

Precalculus

Quadratic trigonometric inequalities

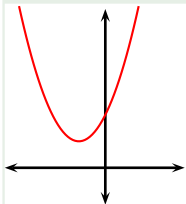
Todor Milev

2019

Example

- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

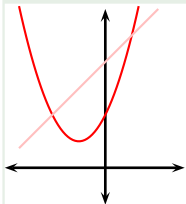
Example



- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

$$2u^2 + 2u + 1 \leq u + 2$$

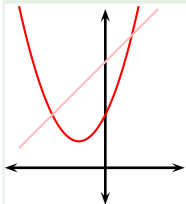
Example



- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

$$2u^2 + 2u + 1 \leq u + 2$$

Example

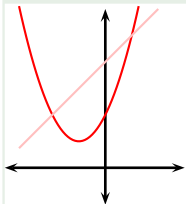


- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

$$2u^2 + 2u + 1 \leq u + 2$$

$$2u^2 + u - 1 \leq 0$$

Example

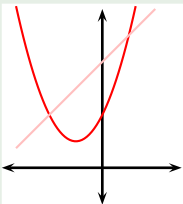


- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

$$2u^2 + 2u + 1 \leq u + 2$$

$$2u^2 + u - 1 \leq 0$$

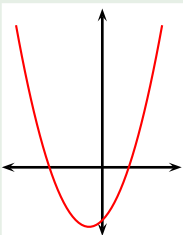
Example



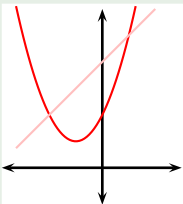
- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

$$2u^2 + 2u + 1 \leq u + 2$$

$$2u^2 + u - 1 \leq 0$$



Example

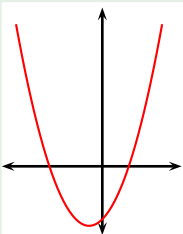


- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

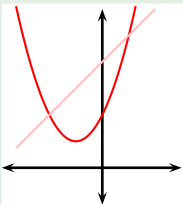
$$2u^2 + 2u + 1 \leq u + 2$$

$$2u^2 + u - 1 \leq 0$$

$$2(\text{?})(\text{?}) \leq 0$$



Example

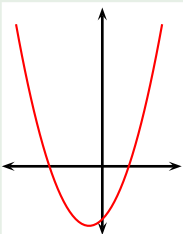


- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

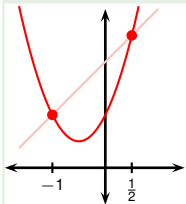
$$2u^2 + 2u + 1 \leq u + 2$$

$$2u^2 + u - 1 \leq 0$$

$$2 \left(u - \frac{1}{2} \right) (u + 1) \leq 0$$



Example

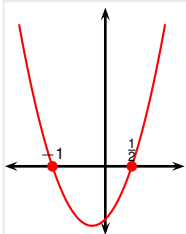


- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

$$2u^2 + 2u + 1 \leq u + 2$$

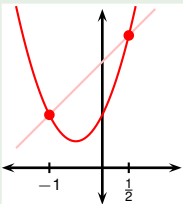
$$2u^2 + u - 1 \leq 0$$

$$2(u - \frac{1}{2})(u + 1) \leq 0$$

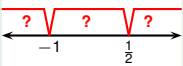
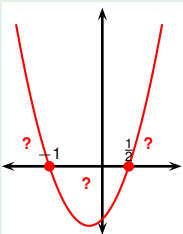


Example

- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

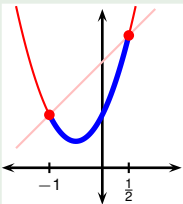


$$\begin{aligned}
 2u^2 + 2u + 1 &\leq u + 2 \\
 2u^2 + u - 1 &\leq 0 \\
 2\left(u - \frac{1}{2}\right)(u + 1) &\leq 0 \\
 u &\in ?
 \end{aligned}$$

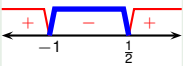
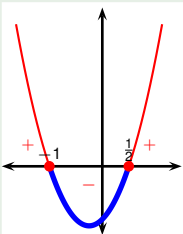


