

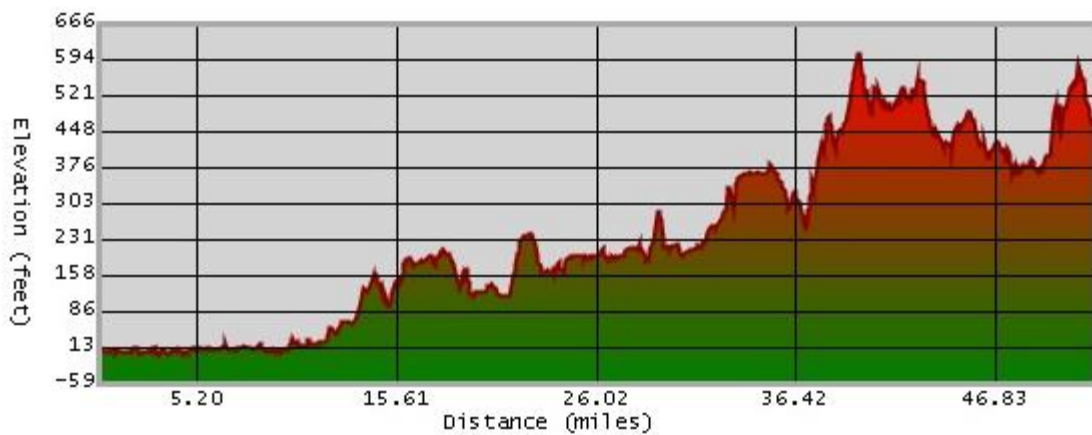
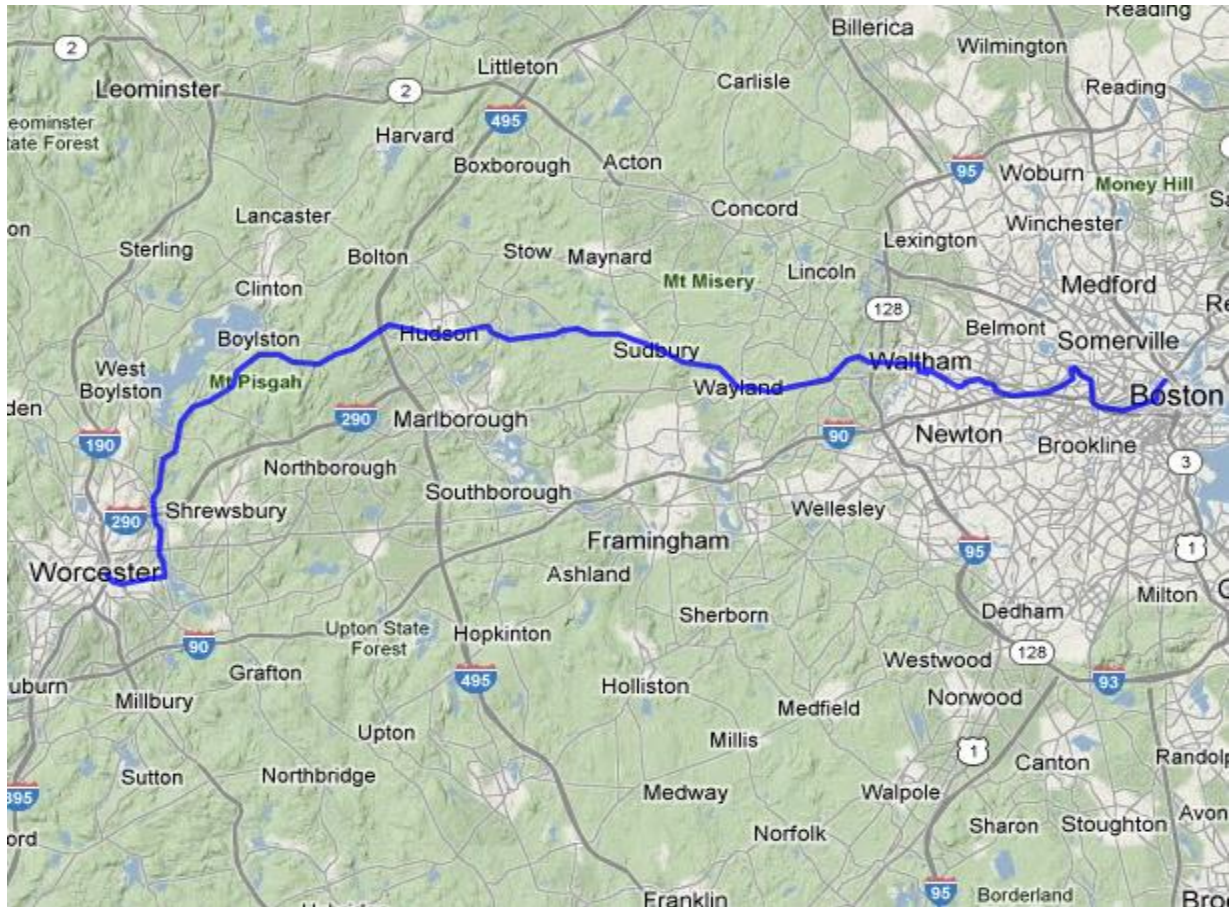


