

POTLUCK ON THE HILL

*A Cookbook for
The Alumni of East Texas Baptist University,
East Texas Baptist College, and
The College of Marshall*

First Printing October 2006

Forward

Food and fellowship are intimately linked in Baptist life. When a new pastor arrives, we "pound" the family with food. At times of illness or death, we bring food for comfort. No church fellowship is complete without an array of tasty snacks. We pitch in to bring our best treats to retreats and youth rallies. Revivals and special Sundays come with "Dinner on the Ground". And of course, nothing brings Baptists together like a pot luck supper!

It is no surprise then, that when we gather memories about each of our experiences on the Hill, that food is an important part of them. Students come to ETBU, or ETBC, or the College of Marshall, and they share their favorite recipes with each other. This cookbook takes that a step further. Alumni, faculty, staff, and friends of the school from all generations have contributed their favorite recipes, many of which were obtained from a classmate to begin with!

As you explore this book, you'll see that it is more than a collection of recipes. It is a collection of memories. Many of the recipes include a picture of the contributor, not as they are now, but as you probably remember them at school, when life was maybe a little simpler, and calories something from a science class – not something you counted. We've also included some stories of food and fellowship here on the Hill, and as you read them you'll probably remember more of your own. Be sure to share them with someone the next time you share a meal featuring one of these recipes.

This book was a labor of love by many people in the Alumni Executive Committee and the alumni

office. After generous contributions of the recipes themselves by over 230 alumni, countless hours were spent in collecting, typing, and proofreading these recipes, not to mention finding and scanning pictures from a large collection of yearbooks. Other art used in this book was developed by staff here at ETBU, and the Errands for All company of Longview, Texas donated use of their Internet database server for the project. I would like to express my profound gratitude for the assistance of all these people, and especially for the help of my wife Kathy. Without her assistance, support and encouragement it would not have been possible for me. I am honored to be trusted with the organization and editing of your treasured recipes, and beg forgiveness for any errors, which are entirely my own.

I hope you enjoy this book, and that it brings good memories along with good food and fellowship.

Troy Kammerdiener
Class of 1984
August 29, 2006



Publisher's Note

On behalf of the Executive Committee and the entire ETBU Alumni Association I would like to express thanks to Dr. Troy Kammerdiener ('84) for his vision, oversight and tireless efforts to bring this project to completion. Troy has been of invaluable help to the committee in matters technological, including not only this volume but the drafting of parameters for the online directory as well. The collection, compilation and preservation of these treasured recipes and reflections of campus life over the decades will provide enjoyment for the ETBU family for years to come.

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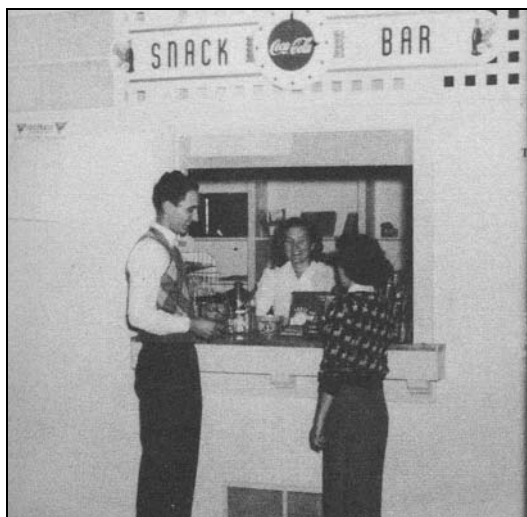
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Appetizers



Antipasto Squares

Brynne Riley (Meador 1999)

Prep Time: 0:10

10 Servings



2 10 oz cans refrigerated crescent dinner rolls

1/4 pound ham; thinly sliced

1/4 pound provolone; thinly sliced

1/4 pound Swiss cheese; thinly sliced

1/4 pound Genoa salami; thinly sliced

1/4 pound pepperoni; thinly sliced

1 12 oz jar roasted red peppers; cut into thin strips

3 eggs

3 tablespoons Parmesan cheese; grated

1/2 teaspoon ground black pepper

Preheat oven to 350 degrees. Unroll one package of crescent roll dough and cover the bottom of a 9x13 inch pan. Layer the ham, provolone, Swiss, salami, pepperoni, and red peppers on top of the dough. In a bowl, beat the eggs lightly and stir in the parmesan and black pepper. Pour 3/4 of this mixture over the peppers. Unroll the second package of dough and place over the top of the peppers. Brush with the remaining egg mixture. Cover with aluminum foil. Bake for 25 minutes. Remove foil and bake another 10 to 20 minutes or until dough is fluffy and golden brown. Cut into squares. Serve warm.

