

Free Delivery
within 10 Blocks
10% off for
Students & Seniors
on Non-Sale items



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Natural Frontier Market

just good things from the good earth www.naturalfrontiermarket.net

We Accept:

367 Flatbush Ave. • Brooklyn

1104 Cortelyou Rd • Brooklyn

12-01 Jackson Ave • Long Island City

31-28 Ditmars Blvd • Astoria

INTERNATIONAL
NATURAL FOOD CHOICES

CERTIFIED ORGANIC FRESH
FRUITS & VEGETABLES

JUICE BAR

FRESH BAKED GOODS



Health Warrior
Chia Bar
Coconut
.88 OZ
Selected Varieties

4/\$5

1 FOR \$1.29

Packed with omega-3's and
the coconut flavor you crave.



Health Warrior
Organic Pumpkin Seed Bar
Dark Chocolate
1.23 OZ
Selected Varieties

2/\$3

1 FOR \$1.59

Made with real pumpkin seed and only 6 grams of sugar.



Izze
Sparkling Juice
Beverage
Clementine
4/12 FL OZ
Selected Varieties

Made with 70% pure fruit
juice without high fructose
corn syrup or preservatives.

\$4.50
1 FOR \$1.19

Stacy's Pita Chips
Pita Chips
Simply Naked
7.33 OZ
Selected Varieties

Delicious alone or paired
with fresh fruit, a variety of
cheeses, or hummus.

\$2.50
1 FOR \$2.59



Califia Farms
Almondmilk
Unsweetened
48 FL OZ
Selected Varieties
Almondmilk that's 100% sugar-free perfect to pour on cereal or granola and to blend in smoothies.

\$4.79
SRP: \$6.59



Brown Cow Yogurt
Cream Top Whole
Milk Yogurt
Maple
32 OZ
Selected Varieties

Think creme de la creme. Think
creamy rich. Think yum yum!

\$3.99
SRP: \$5.85



Pacific Natural Foods
Organic Broth
Low Sodium Free Range
Chicken
32 FL OZ
Selected Varieties

A favorite for delicious, healthy recipes.

\$3.29
SRP: \$5.29



Mary's Gone Crackers
Organic Super
Seed Crackers
Everything
5.5 OZ
Selected Varieties

\$4.49
SRP: \$6.49

Flavorful and hearty crackers loaded with super seed everything perfect for just about any topping.

Jolly Llama
Sorbet Pops
Mango
4 CT
Selected Varieties

Made with whole fruit and non dairy ingredients.

\$3.99
SRP: \$5.89



Cascadian Farm
Organic Frozen Fruit
Blueberries
8 OZ
Selected Varieties

\$3.99
SRP: \$5.69

Can be used for pies, pancakes or cereal and only has 70 calories per serving.



Sambazon
Organic Superfruit Packs
Original Blend
4/100GRM
Selected Varieties

\$5.49
SRP: \$8.29

Twice the antioxidants of blueberries, and rich in heart healthy omegas 3, 6 and 9.



Food For Life
Organic Bread
Flax Ezekiel 4:9
24 OZ

\$5.49
SRP: \$7.09

Rich in protein, vitamins, minerals and natural fiber with no added fat.



So Delicious
Dairy Free CocoWhip!
Coconut Whipped Topping
9 OZ

Adds great flavor to top desserts, beverages and works great in recipes too!

\$2.99
SRP: \$5.49



So Delicious
Dairy Free Coconut Milk Frozen Dessert
Vanilla Bean
PINT
Selected Varieties

\$4.49
SRP: \$7.39

A creamy vanilla coconut milk based, dairy-free frozen dessert.



Earthbound Farm
Organic Frozen Fruit
Mango Chunks
2 LB

\$6.99
SRP: \$11.69

Tangy, sweet and ready for anything that needs tropical sunshine.



Cascadian Farm
Organic
Frozen
Vegetables
Riced Cauliflower
12 OZ
Selected Varieties

\$3.29
SRP: \$4.59

Made with organic cauliflower and has 190mg of potassium per serving.



Mongibello
100%
Juice
Blood Orange
32 FL OZ

\$6.79
SRP: \$9.29

A refreshing 100% juice made in Sicily from Blood Oranges.

Lucky
Spring Rolls
Kale
8.5 OZ
Selected Varieties

\$3.99
SRP: \$5.59



Vegan and Vegetarian Spring Rolls with a crispy shell and packed with vegetables and seasoning.

Daiya Foods Inc
Dairy-Free
Pizza
Margherita
16 OZ
Selected Varieties

\$6.99
SRP: \$10.69



Mild Mozzarella style shreds on top of rich tomato sauce and chunks of tomatoes and basil make this delicious pizza.



Alpha Foods
Burrito
Philly Sandwich
5 OZ
Selected Varieties

\$2.79

SRP: \$4.09
Meatless, beef-style crumble, dairy-free provolone cheese, grilled peppers, mushrooms and onions.

Chameleon Cold-Brew**Organic Ready to Drink Coffee**

Black

10 FL OZ

Selected Varieties

\$3.49

SRP: \$4.69

A custom roast of Central/South American 100% organic, fair trade certified coffee beans for a deliciously smooth taste.

