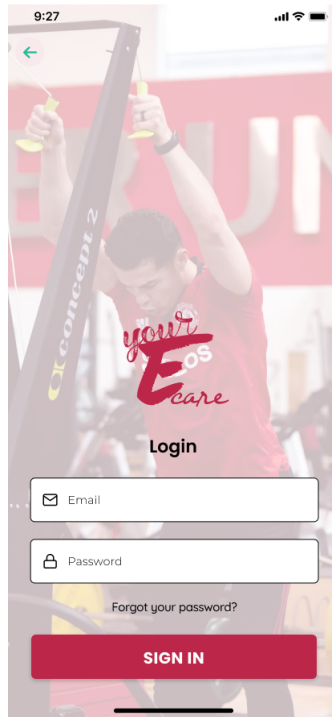
Components	How to use
Email	Click on and enter your email.
Password	Click on and enter your password.
Forgot your password?	If the user can't remember the password, click on it to go to the Forgot password screen (screen 1.5) and recreate a new one.
Sign in	Click on after you enter the true email and password (go to screen 1.7).

1.3/ Register screen:

If the user chooses the "Sign Up" button, the user can go to the "Register screen" so as to sign up for a new account.

Components	How to use
Email	Click on and enter your email.
Password	Click on and enter your password.
Confirmation password	Click on and re-enter the password.
Sign up	Click on to confirm the information (go to screen 1.4).

1.4/ Enter Bio screen:

When users log in the system successfully for the first time, they are asked to input some information about themselves that is easy for the admin to manage and give them the best service of the application.

Components	How to use
What's your name	Enter your name in the blanks.
What's your gender?	Click to choose Male, Female or Non-binary if you want to be secret about it.
Next	Click here to go to the next page to enter your bio.
What's your height?	Slide to choose your height in centimeters.
What's your weight?	Slide to choose your weight in kilograms.
Save your change	Click here to save your bio and go to the home screen (screen 1.7).

1.5/ Forgot Password screen:

In the login screen, the user can click on the sentence "Forgot your password?" and they can reach the forgot password screen to recover their password. After user changed his/her password, they will be returned to the Login screen
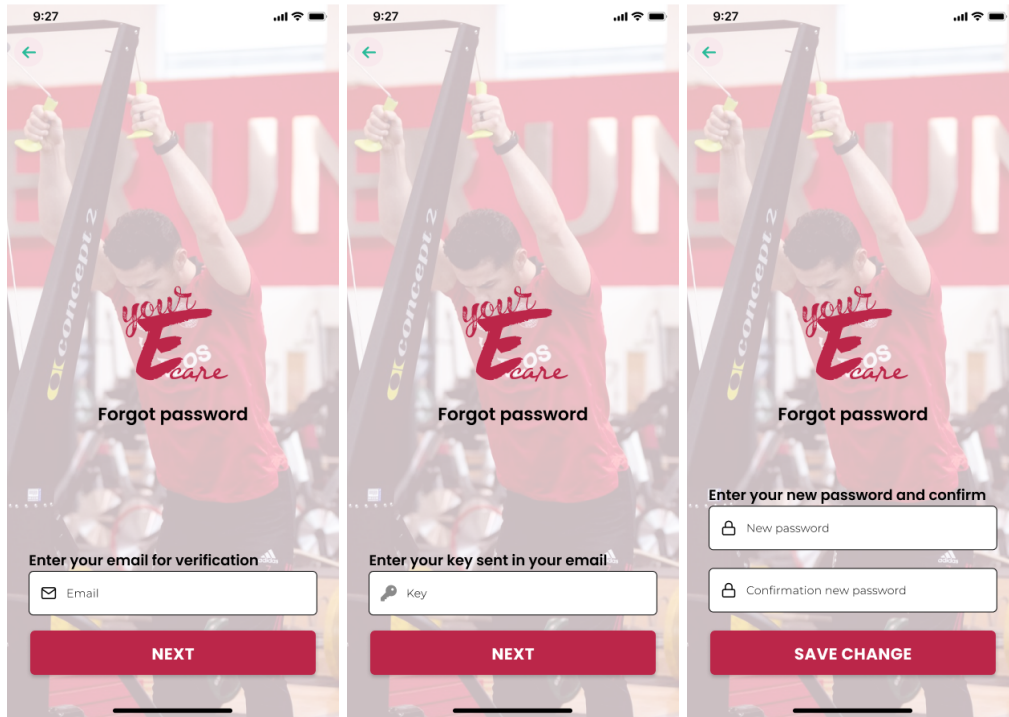
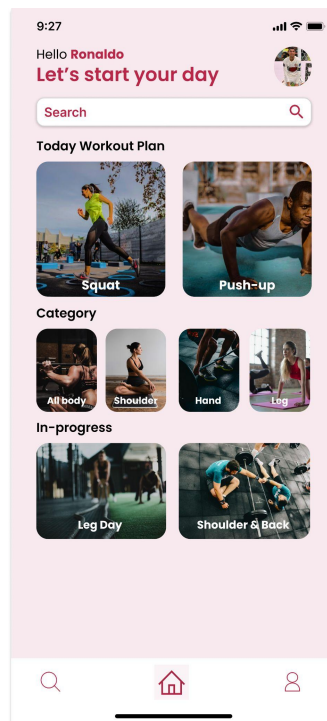| Components	How to use
Email	Click on and enter your email.
New password	Click on and enter your new password.
Confirmation new password	Click on and re-enter the password.
Enter key in you email	Enter the secret key sent in your email.
Next	Click on if the user fill in all blanks.
Save change	Click on to confirm the change of the information and return to the login screen (screen 1.2).

