# Calculus II Lecture 6

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https://github.com/tmilev/freecalc

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## Outline

- Trigonometric Integrals
  - Integrating rational trigonometric integrals
  - Ad hoc methods for trigonometric integrals

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# Integrals of the form $\int R(\cos \theta, \sin \theta) d\theta$ , R

Let R be an arbitrary rational function in two variables (quotient of polynomials in two variables).

#### Question

Can we integrate  $\int R(\cos \theta, \sin \theta) d\theta$ ?

- Yes. We will learn how in what follows.
- The algorithm for integration is roughly:
  - Apply the substitution  $\theta = 2 \arctan t$  to transform to integral of rational function.
  - Solve as previously studied.

# The rationalizing substitution $\theta = 2 \arctan t$

Let R- rational function in two variables.  $\int R(\cos \theta, \sin \theta) d\theta$  can be integrated via the substitution  $\theta = 2 \arctan t$ . How does this transform  $\sin \theta$ ,  $\cos \theta$ ? How does this transform  $d\theta$ ? How is t expressed via  $\theta$ ?

$$\sin \theta = \sin(2 \arctan t) = \frac{2 \tan(\arctan t)}{1 + \tan^2(\arctan t)} = \frac{2t}{1 + t^2}$$

$$\cos \theta = \cos(2 \arctan t) = \frac{1 - \tan^2(\arctan t)}{1 + \tan^2(\arctan t)} = \frac{1 - t^2}{1 + t^2}$$

Recall the expression of sin(2z), cos(2z) via tan z:

$$\sin(2z) = 2\sin z \cos z = \frac{2\sin z \cos z \frac{1}{\cos^2 z}}{(\cos^2 z + \sin^2 z) \frac{1}{\cos^2 z}} = \frac{2\tan z}{1 + \tan^2 z}.$$

$$\cos(2z) = \cos^2 z - \sin^2 z = \frac{(\cos^2 z - \sin^2 z) \frac{1}{\cos^2 z}}{(\cos^2 z + \sin^2 z) \frac{1}{\cos^2 z}} = \frac{1 - \tan^2 z}{1 + \tan^2 z}.$$

# The rationalizing substitution $\theta = 2 \arctan t$

Let R- rational function in two variables.  $\int R(\cos \theta, \sin \theta) d\theta$  can be integrated via the substitution  $\theta = 2 \arctan t$ . How does this transform  $\sin \theta$ ,  $\cos \theta$ ? How does this transform  $d\theta$ ? How is t expressed via  $\theta$ ?

$$\sin \theta = \sin(2 \arctan t) = \frac{2 \tan(\arctan t)}{1 + \tan^2(\arctan t)} = \frac{2t}{1 + t^2}$$

$$\cos \theta = \cos(2 \arctan t) = \frac{1 - \tan^2(\arctan t)}{1 + \tan^2(\arctan t)} = \frac{1 - t^2}{1 + t^2}$$

$$d\theta = 2d(\arctan t) = \frac{2}{1 + t^2}dt$$

$$t = \tan\left(\frac{\theta}{2}\right)$$

#### Theorem

The substitution given above transforms  $\int R(\cos \theta, \sin \theta) d\theta$  to an integral of a rational function of t.

Let 
$$\theta = 2 \arctan t$$
,  $\cos \theta = \frac{1-t^2}{1+t^2}$ ,  $\sin \theta = \frac{2t}{1+t^2}$ ,  $z = \frac{3}{\sqrt{5}} (t + \frac{1}{3})$ .