Example

- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

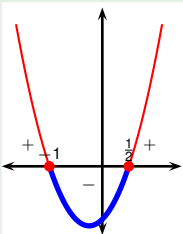
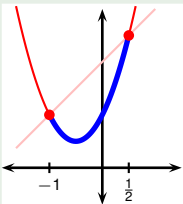


$$\begin{aligned}
 2u^2 + 2u + 1 &\leq u + 2 \\
 2u^2 + u - 1 &\leq 0 \\
 2\left(u - \frac{1}{2}\right)(u + 1) &\leq 0 \\
 u &\in \left[-1, \frac{1}{2}\right]
 \end{aligned}$$



Example

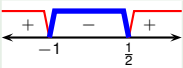
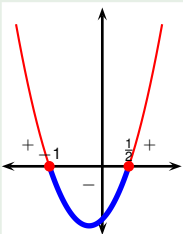
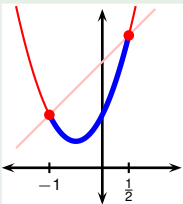
- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.



$$\begin{aligned}
 2u^2 + 2u + 1 &\leq u + 2 \\
 2u^2 + u - 1 &\leq 0 \\
 2\left(u - \frac{1}{2}\right)(u + 1) &\leq 0 \\
 u &\in \left[-1, \frac{1}{2}\right]
 \end{aligned}$$

Example

- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2\cos^2 \theta + 2\cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.



$$2u^2 + 2u + 1 \leq u + 2$$

$$2u^2 + u - 1 \leq 0$$

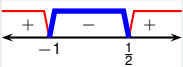
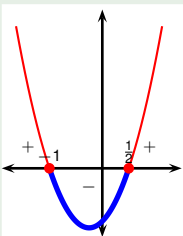
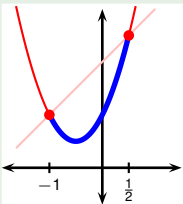
$$2\left(u - \frac{1}{2}\right)(u + 1) \leq 0$$

$$u \in \left[-1, \frac{1}{2}\right]$$

$$2\cos^2 \theta + 2\cos \theta + 1 \leq \cos \theta + 2$$

Example

- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2\cos^2 \theta + 2\cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.



$$2u^2 + 2u + 1 \leq u + 2$$

$$2u^2 + u - 1 \leq 0$$

$$2(u - \frac{1}{2})(u + 1) \leq 0$$

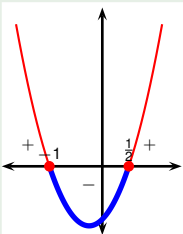
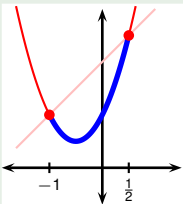
$$u \in [-1, \frac{1}{2}]$$

$$2\cos^2 \theta + 2\cos \theta + 1 \leq \cos \theta + 2 \quad \text{Set } \cos \theta = u$$

$$2u^2 + 2u + 1 \leq u + 2$$

Example

- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2\cos^2\theta + 2\cos\theta + 1 \leq \cos\theta + 2$ lying in $[-360^\circ, 360^\circ]$.



$$2u^2 + 2u + 1 \leq u + 2$$

$$2u^2 + u - 1 \leq 0$$

$$2(u - \frac{1}{2})(u + 1) \leq 0$$

$$u \in [-1, \frac{1}{2}]$$

$$2\cos^2\theta + 2\cos\theta + 1 \leq \cos\theta + 2 \quad \text{Set } \cos\theta = u$$

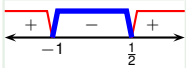
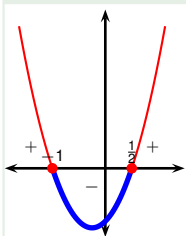
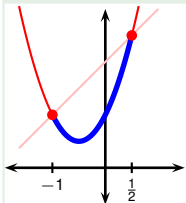
$$2u^2 + 2u + 1 \leq u + 2$$

$$u \in [-1, \frac{1}{2}]$$

(solved above)

Example

- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2\cos^2 \theta + 2\cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.



$$2u^2 + 2u + 1 \leq u + 2$$

$$2u^2 + u - 1 \leq 0$$

$$2(u - \frac{1}{2})(u + 1) \leq 0$$

$$u \in [-1, \frac{1}{2}]$$

$$2\cos^2 \theta + 2\cos \theta + 1 \leq \cos \theta + 2 \quad \text{Set } \cos \theta = u$$