1.6/ Tab Bar:

After a user signs in, at the bottom of the application, there is a tab bar navigation.

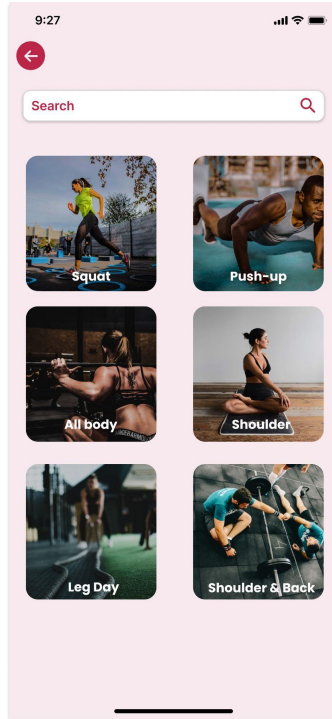| Components	How to use
🔍	Click on to reach the search screen (screen 1.8).
🏠	Click on to reach the home screen (screen 1.7).
👤	Click on to reach the profile screen (screen 1.9).

1.7/ Home screen:

After logging into the system successfully, the user reaches the home screen of the system.

Components	How to use
Search bar	Click on and the user goes to the search page (screen 1.8) then enters the exercise user wants to find.
Today Workout Plan	Suggestion exercise for today, click on the picture to access the exercise detail (such as screen 1.11).
Category	Exercise of some muscle groups, click on the picture to access the exercise detail (such as screen 1.11).
In progress	Exercise enrolled, click on the picture to access the exercise detail (such as screen 1.12).

1.8/ Search screen:

Search screen shows all exercises or series that the user can search for.

Components	How to use
Search bar	Click on to search the exercise or series.

1.9/ User Profile screen:

According to the tab bar, the user can go to the user profile by clicking on the person icon. In this screen, user can see their personal information which has been input at the 'Enter Bio' phase.

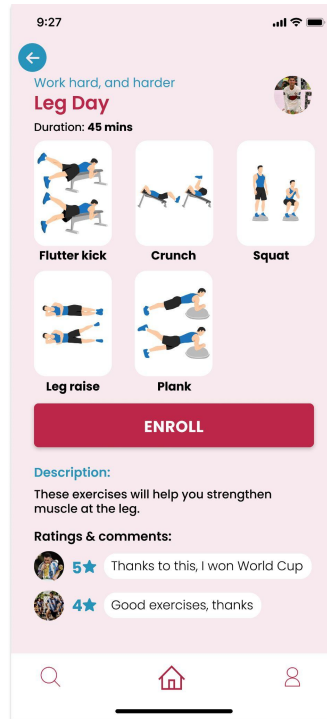| Components	How to use
Email	Email gets from the database
Gender	Gender gets from the database
Height	Height gets from the database
Weight	Weight gets from the database
Change Password	Click on to change the password (go to screen 1.10).
Sign Out	Click on to sign out of the application which leads back to non-login screen (screen 1.1)

1.10/ Change Password screen:

When the user is in the user profile, the user clicks on the change password button to reach this screen so as to change his/her password.

Components	How to use
Current password	Click on and enter your current password.
New password	Click on and enter your new password.
Confirmation new password	Click on and re-enter the password
Save your change	Click on to confirm the change of the information and return to the Login screen (screen 1.2)

**1.11/ Series Registration Screen – Non enroll screen:**

After choosing a series or an exercise, users can see the exercise's details, other users comments, ratings and decide to enroll into or not.

Components	How to use
Leg Day	Name of series.
Duration	Duration for the whole series.
Name and picture of exercises of the exercise.	For each series, we have some exercises. Users click on this so as to see an exercise's description.
Enroll	If users think that the exercise is suitable for them, click on this button to register the exercise, which will move to Enrolled phase (screen 1.12)
Description	General description about the exercise.
Ratings & comments	Users can refer to others' ratings and comments.

