

## Innovative Training Post

During your ST2 year in a 4 month GP attachment or during the final months of your ST3 year (after completion of exams) you are welcome to create an Innovative Training Post, where part of your week is spent in a non-GP environment

If you wish to do this, you need to begin arranging at least **4** months prior to start of the ST2GP placement. The ITP should be fully signed off, **2** months before the ITP begins, and is only available to GP registrars who are making satisfactory progress in all domains.

Firstly, you need to identify a speciality and discuss ITP plans with your Educational Supervisor and TPD, as well as contacting the Clinical Supervisor in the GP post you will be working in to confirm with them which days they feel are mandatory to be in practice. GP registrars have enjoyed ITPs in areas such as Dermatology, Psychiatry, Palliative Care, ENT, GU Medicine, pre-hospital care, CCG management and Paediatrics.

You should then make contact with a Supervisor in the non-GP specialty and discuss your plans with them. If the specialty are happy to accept you, create a PDP incorporating SMART objectives and draw up a timetable for 4 sessions in the hospital and remainder of the week in the GP practice.

Do **not** forget to agree the plans with the Practice Manager and host CS at your GP placement as they will need to accommodate your absence on rotas and check for scheduling of joint tutorials, debriefs etc.

Remember each week you are supposed to have 7 clinical sessions and 3 educational session i.e. 1 self directed study, 1 half day release and 1 in-house education (tutorials/extended debriefs/MDT meetings etc). Each session is 4 hours, so 2 of these can be structured educational activity in the practice and the other 2 in the speciality placement.

Once the PDP objectives and timetable have been drawn up and agreed by all who need to provide approval, email the 'Request for approval of DIT ITP plan' document with supporting information to your year group PD for authorisation and if agreed it will then be sent to the patch APD for final approval.