# Practical Machine Learning

Prediction Assignment Writeup

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## Summary

Using devices such as Jawbone Up, Nike FuelBand, and Fitbit it is now possible to collect a large amount of data about personal activity relatively inexpensively. These type of devices are part of the quantified self movement - a group of enthusiasts who take measurements about themselves regularly to improve their health, to find patterns in their behavior, or because they are tech geeks.

One thing that people regularly do is quantify how much of a particular activity they do, but they rarely quantify how well they do it. In this project, we will use data recorded from accelerometers on the belt, forearm, arm, and dumbbell of 6 participants. They were asked to perform barbell lifts correctly and incorrectly in 5 different ways.

More information is available from the website http://groupware.les.inf.puc-rio.br/har (see the section on the Weight Lifting Exercise Dataset).

The goal of this project is to predict the manner in which the volunteers did the exercise. The outcome is classified as either "A", "B", "C", "D" or "E".

## Preparation

```
## Loading required package: lattice
## Loading required package: ggplot2

library(randomForest)

## randomForest 4.6-12

## Type rfNews() to see new features/changes/bug fixes.

## ## Attaching package: 'randomForest'

## The following object is masked from 'package:ggplot2':
## ## margin
```

```
set.seed(42)
```

### Data loading

```
dataset <- read.csv("pml-training.csv", na.strings = c("NA", "#DIV/0!", ""))
dim(dataset)</pre>
```

### Data cleaning

160

## [1] 19622

Remove incomplete columns from the dataset (the ones with NA values) along with some irrelevant variables (columns 1 to 7).

```
NAcount <- sapply(1:dim(dataset)[2], function(x)sum(is.na(dataset[,x])))
NAcols <- which(NAcount > 0)
dataset <- dataset[,-NAcols]
dataset <- dataset[,-c(1:7)]
dataset$classe <- as.factor(dataset$classe)
dim(dataset)</pre>
```