**1.12/ Series Registration Screen – Enrolled, Started screen:**

If users decide to enroll, they go to the enrolled-started screen, they can set up the notification and then click start session so as to start the exercises(series).
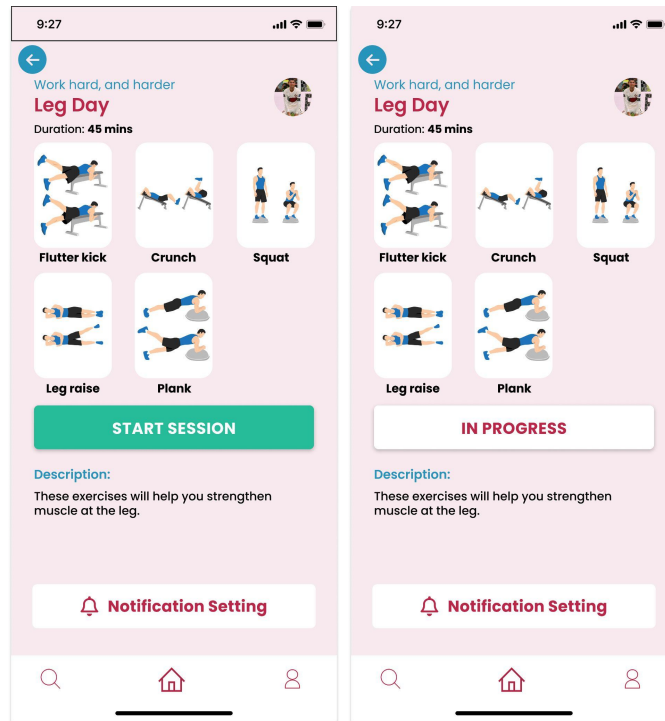
Components	How to use
Leg Day	Name of series.
Duration	Duration for the whole series.
Name and picture of the exercise.	For each series, we have some exercises. Users click on this so as to see an exercise's description.
Start Session	Click on this button to start the exercise and duration count from now and the button turns into in-progress.
Description	General description about the series.
Notification Setting	Click on this button to set the notification of the series (screen 1.14).

1.13/ Detailed Exercise screen:

When the user clicks on the picture, such as Flutter kick, they can see the detail of the exercise screen. If they are finished, click on the "Mark as done" and go to the next exercise.
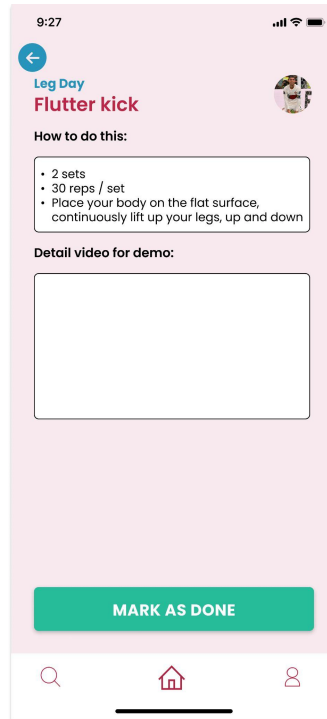
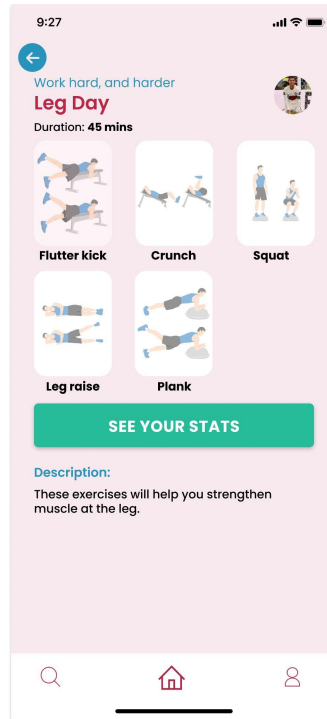| Components	How to use
Leg Day	Name of series.
Flutter kick	Name of exercises.
How to do this	Describe specifically how to do this exercise.
Detail video for demo	For some exercises, it also has a video demo.
Mark as done	Click on this if the user has done this exercise, and return to the Enrolled, Started screen (screen 1.12)

1.14/ Notification And Reminder screen:

When the admin is on the series screen, they can see the notification button, if they click on this button, they can manage the notification about the series.
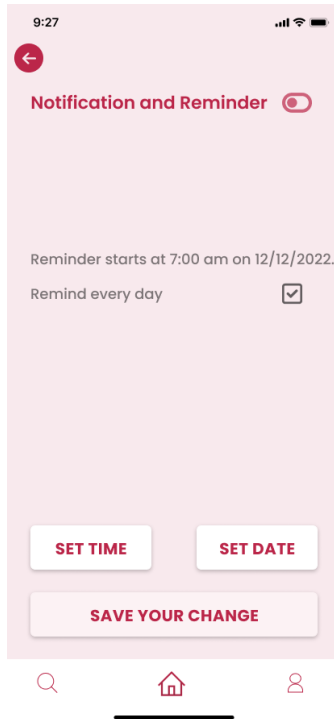
Components	How to use
Turn on/off	Click on to turn on/off notification.
Remind every day	Click on if the user wants to be reminded every day.
Set time	Set time the user wants to remind, if the user does not tick reminder every day, the system will notify at this time next day.
Save your change	Click on to save your setting and back to screen Series Registration Screen – Enrolled, Started screen (screen 1.12)

