

# Discball: Official Rulebook



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Table of Contents

1 Introduction 2

2 The Field 2

3 Starting the game 3

4 Playing the game 3

5 Scoring 3

6 Penalties 3

6.1 Other penalties . . . . . 4

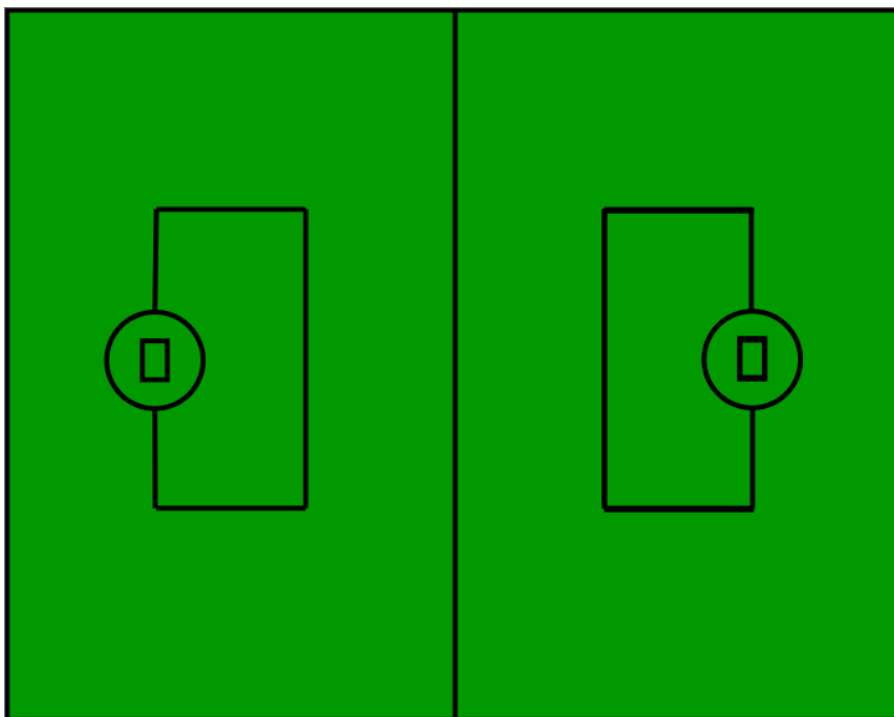
## 1 Introduction

Birthered by recent high school grads in the summer of covid (2020) this beautiful game is a fast and fun mixup of some of the highest velocity sports out there...and it only exists because the lacrosse goals were left unlocked on the field. Turn to discball instead of ultimate frisbee when:

- You don't have enough people for a full game
- You only have access to half of a football field
- You want to show people how accurate of a thrower you are
- You want to try something new
- Lacrosse goals are available

The game plays quick and you will most likely get gassed, but it will be worth it. It's a great way to learn how to curve your throws, throw at different heights, and work as a team.

## 2 The Field



Field Terms:

- **Crease:** The circle at the end of the field
- **Goal:** The lacrosse goal inside the crease, represented by a small rectangle.
- **Inner Box:** The rectangular space on the immediate front side of the crease.

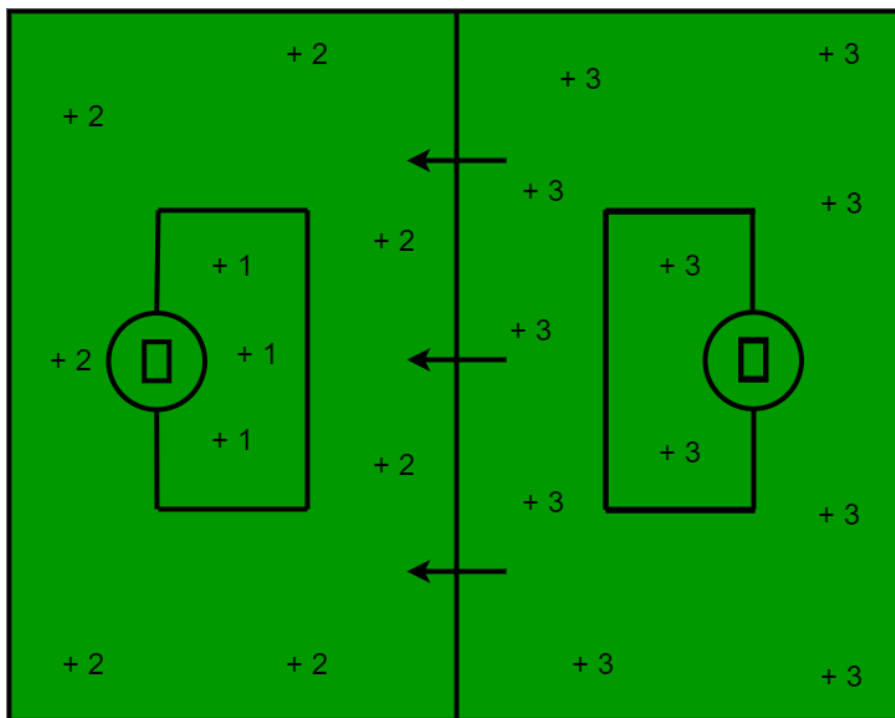
- **Outer Box:** The area surrounding the Inner Box, but before the half-field line.
- **The Range:** The space past the half-field line. This area is the other side of the field for a given team.

### 3 Starting the game

### 4 Playing the game

### 5 Scoring

This image shows how points are awarded when a team is aiming for the goal on the left side of the field.



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### 6 Penalties

Players call the penalties. If a player thinks a foul occurred, they call it out and play stops. If the offending player agrees that a foul occurred, then play resets and

1. If the fouled player was handling the disc, they retain possession at the their current position.
2. If the fouled player was receiving a pass, the original handler retains possession at the point of the throw.

3. If the fouled player was defending against a pass, a turnover occurs at the position where the foul occurred.
4. If the fouled player was marking the handler, a turnover occurs at that position.

## **6.1 Other penalties**

- Defensive and offensive players are not allowed in the crease.
  - If an offensive player steps into the crease, a turnover occurs at the position of the handler.
  - If a defensive player steps into the crease, they must go behind the goal and do a pushup, then they can return to play.

Players are allowed to jump across the crease, but they must quickly leave the crease if they land in it.

- If all but one defensive players are not behind the half-field line on the side of the field opposite the offense when the disc is checked, the offensive checker retains possession of the disc at the middle of the field, in front of the half-field line.