**Horizon Organic Dairy****Organic Heavy Whipping Cream****\$4.29**

SRP: \$7.39

Whips beautifully or adds an organic touch to soups, baked goods or any of your favorite recipes.

**Farmer's Hen House****Organic Eggs**

Grade A Large Brown

1 DOZ

\$4.99

SRP: \$6.85

Top-quality organic eggs laid by hens living a natural life.

**Horizon Organic Dairy****Organic Sour Cream**

16 OZ

\$3.49

SRP: \$5.19

Delicious in dips or try a dollop on enchiladas or a baked potato. Let the fun begin!

**Lightlife Foods****Organic Tempeh**

Original

8 OZ

Selected Varieties Tender and tasty tempeh packed with soy protein.

**\$2.79**

SRP: \$4.19

Forager**Organic Creamy Dairy****Free Cashewgurt**

Vanilla Bean

5.3 OZ

Selected Varieties

2/\$3

1 FOR \$1.59

A creamy vanilla milk alternative made without lactose, gluten or soy.

**Health-Ade****Organic Kombucha**

Pink Lady Apple

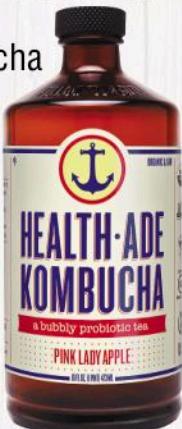
16 FL OZ

Selected Varieties

\$3.29

SRP: \$4.59

Incredibly crisp Kombucha with a hint of cider.

**So Delicious****Dairy Free Coconutmilk Creamer****\$3.99**

SRP: \$6.29

French Vanilla

32 FL OZ

A delicious, healthy alternative to traditional "creamers".

Golds**Prepared Horseradish**

6 OZ

Selected Varieties

Made from an original gluten and fat free family recipe.

\$2.29

SRP: \$3.19

Immaculate Baking**Gluten Free Cookie Dough**

Chocolate Chunk

14 OZ

Selected Varieties

\$3.49

SRP: \$5.89

An all-time classic cookie gone gluten-free.

**Nasoya Foods****Organic Baked Tofu**

Teriyaki

8 OZ

Selected Varieties

Marinated and baked, ready to enjoy hot or cold! Enjoy in salads, sandwiches and stir-fry.

**\$3.79**

SRP: \$5.39

**Lifeway Kefir****Low Fat Kefir**

Plain Unsweetened

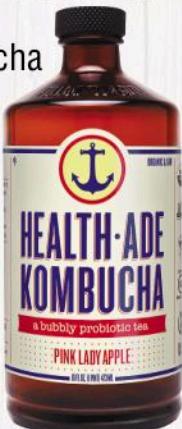
32 FL OZ

Selected Varieties

\$3.79

SRP: \$6.39

Smooth, creamy, low-fat, and high protein.

**Horizon Organic Dairy****Organic Half & Half**

Ultra-Pasteurized

16 FL OZ

\$2.50

SRP: \$4.29

Give your coffee a delicious organic makeover.

**Go Veggie!****Vegan Cheese Shreds**

Mexican Style

8 OZ

Selected Varieties

\$3.99

SRP: \$5.29

Vegan Mexican Flavor Shreds to sprinkle on top of chili, melt over nachos or add to your favorite dish.

**Horizon Organic Dairy****Organic Spreadable Butter**

Salted

8 OZ

\$4.49

SRP: \$6.39

Made with sweet organic cream, sunflower oil and sea salt.

**Melt****Organic Buttery Spread**

Probiotic

10 OZ

\$4.99

SRP: \$5.65

This Buttery Spread doesn't just taste good, it also supports your digestive health and immune system.

**Brown Cow Yogurt****Cream Top Whole Milk Yogurt**

Vanilla

5.3 OZ

Selected Varieties

99¢

SRP: \$1.59

Think creme de la creme. Think creamy rich. Think yum yum!

**Immaculate Baking****Organic Biscuits**

Flaky

16 OZ

\$3.50

SRP: \$5.49

Delicious, buttery layers and make the perfect companion to any meal.



Bulk
Organic Dates
Large Medjool

\$6.59/lb

SRP: \$8.99/lb



BULK
Organic Raisins
Flame

\$3.19/lb

SRP: \$4.29/lb



Bulk
Organic Oats
Regular Rolled

\$.99/lb

SRP: \$1.41/lb



BULK
100% Organic Quinoa
White Royal

\$2.79/lb

SRP: \$4.17/lb



Bulk
100% Organic Beans
Black Turtle

\$1.29/lb

SRP: \$1.74/lb



BULK
100% Organic Beans
Great Northern

\$1.89/lb

SRP: \$2.61/lb



Lundberg Family Farms
Organic Brown Rice
Short Grain
#

\$1.49/lb

SRP: \$2.69/lb



Bulk
100% Organic Almonds
Raw

\$12.39/lb

SRP: \$17.55/lb



Bulk
Organic Walnuts
Halves & Pieces

\$10.39/lb

SRP: \$14.49/lb



Bulk
Organic Pumpkin Seeds

\$3.19/lb

SRP: \$4.39/lb



Golden Template Granola
Granola
Blueberry with Flax
Selected Varieties

\$2.79/lb

SRP: \$4.69/lb



Willamette Valley Granola
Granola
French Vanilla Almond
Selected Varieties

\$3.29/lb

SRP: \$5.95/lb



Bulk
100% Organic
Chia Seeds
Black

\$3.29/lb

SRP: \$4.49/lb

**Happy Baby**

Organic Clearly Crafted Baby Food Jar
Pears & Kale
4 OZ
Selected Varieties

5/\$5
1 FOR \$1.09

Organic kale and organic pears come together in this blend of yummy green goodness, which has 60% of Vitamin A your Stage 2 baby needs.



