Considering a simpler Langevin dynamics under the following equations

$$\begin{cases} \dot{x} = v \\ \dot{v} = \frac{F(x)}{m} - \gamma v + \frac{\xi(t)}{m} \end{cases}$$

where (x, v) are position and velocity. $F(x) = -\partial_x U(x)$ which is the position-dependent force. The m, γ are mass and friction coefficient. The $\xi(t)$ represents randomness defines the Wiener noise in the Ito convention:

$$\langle \xi(t)\xi(t')\rangle = \frac{2m\gamma}{\beta}\langle dW_t dW_{t'}\rangle = \frac{2m\gamma}{\beta}\delta(t-t')$$

This equation describes a dynamics equivalent to an evolution of probability density f(x,v;t) through Fokker-Planck equation:

$$\frac{\partial f(x,v;t)}{\partial t} = -\hat{L}f(x,v;t)$$

where

$$\hat{L} \equiv \frac{F(x)}{m} \frac{\partial}{\partial v} + v \frac{\partial}{\partial x} - \gamma \left(\frac{\partial}{\partial v} v + \frac{1}{m\beta} \frac{\partial^2}{\partial v^2} \right)$$

The probability density f evolves through

$$f(x, v, t + \Delta t) = e^{-\Delta t \hat{L}} f(x, v; t)$$

The operator \hat{L} is separated into three parts, and the interation is approximated through Lie-Trotter formula,

$$\begin{split} e^{-\Delta t \hat{L}} &\approx e^{-\Delta t \hat{L}_x} e^{-\Delta t \hat{L}_v} e^{-\Delta t \hat{L}_v} \\ &\approx e^{-(\Delta t/2) \hat{L}_\gamma} e^{-(\Delta t/2) \hat{L}_v} e^{-(\Delta t/2) \hat{L}_x} e^{-(\Delta t/2) \hat{L}_x} e^{-(\Delta t/2) \hat{L}_v} e^{-(\Delta t/2) \hat{L}_v} \end{split}$$

where

$$\hat{L}_x = v \frac{\partial}{\partial x}$$

$$\hat{L}_v = \frac{F(x)}{m} \frac{\partial}{\partial v}$$

$$\hat{L}_\gamma = -\gamma \left(\frac{\partial}{\partial v} v + \frac{1}{m\beta} \frac{\partial^2}{\partial v^2} \right)$$

The integration can then be taken into two parts.

I. \hat{L}_{γ} - Diffusion in momentum space

This first part is a diffusion in momentum space

$$f(v^+ \equiv v(t^+), t^+) = e^{-(\Delta t/2)\hat{L}_{\gamma}} f(v, t)$$

which corresponds to the evolution of f

$$\frac{\partial f}{\partial t} = -\frac{\hat{L}_{\gamma}}{2}f = \frac{\gamma}{2} \left[\frac{\partial}{\partial v}(vf) + \frac{1}{m\beta} \frac{\partial^2 f}{\partial v^2} \right]$$

which has a solution ["The Fokker-Planck Equation Second Edition", H. Risken] of

$$f(v^+, t^+|v, t) \propto \exp\left[-\frac{m\beta}{2} \frac{\left(v^+ - ve^{-\frac{\gamma}{2}\Delta t}\right)^2}{1 - e^{-\gamma \Delta t}}\right] = \exp\left[-\frac{1}{2} \left(\frac{v^+ - \mu_v}{\sigma_v}\right)^2\right]$$

This step can then be performed by sampling from a Normal distribution $N(\mu_v, \sigma_v)$,

$$v(t^{+}) \sim N(\mu_{v}, \sigma_{v})$$

$$= \mu_{v} + \sigma_{v} N(0, 1)$$

$$= v(t)e^{-\frac{\gamma}{2}\Delta t} + \sqrt{\frac{1}{m\beta}(1 - e^{-\gamma \Delta t})} N(0, 1)$$

$$= c_{1}v(t) + c_{2}N(0, 1)$$

I. (\hat{L}_x,\hat{L}_v) - Deterministic canonical transformation in phase space

Both \hat{L}_v and \hat{L}_x are deterministic canonical transformation in phase space. Applying $f(v',t') = f(v(t+\Delta t),t+\Delta t) = e^{-(\Delta t/2)\hat{L}_v}f(v(t),t)$, and observing that by doing the transformation $p = t + \frac{F(x)}{2m}v$ and $q = \frac{F(x)}{2m}t - v$, we have

$$\frac{\partial f}{\partial t} + \frac{F(x)}{2m} \frac{\partial f}{\partial v} = \left[1 + \left(\frac{F(x)}{2m} \right)^2 \right] \left. \frac{\partial f}{\partial p} \right|_q = 0$$

The solution is then $f(v,t) = f(q) = f(\frac{F(x)}{2m}t - v)$. With the boundary condition v(0) = v, the solution must be a delta function

$$f(v,t) = f(\frac{F(x)}{2m}t - v) = \delta(\frac{F(x)}{2m}t - v)$$
$$\Delta v = \frac{F(x)}{2m}\Delta t$$

Similarly, the operation of \hat{L}_x during $\Delta t/2$ is equivalent to $\Delta x = v(\Delta t/2)$.