January	February	March	April	April	May	May	June	July	August	September	October
Seed indoor	Seed indoor	Seed indoor	Seed indoor	<u>Starts</u>	Seed indoor	<u>Starts</u>	Seed outdoor	Seed outdoor	Seed outdoor	Seed outdoor	Seed outdoor
Artichoke Arugula	Artichoke	Broccoli	Tomatillo	Artichoke*	Basil	Artichoke	Arugula*	Arugula	Arugula	Arugula*	Fava beans*
Endive	Arugula	Cabbage	Tomatoes (until	Broccoli*	Brussels sprouts	Basil	Asian greens	Asian greens	Asian greens	Asian greens*	Garlic (cloves)*
Green onions	Asparagus	Cauliflower	5/15)	Cabbage	Cucumbers	Beans	Basil*	Basil*	Basil	Beets*	Onion (sets)*
Leeks	Bok choi	Celery	LATE APRIL	(early)*	Melons	Broccoli	Beans*	Green onions	Broccoli raab	Cabbage (for	Shallots
Lettuce	Broccoli	Chives	Asian greens	Cauliflower*		Cabbage (early	Beets*	Lettuce	Cabbage	spring)	(bulbs)*
Onions	Cabbage	Eggplant*	Basil	Celeriac	Seed outdoor	and late)	Broccoli*	Swiss chard	Cauliflower	Carrots	
Parsley	Celeriac	Green onions	Cucumber	Celery	Artichoke	Cauliflower	Bruss. sprouts*	A	Cilantro	Endive	
	Celery Chives	Leeks	Melon, summer	Collards	Arugula*	Cellerda	Cabbage (late)	Asian greens*	Collards Kale	Fava beans*	Corren Cue me*
0.11		Lettuce	Pumpkin, winter Squash	Kale* Lettuce	Asian greens	Collards Cucumbers	Carrots* Cauliflower	Beets* Broccoli	Lettuce*	Garlic (cloves)* Lettuce	Cover Crops*
<u>Outdoor</u>	Eggplant 2/15* Kohlrabi	Peppers* Parsley	1	Onions	Basil 5/15		Cilantro	Cabbage	Mache	Kale	
<u>Under Cover</u>	Leeks*	Sorrel	HARDEN	Parsley	Beans* 5/15	Eggplant (cover)	Corn*	Carrots	Mustard greens	Mache*	<u>Starts</u>
D 11 1	Lettuce	Tomatoes	OFF	Potatoes	Beets* Broccoli	Kale	Cucumbers	Cauliflower	Radishes	Onions (sets)*	Bok Choi
Radish	Onion*	1011111003	SEEDLINGS	Salad greens	Brussels sprouts	Leeks	Dill	Cilantro	Salad greens	Radish*	Cabbage (over
	Parsley	Seed outdoor	Seed outdoor	Swiss chard	Cabbage	Lettuce	Endive	Collards	Spinach*	Salad greens*	wintering)
Cood and door	Peppers 2/15*	Arugula*	Arugula*	Tomatoes	Carrots*	Onions	Green onions	Fennel (bulbing)	Swiss chard	Shallots (bulb)*	Lettuce
<u>Seed outdoor</u>	Tomatillo	Asian greens	Asian greens	(cover)	Cauliflower	Parsley	Kale	Green onions	Turnips		Mache
Onion sats	Tomatoes 2/15*	Asparagus	Beets*		Celery*	Peppers (cover)	Lettuce*	Kale			Salad greens
Onion sets		(crowns)	Broccoli*		Cilantro	Squash (all)	Melons*	Kohlrabi	<u>Starts</u>	Cover Crops*	
	Seed outdoor	Carrots 3/31*	Brussels sprouts		Corn 5/15	Swiss chard	Parsnips	Lettuce*	EADLY		
ФТ. 1°4	(Late Feb.)	Cilantro	Cabbage		Dill 5/15	Tomatoes	Pumpkins	Parsley	EARLY AUGUST	<u>Starts</u>	
* Indicates	Arugula	Garlic (cloves)	(early)*		Green onions	(cover)*	Rutabaga	Parsnips	Broccoli	Kale	November
best times and	Asparagus	Green onion	Carrots*		Kale		Summer squash	Peas	Cabbage	Lettuce	Seed outdoor
methods of	(crowns)	Mustard greens	Cauliflower*		Leeks (over		Swiss chard*	Radish	Cauliflower	Mache	Fava beans
planting.	Fava beans	Parsley	Celeriac		wintering)		Turnips Winter squash	Rutabaga Spinach*	Collards	Salad greens	Garlic (cloves)
	Garlic (cloves)	Peas*	Celery* 4/15		Lettuce* Parsnips		winter squasii	Turnips	Kale	Sorrel	Onion (sets)
Shading	Onion sets Peas*	Potatoes (tubers)	Chives		Potato (tuber)		<u>Starts</u>	Turinps			Shallot (bulbs)
indicates	Potatoes	Spinach	Cilantro* Dill		Pumpkins 5/15		Artichoke	<u>Starts</u>	<u>THROUGH</u>		
either a Fall	(tubers)	Swiss Chard	Fennel (bulbing)		Radish		Basil*	Artichoke	<u>AUGUST</u>		
Harvest or	Radish	Turnip (cover)	Green onions		Salad greens		Broccoli	Basil*	Artichoke		Cover Crops
	Shallots (bulbs)	<u> </u>	Jer. Artichoke		Spinach*		Brussels sprouts	Broccoli*	Asian greens		(some)
Overwintering		<u>Starts</u>	(tuber)		Summer squash		Cauliflower	Bruss. sprouts*	Basil Celery		
Crop		Arugula	Kale		5/15		Chives	Cabbage*	Chives		December
		Asian greens	Kohlrabi		Swiss Chard		Corn*	Cauliflower*	Cilantro		
		Broccoli*	Lettuce*		Turnips		Cucumbers	Collards*	Dill		Collect seed
Please note:		Cabbage (early)	Mache		Winter squash		Dill	Corn*	Green onions		catalogues,
Planting times		Cilantro	Parsley				Eggplant*	Cucumbers	Lettuce		pour a cup of
may be		Green onions	Peas				Leeks Melons	Eggplant* Kale*	Parsley		tea and plan
altered		Jer. Artichoke*	Potatoes (tubers)				Parsley	Kale* Leeks	Salad greens		for next year.
depending on		(tuber) Kale*	Radish				Peppers*	Lettuce			101 HOAL YOUI.
		Kale* Lettuce	Scarlet runner beans 4/15				Pumpkins	Melons			Organize your
elevation and		Parsley	Sorrel				Squash (all) *	Peppers*			garden journal.
state location.		Peas	Spinach*				Swiss chard	Squash			garden Journal.
		Salad greens	Swiss chard				Tomatoes*	1			
		Swiss chard	Turnips								
		2 miss chara	1 di inpo		1			l	1	1	

