

# Jagdish sati

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## PROFESSIONAL QUALIFICATION

- Pursuing Masters in Physical Education (2017-2020) from University Of Delhi.
- Completed B.Sc. Physical Education, Health Education & Sports from University of Delhi 68.25% (2014-2017).

## EDUCATIONAL QUALIFICATION

- Passed Inter with Science stream 75.83% CBSE board 2014
- Passed Matric 74.1% CBSE board 2012

## SPORTS PARTICIPATION

- Represented Delhi state in 10<sup>th</sup> Senior National Tchoukball Championship held at Rajasthan (2016).
- CBSE zonal cluster kho-kho (2012).

## ACHIEVEMENTS AND HONORS

- First position Kho-Kho at Inter College Sports Festival at NDIM 2016.
- Second position Inter School Karate Championship 2011.

## PROFESSIONAL EXPOSURES

- **Certifications :**
  - Personal Trainer Certification from the American Council on Exercise (2019-2021).
  - Certified Provisional Assessor (Fitness Trainer) from National Skill Development Corporation (2020).
  - UGC-NET (December,2018).
  - Cardiopulmonary Resuscitation - Certification body Indian Red Cross Society (2018).
  - National Cadet Corp 'C' certificate 'A' Grade (2017).
  - Foundation Course in Yoga Science For Wellness from Morarji Desai National Institute Of Yoga (2016).
  - Certificate course in YOGA EDUCATION from UNIVERSITY OF DELHI (2017).
- **WORKSHOPS :**
  - FUNCTIONAL TRAINING organized by FITCO 2018.
  - INTERNATIONAL YOGA FEST organized by AAYUSH.
- **Participated as Delegate :**
  - International Conference on Issues & New Ideas in Sports Management (2018)
  - International Congress on Sports Psychology (2014)
- **Participated as Technical Official :**
  - IBSA NATIONAL SPORTS MEET 2018
  - WORLD SOFT TENNIS CHAMPIONSHIP 2015
  - DELHI VETERAN ATHLETIC CHAMPIONSHIP 2017
  - DELHI STATE PARA-ATHLETIC MEET 2016