Rapunzel
Organic
Cocoa
Powder
Unsweetened &
Non-Alkaline
7.1 OZ
\$8.29
SRP: \$11.39



Made from pure cocoa powder and is USDA organic and vegan.



Saco Foods
Baking Chocolate
Premium Cocoa
10 OZ
Selected Varieties

\$3.99
SRP: \$5.49

This convenient cocoa is easier to use than melting baking chocolate squares.



Kabrita
Toddler Formula
Goat Milk
14 OZ
\$22.99
SRP: \$31.49

Gentle, naturally easy to digest and specially designed to meet your little one's developing nutritional needs.

Alter Eco Americas
100% Organic
Quinoa
Rainbow Heirloom
12 OZ
Selected Varieties
\$5.99
SRP: \$8.89



Rainbow Heirloom Quinoa is a nutritious rainbow on your plate offering a bright, festive crunch.

Stevia In The Raw
Stevia Bakers
Bag
9.7 OZ

\$7.99

SRP: \$12.49
Cut the calories in all your favorite recipes by using Stevia in the Raw in a convenient baker's bag.



Jyoti Cuisine India
Organic Beans
Black Beans
10 OZ
Selected Varieties

\$1.79
SRP: \$2.29

Make your favorite salads, pilafs and vegetarian dishes more delicious and healthy.



Annie's Homegrown
Organic Toaster
Pastries
Strawberry with
Frosting
11 OZ
Selected Varieties
\$3.49
SRP: \$5.19



A golden crust is smothered in delicious frosting and filled with real organic strawberry filling.

Lundberg Family Farms
Organic Thai Rice
Brown Jasmine
8 OZ
Selected Varieties

\$2.49

SRP: \$3.69
Sourced from small, remote farming communities in Thailand, this rice has an aromatic fragrance and sweet flavor.



Rustic Crust
Pizza Crust
Tuscan Six Grain
13 OZ
Selected Varieties

\$2.99
SRP: \$5.09

Made with sesame seed, flax seed and wheat flour.



**Bakery On Main****4.4.8 Granola Bars**

Peanut Butter & Chocolate
5/1.2 OZ
Selected Varieties



The powerful combination of 4g protein, 4g fiber, and only 8g sugar makes these granola bars amazing.

\$3.50
SRP: \$5.09

Annie's Homegrown Organic Chewy Granola Bars Chocolate Chip 5.34 OZ Selected Varieties

\$3.49
SRP: \$5.39

This bar is Certified Organic and packed with 8 grams of whole grain per serving.

A moist and delicious home-made taste unlike any other snack bar on the market.



A crispy, healthy anytime treat.

Barbara's Bakery Multigrain Spoonfuls Cereal Original 14 OZ Selected Varieties

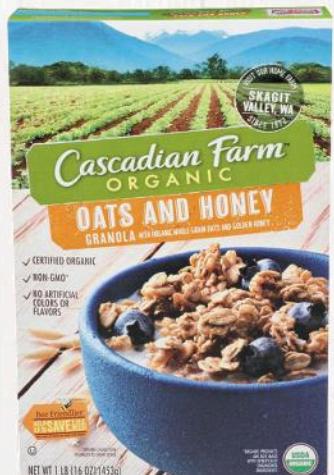
\$3.00
SRP: \$6.09

**Larabar**

Crunchy Nut & Seed Bar Honey Almond Cranberry 1.24 OZ Selected Varieties

Containing 9 healthy and flavorful ingredients, this snack bar is a crunchy and satisfying treat.

\$1.50
SRP: \$2.29



Cascadian Farm Organic Granola Cereal Oats and Honey 16 OZ Selected Varieties

\$4.00
SRP: \$6.49



Crunchy but smooth protein energy ball packed with refreshing mint chocolate flavor.

Bounce
Protein Energy Ball
Cacao Mint
1.48 OZ
Selected Varieties

\$1.50
SRP: \$2.29



Probar
Organic Bolt Energy Chews
Strawberry

2.1 OZ
Selected Varieties

\$2.00
SRP: \$2.79

Cascadian Farm

Organic Chewy Granola Bars Dark Chocolate Chip 7.4 OZ Selected Varieties

Packed with electrolytes and B vitamins with a superfruit blend of acai, pomegranate and blueberry.

Rise Bar
Protein Bar
Almond Honey

2.1 OZ
Selected Varieties

Known for three simple ingredients, honey, almonds, and whey protein.



\$4.00
SRP: \$5.79

Bobo's Oat Bars

All Natural Oat Bars
Coconut
3 OZ
Selected Varieties

Satisfy your sweet tooth with the scrumptious organic chocolate in this delicious chewy granola bar.

