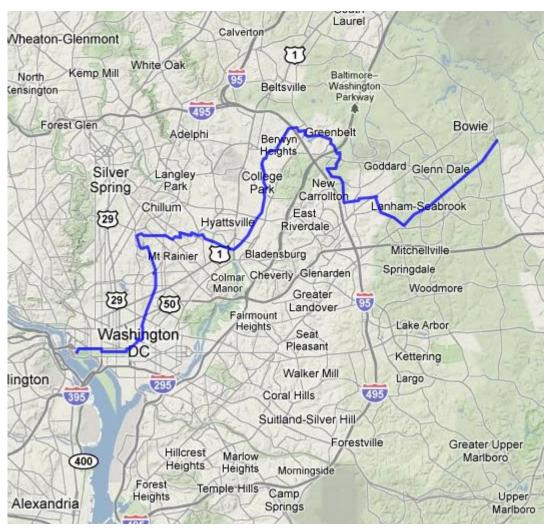
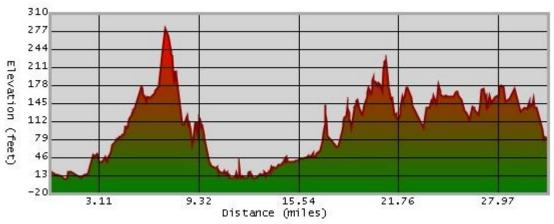


Washington, DC to Bowie, MD: 31.22 mi East Coast Greenway cue sheet no. N290-20140204 Created with





Distance	Instruction	Distance to next
0.00 mi	Start - Henry Bacon Dr & Lincoln Memorial Circle - take path on right side of Henry Bacon Dr away from the memorial	Then go 0.14 mi
0.14 mi	Turn Right - Constitution Ave NW - take path on right side of street	Then go 0.86 mi
1.00 mi	Turn Right - Cross 14th St NW - then use path	Then go 0.12 mi
1.12 mi	Turn Left - Cross Madison Dr NW - then take path on right	Then go 0.90 mi
2.03 mi	Turn Left - Cross 3rd St NW - then take path	Then go 0.10 mi
2.13 mi	Turn Right - Take path on right side of Constitution Ave NW	Then go 0.16 mi
2.29 mi	Turn Left - Cross First St NW - then take path	Then go 0.06 mi
2.35 mi	Turn Right - Before crossing Louisiana Ave NW, take path on right	Then go 0.35 mi
2.70 mi	Turn Left - Columbus Circle NE	Then go 0.05 mi
2.75 mi	Bear Right - 1st St	Then go 0.02 mi
2.77 mi	Turn Right - Into area in front of Union Station	Then go 0.04 mi
2.80 mi	Bear Right - Out to main road	Then go 0.01 mi
2.82 mi	Bear Left - Join Columbus Monument Dr NW	Then go 0.11 mi
2.92 mi	Turn Left - Union Station Dr (next to Federal Judiciary Bldg on your right)	Then go 0.05 mi
2.98 mi	Turn Right - Take Metropolitan Branch Trail (MBT) - left sidewalk next to F St	Then go 0.07 mi
3.04 mi	Turn Left - MBT - left sidewalk next to 2nd St	Then go 0.57 mi
3.62 mi	Turn Left - M St	Then go 0.04 mi
3.66 mi	Turn Left - Uphill path just after underpass	Then go 0.05 mi
3.71 mi	U-Turn - Sharp turn left keeping tracks on your right	Then go 1.57 mi
5.28 mi	Slight right at 8th St NE/Edgewood St NE	Then go 0.46 mi
5.74 mi	Turn Left - Monroe St NE	Then go 0.07 mi
5.80 mi	Turn Right - 7th St NE	Then go 0.05 mi
5.85 mi	Turn Right - Just before Michigan Ave	Then go 0.13 mi
5.98 mi	Straight - Continue on John McCormack Dr (path on right, then left of road)	Then go 0.95 mi
6.93 mi	Turn Left - Bates Rd	Then go 0.23 mi
7.17 mi	Turn Right - Fort Totten Dr	Then go 0.51 mi
7.68 mi	Turn Right - Gallatin St	Then go 0.05 mi