$$\int \frac{\mathrm{d}\theta}{2\sin\theta - \cos\theta + 5} = \int \frac{2\mathrm{d}t}{(1+t^2)\left(2\frac{2t}{t^2+1} - \frac{(1-t^2)}{1+t^2} + 5\right)}$$

$$= \int \frac{2\mathrm{d}t}{6t^2 + 4t + 4}$$

$$= \int \frac{\mathrm{d}t}{3t^2 + 2t + 2}$$

$$= \int \frac{\mathrm{d}t}{3\left(t^2 + 2t\frac{1}{3} + \frac{1}{9} - \frac{1}{9} + \frac{2}{3}\right)}$$

$$= \frac{1}{3}\int \frac{\mathrm{d}t}{\left(t + \frac{1}{3}\right)^2 + \frac{5}{9}}$$

$$= \frac{1}{3}\int \frac{\mathrm{d}t}{\frac{5}{9}\left(\frac{9}{5}\left(t + \frac{1}{3}\right)^2 + 1\right)}$$

Let 
$$\theta = 2 \arctan t$$
,  $\cos \theta = \frac{1-t^2}{1+t^2}$ ,  $\sin \theta = \frac{2t}{1+t^2}$ ,  $z = \frac{3}{\sqrt{5}} (t + \frac{1}{3})$ .

$$\begin{split} \int \frac{\mathrm{d}\theta}{2\sin\theta - \cos\theta + 5} &= \frac{1}{3} \int \frac{\mathrm{d}t}{\frac{5}{9} \left(\frac{9}{5} \left(t + \frac{1}{3}\right)^2 + 1\right)} \\ &= \frac{3}{5} \int \frac{\frac{\sqrt{5}}{3} \mathrm{d} \left(\frac{3}{\sqrt{5}} \left(t + \frac{1}{3}\right)\right)}{\left(\left(\frac{3}{\sqrt{5}} \left(t + \frac{1}{3}\right)\right)^2 + 1\right)} \\ &= \frac{\sqrt{5}}{5} \int \frac{\mathrm{d}z}{z^2 + 1} \\ &= \frac{\sqrt{5}}{5} \arctan z + C \\ &= \frac{\sqrt{5}}{5} \arctan \left(\frac{3}{\sqrt{5}} \left(t + \frac{1}{3}\right)\right) + C \\ &= \frac{\sqrt{5}}{5} \arctan \left(\frac{3}{\sqrt{5}} \left(\tan \left(\frac{\theta}{2}\right) + \frac{1}{3}\right)\right) + C \end{split}$$

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The integral  $\int \sec \theta d\theta$  appears often in practice. A quicker solution will be shown later, but first we show the standard method.

## Example

Set 
$$\theta = 2 \arctan t$$
,  $\cos \theta = \frac{1 - \tan^2(\frac{\theta}{2})}{1 + \tan^2(\frac{\theta}{2})} = \frac{1 - t^2}{1 + t^2}$ ,  $d\theta = 2\frac{1}{1 + t^2}dt$ .

$$\int \sec \theta d\theta = \int \frac{1}{\cos \theta} d\theta = \int \frac{1}{\left(\frac{1 - t^2}{1 + t^2}\right)} \frac{2}{\left(1 + t^2\right)} dt$$

$$= \int \frac{2}{1 - t^2} dt = \int \left(\frac{1}{1 - t} + \frac{1}{1 + t}\right) dt \quad | \text{ part. fractions}$$

$$= -\ln|1 - t| + \ln|1 + t| + C$$

$$= \ln\left|\frac{1 + t}{1 - t}\right| + C$$

$$= \ln\left|\frac{1 + \tan(\frac{\theta}{2})}{1 - \tan(\frac{\theta}{2})}\right| + C$$

The integral  $\int \sec \theta d\theta$  appears often in practice. A quicker solution will be shown later, but first we show the standard method.