Soft, chewy and made with bits of dairy-free caramel with soy free chocolate chips.

Woodstock
100% Organic Instant Oatmeal
16 OZ

\$2.99
SRP: \$4.49



These oats are packed with flavor, texture, and nutrition plus they are Certified Organic and Non-GMO Project Verified.

Manitoba Harvest
Organic Hemp Yeah! Granola
Blueberry
10 OZ
Selected Varieties



\$4.79
SRP: \$6.99

Each serving of Hemp Yeah! Blueberry Granola has 10 grams of protein, 3.6 grams of omegas 3 and 6, and high-quality ingredients.



Larabar
Organic Superfoods Bar
Hazelnut, Hemp & Cacao
1.6 OZ
Selected Varieties

\$1.75
SRP: \$2.69



Enjoy Life
Baked Chewy Bars

\$1.69
SRP: \$2.79

Hazelnuts, cacao and coffee make for the perfect breakfast bar or to satisfy that mocha fix any time of day.



Thunderbird
Nut & Seed Bar
Hazelnut Coffee Maca
1.7 OZ
Selected Varieties

\$3.79
SRP: \$4.99



Annie's Homegrown
Organic Cereal
Cocoa Bunnies
10 OZ
Selected Varieties

\$4.49
SRP: \$6.99

A scrumptious oat, corn and rice cereal with crunchy cocoa goodness packed into every bite.



Nature's Path
Organic Cereal
Heritage Flakes
13.25 OZ
Selected Varieties

\$3.99
SRP: \$6.19

A blend of ancient grains like wheat, barley, quinoa, and spelt are sweetened with honey and evaporated cane juice.

Bornier
Organic Dijon Mustard Wholegrain
7.4 OZ
Selected Varieties
\$3.49

SRP: \$5.39
This Organic Wholegrain Dijon Mustard contains only water, brown mustard seeds, vinegar and salt.



Seeds of Change
Organic Rice Brown Basmati
8.5 OZ
Selected Varieties
\$2.99

SRP: \$3.99
Complement any meal, either as a side dish or a main entrée.



Fruit Bliss
100% Organic Fruit & Nut Bites Apricots + Dates + Hazelnuts
4 OZ
Selected Varieties
\$4.49

SRP: \$6.39
Organic Fruit & Nut Bites have only 5 or less ingredients, are Certified USDA Organic, Non-GMO, Gluten Free, Vegan and Kosher.



Lundberg Family Farms
Organic Thin Stackers Rice Cakes Cracked Black Pepper
6 OZ
Selected Varieties
\$2.49

SRP: \$3.59
Light, crunchy, flavorful, and thin. Great alone or with your favorite topping.



Emerald Cove
Organic Sushi Nori Sheets Pacific
10 SHT
\$5.49

SRP: \$8.25
Conveniently pre-toasted, improving its flavor and making it easier to digest.



Modern Table
Lentil Pasta Rotini
8 OZ
Selected Varieties
\$3.49

SRP: \$4.69

With 20g of protein and 6g of fiber per 100g serving, Lentil Rotini pasta is protein-packed and ready for any meal.



Tasty Bite
Heat & Eat Indian Cuisine Entrée Hot & Spicy Vindaloo
10 OZ
Selected Varieties
\$2.00

SRP: \$3.99



Made with 3 grams of fiber and protein with only 7 grams of fat.

Reese
Artichoke Hearts Quartered Marinated
7.5 OZ
\$1.79

SRP: \$2.65

Dress up dips, salads, pasta, pizza, fish or poultry with Reese Artichoke Hearts.



Herdez
Salsa Medium Casera
16 OZ
Selected Varieties
\$3.00

SRP: \$4.59

Made with fresh tomatoes, onions, peppers, salt and cilantro - this simple salsa is full of flavor.



Napa Valley Naturals
Organic Olive Oil Extra Virgin
16.9 FL OZ

\$7.99

SRP: \$12.79

This oil has a delicious, medium bodied flavor that goes well with any type of food.



Lucini Italia
100% Organic Pasta Sauce Rustic Tomato Basil
25.5 FL OZ
Selected Varieties



Annie's Homegrown
Organic Macaroni & Cheese Shells & Real Aged Cheddar
6 OZ
Selected Varieties
\$2.50

SRP: \$4.19

Made with Rumiano Family organic cheese as well as 10g of protein.



Bonne Maman

Preserves Strawberry
13 OZ
Selected Varieties
\$3.99

SRP: \$5.89

The sweet richness of cooked strawberries creates a perfect texture & brilliant flavor.

Gaea
Organic Olive Oil Extra Virgin
17 FL OZ
\$12.49

SRP: \$17.09

Lucini Italia
Olive Oil Extra Virgin
1 LTR

Get the fresh fall flavor of apples all year long!

\$13.99

SRP: \$23.39

High quality extra virgin made from handpicked olives specifically selected and grown on Central Italian estates.



Near East
Rice Pilaf Original
6 OZ
Selected Varieties
\$2.00

SRP: \$2.99

Made from parboiled long grain rice, toasted orzo and a delicious blend of herbs and spices.