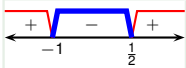
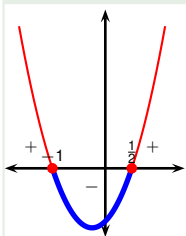
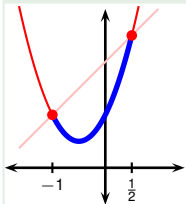
$$2u^2 + 2u + 1 \leq u + 2$$

$$u \in [-1, \frac{1}{2}] \quad (\text{solved above})$$

$$\cos \theta \in [-1, \frac{1}{2}]$$

Example

- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2\cos^2 \theta + 2\cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.



$$2u^2 + 2u + 1 \leq u + 2$$

$$2u^2 + u - 1 \leq 0$$

$$2(u - \frac{1}{2})(u + 1) \leq 0$$

$$u \in [-1, \frac{1}{2}]$$

$$2\cos^2 \theta + 2\cos \theta + 1 \leq \cos \theta + 2 \quad \text{Set } \cos \theta = u$$

$$2u^2 + 2u + 1 \leq u + 2$$

$$u \in [-1, \frac{1}{2}]$$

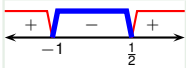
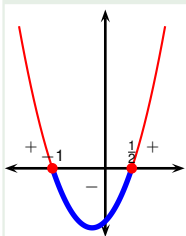
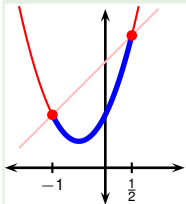
(solved above)

$$\cos \theta \in [-1, \frac{1}{2}]$$

$$-1 \leq \cos \theta \leq \frac{1}{2}$$

Example

- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2\cos^2 \theta + 2\cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.



$$2u^2 + 2u + 1 \leq u + 2$$

$$2u^2 + u - 1 \leq 0$$

$$2\left(u - \frac{1}{2}\right)(u + 1) \leq 0$$

$$u \in \left[-1, \frac{1}{2}\right]$$

$$2\cos^2 \theta + 2\cos \theta + 1 \leq \cos \theta + 2 \quad \text{Set } \cos \theta = u$$

$$2u^2 + 2u + 1 \leq u + 2$$

$$u \in \left[-1, \frac{1}{2}\right]$$

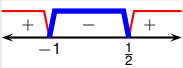
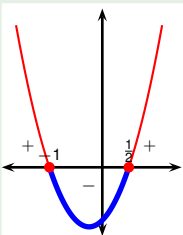
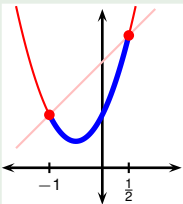
(solved above)

$$\cos \theta \in \left[-1, \frac{1}{2}\right]$$

$$-1 \leq \cos \theta \leq \frac{1}{2}$$

Example

- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2\cos^2 \theta + 2\cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.



$$2u^2 + 2u + 1 \leq u + 2$$

$$2u^2 + u - 1 \leq 0$$

$$2(u - \frac{1}{2})(u + 1) \leq 0$$

$$u \in [-1, \frac{1}{2}]$$

$$2\cos^2 \theta + 2\cos \theta + 1 \leq \cos \theta + 2 \quad \text{Set } \cos \theta = u$$

$$2u^2 + 2u + 1 \leq u + 2$$

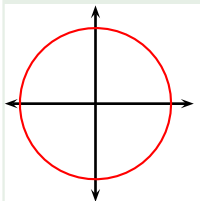
$$u \in [-1, \frac{1}{2}]$$

(solved above)

$$\cos \theta \in [-1, \frac{1}{2}]$$

$$-1 \leq \cos \theta \leq \frac{1}{2}$$

Example

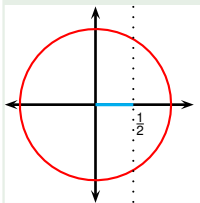


- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

$$\begin{aligned} \cos \theta &\in \left[-1, \frac{1}{2}\right] \\ -1 &\leq \cos \theta \leq \frac{1}{2} \end{aligned}$$

$$\theta \in \quad [? \quad , ? \quad]$$

Example



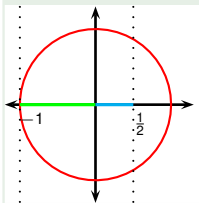
- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