#### Example

$$\begin{split} & \text{Set } \theta = 2 \arctan t, \cos \theta = \frac{1 - \tan^2(\frac{\theta}{2})}{1 + \tan^2(\frac{\theta}{2})} = \frac{1 - t^2}{1 + t^2}, \, \mathrm{d}\theta = 2 \frac{1}{1 + t^2} \mathrm{d}t. \\ & \int \sec \theta \mathrm{d}\theta \quad = \quad \ln \left| \frac{1 + \tan(\frac{\theta}{2})}{1 - \tan(\frac{\theta}{2})} \right| + C \end{split}$$

This is a perfectly good answer, however there's a simplification:

$$\tan \theta + \sec \theta = \frac{\sin \theta + 1}{\cos \theta} = \frac{2 \sin \left(\frac{\theta}{2}\right) \cos \left(\frac{\theta}{2}\right) + \sin^2 \left(\frac{\theta}{2}\right) + \cos^2 \left(\frac{\theta}{2}\right)}{\cos^2 \left(\frac{\theta}{2}\right) - \sin^2 \left(\frac{\theta}{2}\right)}$$

$$= \frac{\left(\sin \left(\frac{\theta}{2}\right) + \cos \left(\frac{\theta}{2}\right)\right)^2}{\left(\cos \left(\frac{\theta}{2}\right) - \sin \left(\frac{\theta}{2}\right)\right) \left(\cos \left(\frac{\theta}{2}\right) + \sin \left(\frac{\theta}{2}\right)\right)}$$

$$= \frac{\sin \left(\frac{\theta}{2}\right) + \cos \left(\frac{\theta}{2}\right)}{\cos \left(\frac{\theta}{2}\right) - \sin \left(\frac{\theta}{2}\right)} = \frac{1 + \tan \left(\frac{\theta}{2}\right)}{1 - \tan \left(\frac{\theta}{2}\right)}.$$

The integral  $\int \sec \theta d\theta$  appears often in practice. A quicker solution will be shown later, but first we show the standard method.

#### Example

Set 
$$\theta = 2 \arctan t$$
,  $\cos \theta = \frac{1 - \tan^2(\frac{\theta}{2})}{1 + \tan^2(\frac{\theta}{2})} = \frac{1 - t^2}{1 + t^2}$ ,  $d\theta = 2\frac{1}{1 + t^2}dt$ .
$$\int \sec \theta d\theta = \ln|\tan \theta + \sec \theta| + C$$

This is a perfectly good answer, however there's a simplification:

$$\tan \theta + \sec \theta = \frac{\sin \theta + 1}{\cos \theta} = \frac{2 \sin \left(\frac{\theta}{2}\right) \cos \left(\frac{\theta}{2}\right) + \sin^2 \left(\frac{\theta}{2}\right) + \cos^2 \left(\frac{\theta}{2}\right)}{\cos^2 \left(\frac{\theta}{2}\right) - \sin^2 \left(\frac{\theta}{2}\right)}$$

$$= \frac{\left(\sin \left(\frac{\theta}{2}\right) + \cos \left(\frac{\theta}{2}\right)\right)^2}{\left(\cos \left(\frac{\theta}{2}\right) - \sin \left(\frac{\theta}{2}\right)\right) \left(\cos \left(\frac{\theta}{2}\right) + \sin \left(\frac{\theta}{2}\right)\right)}$$

$$= \frac{\sin \left(\frac{\theta}{2}\right) + \cos \left(\frac{\theta}{2}\right)}{\cos \left(\frac{\theta}{2}\right) - \sin \left(\frac{\theta}{2}\right)} = \frac{1 + \tan \left(\frac{\theta}{2}\right)}{1 - \tan \left(\frac{\theta}{2}\right)}.$$

# Trigonometric Integrals - quick ad hoc techniques

- As we saw, every rational trigonometric expression can be integrated with the substitution  $\theta = 2 \arctan t$ .
- This integration technique results in rather long computations.
- Particular integral types may be computable with quicker ad hoc techniques.
- We illustrate such techniques on examples.
- Examples to which our ad hoc techniques apply arise from integrals needed outside of the subject of Calculus II, so these techniques are important.
- The trigonometric integral we saw,  $\int \frac{d\theta}{2\sin\theta-\cos\theta+5}$ , will not work with any of following ad-hoc techniques, so the general method is important as well.

