
House-Made Breads

(all our breads are vegan)

- English Muffin Bread
- Sourdough
- Multigrain
- Roasted Garlic
- Honey Wheat
- Rye
- Hard Rolls
- Bagels
- (assorted flavors daily)
- Gluten Free Bread

Salads

-Southwest Chicken Cobb \$\$

greens, southwest seasoned chicken, bacon, tomato, peppers, onion, roasted corn, hard boiled egg, garlic parmesan dressing

-Tree Hugger (v) \$\$

greens, dilly smashed chickpeas, carrots, cucumber, tomato, peppers, mushrooms, broccoli, sunflower seeds, pepitas, raisins, ginger mandarin dressing

-Mediterranean \$\$

greens, kalamata olives, feta cheese, cucumber, tomato, pickled onions, dijon balsamic dressing
*add chicken \$\$

-Build Your Own \$\$

(Choose your base and up to 4 toppings)

- | | | |
|------------|------------------|----------------|
| -Lettuce | -Peppers | -Curried chix |
| -Spinach | -Avocado | salad |
| -Mushrooms | -Pickled onions | -Dilly Smashed |
| -Carrots | -Pickled cabbage | Chickpeas (v) |
| -Broccoli | -Jalapeños | -Tarragon Tuna |
| -Onions | -Feta | |
| -Tomatoes | -Shredded | |
| -Olives | cheddar | |
| -Pickles | | |
| -Cucumber | Scoop of: \$\$ | |

Drinks

(Sizes S M L XL)

- | | |
|--------------------------|--------------------------------|
| -Coffee | -Hot Chocolate |
| -Tea | -Matcha |
| -Latte | -Chai Latte |
| -Cappuccino | -Iced Tea |
| -Mocha | -Lemonade |
| -Breve | -Galaxy Lemonade |
| -Flat White (small only) | (butterfly pea tea & lemonade) |
| -Americano | |

Smoothies

(One Size \$\$)

-The Paradise (v)

(kale, pineapple, mango, banana, ginger, chia seeds, coconut water)

-The Tropical (v)

(mango, pineapple, coconut flakes, coconut water)

-The Basic "B"

(strawberry, banana, yogurt, honey, vanilla, cinnamon, & choice of milk)

-The Immunity

(mango, blueberry, beet, ginger, turmeric, lemon juice, orange juice, honey, cayenne)

Small Batch & From Scratch

Breakfast ~ Lunch ~ Custom Bakery Orders



Mon-Fri 6am-3pm

Sat 7am-3pm

Sun 8am-2pm

860-361-6526

loveheartsbakery@gmail.com
loveheartsbakery.homestead.com

**583 Bantam Rd
Bantam, CT 06750**

Breakfast

Egg Sandwich

(served on choice of bread)

-two eggs & cheese \$\$

-two eggs & cheese & meat \$\$
bacon, sausage, or ham

Egg Platter

-two eggs your way, with choice of toast \$\$

-add side of bacon or sausage \$\$

-add side of home fries \$\$

Omelette

-three eggs, choice of cheese, and toast \$\$

-add veggies \$\$

-add bacon, sausage, or ham \$\$

Scramble Bowls

-The Love Hearts \$\$

(two eggs, home fries, bacon, spinach, provolone,
and pesto)

-The Loaded Homies \$\$

(two eggs, home fries, bacon, cheddar, sour cream,
scallions, jalapeños)

Not Eggs

-Bagel w/ butter \$\$

-Bagel w/ cream cheese \$

-Yogurt Parfait \$\$
-Granola w/ Milk \$\$

-Oatmeal w/ fresh fruit and
nuts

-Fresh Fruit
Cup \$\$ Bowl \$\$

Small \$\$ Large \$\$

Lunch

Specialty Sandwiches

(served on choice of bread or a white wrap)

-CranTurStuffin \$\$

(house-roasted turkey, cranberry sauce, stuffing,
gravy aioli)

-Caprese \$\$

(fresh mozzarella, tomato, pesto)

*add bacon \$\$

*add chicken \$\$

-Backyard BBQ \$\$

(ham, pickled onions, jalapeños, cheddar cheese,
tangy bbq sauce)

-“The Dean” \$\$

(chicken salad, cheddar cheese, hot sauce, salt and
pepper)

-Bistro Bahn Mi (v) \$\$

(seasoned seared tofu, jalapeño, shredded carrots,
pickled cabbage, pickled onions, sweet chili aioli)

-The Stampede \$\$

(shaved steak, arugula, caramelized onions,
provolone cheese, horseradish aioli)

Love Heart's Combo \$\$

(half sandwich & small soup)

Lunch

Other Favorites

(served on choice of bread or a white wrap)

-BLT

-Tuna (melt?)

-Chicken Salad

-Curried Chicken Salad

-Dilly Smashed Chickpeas (v)

-Egg Salad

-Honey Ham

-House-roasted Turkey

-Chicken Cutlet

-Grilled Cheese

House-made Soups

(Small \$\$ Medium \$\$ Large \$\$)

-Redhead Chili

(beef & bean — not too spicy)

-New England Clam Chowder

-Soup of the Day