1.15/ Series Registration Screen – Finish Exercise screen:

After finishing all exercises in the series - it means that all exercise pictures are faded, the user can choose if they want to see the statistics of the exercise (series) or not.

Components	How to use
Exercise Picture	It turns into a fade one after the user finishes it.
See Your Stats	If the user want to see the statistics of the exercise, click on this button to move to Course overview screen (screen 1.16)
Description	Show the description about the exercise (series)

1.16/ Course overview screen:

When the user has done all the exercises in series or one exercise, the user reaches the overview screen which shows the statistics of the exercise (series) such as calories or duration.
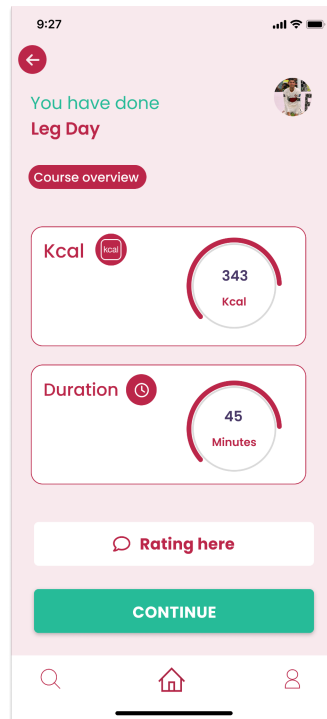
Components	How to use
Kcal	Show calories used for the exercise.
Duration	Show durations used for the exercise.
Continue	Click on to back to home screen (screen 1.7)

1.17/ Rating and comment screen

This screen allows the user to rate the exercise or series and comment about it.

Components	How to use
Rating	Click on the stars that you want to rate
Comment	Enter the user's comment.
Submit	After filling in the comment, click on this button to push the comment.
Skip this step	If the user do not want to submit anymore, the user can click on skip this step so as to back to home screen (screen 1.7)

2/ Admin Screen

2.1/ Login Screen:

Firstly, the admin has to log in so as to use the system. Admin has to enter a true email and password.

Components	How to use
Email	Click on and enter your email.
Password	Click on and enter your password.
Remember me	If admin want to save password, click this
Sign in	Click on after the admin enters the true email and password (go to screen 2.2).

2.2/ Exercise Management Screen:

After signing in the system, the admin reaches the exercise management screen. At this screen, the admin can add, delete, edit or search the exercises.

Components	How to use

Add	Click on to add exercise (screen 2.3).
Delete	Click on to delete exercise.
Search exercise	Click on and enter the name of the exercise admin you want to find.
All exercise	Display all exercises.
Sort	Sort exercise by name, date, …
Filter	Filter exercise by series, muscle group.
Log out	Click on to log out the system (screen 2.1).
✎	Click on if the admin wants to edit this exercise (screen 2.4).

2.3/ Adding Exercise Screen:

In case the admin clicks on the add button, the admin can reach this below adding screen that they can fill in information about the exercise they want to add.

Components	How to use
Name	Enter the name of the exercise.
Description	Enter description of the exercise.
Duration	Enter duration of the exercise (minutes).
Add Step (+)	Add steps if the admin wants.
Name steps	Enter the name of the current step.
Add picture	Add a picture of the current step.
Add video URL	Add a video demo URL of the current step.
Add	Click on this button if the admin completely fills in and then back to the exercise management screen.

Cancel	Click on this button if the admin wants to cancel the change and then back to the exercise management screen.

2.4/ Edit Exercise Screen:

In case the admin click on ✏️ button on the row of the exercise in the list, the admin can edit information about this exercise that they chose.

Components	How to use
✏️	Click on if the admin wants to edit this element.
Name	Enter the new name of the exercise.
Description	Enter a new description of the exercise.
Duration	Enter a new duration of the exercise (minutes).
Add Step (+)	Edit steps if the admin wants.
Save change	Click on this button if the admin wants to save change and then back to the exercise management screen.
Cancel	Click on this button if the admin wants to cancel the change and then back to the exercise management screen.

For detailed Figma file:
https://www.figma.com/file/VgPHLX3fvxUEwfKKJfeNK5/Your-E-care-Prototype?node-id=678%3A65&t=HTjJ3Q9SjVvb36j1-1