Armadillo Eggs
Tricia Hart (Staff)

Prep Time: 1:00
20 Servings



2 pounds hot bulk sausage
3 cups Bisquick
1 1/2 cups sharp or mild Cheddar cheese;
grated
1 gallon jalapeño peppers
1 pound Monterey Jack cheese; cut in strips
to fit inside peppers

Cut stem end off jalapeños and with a small knife remove seeds. Stand peppers up on paper towels to drain. Mix sausage, Bisquick, and cheddar cheese until well blended. Place a strip of Monterey Jack in each pepper and wrap pepper with enough sausage mixture to cover and form an egg shape. Deep fry (best method) or bake on a cookie sheet at 350 for 20 minutes or until meat is done. The eggs served in the Tiger Room were baked. If you want a milder version, rinse out the jalapeño after removing the seeds and use mild bulk sausage.

Note: These freeze well before and after cooking. Great served with ranch dip.

Broccoli and Garlic Cheese Dip

Betsy Fortune (Hartzo 1948)

Prep Time: 0:30

8 Servings



3 stalks celery; chopped
1 small onion; chopped
3/4 stick butter
1 package chopped broccoli
1 roll garlic cheese
1 can mushroom soup
1 can mushrooms; drained

Sauté celery and onion in butter. Cook broccoli until tender. Warm cheese. In a separate pan, warm soup. Add all ingredients and mix well.

Carrot Sandwiches

Mary Jean Craig (Light 1948)

Prep Time: 0:30

12 Servings



3 carrots; grated fine
8 ounces cream cheese
1/2 cup mayonnaise
1/4 teaspoon red pepper
1 package Hidden Valley Ranch dressing
1/2 teaspoon garlic powder
1 cup pecans; chopped

Mix well. Spread on bread. Very good.



Breads



Angel Biscuits

Elizabeth Bays (Thompson 1969)

Prep Time: 0:15

16 Servings



1 package dry yeast
1/4 cup warm water
2 1/2 cups flour
1/2 teaspoon baking soda
1 teaspoon salt
1/8 cup sugar
1/2 cup shortening
1 cup buttermilk
1 teaspoon baking powder

Dissolve the yeast in warm water and set aside. Mix the dry ingredients; cut in the shortening as you normally do for biscuits or pie dough. Stir in the buttermilk and yeast mixture; blend. The dough is ready to refrigerate (can be refrigerated up to 3 days).

When it is time to make the biscuits, turn the dough out on a floured board; knead lightly. Roll out and cut with a biscuit cutter, placing them in a round pan. Let the dough rise slightly before baking in a 400 degree oven for 12-15 minutes. Makes 15-20 biscuits.

Apple Sauce Muffins

Vera Walton (1971)

Prep Time: 0:30

36 Servings



1 cup oleo
2 cups sugar
2 eggs
2 cups applesauce
4 cups flour
2 teaspoons baking soda
1 teaspoon salt
1 tablespoon cinnamon
2 teaspoons allspice
1/2 teaspoon cloves
1 cup nuts (may substitute 2 cups Bran Buds
or All Bran)
1 cup raisins (raisins may be soaked in rum
or water)

Cream oleo and sugar; then add eggs one at a time; sift flour and spices. Add applesauce, nuts, and raisins. Cook in regular or miniature tins. Bake at 400 degrees for 20 minutes.

Dough can be refrigerated for two weeks if covered. Makes 3 dozen regular muffins or 7 dozen miniatures.

Avery Rolls

Miss Joseph (Hale 1996)

