

# Habits

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In the morning

## Getting up

- ▶ Turn off alarm
- ▶ Get out of bed

# Breakfast

- ▶ Eat eggs
- ▶ Drink coffee

In the evening

# Dinner

- ▶ Eat spaghetti
- ▶ Drink wine

picture of spaghetti

Figure 1: picture of spaghetti

# Going to sleep

123Slide shows - Get in bed - Count sheep