

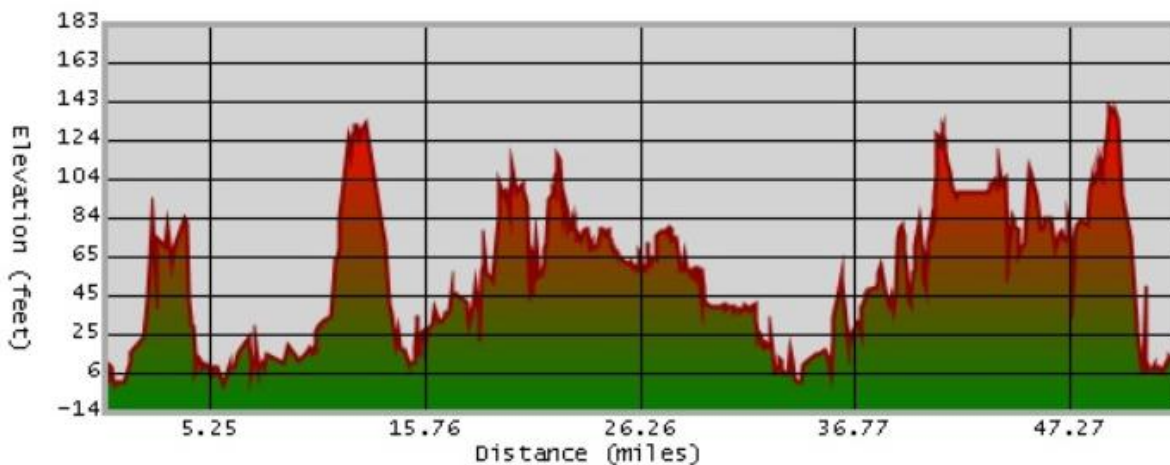
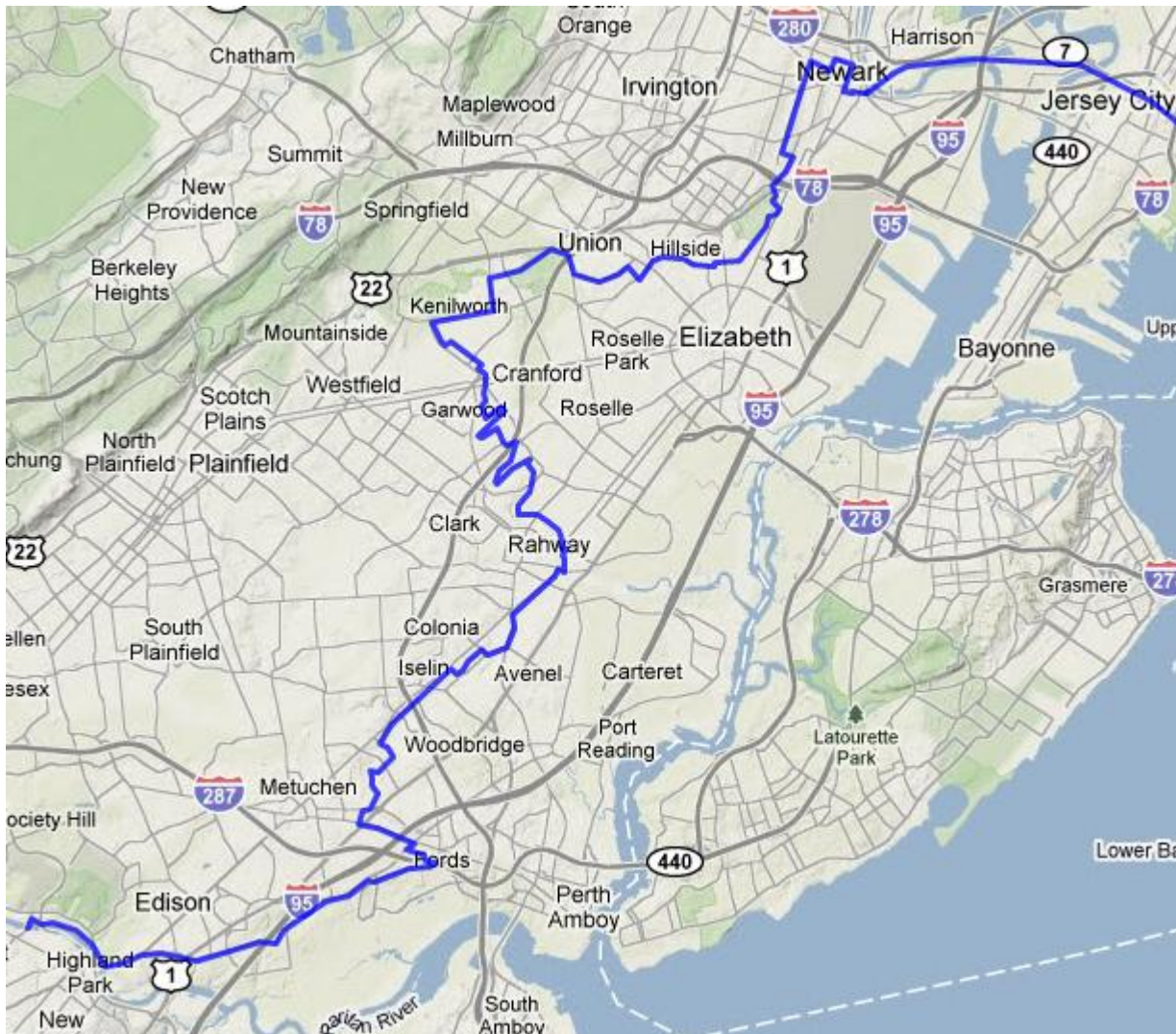