Prep Time: 1:30

12 Servings



2 cups warm water

2 1/4 packages Fleishmann's RapidRise yeast

1 tablespoon salt

6 cups flour

1/2 cup sugar

2 eggs, beaten

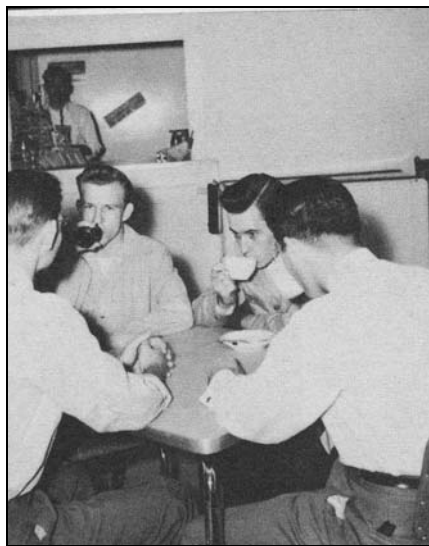
1/2 butter, melted

Combine flour, salt, sugar, and yeast in a large bowl. Mix together warm water, melted butter, and beaten eggs. Add water mixture to flour mixture. Dough will be soft and warm. Knead 4-5 minutes. Return to oiled bowl. Cover and allow to rise 30 minutes. Punch dough down and form little balls (the size of golf balls). Cover rolls and allow to rise 30 minutes. Bake 30 minutes at 350 degrees. Well worth the effort!

My friend Libby Avery [Elizabeth Avery Jordan] (96') and I would spend our Saturday afternoons baking in Mabee Apartments. Libby swapped this family recipe with me and her granny was livid! God bless Grandma Avery for gifting me with a wonderful friend and these heavenly rolls!



Desserts



Almond Delight
Cherry Sorrels (Staff)

Prep Time: 0:30
20 Servings



48 Keebler Club Crackers
2 sticks butter
1 cup sliced/slivered almonds
2/3 cup sugar

Cover a jellyroll pan with aluminum foil and coat with vegetable cooking spray. Lay crackers on foil; sprinkle almonds evenly over crackers. Combine butter and sugar in a saucepan; bring to boil and let boil for 3 minutes. Spoon hot mixture over crackers. Bake 300 degrees for 15 minutes.

Makes 48 cookies.

Amazing Coconut Pie
Jo Ann Carroll (1955)

Prep Time: 1:00
8 Servings

1 cup sugar
1 tablespoon flour
2 eggs
1 cup whole or 2% milk
1 pie shell; unbaked
coconut; shredded
butter or margarine

Mix together first 4 ingredients; pour into pie shell. Add shredded coconut - as much as desired (be generous). Dot top with butter and bake 40 to 45 minutes at 375 degrees.

Amish Sugar Cookies
Helen Stewart (Langford 1957)

Prep Time: 0:30
40 Servings



1 cup granulated sugar
1 cup powdered sugar
1 cup oleo or butter
1 cup cooking oil
4 3/4 cups flour
1 teaspoon cream of tartar
1/2 tablespoon vanilla
1 tablespoon baking soda
2 eggs

Cream together sugar and oleo, add the eggs and cream again. Add oil; mix well. Add vanilla and mix. Sift dry ingredients together and add to mixture.

Roll into small-sized balls. Place on ungreased cookie sheet. Press down with fork dipped in sugar. Bake at 350 degrees for 10 to 12 minutes. Makes 10 dozen cookies. Dough may be stored in refrigerator over night.





Main Dishes



Angel Hair Chicken

David Jones (Staff)

Prep Time: 0:15

8 Servings



*8 chicken breasts; skinless, boneless
1/4 cup butter or margarine; melted
1/2 cup white grape juice or white wine
1 package Good Seasons Italian Salad
Dressing
1 cup golden mushroom soup
8 ounces cream cheese with onion &
chives
angel hair pasta; cooked*

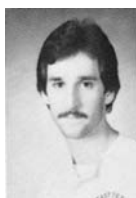
Place chicken breasts in a slow cooker. In a bowl mix remaining ingredients together and pour over chicken. Cook 5-7 hours on low. Serve over angel hair pasta.

Baby Back Smoked Ribs

Phil Walker (1984)

Prep Time: 0:30

8 Servings



*3 slabs baby back ribs
2 packages Italian salad dressing
BBQ rub
4 dark beers
1 pod garlic; cut in half
1/2 cup hot sauce
1/2 cup soy sauce
7 pounds charcoal
favorite wood for smoking*

Make up 2 packages of Italian salad dressing using the directions on the package. Marinate the ribs overnight in Italian dressing and 2 beers. Take ribs out

of marinade and cover ribs with rub. Add the garlic, hot sauce, soy sauce, 2 beers, and 2 beer cans of water in the water pan of smoker.

Smoke ribs for 2 to 3 hours. Take ribs out of smoker, cover in foil, and put in oven for 2 hours at 225 degrees.