\$3.49

SRP: \$5.39

Get the fresh fall flavor of apples all year long!



\$13.99

SRP: \$23.39



Zoe

Extra Virgin Olive Oil
1 LTR
\$10.99

SRP: \$16.49

A consistent delicate flavor that is perfect for any occasion.



Davinci
Pasta Spaghetti
16 OZ
Selected Varieties

\$1.50

SRP: \$2.09

Davinci Spaghetti is made with the finest durum wheat semolina, and is the perfect partner to your favorite meatball recipe.



Gimme Seaweed Snacks
Organic Roasted Seaweed Snack Sea Salt
6/17 OZ
Selected Varieties
\$4.99

SRP: \$6.89

Regional Tuscan recipe that begins with fresh plum tomatoes and fresh summer basil.

\$6.49

SRP: \$10.69

**Maya Kaimal**

Organic Everyday Dal
Red Lentil, Butternut Squash, Coconut
10 OZ
Selected Varieties

\$2.99

SRP: \$5.09

Red lentils are mixed with butternut squash, coconut, red chili and brown mustard seeds for a quick meal.

Glorybee

100% Organic Raw Honey
Clover Blossom
18 OZ
Selected Varieties

\$7.99

SRP: \$12.49

Retains the bee pollen, enzymes, and other micronutrients normally lost during processing.



Easily prepare your own Butter Chicken with this traditionally simmered sauce.

Sharwood
Cooking Sauce
Tikka Masala
14.1 FL OZ
Selected Varieties

\$3.79

SRP: \$5.79

A classic curry sauce containing tomatoes, yogurt, mild chili and cream which provides an exotic taste.

Madhava Honey
Organic Sugar
Coconut
16 OZ

Naturally rich in a number of key vitamins, minerals and phytonutrients. No other sugars can brag about that!

\$5.49

SRP: \$8.09

Maya Kaimal
Indian Simmer
Sauce
Butter Masala
12.5 OZ
Selected Varieties

\$3.99

SRP: \$6.05



Lakanto
Monkfruit 1:1 Sugar Substitute
Golden
28.22 OZ

\$11.49

SRP: \$16.69

Tastes just like sugar with zero net carbs, zero calories and zero glycemic.



Certified organic, wheat free, no added MSG or artificial preservatives.

**\$5.99**

SRP: \$9.79

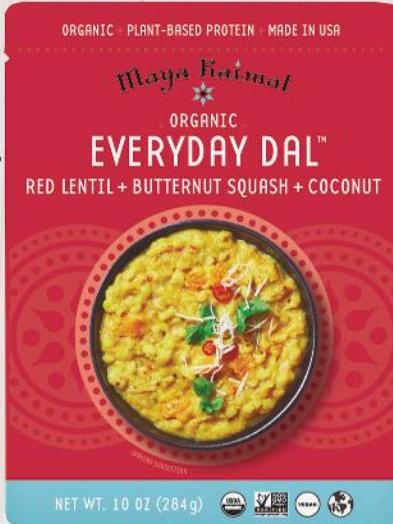
A mild delicious syrup that is ideal for sweetening beverages, waffles, yogurt and more.



San-J
Organic Soy
Sauce
Tamari
10 FL OZ

\$3.49

SRP: \$4.95



Hakubaku
100% Organic Noodles
Udon Wheat
9.52 OZ
Selected Varieties

Enjoy Organic Udon Noodles hot or cold. Great for stir-fries, soups or salads.

\$2.49

SRP: \$3.65

Annie's Homegrown
Organic Bunny
Fruit Snacks
Berry Patch
4 OZ
Selected Varieties

\$3.99
SRP: \$5.89



A tasty mix of strawberry, cherry and raspberry flavored fruit snacks.

Smashmallow
Marshmallow
Rice Treats
Strawberries &
Cream
6/1.150Z
Selected Varieties

\$3.99
SRP: \$5.29



Freshly picked strawberries are paired with creamy marshmallow goodness.

Wild Planet
Wild
Sardines
Extra Virgin
Olive Oil
Lightly
Smoked
4.4 OZ
Selected
Varieties

\$1.99
SRP: \$3.29



For a healthful kick of Omega-3's!

G.H. Cretors
Popcorn
Chicago Mix
7.5 OZ
Selected Varieties

2/\$6
1FOR 3.09



You don't even have to come to Chicago to try this special treat.

Primizie Crispbreads
Flatbread
Crisps
Beer Cheddar
6.5 OZ
Selected Varieties

\$3.00
SRP: \$3.99



Flatbread Crisps perfect for snacking on with a beer cheddar flavor.

Krave
Beef Jerky
Chili Lime
2.7 OZ
Selected Varieties

\$4.99

SRP: \$6.99

Tease your taste buds with tender slices of beef teamed with medium-hot chili and finally balanced with zesty lime.



Surf Sweets
Candy
Gummy Bears
2.75 OZ
Selected Varieties

2/\$3

SRP: \$2.59

The gummy bear's gone organic!



Angie's Kettle Corn
Boomchickapop
Kettle Corn
Sweet & Salty
7 OZ
Selected Varieties

\$2.50

SRP: \$4.09

Made with simple gluten free ingredients and has only 70 calories a cup.