**##** [1] 19622 53

head(dataset)

```
##
     roll_belt pitch_belt yaw_belt total_accel_belt gyros_belt_x gyros_belt_y
## 1
          1.41
                      8.07
                               -94.4
                                                     3
                                                                0.00
                                                                              0.00
## 2
          1.41
                      8.07
                               -94.4
                                                     3
                                                                0.02
## 3
          1.42
                      8.07
                               -94.4
                                                     3
                                                                0.00
                                                                              0.00
                                                     3
                                                                0.02
## 4
          1.48
                      8.05
                               -94.4
                                                                              0.00
## 5
          1.48
                      8.07
                               -94.4
                                                     3
                                                                0.02
                                                                              0.02
## 6
          1.45
                      8.06
                               -94.4
                                                     3
                                                                0.02
                                                                              0.00
     gyros_belt_z accel_belt_x accel_belt_y accel_belt_z magnet_belt_x
## 1
            -0.02
                            -21
                                                          22
                                             4
                                                                         -7
## 2
            -0.02
                             -22
                                             4
                                                          22
## 3
            -0.02
                             -20
                                             5
                                                          23
                                                                         -2
## 4
            -0.03
                             -22
                                             3
                                                          21
                                                                         -6
                                             2
## 5
            -0.02
                             -21
                                                          24
                                                                         -6
## 6
            -0.02
                             -21
                                             4
                                                          21
     magnet_belt_y magnet_belt_z roll_arm pitch_arm yaw_arm total_accel_arm
## 1
                              -313
                                                  22.5
               599
                                       -128
                                                           -161
## 2
                608
                              -311
                                       -128
                                                  22.5
                                                           -161
                                                                              34
## 3
                600
                              -305
                                                  22.5
                                                           -161
                                                                              34
                                       -128
## 4
                604
                              -310
                                       -128
                                                  22.1
                                                           -161
                                                                              34
                                                           -161
## 5
                600
                              -302
                                       -128
                                                  22.1
                                                                              34
## 6
                603
                              -312
                                       -128
                                                  22.0
                                                           -161
                                                                              34
##
     gyros_arm_x gyros_arm_y gyros_arm_z accel_arm_x accel_arm_y accel_arm_z
## 1
            0.00
                         0.00
                                     -0.02
                                                   -288
                                                                 109
                                                                             -123
## 2
            0.02
                        -0.02
                                                   -290
                                                                             -125
                                     -0.02
                                                                 110
```

```
## 3
            0.02
                        -0.02
                                     -0.02
                                                   -289
                                                                             -126
                                                                 110
## 4
            0.02
                        -0.03
                                      0.02
                                                   -289
                                                                 111
                                                                             -123
                                      0.00
## 5
            0.00
                        -0.03
                                                   -289
                                                                             -123
                                                                 111
## 6
            0.02
                        -0.03
                                      0.00
                                                   -289
                                                                             -122
                                                                 111
##
     magnet_arm_x magnet_arm_y magnet_arm_z roll_dumbbell pitch_dumbbell
## 1
             -368
                            337
                                          516
                                                    13.05217
                                                                   -70.49400
## 2
             -369
                            337
                                          513
                                                    13.13074
                                                                   -70.63751
                                                                   -70.27812
## 3
             -368
                            344
                                          513
                                                    12.85075
## 4
             -372
                            344
                                          512
                                                    13.43120
                                                                   -70.39379
## 5
             -374
                            337
                                          506
                                                    13.37872
                                                                   -70.42856
## 6
             -369
                            342
                                          513
                                                    13.38246
                                                                   -70.81759
##
     yaw_dumbbell total_accel_dumbbell gyros_dumbbell_x gyros_dumbbell_y
        -84.87394
## 1
                                      37
                                      37
                                                         0
                                                                       -0.02
## 2
        -84.71065
## 3
        -85.14078
                                      37
                                                         0
                                                                       -0.02
## 4
        -84.87363
                                      37
                                                         0
                                                                       -0.02
## 5
        -84.85306
                                      37
                                                         0
                                                                       -0.02
        -84.46500
## 6
                                      37
                                                         0
                                                                       -0.02
##
     gyros_dumbbell_z accel_dumbbell_x accel_dumbbell_z
## 1
                  0.00
                                    -234
                                                        47
## 2
                  0.00
                                    -233
                                                        47
                                                                        -269
## 3
                  0.00
                                    -232
                                                        46
                                                                        -270
## 4
                 -0.02
                                    -232
                                                                        -269
                                                        48
## 5
                  0.00
                                    -233
                                                        48
                                                                        -270
## 6
                  0.00
                                    -234
                                                        48
                                                                        -269
     magnet_dumbbell_x magnet_dumbbell_y magnet_dumbbell_z roll_forearm
## 1
                   -559
                                       293
                                                          -65
## 2
                   -555
                                       296
                                                          -64
                                                                       28.3
                                       298
## 3
                   -561
                                                          -63
                                                                       28.3
## 4
                   -552
                                       303
                                                          -60
                                                                       28.1
                                       292
                                                                       28.0
## 5
                   -554
                                                          -68
## 6
                   -558
                                       294
                                                          -66
                                                                       27.9
     pitch_forearm yaw_forearm total_accel_forearm gyros_forearm_x
## 1
             -63.9
                           -153
                                                                  0.03
                                                   36
## 2
             -63.9
                                                                  0.02
                           -153
                                                   36
                                                                  0.03
## 3
             -63.9
                           -152
                                                   36
## 4
             -63.9
                           -152
                                                   36
                                                                  0.02
## 5
             -63.9
                           -152
                                                   36
                                                                  0.02
## 6
             -63.9
                           -152
                                                   36
                                                                  0.02
     gyros_forearm_y gyros_forearm_z accel_forearm_x accel_forearm_y
##
                0.00
                                -0.02
                                                    192
                 0.00
                                 -0.02
                                                                     203
## 2
                                                    192
## 3
                -0.02
                                  0.00
                                                    196
                                                                     204
## 4
               -0.02
                                  0.00
                                                    189
                                                                     206
## 5
                0.00
                                 -0.02
                                                    189
                                                                     206
## 6
               -0.02
                                 -0.03
                                                    193
                                                                     203
##
     accel_forearm_z magnet_forearm_x magnet_forearm_y magnet_forearm_z
## 1
                 -215
                                    -17
                                                      654
                                                                        476
## 2
                 -216
                                                                        473
                                    -18
                                                      661
## 3
                 -213
                                    -18
                                                      658
                                                                        469
## 4
                 -214
                                    -16
                                                      658
                                                                        469
## 5
                 -214
                                    -17
                                                      655
                                                                        473
## 6
                 -215
                                     -9
                                                      660
                                                                        478
##
     classe
```

```
## 1 A ## 2 A ## 3 A ## 4 A ## 5 A ## 6 A
```