7.73 mi	Bear Left - Path through Keene Recreation Center	Then go 0.16 mi
7.89 mi	Turn Right - 1st PI/Galloway St	Then go 0.07 mi
7.96 mi	Bear Left - To stay on 1st PI/Galloway St and out of Metro parking area	Then go 0.37 mi
8.33 mi	Turn Right - South Dakota Ave	Then go 0.06 mi
8.40 mi	Turn Left - Gallatin St	Then go 0.73 mi
9.13 mi	Turn Left - St Ann Ct (street just before 16th St)	Then go 0.25 mi
9.38 mi	Straight - Contine through posts preventing motorized traffic	Then go 0.08 mi
9.47 mi	Turn Right - Ingraham St - Malta House on your left at next corner	Then go 0.10 mi
9.57 mi	Turn Left - Lasalle Rd	Then go 0.05 mi
9.61 mi	Straight - Continue on 19th Ave	Then go 0.14 mi
9.75 mi	Turn Right - Chillum Rd/MD-501	Then go 0.43 mi
10.19 mi	Turn Left - Paved path under Amtrak overpass (pedestrian sign)	Then go 0.11 mi
10.29 mi	Turn Right - Northwest Branch Trail (ECG sign)	Then go 0.31 mi
10.60 mi	Bear Left - After bridge to remail on NW Branch Trail	Then go 0.33 mi
10.93 mi	Turn Left - To cross water	Then go 0.97 mi
11.89 mi	Turn Right - To cross Rhode Island Ave/US-1 (path is the sidewalk on the right)	Then go 0.24 mi
12.13 mi	Turn Right - Follow NE Branch Trail sign	Then go 0.03 mi
12.16 mi	Turn Left - Follow NE Branch Trail	Then go 1.63 mi
13.79 mi	Slight right to stay on NE Branch Trail	Then go 0.94 mi
14.73 mi	Slight left to stay on NE Branch Trail	Then go 0.03 mi
14.76 mi	Turn Right - To stay on NE Branch Trail	Then go 0.02 mi
14.78 mi	Turn Left - To stay on NE Branch Trail	Then go 0.15 mi
14.93 mi	Turn Right - To stay on NE Branch Trail	Then go 0.59 mi
15.52 mi	Turn Left - Toward Lake Artemesia ("End NE Branch Trail" sign)	Then go 0.11 mi
15.64 mi	Turn Right - To go around Lake Artemesia (keep lake on your left) - Note: lake may appear to be two connected lakes	Then go 0.59 mi
16.23 mi	Turn Right - Take path away from lake toward street (RR tracks stay on your left)	Then go 0.03 mi
16.26 mi	Straight - Join 55th Ave	Then go 0.17 mi
16.42 mi	Turn Right - Berwyn Rd	Then go 0.08 mi
16.50 mi	Turn Left - Indian Creek Trail - immediately after bridge	Then go 0.42 mi
16.92 mi	Turn Left - 57th Ave	Then go 0.02 mi
16.94 mi	Turn Right - Greenbelt Rd - short distance and busy road, may prefer the sidewalk	Then go 0.16 mi

17.10 mi	Turn Left - Cherrywood Ln	Then go 1.26 mi
18.36 mi	Turn Right - Ivy Ln	Then go 0.40 mi
18.76 mi	Turn right at Edmonston Rd/Kenilworth Ave/MD-201	Then go 0.17 mi
18.93 mi	Turn left at Crescent Rd	Then go 1.21 mi
20.14 mi	Turn Left - Gardenway	Then go 0.17 mi
20.31 mi	Straight - Continue onto Spellman Overpass - paved path (no sign)	Then go 0.22 mi
20.53 mi	Straight - On path until street	Then go 0.05 mi
20.58 mi	Turn Left - Hanover Pkwy	Then go 0.12 mi
20.70 mi	Turn Right - Toward school	Then go 0.27 mi
20.97 mi	Continue straight onto Frankfort Dr	Then go 0.25 mi
21.22 mi	Turn Left - Ora Glen Dr	Then go 0.04 mi
21.27 mi	Turn Right - Greenbrook Dr	Then go 0.51 mi
21.77 mi	Turn Left - Hanover Pkwy - do not enter road, path on left	Then go 0.02 mi
21.79 mi	Turn Left - Paved path - partly	Then go 0.28 mi
22.07 mi	Bear Right - Join paved path	Then go 0.34 mi
22.41 mi	Turn Right - Paved path toward Hanover Pkwy	Then go 0.26 mi
22.67 mi	Bear Right - Cross to right side of road - Princess Garden Pkwy	Then go 0.71 mi
23.37 mi	Turn Left - Hickory Hill Ave	Then go 0.37 mi
23.74 mi	Straight - Cross Cipriano Rd and continue on 5th St	Then go 0.19 mi
23.93 mi	Turn Left - Main St	Then go 0.07 mi
24.00 mi	Turn Right - 4th St	Then go 0.44 mi
24.44 mi	Turn Right - 94th Ave	Then go 0.05 mi
24.49 mi	Turn Left - Lanham Severn Rd	Then go 0.16 mi
24.65 mi	Turn Right - Seabrook Rd (on right just past the shopping center)	Then go 0.04 mi
24.69 mi	Turn Left - At end of Seabrook Rd	Then go 0.05 mi
24.74 mi	Turn Right - Enter the ramp for tunnel under the tracks	Then go 0.12 mi
24.86 mi	Turn Right - To exit parking lot	Then go 0.06 mi
24.92 mi	Turn Left - Seabrook Rd	Then go 0.57 mi
25.49 mi	Turn Left - Annapolis Rd/MD-450 (use sidewalk on left side of street)	Then go 0.98 mi
26.47 mi	Turn Left - Seltzer St (look for WB&A Trail sign)	Then go 0.02 mi
26.48 mi	Turn Left - Onto Railroad Ave/WB&A Trail	Then go 0.81 mi

27.30 mi	Bear Right - To stay on WB&A Trail	Then go 3.92 mi
31.22 mi	Stop - WB&A Trail & Laurel Bowie Rd/MD-197	

East Coast Greenway cue sheets can be downloaded at no cost from greenway.org/maps. Please submit corrections or other comments at greenway.org/maps.