Ips Perfect Chips
Protein Chips
Cinnamon Churro
4 OZ
Selected Varieties

\$2.00

SRP: \$4.09



Great crunchy taste, spicy cinnamon flavor and packed with protein.

Wholesome
Organic
Brittle Thins
Caramel Almond
3.5 OZ
Selected
Varieties

\$3.49

SRP: \$4.79

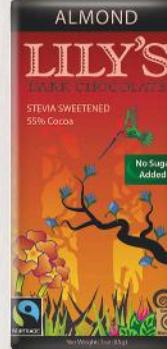
Crispy snack blended from only recognizable organic ingredients.



Lily's Sweets
Dark Chocolate
Bar **\$3.49**
Almond SRP: \$4.89

3 OZ
Selected Varieties

Your healthy afternoon pick-me-up never tasted so deliciously indulgent.



Prince Of Peace
Ginger Chews
Original
4.4 OZ
Selected Varieties

\$1.69

SRP: \$2.39



A natural 100% ginger candy that can soothe the stomach or add zest to your beverage.

VERMONT SMOKE AND CURE
UNCURED BACON PORK STICK

\$1.29
SRP: \$1.99

1 OZ
Selected Varieties

Pork and maple and apple cider brined bacon are slowly smoked in hickory to create these wonderful pork sticks.



Bare Fruit
Organic
Banana Chips
Simply
2.7 OZ
Selected Varieties

\$4.29

SRP: \$6.49



Simply made with organic bananas. That's it.

Ryvita Crisp Bread
Rye
Crispbread
Sesame
8.8 OZ
Selected
Varieties

\$2.00

SRP: \$3.19



World famous for their naturally crisp texture, mild nutty taste, and excellent nutritional value.

Little Secrets
Crispy Wafers
Peanut Butter in Dark
Chocolate
1.4 OZ
Selected Varieties

\$1.50

SRP: \$2.29



Delicious wafer snacks with a creamy, crispy peanut butter filling and dark chocolate shell.

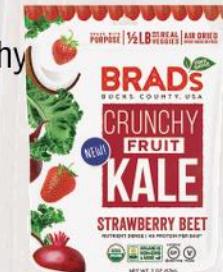


Wholesome
Organic
DelishFish
Assorted Minis
2 OZ
Selected Varieties

\$1.50

SRP: \$2.19

These mini candies come in assorted flavors - lemon, orange and raspberry.



Brad's Plant Based
Organic Crunchy
Fruit Kale
Strawberry Beet
2 OZ
Selected Varieties

\$4.49

SRP: \$5.79

Strawberry beet chips are mixed in with crunchy kale for a quick healthy snack.



Mozaiacs
Organic Popped
Veggie & Potato
Chips
Salsa
3.5 OZ
Selected Varieties

\$3.00

SRP: \$4.29

Mozaiacs organic popped chips are perfect when eaten right out of the bag, dipped or topped.



Digestive Biscuits
Milk Chocolate Flavor
10.5 OZ
Selected Varieties

\$3.99

SRP: \$5.89

Your favorite McVitie's Digestive brought together with smooth milk chocolate.

Packaged in a box made of 74% paper.

Boxed Water Is Better

BOXED
WATER
IS
BETTER.

Water
Purified
16.9 FL OZ

\$1.29
SRP: \$1.69

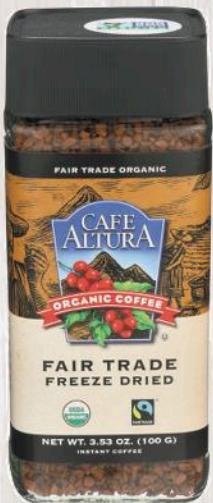


Voss Water

Artesian Water from
Norway
27.1 FL OZ

\$2.50
SRP: \$3.79

Pure tasting artesian water from Norway
served in the signature VOSS glass bottles.



R.W. Knudsen
Organic Juice
Carrot Ginger Turmeric
32 FL OZ

Selected Varieties
Delicious blend of
fresh carrots and
ginger made with
organic ingredients.

\$4.99
SRP: \$7.79



Pukka Herbal Teas
Organic Tea
Supreme Matcha Green
20 BAG

Selected Varieties
\$4.79
SRP: \$6.75



A magical super-ingredient blended
with Chinese Sencha, Indian Oothu
and Vietnamese Suoi Gang.



Essentia Water
Electrolyte Enhanced Water
1.5 LTR

\$2.00
SRP: \$3.15

Created to support vital functions that keep
you feeling and performing your best.

Gerolsteiner
Sparkling Apple Drink
25.3 FL OZ

\$2.00
SRP: \$2.89

Gerolsteiner Mineral Water is
amped up with a sparkling
apple flavor.



Mount Hagen
Organic Fairtrade Coffee
Instant Freeze-Dried
3.53 OZ

\$8.99
SRP: \$12.49

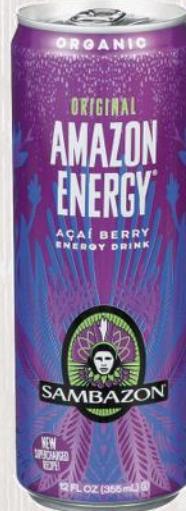


Instant Freeze Dried Coffee packed in
Germany and made from 100% highland
Arabica coffee beans.

