

# Support Services Available

## *Brain Injury Support* in Northern Ireland

This leaflet is part of the series:  
Brain Injury Support in Northern Ireland

## What Support is Available for People Living with Brain Injury and their Carers?

There is a wide range of support for individuals and carers living with brain injury within both the statutory and voluntary sectors.

Support is often categorised as medical intervention, advice, information, social and emotional support for both the person living with brain injury and their carers.

Please see below contact details of each of the Brain Injury Units and Health and Social Care Trusts throughout NI should you require further information.

### Health and Social Care Trusts (HSCTs)

<b>Belfast HSCT:</b>	Tel: 028 9056 5656
<b>Northern HSCT:</b>	Tel: 028 2563 3700
<b>Southern HSCT:</b>	Tel: 028 3839 8350
<b>South Eastern HSCT:</b>	Tel: 028 9055 3100
<b>Western HSCT:</b>	Tel: 028 7134 5171

### Brain Injury Units

#### **Regional Acquired Brain Injury Unit Belfast HSCT**

Tel: 028 9090 3086

#### **Neurobehavioral Unit, Belfast HSCT**

Tel: 028 9056 5312

#### **Thompson House , South Eastern HSCT**

Tel: 028 9266 5646

#### **Spruce House, Western HSCT**

Tel: 028 7134 5171

#### **Royal Victoria Hospital, Paul Ward (Children's Neurological Ward)**

Tel: 028 9063 2151

### Benefits

#### **Carer's Allowance:**

Tel: 028 9026 1970

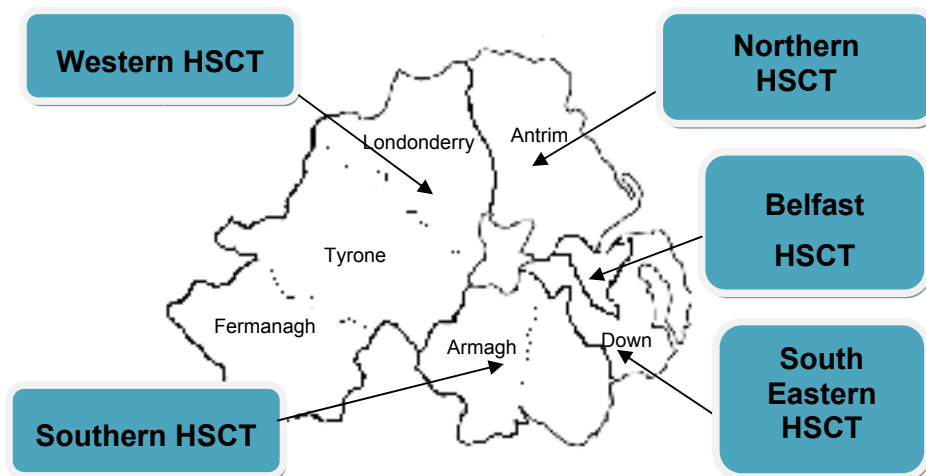
#### **Disability Living Allowance:**

Tel: 028 9090 6178

#### **Attendance Allowance:**

Tel: 028 9090 6182

## Geography of the Health and Social Care Trusts



### Voluntary/Community Support

Please see below several organisations which provide support to individuals living with a brain injury and their carers, in relation to the provision of information, advice and support.

#### Carers NI

Provides an information service for carers and professionals, dealing with a range of issues such as carers' benefits, community care and services for carers. Offers carers the chance to meet with other carers, share experiences and reduce the feeling of isolation that carers often feel through local branches and groups.

**Tel:** 028 9043 9843 **Web:** [www.carersni.org](http://www.carersni.org)

#### Child Brain Injury Trust

Provides information, advice and support for children living with a brain injury and their families throughout NI, support for teachers and teaching assistants, helping them to understand brain injury through training, awareness-raising sessions and written information. Child Brain Injury Trust has two dedicated Child and Family Support Officers in NI and between them, they cover the whole of the province.

**Helpline:** 0845 601 4939 or **Tel:** 028 9081 7145

**Web:** [www.cbitek.org](http://www.cbitek.org)

### **The Cedar Foundation:**

Delivers a range of services that enable people with disabilities to get the most out of life and to be fully included in their communities. Services are centred around the individual needs of each person and are delivered throughout Northern Ireland. Services include employment and learning, living and accommodation and support to children and carers.

Tel: 028 9066 6188 Web: [www.cedar-foundation.org](http://www.cedar-foundation.org)

### **Headway:**

Provides information and social support to people living with brain injury, their families and carers offering training, advice, information and support. There are groups and branches throughout the province that deliver localised services ranging from social meetings, carers groups, counselling etc. Contact to find information on your local group or branch.

Tel: 078 2690 9110 UK Helpline: 08088 002244

Web: [www.headway.org.uk](http://www.headway.org.uk)

### **Jigsaw NI:**

Provides activities for people with disabilities, aiming to prevent sedentary lifestyle and encourage social inclusion through activities.

Tel: 028 9031 9054 Web: [www.jigsawni.org.uk](http://www.jigsawni.org.uk)

### **Leonard Cheshire Disability:**

Provide accommodation services, personalised care, support services, social, education and leisure services including day support, community outreach and respite support.

Tel: 028 9020 0065 Web: [www.lcdisability.org](http://www.lcdisability.org)

### **Praxis:**

Provides care and support to children and adults affected by mental ill health, learning disability, acquired brain injury or dementia.

Tel: 028 9023 4555 Web: [www.praxisprovides.com](http://www.praxisprovides.com)

### **Reconnect:**

Works in support of adults with acquired brain injury, enabling them to achieve their maximum potential through structured programmes based on the individuals and their personal goals. Reconnect delivers socio-vocational and accredited training, allowing clients to re-develop old skills or identify new interests and abilities which will be life-enhancing.

Tel: 028 9079 0551 Web: [www.reconnect-abi.com](http://www.reconnect-abi.com)