

High-cost Foods

\$180 per week
Steaks, roast beef, pork chops



Medium-cost Foods

\$120 per week
Spaghetti, pizza, tacos, fish & chips



Low-cost Foods

\$90 per week
Meatloaf, soups, mac & cheese



Dine-out Fast Food

\$25 per visit
For the whole family



Dine-out Restaurant

\$50 per visit
For you & your partner



To-go Drinks

\$90 per month 1 per day per person
\$20 per month 1 per week per person
\$15 to stock up at the grocery store per person



Select 1 food type for each week. Select at least 1 dine-out choice. Select 1 to-go drink option for yourself and your partner.

