Calculus II Integrals of the form $\int \sin^n x \cos^m x dx$, both powers even

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2019

$$\int_0^{\frac{\pi}{2}} \sin^2 x dx$$

Example

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$$\int_0^{\frac{\pi}{2}} \sin^2 x dx = \int_0^{\frac{\pi}{2}} \left(\frac{1 - \cos(2x)}{2} \right) dx$$

express $\sin^2 x$ via $\cos(2x)$

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Integrals of the form
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