East Coast  
Greenway®

Jersey City, NJ to New Brunswick, NJ: 52.61 mi

East Coast Greenway cue sheet no. S190-20120613

Created with  Trimble *Outdoors*



## Navigation instructions: Jersey City, NJ to New Brunswick, NJ

Distance	Instruction	Distance to next
0.00 mi	Start - Ferry drop off point at Paulus Hook	Then go 0.02 mi
0.02 mi	Turn Right - Hudson River Waterfront Walkway	Then go 0.02 mi
0.05 mi	Turn Right - To remain on the Walkway - do not join Sussex St	Then go 0.10 mi
0.15 mi	Turn Right - To remain on the Walkway - do not join York St	Then go 0.04 mi
0.18 mi	Straight - Exchange Place is on your left  <b>One option is to use the PATH train at Exchange Place for transportation for both rider(s) and bike(s) to Newark Penn Station in Newark, NJ (pets are not allowed). At Newark Penn Station, continue following this cue sheet at mile 10.19.</b>  <b>Experienced riders may prefer to continue using this cue sheet to complete the ride to Newark Penn Station.</b>	Then go 0.30 mi
0.49 mi	Turn Right - Cross Harborside Pl and continue on the Walkway	Then go 0.47 mi
0.96 mi	Turn Left - 6th St	Then go 0.98 mi
1.94 mi	Turn Right - Newark Ave	Then go 0.23 mi
2.17 mi	Turn Left - Pavonia Ave	Then go 0.19 mi
2.36 mi	Turn Left - Baldwin Ave	Then go 0.72 mi
3.08 mi	Straight - Continue on Summit Ave/County Rd 617	Then go 0.30 mi
3.38 mi	Turn Right - Belmont Ave	Then go 0.50 mi
3.88 mi	Turn Right - John F Kennedy Blvd	Then go 0.02 mi
3.90 mi	Turn Left - Lincoln Park	Then go 0.09 mi
3.98 mi	Turn Right - Belmont Ave	Then go 0.13 mi
4.11 mi	Straight - Cross West Side Ave and continue on Lincoln Park	Then go 0.10 mi
4.21 mi	Turn Right - Go around circle to second exit	Then go 0.10 mi
4.31 mi	Turn Right - Lincoln Park to exit circle	Then go 0.57 mi
4.87 mi	Turn Left - Lincoln Park	Then go 0.36 mi
5.23 mi	Turn Left - Join path	Then go 0.13 mi