Sambazon
Organic Amazon Energy Drink
Original
12 FL OZ

\$1.99
SRP: \$2.99

Selected Varieties
Packed with organic whole food protein to build lean
muscle and healthy omegas to help keep you full
longer.



Teaonic
Organic Herbal
Tea Supplement
I Love My Liver
8 FL OZ

Selected Varieties
\$2.79
SRP: \$4.59

A revitalizing tonic that helps rid the body of toxins that
have built up over time.



Organic India

Organic Tulsi Tea
Sweet Rose
18 BAG

Selected Varieties
Tulsi tea is abundant in antioxidants.
\$4.49
SRP: \$5.99

Flow

Organic Spring Water
Cucumber + Mint Flavored
500 ML

Selected Varieties

100% naturally alkaline spring water
enhanced with organic essence of
cucumber and mint.

5/\$5
1 FOR 1.09



Virgil's Rootbeer
Canned Soda
Zero Sugar Root
Beer
6/12 FL OZ

Selected Varieties
Naturally sweetened root beer
containing zero calories, zero
carbs, and zero caffeine.

\$5.99
SRP: \$9.29



Mamma Chia
Organic
Chia
Squeeze
Blackberry
Bliss
3.5 OZ

Selected Varieties
\$1.29
SRP: \$1.99



Tulsi
SWEET ROSE
Stress-Relieving & Magical'
CAFFEINE FREE

Tulsi • Holy Basil
is an herb with
healing properties.
CERTIFIED ORGANIC • HERBAL SUPPLEMENT

NET WT
101 OZ (28.8g)
18 INFUSION BAGS



\$2.00
SRP: \$2.89

Yachak
Organic Yerba Mate
Ultimate Mint
15.5 OZ

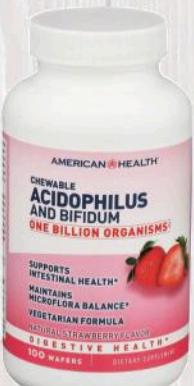
Selected Varieties
Contains 160MG of 100%
naturally occurring caffeine
from Organic Yerba Mate.

Vermont Village
100% Organic
Sipping Vinegar
Blueberries & Honey
8 FL OZ
Selected Varieties
\$4.79
SRP: \$5.79

This Sipping Vinegar brings a more enjoyable way to get in your daily dose of vinegar.



American Health
Acidophilus Chewable
Strawberry
100 WAF
Selected Varieties
\$6.49
SRP: \$10.99



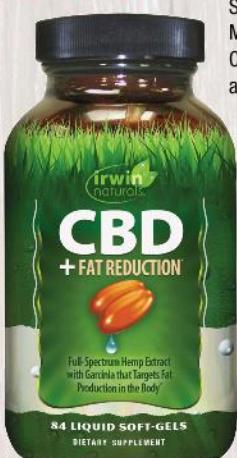
Stimulates the growth of "friendly" bacteria in digestive and intestinal tracts*

Prince Of Peace
Red Panax Ginseng Extractum
Ultra Strength
10/10 CC
Selected Varieties
Made from six year old
Red Panax Ginseng.



Smartypants
Organic Kids
Multivitamin
Complete
120 CT
\$21.49
SRP: \$29.95

Each serving of Smartypants Kids Complete Multivitamin includes Omega 3s, Digestion, Bone and Immunity Support.

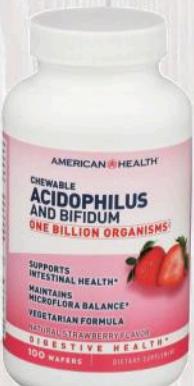


Irwin Naturals
CBD + FAT REDUCTION
84
\$24.99



Irwin Naturals
Forskolin Fat-Loss Diet &
Garcinia HCA Fat Reduction
Diet
25% Off

American Health
Acidophilus Chewable
Strawberry
100 WAF
Selected Varieties
\$6.49
SRP: \$10.99



Stimulates the growth of "friendly" bacteria in digestive and intestinal tracts*

Boiron
RhinAllergy
Allergy Relief
60 TAB
\$8.49
SRP: \$12.49



RhinAllergy tablets temporarily relives symptoms of hay fever or other upper respiratory allergies.



Enzymedica
Heartburn
Relief
42 Chews
\$15.99

\$20.27

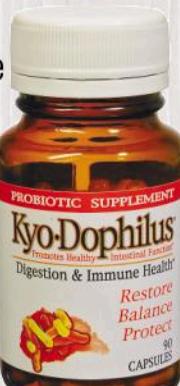
Enzymedica
Heartburn
Relief
42 Chews
\$15.99

\$20.27

Kyo*Dophilus
Digestion & Immune
Health
Restore Balance Protect
90 CAP

\$15.99
SRP: \$22.39

Formulated with three specially cultured, non-dairy, heat-stable, stomach acid resistant strains of beneficial bacteria.



Manitoba Harvest
Organic Hemp
Yeah! Max Protein
Powder
Unsweetened
16 OZ
\$13.99
SRP: \$20.99

With 20 g of protein per serving, this is the perfect plant-based protein powder to fuel workouts.