East Coast  
Greenway®

**Boston, MA to Worcester, MA: 52.05 mi**

East Coast Greenway cue sheet no. S110-20120708

Created with  **Trimble** *Outdoors*



Navigation instructions: Boston, MA to Worcester, MA

Distance	Instruction	Distance to next
0.00 mi	Start - On the Dr Paul Dudlet White Bike Path with the river and the Museum of Science on your right	Then go 0.75 mi
0.75 mi	Straight - Continue past the Memorial Shell on your right	Then go 0.08 mi
0.83 mi	Slight left onto Dr Paul Dudley White Bike Path (Memorial Shell behind you)	Then go 0.06 mi
0.89 mi	Turn left to stay on Dr Paul Dudley White Bike Path (do not cross bridge)	Then go 0.54 mi
1.42 mi	Slight right to stay on Dr Paul Dudley White Bike Path (do not cross bridge)	Then go 0.04 mi
1.46 mi	Turn Left - To stay on Dr Paul Dudley White Bike Path	Then go 0.74 mi
2.20 mi	Slight left to stay on Dr Paul Dudley White Bike Path	Then go 0.46 mi
2.66 mi	Slight left to stay on Dr Paul Dudley White Bike Path	Then go 0.16 mi
2.81 mi	Bear Left - Go under Boston University Bridge	Then go 1.61 mi
4.42 mi	Turn Left - To stay on Dr Paul Dudley White Bike Path (go under Harvard St bridge)	Then go 0.71 mi
5.13 mi	Turn Right - To stay on Dr Paul Dudley White Bike Path (go under Eliot Bridge keeping close to water on your right)	Then go 0.56 mi
5.68 mi	Slight right to stay on path	Then go 0.16 mi
5.84 mi	Slight left to stay on path	Then go 0.02 mi
5.87 mi	Turn Right - To stay on path	Then go 0.28 mi
6.15 mi	Slight left after boathouse to stay on path	Then go 0.18 mi
6.33 mi	Slight right onto Dr Paul Dudley White Bike Path (next to road)	Then go 0.12 mi
6.45 mi	Straight - Cross N Arsenal St and stay on path	Then go 0.78 mi
7.23 mi	Bear Left - Cross US-20/Beacon St and stay on path	Then go 1.51 mi
8.74 mi	Turn Right - Just past Galen St to cross the water on a path	Then go 0.03 mi
8.77 mi	Turn Left - Keep water on your left	Then go 0.20 mi
8.97 mi	Turn Left - Keep water on your left	Then go 0.97 mi
9.94 mi	Turn Left - Onto Bridge St to cross the water	Then go 0.06 mi
10.00 mi	Turn Right - Onto path (before California St intersection)	Then go 0.06 mi