5.36 mi	Turn Right - On path	Then go 0.04 mi
5.40 mi	Turn Right - On path	Then go 0.10 mi
5.50 mi	Turn Right - Lincoln Hwy/US-1 (take path on right side of hwy)	Then go 0.62 mi
6.12 mi	Turn Left - Hackensack Ave (to cross Lincoln Hwy/US-1)	Then go 0.01 mi
6.14 mi	Turn Right - Take path on left side of Lincoln Hwy/US-1	Then go 0.89 mi
7.03 mi	Bear Left - Exit US-1 against traffic at the Doremus Ave exit	Then go 0.14 mi
7.17 mi	Turn Left - Doremus Ave	Then go 0.13 mi
7.29 mi	Straight - Continue bearing right to go under I-95	Then go 0.35 mi
7.65 mi	Bear Left - To join Raymond Blvd	Then go 0.06 mi
7.71 mi	Turn Right - Raymond Blvd	Then go 1.30 mi
9.01 mi	Turn Left - Somme St	Then go 0.28 mi
9.29 mi	Turn Right - Ferry St	Then go 0.84 mi
10.13 mi	Turn Left - Market St	Then go 0.06 mi
10.19 mi	Turn Right - Raymond Plaza (Penn Station on your right)	Then go 0.13 mi
10.32 mi	Turn Left - Raymond Blvd	Then go 0.39 mi
10.71 mi	Turn Right - Broad St	Then go 0.17 mi
10.88 mi	Turn Left - New St	Then go 0.16 mi
11.04 mi	Turn Right - Washington St	Then go 0.05 mi
11.09 mi	Turn Left - Bleeker St	Then go 0.23 mi
11.33 mi	Turn Left - DR MLK JR Blvd	Then go 0.16 mi
11.48 mi	Turn Right - Warren St	Then go 0.41 mi
11.90 mi	Turn Left - Norfolk St	Then go 0.46 mi
12.36 mi	Straight - Continue onto Jones St	Then go 0.16 mi
12.52 mi	Straight - Continue onto Belmont Ave/Irvine Turner Blvd	Then go 1.21 mi
13.72 mi	Turn Left - Bigelow St	Then go 0.24 mi
13.96 mi	Turn Right - Elizabeth Ave	Then go 0.66 mi

14.62 mi	Turn Left - Meeker Ave	Then go 0.21 mi
14.83 mi	Turn Right - Weequahic Park Dr - to enter Weequahic Park	Then go 0.03 mi
14.86 mi	Turn Left - Weequahic Park Dr	Then go 0.43 mi
15.29 mi	Bear Right - Around park circle	Then go 0.21 mi
15.51 mi	Bear Left - Continue around park circle	Then go 0.18 mi
15.68 mi	Turn Right - Foster St - to exit park	Then go 0.03 mi
15.71 mi	Turn Right - Dayton St	Then go 0.42 mi
16.13 mi	Bear Left - Ludlow St	Then go 0.32 mi
16.45 mi	Turn Right - Virginia St	Then go 0.23 mi
16.68 mi	Turn Right - Cross Ave, then continue straight - do not bear right to follow Cross Ave	Then go 0.05 mi
16.73 mi	Turn Left - Lower Rd	Then go 0.27 mi
17.00 mi	Turn Left - Broad St	Then go 0.02 mi
17.02 mi	Turn Right - Hurden St	Then go 0.19 mi
17.21 mi	Turn Left - Salem Ave	Then go 0.09 mi
17.30 mi	Turn Right - Conant St	Then go 1.05 mi
18.35 mi	Turn Left - County Rd 509/Salem Rd	Then go 0.65 mi
19.00 mi	Turn Right - Huguenot Ave	Then go 0.31 mi
19.30 mi	Turn Left - Colonial Ave	Then go 1.13 mi
20.43 mi	Turn Right - Chestnut St	Then go 0.49 mi
20.92 mi	Turn Left - Fairway Dr	Then go 1.17 mi
22.09 mi	Straight - Join paved path at the end of Fairway Dr	Then go 0.42 mi
22.51 mi	Turn Right - Before parking lot, to remain on path	Then go 0.03 mi
22.54 mi	Straight - Cross Springfield Rd to remain on path	Then go 0.05 mi
22.59 mi	Bear Left - To remain on correct path	Then go 0.25 mi
22.84 mi	Turn Left - If there are two paths present, take the second left	Then go 0.17 mi
23.01 mi	Turn Right - To remain on correct path	Then go 0.89 mi

