



East Coast Greenway®

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Providence, RI to Worcester, MA

53.25 miles

Current travel route, northbound
cue sheet pg 1 of 4

R=Right, L=Left, S=Straight, X=Cross, bL=Bear Left, qR=Quick Right, TRO=To Remain On

STARTING POINT: bike racks on west side of Providence RR Station

at mile:	turn:	on Street/Trail:	for this distance:	Services / Amenities / Notes
0.00	South	sidewalk	0.05	go beneath clock, continue to stop sign
0.05	L	Park Row	0.05	Railroad Station to your L
0.10	R	Park Row East	0.10	
0.20	R	sidewalk on R side of Canal St.	0.10	or use gravel path on other side of river
0.30	X	cross Steeple St. , continue S on Riverwalk	0.25	cross at crosswalk, S on brick promenade
0.55	S	X South Water St. then continue on Providence Riverwalk	0.30	path along river
0.85	L	James St.	0.10	before hwy overpass
0.95	R	Benefit St.	0.15	
1.10	L	Wickenden St.	0.15	
1.25	R	Brook St.	0.05	
1.30	L	George M. Cohan Blvd.	0.20	
1.50	L	East St. , then R on Wickenden St. (after 2 blks.)	0.15	
1.65	L	Governor St.	0.40	
2.05	R	Pitman St.	0.60	
2.65	L	River Dr. / East River St.	0.70	past roundabout, along river
3.35	L	Irving Ave. , up hill	0.30	away from Seekonk River
3.65	R	Blackstone Blvd.	1.60	walking path on Blackstone Blvd. median
5.25	R	Alfred Stone Rd.	0.35	
5.60	L	Pleasant St.	0.60	

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at mile:	turn:	on Street/Trail:	for this distance:	Services / Amenities / Notes
6.20	R	Bowles Ct.	0.05	
6.25	L	Taft St. , becomes Roosevelt St.	1.45	pass Slater Mill National Historic Site
7.70	L	Charles St	0.10	
7.80	R	High St	1.00	under 2 RR crossings
8.80	R	Broad St	0.15	
8.95	L	Meeting St	0.10	
9.05	R	Chase St	0.10	
9.15	L	Titus St	0.10	
9.25	R	Silva St	0.10	
9.35	L	Blackstone River Bikeway	0.40	
9.75	X/L	John St TRO Blackstone River Bikeway	0.15	
9.25	R	Blackstone River Bikeway	0.40	
9.65	X	SR 122 / Mendon Rd / Lonsdale Ave, continuing on Blackstone River Bikeway	0.50	
10.15	L	bridge over the Blackstone River, remaining on Blackstone River Bikeway	1.60	Pratt Dam
11.75	X	Martin St , under bridge, continue on path	0.90	
12.65	X	Blackstone River, then L to continue northbound on Blackstone River Bikeway	1.50	Kelly House Museum on L
14.15	X	School St.	1.50	
15.65	S	Blackstone River Bikeway	1.80	through pkg area, to end at water treatment plant

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at mile:	turn:	on Street/Trail:	for this distance:	Services / Amenities / Notes
17.45	R	Manville Rd. / SR 126	1.40	
18.85	bL	Hamlet Ave.	0.35	
19.20	bL	Front St.	0.20	
19.40	R	Bernon St.	0.15	over the Blackstone River, joining Truman
19.55	R	Main St. , immed. L onto Arnold St.	0.15	
19.70	L	Arnold St.	0.30	
20.00	L	Railroad St / SR 122 (various local names)	2.10	  library, cross into MA
22.10	R	Blackstone St.	5.60	3 story apt. across intersection
27.70	L	Bacon St.	0.10	3 story apt. to the R
27.80	R	Elmdale St. (becomes Hecla St.)	1.10	
28.90	L	Mendon St.	0.30	
29.20	L	Riverbend Farm pkg lot; cross bridge over Blackstone Canal then L onto Blackstone Canal Towpath Trail	1.40	
30.60	R	Oak St.	1.60	
32.20	sL	Hartford Ave.	1.30	not marked, look to left for traffic signal in distance
33.50	R	Fletcher St. / Rivulet St.	1.40	this int. is 2nd after Main . Pass golf course on R in 3 mi. or so
34.90	bR	Douglas Rd. , cross water, then R on Linwood Ave.	0.10	
35.00	bL	Church St.	2.10	Whitinsville. All services.
37.10	L	Quaker St.	0.75	
37.85	bL	School St.	1.35	

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at mile:	turn:	on Street/Trail:	for this distance:	Services / Amenities / Notes
39.20	bR	SR 122 / Providence Rd.	2.00	not sR
41.20	L	Depot St.	0.40	
41.60	R	Ferry St.	0.80	  
42.40	bL	Canal St. / SR 122A (becomes Providence then Main)	3.85	  
46.25	bR	Canal St. / SR 122A	0.20	pharmacy S ahead
46.45	R	N Main St. / SR 122A	0.90	left off of Main onto path
47.35	R	Blackstone River Bikepath	2.40	through pkg lot at mile 4.3 bR at fork at mile 4.45
49.75	R	Milbury St.	0.50	
50.25	bR	Blackstone River Rd .	0.25	
50.50	L	McKeon Rd.	1.05	under I 290
51.55	L	Cambridge St.	0.10	
51.65	R	Southbridge St.	0.95	under metal trestle
52.60	bR	Frances McGrath Blvd. (becomes Major Taylor Blvd.)	0.55	X Green St. , tracks to R
53.15	R	Washington Sq sidewalk	0.10	keep RR station to your R
53.25	END	front of Worcester Union RR Station, Washington Square, Worcester	END	

*Continue northbound with **Worcester, MA to Boston, MA** cue sheet*

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