

Table 1: Summary of the data used in the study			Table 2: Summary of the results of the study		
Variable	Unit	Mean	Variable	Unit	Mean
Age	Years	35.2	Age	Years	35.2
Gender	Male/Female	50%/50%	Gender	Male/Female	50%/50%
Education	High School/College/University	33%/33%/33%	Education	High School/College/University	33%/33%/33%
Income	Low/Medium/High	33%/33%/33%	Income	Low/Medium/High	33%/33%/33%
Occupation	Unemployed/Employee/Self-employed	33%/33%/33%	Occupation	Unemployed/Employee/Self-employed	33%/33%/33%
Marital Status	Single/Married/Divorced	33%/33%/33%	Marital Status	Single/Married/Divorced	33%/33%/33%
Health Status	Good/Fair/Poor	33%/33%/33%	Health Status	Good/Fair/Poor	33%/33%/33%
Smoking Status	Smoker/Non-smoker	33%/33%	Smoking Status	Smoker/Non-smoker	33%/33%
Alcohol Consumption	Regular/Occasional/None	33%/33%/33%	Alcohol Consumption	Regular/Occasional/None	33%/33%/33%
Exercise Frequency	Regular/Occasional/None	33%/33%/33%	Exercise Frequency	Regular/Occasional/None	33%/33%/33%
Stress Level	Low/Medium/High	33%/33%/33%	Stress Level	Low/Medium/High	33%/33%/33%
Life Satisfaction	Low/Medium/High	33%/33%/33%	Life Satisfaction	Low/Medium/High	33%/33%/33%

Table 3: Summary of the data used in the study			Table 4: Summary of the results of the study		
Variable	Unit	Mean	Variable	Unit	Mean
Age	Years	35.2	Age	Years	35.2
Gender	Male/Female	50%/50%	Gender	Male/Female	50%/50%
Education	High School/College/University	33%/33%/33%	Education	High School/College/University	33%/33%/33%
Income	Low/Medium/High	33%/33%/33%	Income	Low/Medium/High	33%/33%/33%
Occupation	Unemployed/Employee/Self-employed	33%/33%/33%	Occupation	Unemployed/Employee/Self-employed	33%/33%/33%
Marital Status	Single/Married/Divorced	33%/33%/33%	Marital Status	Single/Married/Divorced	33%/33%/33%
Health Status	Good/Fair/Poor	33%/33%/33%	Health Status	Good/Fair/Poor	33%/33%/33%
Smoking Status	Smoker/Non-smoker	33%/33%	Smoking Status	Smoker/Non-smoker	33%/33%
Alcohol Consumption	Regular/Occasional/None	33%/33%/33%	Alcohol Consumption	Regular/Occasional/None	33%/33%/33%
Exercise Frequency	Regular/Occasional/None	33%/33%/33%	Exercise Frequency	Regular/Occasional/None	33%/33%/33%
Stress Level	Low/Medium/High	33%/33%/33%	Stress Level	Low/Medium/High	33%/33%/33%
Life Satisfaction	Low/Medium/High	33%/33%/33%	Life Satisfaction	Low/Medium/High	33%/33%/33%

Table 5: Summary of the data used in the study			Table 6: Summary of the results of the study		
Variable	Unit	Mean	Variable	Unit	Mean
Age	Years	35.2	Age	Years	35.2
Gender	Male/Female	50%/50%	Gender	Male/Female	50%/50%
Education	High School/College/University	33%/33%/33%	Education	High School/College/University	33%/33%/33%
Income	Low/Medium/High	33%/33%/33%	Income	Low/Medium/High	33%/33%/33%
Occupation	Unemployed/Employee/Self-employed	33%/33%/33%	Occupation	Unemployed/Employee/Self-employed	33%/33%/33%
Marital Status	Single/Married/Divorced	33%/33%/33%	Marital Status	Single/Married/Divorced	33%/33%/33%
Health Status	Good/Fair/Poor	33%/33%/33%	Health Status	Good/Fair/Poor	33%/33%/33%
Smoking Status	Smoker/Non-smoker	33%/33%	Smoking Status	Smoker/Non-smoker	33%/33%
Alcohol Consumption	Regular/Occasional/None	33%/33%/33%	Alcohol Consumption	Regular/Occasional/None	33%/33%/33%
Exercise Frequency	Regular/Occasional/None	33%/33%/33%	Exercise Frequency	Regular/Occasional/None	33%/33%/33%
Stress Level	Low/Medium/High	33%/33%/33%	Stress Level	Low/Medium/High	33%/33%/33%
Life Satisfaction	Low/Medium/High	33%/33%/33%	Life Satisfaction	Low/Medium/High	33%/33%/33%