$$\cos \theta \in \left[-1, \frac{1}{2}\right]$$

$$-1 \leq \cos \theta \leq \frac{1}{2}$$

$$\theta \in \quad [? \quad , ? \quad]$$

Example



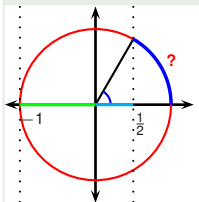
- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

$$\cos \theta \in \left[-1, \frac{1}{2}\right]$$

$$-1 \leq \cos \theta \leq \frac{1}{2}$$

$$\theta \in \quad \quad \quad [? \quad \quad \quad , ? \quad \quad \quad]$$

Example



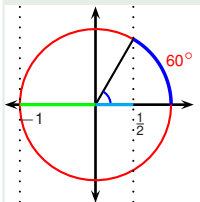
- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

$$\cos \theta \in \left[-1, \frac{1}{2}\right]$$

$$-1 \leq \cos \theta \leq \frac{1}{2}$$

$$\theta \in \quad [?, \quad , ? \quad]$$

Example



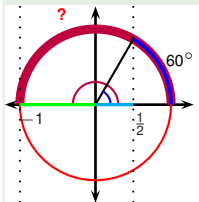
- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

$$\cos \theta \in \left[-1, \frac{1}{2}\right]$$

$$-1 \leq \cos \theta \leq \frac{1}{2}$$

$$\theta \in \quad [60^\circ \quad , ? \quad]$$

Example

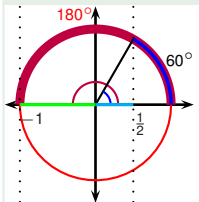


- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

$$\begin{aligned} \cos \theta &\in \left[-1, \frac{1}{2}\right] \\ -1 &\leq \cos \theta \leq \frac{1}{2} \end{aligned}$$

$$\theta \in [60^\circ, ?]$$

Example



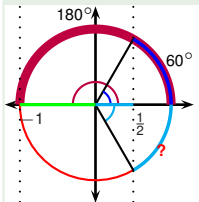
- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

$$\cos \theta \in \left[-1, \frac{1}{2}\right]$$

$$-1 \leq \cos \theta \leq \frac{1}{2}$$

$$\theta \in [60^\circ, 180^\circ]$$

Example

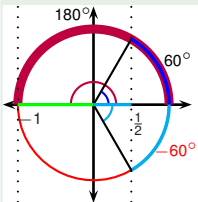


- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

$$\begin{aligned} \cos \theta &\in \left[-1, \frac{1}{2}\right] \\ -1 &\leq \cos \theta \leq \frac{1}{2} \end{aligned}$$

$$\theta \in [?, \quad , ? \quad] \cup [60^\circ \quad , 180^\circ \quad]$$

Example



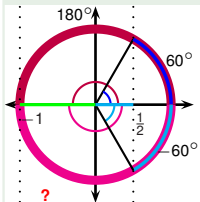
- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

$$\cos \theta \in \left[-1, \frac{1}{2}\right]$$

$$-1 \leq \cos \theta \leq \frac{1}{2}$$

$$\theta \in [?, \text{ } -60^\circ \text{ }] \cup [60^\circ \text{ } , 180^\circ \text{ }]$$

Example



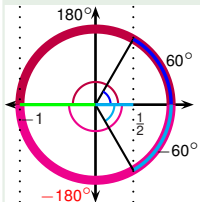
- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

$$\cos \theta \in \left[-1, \frac{1}{2}\right]$$

$$-1 \leq \cos \theta \leq \frac{1}{2}$$

$$\theta \in [?, -60^\circ] \cup [60^\circ, 180^\circ]$$

Example



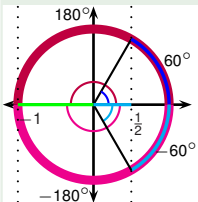
- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

$$\cos \theta \in \left[-1, \frac{1}{2}\right]$$

$$-1 \leq \cos \theta \leq \frac{1}{2}$$

$$\theta \in [-180^\circ, -60^\circ] \cup [60^\circ, 180^\circ]$$

Example

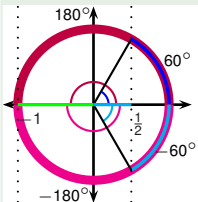


- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

$$\begin{aligned} \cos \theta &\in \left[-1, \frac{1}{2}\right] \\ -1 &\leq \cos \theta \leq \frac{1}{2} \end{aligned}$$

$$\theta \in [-180^\circ + k360^\circ, -60^\circ + k360^\circ] \cup [60^\circ + k360^\circ, 180^\circ + k360^\circ]$$

