In min
$$\pm x^{T}Qx + c^{T}x$$

s.t. $Ax = b$

$$L(x, v) = \pm x^{T}Qx + c^{T}x + v^{T}(Ax - b)$$

$$= \pm x^{T}Qx + c^{T}x + v^{T}Ax - v^{T}b$$

$$\frac{\partial L(x, v)}{\partial x} = Qx + c + A^{T}v = 0 \implies Qx + A^{T}v = -c$$

$$\frac{\partial L(x, v)}{\partial v} = Ax - b = 0 \implies Ax = b$$

$$\begin{bmatrix} Q & A^{T} \end{bmatrix} \begin{bmatrix} x^{*} \\ y^{*} \end{bmatrix} = \begin{bmatrix} -c \\ b \end{bmatrix}$$