10.06 mi	Bear Right - Away from California St - stay on path	Then go 0.44 mi
10.50 mi	Turn Right - Blue Heron/Charles River Greenway path to cross the water	Then go 0.37 mi
10.87 mi	Turn Left - To stay on Blue Heron/Charles River Greenway to cross the water	Then go 0.05 mi
10.92 mi	Turn Right - To stay on Blue Heron/Charles River Greenway	Then go 0.89 mi
11.81 mi	Turn Left - Blue Heron/Elm St	Then go 0.17 mi
11.97 mi	Turn Right - Pine St/Blue Heron	Then go 0.30 mi
12.28 mi	Turn Right - Moody St to cross the water	Then go 0.31 mi
12.59 mi	Turn Left - Main St	Then go 1.95 mi
14.55 mi	Straight - Continue on North Ave	Then go 0.41 mi
14.95 mi	Turn Left - Church St	Then go 1.27 mi
16.23 mi	Straight - Continue onto Boston Post Rd	Then go 3.35 mi
19.58 mi	Turn Right - MA-126/MA-27/Cochituate Rd	Then go 0.16 mi
19.74 mi	Straight - Continue on Old Sudbury Rd/MA-27	Then go 3.40 mi
23.13 mi	Straight - Continue onto Hudson Rd	Then go 3.05 mi
26.18 mi	Straight - Continue onto Sudbury Rd	Then go 0.35 mi
26.53 mi	Slight left onto State Rd	Then go 0.31 mi
26.85 mi	Straight - Continue onto Main St	Then go 2.37 mi
29.22 mi	Turn Right - Orchard Dr	Then go 0.48 mi
29.70 mi	Turn Right - MA-62/Wilkins St	Then go 0.04 mi
29.74 mi	Turn Left - Assabet River Rail Trail	Then go 0.56 mi
30.30 mi	Straight - To cross Main St	Then go 0.01 mi
30.31 mi	Turn Right - Path on left side of Main St	Then go 0.62 mi
30.93 mi	Slight left to stay on Assabet River Rail Trail (Main St remains on your right)	Then go 0.35 mi
31.28 mi	Turn Right - Broad St	Then go 0.04 mi
31.33 mi	Turn Left - Main St	Then go 0.28 mi
31.60 mi	At the traffic circle, continue straight onto MA-62/Main St	Then go 0.06 mi

31.67 mi	Bear Left - Central St/MA-62	Then go 0.48 mi
32.15 mi	Bear Left - Coolidge St	Then go 1.54 mi
33.69 mi	Straight - After going under I-495, continue on Central St	Then go 2.68 mi
36.37 mi	Turn Left - Linden St	Then go 5.56 mi
41.94 mi	Bear Right - Central St	Then go 0.06 mi
41.99 mi	Bear Left - To stay on Central St	Then go 0.42 mi
42.42 mi	Bear Left - Church St	Then go 0.13 mi
42.55 mi	Turn Left - MA-70/Main St	Then go 3.22 mi
45.77 mi	Straight - Continue on Clinton St/MA-70	Then go 0.75 mi
46.52 mi	Turn Left - Plantation St	Then go 0.96 mi
47.48 mi	Turn Left - Natural History Rd	Then go 0.09 mi
47.57 mi	Straight - Continue onto Lake Ave	Then go 2.08 mi
49.65 mi	Turn Right - Hamilton St/Quinsigamond State Park Boundary	Then go 1.71 mi
51.36 mi	Straight - Continue onto Grafton St	Then go 0.47 mi
51.83 mi	Turn Right - To stay on Grafton St	Then go 0.19 mi
52.02 mi	Turn Left - Toward Worcester Amtrak - this is just before the traffic circle and using sidewalks may be advised here	Then go 0.03 mi
52.05 mi	Stop - Worcester Amtrak	

East Coast Greenway cue sheets can be downloaded at no cost from [greenway.org/maps](http://greenway.org/maps). Please submit corrections or other comments at [greenway.org/maps](http://greenway.org/maps).