Baked Chicken

Martha Freeman (Sanders 1967)

Prep Time: 2:00

10 Servings



3 1/2 pounds frying chicken pieces
1/4 cup flour
1/4 cup melted butter or margarine (or oil)
2/3 cup (1 sm. can) undiluted Carnation
evaporated milk
10 1/2 ounces can cream of mushroom soup
1 cup grated cheese
1/2 teaspoon salt
1/8 teaspoon pepper
paprika to taste
2 cups (1-lb can) drained whole onions
(optional)
1/4 pound sliced mushrooms (optional)

Coat chicken with flour. Arrange chicken pieces in single layer with skin side down in melted butter in a 13x9x2 inch baking dish.

Bake uncovered in hot oven (425 degrees) for 30 minutes. Turn chicken, bake until brown (about 15 to 20 minutes longer) or until tender. Remove from oven, reduce temperature to 325 degrees. Pour off fat. Add onions and mushrooms if desired.

Mix Carnation Evaporated Milk, soup, cheese, salt and pepper and pour over chicken. Sprinkle with paprika. Cover with foil, bake 15 to 20 minutes.

Baked Sandwiches

Dorothy Hayner (Fortune 1973)

Prep Time: 0:30

8 Servings



12-16 slices bread
3 cups cooked chicken; chopped small
3 hard boiled eggs; chopped
1 4-oz. can mushrooms; drained and sliced
2/3 cup Hellman's mayonnaise
1 small can sliced black olives
1 small can bamboo shoots
1 small can water chestnuts

---- Topping ----

1 can cream of mushroom soup
1 cup sour cream
1 sprinkle paprika

Trim the crusts from 12-16 slices of bread depending on the size pan you use. Butter both sides of each slice. Place half the slices in the bottom of baking pan.

Stir all of the filling ingredients together. Spoon filling evenly over bread slices. Top with remaining bread slices, forming the "sandwich". Cover with foil and refrigerate. Remove from fridge at least one hour before cooking. Cover with topping. Bake at 325 for 30 minutes (if it seems too moist, remove the foil and bake an additional 10 minutes). Use a wide spatula to serve sandwiches on warmed plates. Serve with a salad

and light dessert for a "fix ahead meal" that will delight your guests.

Beef 'n Bean BBQ Bake

Kimberly Ridgeway (Holmes 2000)

Prep Time: 0:45

6 Servings

1 pound ground beef

1 16-oz can pork 'n beans

1/2 cup onions; chopped

1 teaspoon salt

1/2 cup barbeque sauce

1 8-oz can biscuits

1/4 pound Velveeta cheese block; divided

Brown meat and drain. Add pork 'n beans, barbeque sauce, onions, and salt. Simmer 5 minutes. Stir in Velveeta cheese until melted and well mixed. Pour mixture into 9x9 inch baking dish.

Cut biscuits in half and place them, cut side down, on top of mixture. Arrange around edges or any design you want. Bake at 375 degrees for 20 minutes or until biscuits are done.

If desired, cut thin pieces of cheese and place on top and return to oven until melted.



Salads



7-Up Salad

Lucyann Hopkins (Mitchell 1967)

Prep Time: 1:00

12 Servings



2 small boxes lemon Jell-O
2 cups hot water
1 16-oz 7 Up
1 large can crushed pineapple; drained,
reserve juice
3 - 4 bananas; sliced
2 cups small marshmallows
2 tablespoons flour
1/2 cup sugar
1 egg; beaten
8 ounces Cool Whip
nuts; chopped

Dissolve Jell-O in 2 cups hot water. Add 7-Up, pineapple, bananas, and marshmallows. Refrigerate until solid.

Mix flour, sugar, and beaten egg in saucepan. Stir in reserved pineapple juice. Slowly cook into custard. Cool completely. Fold in Cool Whip. Spread mixture over Jell-O and sprinkle with chopped nuts. Cover and refrigerate.

A Different Slaw
Marion Bond (Palko 1954)

Prep Time: 0:15
6 Servings



3 green onions; chopped
1 bag slaw mix
1 package ramen noodles; crushed
1/2 cup slivered almonds; toasted

---- Dressing ----
3/4 cup canola oil
1/2 cup sugar
2 tablespoons apple cider vinegar
1 teaspoon mustard
4 shakes celery salt

Mix slaw ingredients together. Just before serving, mix dressing ingredients together and pour over salad. This is so delicious.