T-Relief-Medinatura
Mobility
Arthritis Pain
Relief Tablets
Chewable
100 TAB
\$8.99
SRP: \$12.59

T-Relief Arthritis Tablets help reduce the pain that causes lack of mobility.



Hylands
Homeopathic
Leg
Cramps
PM
50 TAB
\$9.49
SRP: \$13.89

Helps to relieve cramping in legs, feet and toes, plus combined with a unique sleep formula to help you fall asleep.



Jarrow Formulas
Bone-Up
240 caps
\$51.00



Carlson
Super DHA + Lutein
120 Soft Gels
\$51.00

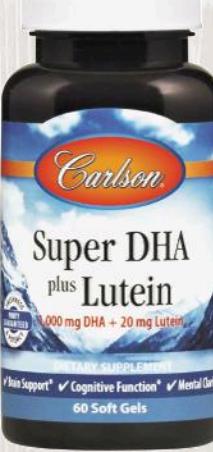


Irwin Naturals
Triple-Diet Max
Accelerator
72 ct
\$19.99

Carlson
Super DHA + Lutein
60 Soft Gels
\$26.18



Carlson
Super DHA + Lutein
60 Soft Gels
\$26.18



Redd Remedies
Redd Remedies Sinus
Products
25% Off

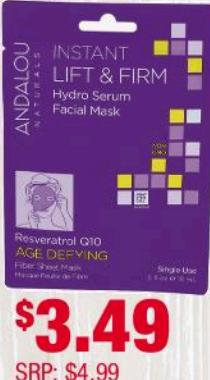


Tom's Of Maine
Deodorant Stick
Unscented
2.25 OZ
Odor-fighting hops are used to provide 24-hour odor protection.

\$5.99
SRP: \$9.09



Andalou Naturals
Instant Lift & Firm Hydro Serum Facial Mask
Age Defying
0.6 FL OZ
Selected Varieties



Age Defying Hydro Serum enriched with fruit stem cell complex and resveratrol Q10 hydrates and replenishes skin.

\$3.49
SRP: \$4.99

Natracare
Panty Liners
Mini
30 CT
Selected Varieties

\$2.79
SRP: \$3.69



Totally chlorine-free (TCF), plastic-free, perfume-free. No superabsorbents. Biodegradable. Healthier by nature.

Earthy
Laundry Detergent
Natural Lavender Chamomile
70 FL OZ
Selected Varieties

\$11.99
SRP: \$17.65



Shikai Products
Hand & Body Lotion
Gardenia
8 FL OZ
Selected Varieties

\$6.49
SRP: \$9.99

An authentic & true gardenia scent, a #1 selling lotion



Come In For Everyday Discounts on Vitamins

Natural Frontier Market

View our monthly circular on our website: www.naturalfrontiermarket.net



367 Flatbush Avenue
Brooklyn, NY 11238
Ph: 718-975-8181
Fax: 718-975-8185

1104 Cortelyou Road
Brooklyn, NY 11218
718-284-3593
Everyday: 8am to 11pm

12-01 Jackson Avenue
Long Island City, NY 11101
718-937-9399
Everyday: 8am to 9pm

31-28 Ditmars Blvd
Astoria, NY 11105
718-255-6530
Everyday: 8am to 10pm

BioBag
Food Scrap Bags
Tall Kitchen 13 Gallon
12 CT



If You Care
Parchment Roasting Bags
Non-Stick, Extra Large
2 CT Made with 100% unbleached greaseproof paper.

\$4.79
SRP: \$6.49



Natural Dentist
Healthy Gums Antigingivitis Rinse
Peppermint Twist
16.9 FL OZ
Selected Varieties

\$5.49
SRP: \$8.29

If You Care
Coffee Filters

\$10.99



Made from Forest Stewardship Council FSC certified unbleached totally chlorine free TCF paper.

Preserve
Food Storage Containers
Green Apple
2 PK
Selected Varieties

\$4.29
SRP: \$6.39



Oral Essentials
Teeth Whitening Strips
14 CT

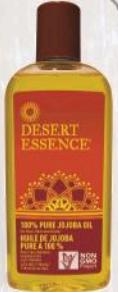
\$22.99
SRP: \$37.99

Clinically tested to whiten as well as the leading brand, but they do it without causing any tooth sensitivity.



This natural **Desert Essence** plant extract quickly penetrates and moisturizes without an oily residue.

Jojoba Oil
100% Pure
4 FL OZ
\$9.99
SRP: \$13.99



Woobamboo
Toothpaste
Sweet Cinnamon
4 OZ
Selected Varieties

\$4.49
SRP: \$6.89



Similasan
Eye Drops
Dry Eye Relief
.33 FL OZ
Selected Varieties

\$8.99
SRP: \$13.79



Bee & Flower
Bar Soap
Jasmine
2.65 OZ
Selected Varieties

99¢
SRP: \$1.49



Green Forest
Bathroom Tissue
Double Roll
12 PK
\$9.99
SRP: \$15.59



Made from 100% recycled paper.

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, CURE OR TREAT ANY DISEASE. SOME ITEMS MAY NOT BE AVAILABLE. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.