### Training

Create a partition of the dataset into a training dataset and a test dataset.

```
inTrain <- createDataPartition(y = dataset$classe, p = 0.6, list = FALSE)
training <- dataset[inTrain,]
testing <- dataset[-inTrain,]</pre>
```

We want to predict the "classe" variable ("A", "B", "C", "D" or "E") by using all the remaining variables in the dataset. We first tried making predictions by using a single decision tree (for its simplicity) but the accuracy was poor. Thus we switched to the model below which is based on random forests (regarded as a natural combination of many decision trees).

```
model <- randomForest(classe ~ ., data = training, method = 'class')</pre>
```

#### Testing

Evaluate the quality of this model on the previously defined test dataset (for cross validation).

```
pred <- predict(model, newdata = testing, type = 'class')
confusionMatrix(pred, testing$classe)</pre>
```

```
## Confusion Matrix and Statistics
##
##
             Reference
## Prediction
                  Α
                       В
                             С
                                  D
                                       Ε
            A 2231
                       6
                                       0
##
                             0
                                  0
                  1 1510
                                       0
##
            В
                                  0
            С
                  0
                       2 1357
                                       0
##
                                 14
##
            D
                  0
                       0
                             2 1271
                                       9
##
            Ε
                             0
                                  1 1433
##
## Overall Statistics
##
                   Accuracy: 0.9944
##
##
                     95% CI: (0.9925, 0.9959)
##
       No Information Rate: 0.2845
       P-Value [Acc > NIR] : < 2.2e-16
##
##
##
                      Kappa: 0.9929
##
    Mcnemar's Test P-Value : NA
##
## Statistics by Class:
##
```

```
##
                        Class: A Class: B Class: C Class: D Class: E
## Sensitivity
                          0.9996
                                   0.9947
                                            0.9920
                                                      0.9883
                                                               0.9938
## Specificity
                          0.9989
                                             0.9975
                                                               0.9998
                                   0.9984
                                                      0.9983
## Pos Pred Value
                          0.9973
                                   0.9934
                                            0.9883
                                                      0.9914
                                                               0.9993
## Neg Pred Value
                          0.9998
                                   0.9987
                                            0.9983
                                                      0.9977
                                                               0.9986
## Prevalence
                                                               0.1838
                          0.2845
                                   0.1935
                                            0.1744
                                                      0.1639
## Detection Rate
                                   0.1925
                                             0.1730
                                                               0.1826
                          0.2843
                                                      0.1620
## Detection Prevalence
                          0.2851
                                   0.1937
                                             0.1750
                                                      0.1634
                                                               0.1828
## Balanced Accuracy
                          0.9992
                                   0.9966
                                             0.9947
                                                      0.9933
                                                               0.9968
```

The previous model satisfies 99% accuracy on the testing dataset (with a significance level of 5%).

#### **Predictions**

Use this model to predict the outcome of 20 entries.

```
testset <- read.csv("pml-testing.csv", na.strings = c("NA", "#DIV/0!", ""))
NAcount <- sapply(1:dim(testset)[2], function(x)sum(is.na(testset[,x])))
NAcols <- which(NAcount > 0)
testset <- testset[,-NAcols]
testset <- testset[,-c(1:7)]
dim(testset)

## [1] 20 53

result <- predict(model, newdata = testset, type='class')
result

## 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20
## B A B A A E D B A A B C B A E E A B B B
## Levels: A B C D E</pre>
```

#### Conclusion

The proposed model, based on random forests, seems relevant enough to perform the required task of prediction.