23.90 mi	Turn Right - Take path on right side of County Rd 509/Kenilworth Blvd	Then go 0.08 mi
23.98 mi	Turn Left - Use crosswalk to cross to other side of County Rd 509/Kenilworth Blvd	Then go 0.01 mi
23.99 mi	Turn Right - Use path on left side of County Rd 509/Kenilworth Blvd	Then go 0.30 mi
24.29 mi	Bear Left - TRO path (now on left side of Springfield Ave)	Then go 0.63 mi
24.92 mi	Bear Left - Park Dr	Then go 0.07 mi
24.99 mi	Straight - Re-join paved path	Then go 0.17 mi
25.16 mi	Turn Left - To cross foot bridge	Then go 0.03 mi
25.19 mi	Turn Right - Riverside Dr	Then go 0.09 mi
25.28 mi	Straight - Continue onto Claremont Pl	Then go 0.34 mi
25.62 mi	Turn Left - Casino Ave	Then go 0.02 mi
25.64 mi	Turn Right - Claremont Pl	Then go 0.09 mi
25.73 mi	Turn Right - Prospect Ave	Then go 0.12 mi
25.85 mi	Turn Left - Riverside Dr	Then go 0.03 mi
25.88 mi	Bear Right - Join paved path on right side of street	Then go 0.07 mi
25.95 mi	Turn Right - Union Ave	Then go 0.03 mi
25.98 mi	Turn Left - Paved path immediately after bridge	Then go 0.16 mi
26.14 mi	Turn Right - North Ave	Then go 0.02 mi
26.16 mi	Turn Right - Centennial Ave/County Rd 615A	Then go 0.10 mi
26.26 mi	Bear Right - Join paved path across busy intersection - path on right side of Lincoln Park E	Then go 0.32 mi
26.58 mi	Turn Right - Lincoln Park E	Then go 0.06 mi
26.64 mi	Turn Right - Lincoln Ave	Then go 0.04 mi
26.68 mi	Turn Left - High St	Then go 0.03 mi
26.71 mi	Bear Left - TRO High St	Then go 0.25 mi
26.96 mi	Turn Left - Hickory St	Then go 0.07 mi
27.04 mi	Hickory St turns slightly left and becomes Lehigh Ave	Then go 0.30 mi

27.33 mi	Turn Right - Centennial Ave/County Rd 615A	Then go 0.11 mi
27.44 mi	Turn Right - Hillside Ave	Then go 0.69 mi
28.13 mi	Straight - Continue onto Crane Pkwy	Then go 0.51 mi
28.64 mi	Straight - Join paved path at end of Crane Pkwy	Then go 0.31 mi
28.95 mi	Bear Left - Mohawk Dr	Then go 0.01 mi
28.95 mi	Turn Left - TRO Mohawk Dr	Then go 0.08 mi
29.04 mi	Turn Left - Raritan Rd	Then go 0.18 mi
29.22 mi	Turn Right - Parkway Dr	Then go 1.78 mi
30.99 mi	Sharp Right - Turn right at Parkway Dr/Union County Pkwy	Then go 0.59 mi
31.58 mi	Straight - Cross Valley Rd and continue onto Parkway Dr	Then go 0.29 mi
31.87 mi	Bear Right - Around park circle	Then go 0.69 mi
32.56 mi	Bear Right - To exit park	Then go 0.04 mi
32.60 mi	Straight - Cross St Georges Ave/NJ-27 and continue onto River Rd	Then go 0.44 mi
33.04 mi	Straight - Paved path at the end of River Rd	Then go 0.36 mi
33.40 mi	Turn Left - Grand Ave/NJ-514	Then go 0.15 mi
33.54 mi	Turn Right - Bridge St	Then go 0.15 mi
33.69 mi	Turn Left - Clarkson Pl	Then go 0.08 mi
33.76 mi	Turn Right - Monroe St	Then go 0.04 mi
33.81 mi	Turn Left - Dock St/Lewis St (path on left side of street)	Then go 0.19 mi
34.00 mi	Straight - At the end of Lewis St and small traffic circle TRO path	Then go 0.07 mi
34.06 mi	Turn Right - Milton Ave	Then go 0.15 mi
34.21 mi	Turn Left - Main St	Then go 0.12 mi
34.33 mi	Bear Right - New Brunswick Ave	Then go 1.09 mi
35.42 mi	Turn Left - St Georges Ave/NJ-35	Then go 0.64 mi
36.06 mi	Turn Right - Chain O Hills Rd/Co Rd 650	Then go 0.37 mi
36.44 mi	Turn Right - Co Road 650 (Chain O Hills Rd goes straight)	Then go 0.18 mi