Spacing guidelines

Spacing guidennes										
Veggie	Plant	Row								
	Spacing	spacing								
Artichoke	24" 6-12"	3-6'								
Asian greens	6-12"	3-6' 18-24" 4-6'								
Asparagus	1 crown/foot	4-6'								
Beans (bush)	2-3"	18-36" 3-4'								
Pole	2-3" 3-5"	3-4'								
Fava	3-5"	12-30"								
Beets	Thin to 3-4" 24" 12-24"	16"								
Brussel sprouts	24"	24"								
Broccoli	12-24"	18-36" 2-4' 30" 12-16"								
Cabbage	18-24	2-4'								
Cauliflower	12-24"	30"								
Carrots	Thin to 1-3"	12-16"								
Celery	12"	18"								
Collards	12-16"	24-36"								
Corn	Thin to 8-12"	24-30"								
Cucumber	Hills 3'	3'								
Eggplant	12-18"	2-3' 12-18" 24"								
Garlic	12-18" 4-6" 18-24" 3-8" 4-5" 10-14" 12-16" 3-4' 5" 2"	12-18"								
Kale	18-24"	24"								
Kohlrabi	3-8"	12-18"								
Leeks	4-5"	12-18"								
Lettuce ( leaf)	10-14"	16-18"								
Iceberg/Romaine	12-16"	12-18" 12-18" 16-18" 16-18" 5-6'								
Melons	3-4'	5-6'								
Onions (large)	5"	16-24"								
Green onions	2"	12-18"								
Parsley	6-8"	12-18"								
Parsnips	Thin to 3-4"	12-18"								
Peas	Thin to 3-4"	12-18" 18-24"								
Peppers	12-18"	24-30" 12-24"								
Potatoes	12" 4-6"deep	12-24"								
Pumpkin bush	6-8'	3-4'								
Pumpkin lg.	4-5'	8-10'								
Radish	Thin to 1-2"	8-12"								
Shallots	4-6"	12-18"								
Spinach	Thin to 3"	12-18"								
Swiss chard	2-3"	18-24"								
Squash (bush)	24"	One per bed								
Squash (vine)	36"	One per bed								
Tomatoes	<b>D</b> 18-24"	12-16"								
	<b>I</b> 20-30"	2-3								
<u> </u>		1								

## References

<u>The Maritime Northwest Garden Guide</u> by Seattle Tilth

The Old Farmer's Almanac

Territorial Seed Catalogue

Growing Vegetables West of the Cascades, Steve Solomon



PLANT BEETS AND CARROTS WHEN DANDELIONS ARE BLOOMING.
- FARMER'S ALMANAC

Compiled by Laura Altvater

## Veggie Calendar

Guidelines, tips and timing for planting vegetables







## Introduction

It is so rewarding to eat vegetables from your own garden. Here in the Willamette Valley, our mild winters offer a year-round harvest. The success of this harvest hinges heavily on getting the plants in the ground at the appropriate time. This pamphlet provides a rough guideline for when to start your seeds and set out your transplant starts. This timetable is tailored for the Willamette Valley. If you are at a higher elevation, or a colder zone, these times may need to be adjusted in order to fit your weather patterns. Move up planting times by one month if you have a cold frame. A spacing guide is also provided to help you plan your area.

Proper soil preparation is essential to a successful harvest. Till a healthy dose (about a ½ inch) of organic material, such as manures, into the soil before planting. In addition, add some organic fertilizer to the planting area. The amount of fertilizer varies with each vegetable. Research these details in the reference sources listed on the back of this pamphlet. Steve Solomon provides excellent specifics for vegetables such as cold, heat and day length sensitivities in <u>Growing Vegetables West of the Cascades</u>. Enjoy the fruits of your labor and love!