Example



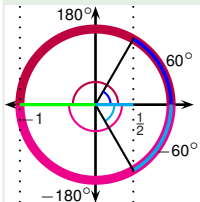
- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

$$\cos \theta \in \left[-1, \frac{1}{2}\right]$$

$$-1 \leq \cos \theta \leq \frac{1}{2}$$

$$\theta \in [-180^\circ + k360^\circ, -60^\circ + k360^\circ] \cup [60^\circ + k360^\circ, 180^\circ + k360^\circ]$$

Example



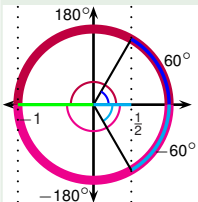
- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

$$\begin{aligned} \cos \theta &\in \left[-1, \frac{1}{2}\right] \\ -1 &\leq \cos \theta \leq \frac{1}{2} \end{aligned}$$

$$\theta \in [-180^\circ + k360^\circ, -60^\circ + k360^\circ] \cup [60^\circ + k360^\circ, 180^\circ + k360^\circ]$$

$$\theta \in [-180^\circ, -60^\circ] \cup [60^\circ, 180^\circ] \quad k = 0$$

Example



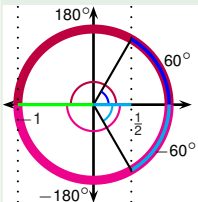
- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

$$\begin{aligned} \cos \theta &\in \left[-1, \frac{1}{2}\right] \\ -1 &\leq \cos \theta \leq \frac{1}{2} \end{aligned}$$

$$\theta \in [-180^\circ + k360^\circ, -60^\circ + k360^\circ] \cup [60^\circ + k360^\circ, 180^\circ + k360^\circ]$$

$$\begin{aligned} \theta \in & \quad [-180^\circ, -60^\circ] \cup [60^\circ, 180^\circ] & k = 0 \\ & \cup [180^\circ, 300^\circ] \cup [420^\circ, 540^\circ] & k = 1 \end{aligned}$$

Example



- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

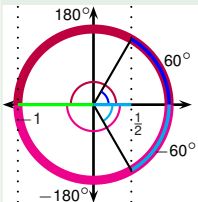
$$\begin{aligned} \cos \theta &\in \left[-1, \frac{1}{2}\right] \\ -1 \leq \cos \theta &\leq \frac{1}{2} \end{aligned}$$

$$\theta \in [-180^\circ + k360^\circ, -60^\circ + k360^\circ] \cup [60^\circ + k360^\circ, 180^\circ + k360^\circ]$$

$$\begin{aligned} \theta \in & \quad [-180^\circ, -60^\circ] \cup [60^\circ, 180^\circ] & k = 0 \\ & \cup [180^\circ, 300^\circ] \cup [420^\circ, 540^\circ] & k = 1 \end{aligned}$$

...

Example



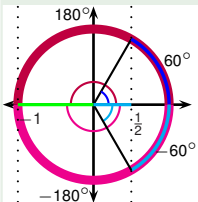
- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

$$\begin{aligned} \cos \theta &\in \left[-1, \frac{1}{2}\right] \\ -1 &\leq \cos \theta \leq \frac{1}{2} \end{aligned}$$

$$\theta \in [-180^\circ + k360^\circ, -60^\circ + k360^\circ] \cup [60^\circ + k360^\circ, 180^\circ + k360^\circ]$$

$$\begin{aligned} \theta \in & \quad [-540^\circ, -420^\circ] \cup [-300^\circ, -180^\circ] & k = -1 \\ & \cup [-180^\circ, -60^\circ] \cup [60^\circ, 180^\circ] & k = 0 \\ & \cup [180^\circ, 300^\circ] \cup [420^\circ, 540^\circ] & k = 1 \\ & \dots \end{aligned}$$

Example



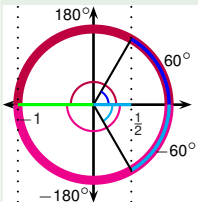
- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

$$\begin{aligned} \cos \theta &\in \left[-1, \frac{1}{2}\right] \\ -1 \leq \cos \theta &\leq \frac{1}{2} \end{aligned}$$

$$\theta \in [-180^\circ + k360^\circ, -60^\circ + k360^\circ] \cup [60^\circ + k360^\circ, 180^\circ + k360^\circ]$$

$$\begin{aligned} \theta \in & \quad \dots \\ & \cup [-540^\circ, -420^\circ] \cup [-300^\circ, -180^\circ] & k = -1 \\ & \cup [-180^\circ, -60^\circ] \cup [60^\circ, 180^\circ] & k = 0 \\ & \cup [180^\circ, 300^\circ] \cup [420^\circ, 540^\circ] & k = 1 \\ & \dots \end{aligned}$$