36.61 mi	Turn Left - Fairview Ave	Then go 0.45 mi
37.07 mi	Bear Right - Around park circle	Then go 0.23 mi
37.29 mi	Bear Right - To exit park circle and join Railroad Ave	Then go 0.56 mi
37.85 mi	Straight - Cross Oak Tree Rd then continue on Middlesex Essex Turnpike	Then go 0.84 mi
38.69 mi	Straight - Continue onto Thornall St	Then go 0.58 mi
39.27 mi	Turn Left - Evergreen Rd	Then go 0.35 mi
39.62 mi	Bear Right - Oakwood Ave	Then go 0.43 mi
40.05 mi	Turn Right - Co Rd 659 IV (into park parking lot) - bathrooms	Then go 0.13 mi
40.18 mi	Turn Left - Paved path on left just past the restrooms	Then go 0.39 mi
40.57 mi	Straight - Cross road TRO path	Then go 0.17 mi
40.74 mi	Bear Right - TRO path (right side of Pine Dr)	Then go 0.36 mi
41.11 mi	Turn Right - Co Rd 660/Grandview Ave	Then go 0.12 mi
41.23 mi	Turn Left - Maplewood Ave	Then go 0.26 mi
41.49 mi	Turn Right - Amboy Ave	Then go 0.13 mi
41.63 mi	Turn Left - Pierson Ave	Then go 0.17 mi
41.80 mi	Turn Left - Middlesex Greenway (before Lodi Ave on your right)	Then go 1.44 mi
43.24 mi	Turn Right - To leave Middlesex Greenway (at Dudash Park)	Then go 0.02 mi
43.26 mi	Bear Left - Join May St	Then go 0.29 mi
43.55 mi	Turn Right - King Georges Rd/King Georges Post Rd	Then go 1.12 mi
44.67 mi	Turn Right - Raritan Center Pkwy (road goes under Woodbridge Ave and then becomes ramp to join Woodbridge Ave)	Then go 0.33 mi
45.00 mi	Bear Right - Woodbridge Ave/Co Rd 514	Then go 0.94 mi
45.94 mi	Slight left to stay on Co Rd 514/Woodbridge Ave	Then go 0.97 mi
46.92 mi	Bear Left - TRO Woodbridge Ave/Co Rd 514 (do not take Woodbridge Ave straight)	Then go 1.72 mi
48.64 mi	Slight left to stay on Co Rd 514/Woodbridge Ave	Then go 1.19 mi
49.83 mi	Bear Left - Raritan Ave/NJ-27	Then go 0.73 mi

50.56 mi	Turn Right - River Rd (use path on left side of street when available)	Then go 0.25 mi
50.81 mi	Bear Left - Path will leave River Rd	Then go 1.18 mi
51.99 mi	Straight - Continue following path on Johnson Dr	Then go 0.41 mi
52.40 mi	Turn Left - Landing Ln - stay on path on right (traffic light in view on right)	Then go 0.21 mi
52.61 mi	Stop - Immediately after crossing first bridge (Canal trail on your right)	

East Coast Greenway cue sheets can be downloaded at no cost from [greenway.org/maps](http://greenway.org/maps). Please submit corrections or other comments at [greenway.org/maps](http://greenway.org/maps).