Atchley's Pea Salad
Pamela Coursey (Boll 1983)

Prep Time: 0:10
4 Servings



2 16-ounce bags frozen peas
celery; finely chopped
onion; finely chopped
1 can salted cashews
1 cup Hellman's mayonnaise
1 cup sour cream
salt and pepper to taste

Drain and rinse peas in colander. Put first four ingredients in a bowl. Blend mayo and sour cream. Add mixture to salad ingredients. Chill before serving. Tastes better the longer it chills.

Avocado Mousse

Evelyn Lineberry (Friend)

Prep Time: 1:30

12 Servings



*1 package lime Jell-O
1 cup hot water
2 cups ripe avocado; mashed
1 small onion
1/2 cup mayonnaise
juice of 1 small lemon
1/2 teaspoon salt
3/5 cup heavy cream*

Dissolve Jell-O in water, cool until syrupy. Peel and mash avocados with fork. Grate onion fine, add with mayonnaise, lemon juice and salt to Jell-O. Beat cream stiff, fold in mixture. Pour in ring mold, chill. Serve with cut up chicken, tongue or seafood in center. (Cut up parsley may be added to mixture.)



Soups



Best Ever Potato Soup
Thomas Hutchins (1992)

Prep Time: 1:00
8 Servings



6 bacon strips; diced
3 cups potatoes; peeled and cubed
1 can (14 1/2 ounce) chicken broth
1 small carrot; grated
1/2 cup onion; chopped
1 tablespoon dried parsley flakes
1/2 teaspoon celery seed
1/2 teaspoon salt
1/2 teaspoon pepper
3 tablespoons all-purpose flour
3 cups milk
8 ounces processed American cheese;
cubed
2 green onions; thinly sliced (optional)

In a large saucepan, cook bacon until crisp; drain. Add potatoes, broth, carrot, onion, parsley, celery seed, salt, and pepper. Cover and simmer until potatoes are tender, about 15 minutes. Combine flour and milk until smooth; add to soup. Bring to a boil; boil and stir for 2 minutes. Add cheese; stir until cheese is melted and the soup is heated through. Garnish with green onions, if desired.

Black-Eyed Pea Soup

Ann Campbell (Shirley 1965)

Prep Time: 0:15

6 Servings



*1 whole onion; chopped
2 cloves garlic; chopped
2 ribs celery; chopped
1 cup cooked ham; diced
2 cans chicken broth
2 cans black-eyed peas
1 can diced tomatoes
1 can Ro-Tel tomatoes and green chilies*

Use a large stewing pot. Sauté together in a little oil or butter: onion, garlic, celery, and ham (I use pre-packaged Hormel Diced Ham.) Add the chicken broth, black-eyed peas, tomato, and Ro-Tel. Simmer all for 1 1/2 hours. This is especially good with cornbread, and if desired, you can ladle each serving over cooked rice.

Broccoli Cheese Soup

Mary Jean Craig (Light 1948)

Prep Time: 0:30

8 Servings



*1 small onion; chopped
1 pound broccoli; chopped
1 large jalapeño Cheese Whiz
3 large cans evaporated milk
3 cans cream of mushroom soup
1 can cream of celery soup*

Sauté onions in skillet for just a minute, then add broccoli for another minute, then remove to soup pot. Microwave Cheese Whiz for 1 minute and add to broccoli and onion. Add remaining ingredients and

heat thoroughly. You can let it simmer for 15 to 30 minutes before serving. I usually make it in a crock pot and heat it on high, then let it simmer for a while on low.

Broccoli Soup

Loretta Solomon (1977)

Prep Time: 0:40

12 Servings

4 cups fresh broccoli; cut into bite size pieces

1 1/2 quarts chicken broth

2 10.75-ounce cans condensed celery soup

2 cups milk

4 tablespoons cornstarch

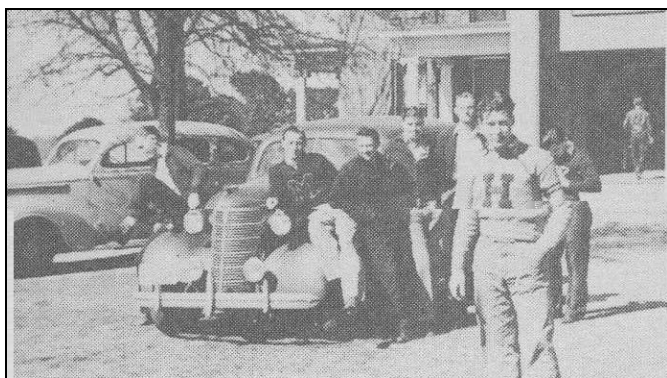
1/2 cup cold water

2 cups cheddar cheese; shredded

In a large soup pot, cook broccoli in broth until tender, about 10 minutes. In a medium bowl, mix together milk and condensed celery soup. Blend cornstarch with cold water, then stir into soup mixture. Pour into pot with the broccoli. Cook over medium heat, stirring steadily until thick and bubbly. Stir in cheese, stirring until hot. Do not boil.