Example



- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

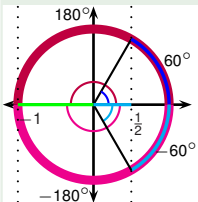
$$\cos \theta \in \left[-1, \frac{1}{2}\right]$$

$$-1 \leq \cos \theta \leq \frac{1}{2}$$

$$\theta \in [-180^\circ + k360^\circ, -60^\circ + k360^\circ] \cup [60^\circ + k360^\circ, 180^\circ + k360^\circ]$$

$$\theta \in \begin{aligned} &\cup \cancel{[-540^\circ, -420^\circ]} \cup [-300^\circ, -180^\circ] && k = -1 \\ &\cup [-180^\circ, -60^\circ] \cup [60^\circ, 180^\circ] && k = 0 \\ &\cup [180^\circ, 300^\circ] \cup \cancel{[420^\circ, 540^\circ]} && k = 1 \end{aligned}$$

Example



- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

$$\cos \theta \in \left[-1, \frac{1}{2}\right]$$

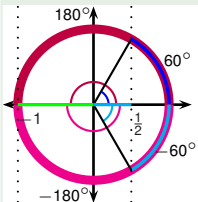
$$-1 \leq \cos \theta \leq \frac{1}{2}$$

$$\theta \in [-180^\circ + k360^\circ, -60^\circ + k360^\circ] \cup [60^\circ + k360^\circ, 180^\circ + k360^\circ]$$

$$\begin{aligned} \theta \in & \cup [-540^\circ, -420^\circ] \cup [-300^\circ, -180^\circ] & k = -1 \\ & \cup [-180^\circ, -60^\circ] \cup [60^\circ, 180^\circ] & k = 0 \\ & \cup [180^\circ, 300^\circ] \cup [420^\circ, 540^\circ] & k = 1 \end{aligned}$$

$$\theta \in [-300^\circ, -60^\circ] \cup [60^\circ, 300^\circ]$$

Example



- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

$$\cos \theta \in \left[-1, \frac{1}{2}\right]$$

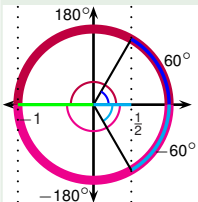
$$-1 \leq \cos \theta \leq \frac{1}{2}$$

$$\theta \in [-180^\circ + k360^\circ, -60^\circ + k360^\circ] \cup [60^\circ + k360^\circ, 180^\circ + k360^\circ]$$

$$\begin{aligned} \theta \in & \quad \cup [-540^\circ, -420^\circ] \cup [-300^\circ, -180^\circ] & k = -1 \\ & \quad \cup [-180^\circ, -60^\circ] \cup [60^\circ, 180^\circ] & k = 0 \\ & \quad \cup [180^\circ, 300^\circ] \cup [420^\circ, 540^\circ] & k = 1 \end{aligned}$$

$$\theta \in \quad [-300^\circ, -60^\circ] \cup [60^\circ, 300^\circ]$$

Example



- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

$$\cos \theta \in \left[-1, \frac{1}{2}\right]$$

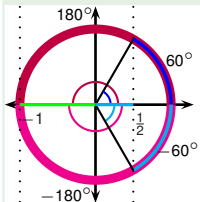
$$-1 \leq \cos \theta \leq \frac{1}{2}$$

$$\theta \in [-180^\circ + k360^\circ, -60^\circ + k360^\circ] \cup [60^\circ + k360^\circ, 180^\circ + k360^\circ]$$

$$\theta \in \begin{aligned} & \cup [-540^\circ, -420^\circ] \cup [-300^\circ, -180^\circ] & k = -1 \\ & \cup [-180^\circ, -60^\circ] \cup [60^\circ, 180^\circ] & k = 0 \\ & \cup [180^\circ, 300^\circ] \cup [420^\circ, 540^\circ] & k = 1 \end{aligned}$$

$$\theta \in [-300^\circ, -60^\circ] \cup [60^\circ, 300^\circ]$$

Example

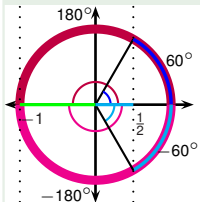


- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

$$\begin{aligned} \cos \theta &\in \left[-1, \frac{1}{2}\right] \\ -1 &\leq \cos \theta \leq \frac{1}{2} \end{aligned}$$

$$\theta \in [-300^\circ, -60^\circ] \cup [60^\circ, 300^\circ]$$

Example

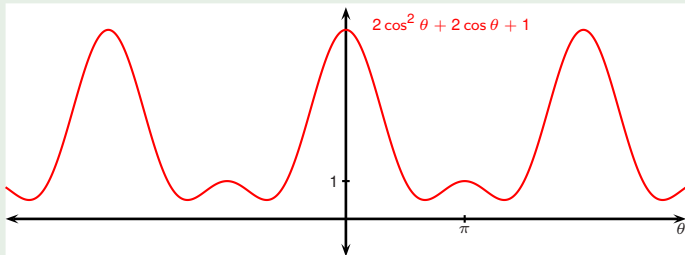


- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2\cos^2 \theta + 2\cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

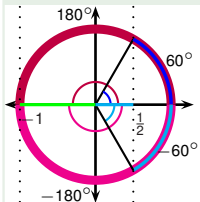
$$\cos \theta \in \left[-1, \frac{1}{2}\right]$$

$$-1 \leq \cos \theta \leq \frac{1}{2}$$

$$\theta \in [-300^\circ, -60^\circ] \cup [60^\circ, 300^\circ]$$



Example

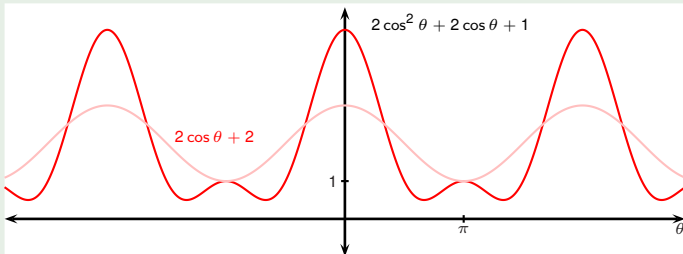


- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

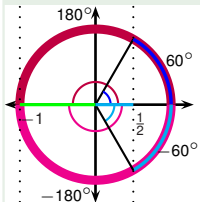
$$\cos \theta \in \left[-1, \frac{1}{2}\right]$$

$$-1 \leq \cos \theta \leq \frac{1}{2}$$

$$\theta \in [-300^\circ, -60^\circ] \cup [60^\circ, 300^\circ]$$



Example

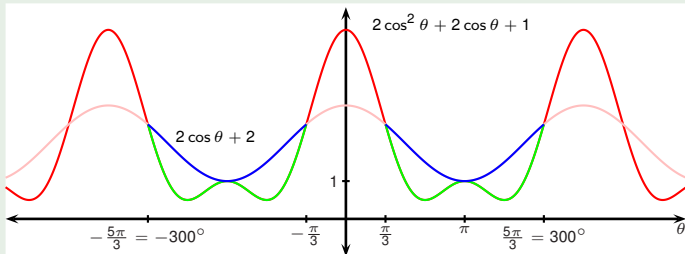


- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

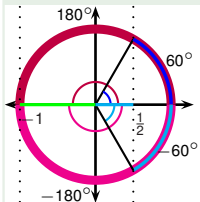
$$\cos \theta \in \left[-1, \frac{1}{2}\right]$$

$$-1 \leq \cos \theta \leq \frac{1}{2}$$

$$\theta \in [-300^\circ, -60^\circ] \cup [60^\circ, 300^\circ]$$



Example



- Solve the inequality $2u^2 + 2u + 1 \leq u + 2$.
- Find all solutions of $2 \cos^2 \theta + 2 \cos \theta + 1 \leq \cos \theta + 2$ lying in $[-360^\circ, 360^\circ]$.

$$\cos \theta \in \left[-1, \frac{1}{2}\right]$$

$$-1 \leq \cos \theta \leq \frac{1}{2}$$

$\theta \in$

$$[-300^\circ, -60^\circ] \cup [60^\circ, 300^\circ]$$