Vegetables



Apple-Stuffed Butternut Squash

Mary Barham (Kveton 1960)

Prep Time: 0:40

4 Servings

*2 medium butternut squash
2 medium cooking apples; chopped
2 tablespoons orange juice
1/2 teaspoon ground cinnamon; separated
1/4 cup brown sugar
2 tablespoons brown sugar
1 tablespoon margarine
2 tablespoons pecans; chopped
1 teaspoon flour*

Cut squash in half; remove seeds and fibers. Cover each with heavy plastic wrap. Arrange 1 inch apart in microwave. Cook on high 12-15 minutes, rearranging after 7 minutes. Let stand 3 minutes.

Asparagus Casserole
Wallace Watkins (1963)

Prep Time: 0:45
6 Servings



*1 14 1/2 oz can asparagus; cut into 2
inch pieces*
1 cup cheddar cheese; grated
3 eggs; beaten
1 cup milk
1/2 teaspoon salt
1 1/4 cups cracker crumbs
1/4 cup butter; melted

Mix all ingredients except butter. Pour into greased casserole. Cover with melted butter. Bake for 25 minutes at 350 degrees.

Broccoli Casserole
Carleta Cates (Hathcox 1974)

Prep Time: 0:20
8 Servings



2 boxes frozen, chopped broccoli
*1 medium white or yellow onion; finely
chopped*
1 stick oleo margarine
1 can cream of mushroom soup
1 can cream of celery soup
1 small jar Cheeze Whiz
1 cup rice; cooked

Sauté broccoli and onion in oleo margarine until done. In a large bowl, add all other ingredients to sautéed mixture. Stir well; pour into 9x11 pan that has been sprayed with olive oil spray.

Bake at 350 degrees for approximately 45 minutes, stirring at least twice during the 45 minutes. It

will thicken like dressing. All ages love it - don't even know you're eating broccoli!

Butternut Squash Soufflé

Carolyn Wilkinson (1967)

Prep Time: 0:20

2 Servings



*8 ounces butternut squash; cooked, mashed
1/4 cup evaporated milk
2 ounces cheddar cheese; grated
2 tablespoons oleo
2 medium eggs; separated
salt and pepper*

Preheat oven to 350 degrees. In baking dish, combine squash, milk, cheese, oleo, salt, and pepper. Add the well-beaten egg yolks. Beat the egg whites until stiff but not dry and fold into the squash mixture. Set the baking dish in a pan of hot water in oven for 30 to 40 minutes.

Cheesy Rice with Broccoli

Jami Shaw (2000)

Prep Time: 0:30

6 Servings



*10 ounces frozen chopped broccoli;
thawed
3/4 cup processed cheese; chopped
3 tablespoons butter; divided
1/4 cup onion; chopped
1 1/2 cups hot cooked instant rice
8 ounces sliced water chestnuts; drained
1/3 cup whipping cream
1 tablespoon lemon pepper*

Preheat oven to 375 degrees. Grease a 1 1/2 quart baking dish. Microwave broccoli in a microwave-safe bowl following package directions; drain. Add cheese and 2 tablespoons butter to broccoli. Microwave on HIGH, stirring frequently, until cheese is melted, about 2 minutes.

Meanwhile, melt remaining butter in a small skillet over medium-high heat. Sauté onion in butter, stirring continuously, until tender (about 2 minutes).

Combine broccoli mixture, onion, rice, water chestnuts, whipping cream, and lemon pepper in a large bowl and mix well. Spoon into prepared baking dish. Bake for 15 minutes.

Corn Casserole

Prep Time: 0:15

Barbara Huffman (Hemmenway 1959)

8 Servings



*1 can whole kernel corn
1 can cream-style corn
1 small onion; diced
1 4-oz jar pimiento
1 egg; beaten
2/3 cup milk
1 cup cracker crumbs
1 cup cheddar cheese; grated
2 tablespoons sugar
salt and pepper
1/4 cup butter or margarine; melted*

Combine all ingredients and put in 2 loaf pans, sprayed with cooking spray. Bake at 325 degrees for 1 hour.

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