$$\int \sin^3 x dx = \int \sin^2 x \sin x dx$$

$$= \int \sin^2 x d(-\cos x) \qquad \qquad \text{Can we rewrite } \sin^2 x \text{ via } \cos x?$$

$$= \int (-1) \left(1 - \cos^2 x\right) d(\cos x)$$

$$= \int \left(\cos^2 x - 1\right) d(\cos x) \qquad \qquad \text{Set } u = \cos x$$

$$= \int \left(u^2 - 1\right) du$$

$$= \frac{u^3}{3} - u + C$$

$$= \frac{1}{3} \cos^3 x - \cos x + C \qquad .$$

$$\int \cos^{5} x \sin^{2} x dx = \int \cos^{4} x \sin^{2} x \cos x dx$$

$$= \int \cos^{4} x \sin^{2} x d(\sin x) \qquad \text{Can we rewrite } \cos^{4} x \text{ via } \sin x?$$

$$= \int \left(\cos^{2} x\right)^{2} \sin^{2} x d(\sin x)$$

$$= \int \left(1 - \sin^{2} x\right)^{2} \sin^{2} x d(\sin x) \qquad \text{Set } u = \sin x$$

$$= \int \left(1 - u^{2}\right)^{2} u^{2} du$$

$$= \int \left(1 - 2u^{2} + u^{4}\right) u^{2} du$$

$$= \int \left(u^{2} - 2u^{4} + u^{6}\right) du$$

$$= \frac{u^{3}}{3} - 2\frac{u^{5}}{5} + \frac{u^{7}}{7} + C$$

$$= \frac{\sin^{3} x}{3} - 2\frac{\sin^{5} x}{5} + \frac{\sin^{7} x}{7} + C \qquad .$$

$$\int \sin^{m} x \cos^{n} x dx = \int \sin^{m} x \cos^{n-1} x d(\sin x)$$

$$= \int \sin^{m} x \left(1 - \sin^{2} x\right)^{\frac{n-1}{2}} d(\sin x)$$

$$= \int u^{m} \left(1 - u^{2}\right)^{\frac{n-1}{2}} du$$

$$\int \sin^{m} x \cos^{n} x dx = \int \sin^{m-1} x \cos^{n} x d(-\cos x)$$

$$= -\int \left(1 - \cos^{2} x\right)^{\frac{m-1}{2}} \cos^{n} x d(\cos x)$$

$$= -\int \left(1 - u^{2}\right)^{\frac{m-1}{2}} u^{n} du$$
When  $n - \text{odd:}$ 

$$\sin x dx$$

$$= d(-\cos x)$$

$$= \exp(-\cos x)$$
Express  $\cos x$ 

$$\sin x dx$$

$$= d(-\cos x)$$
Express  $\cos x$ 

$$\sin x dx$$

$$= \cos x dx$$

If both m, n- even, use  $\begin{vmatrix} \sin^2 x & = & \frac{1-\cos(2x)}{2} \\ \cos^2 x & = & \frac{\cos(2x)+1}{2} \end{vmatrix}$  and substitute s = 2x to

lower trig powers. Repeat above considerations.

$$\int_0^{\frac{\pi}{2}} \sin^2 x dx = \int_0^{\frac{\pi}{2}} \left( \frac{1 - \cos(2x)}{2} \right) dx \qquad \qquad | \text{ express } \sin^2 x \\ = \left[ \frac{x}{2} - \frac{\sin(2x)}{4} \right]_0^{\frac{\pi}{2}} \\ = \left( \frac{\pi}{4} - \frac{\sin \pi}{4} \right) - \left( 0 - \frac{\sin 0}{4} \right) = \frac{\pi}{4}.$$

## Example

Set  $t = \cos x$ ,  $x \in \left[0, \frac{\pi}{2}\right] \Rightarrow \sin x \ge 0$ . Then  $dt = d(\cos x) = -\sin x dx.$ 



$$\int_{t=0}^{t=1} \sqrt{1-t^2} dt = -\int_{x=\frac{\pi}{2}}^{x=0} \sqrt{1-\cos^2 x} \sin x dx$$

$$= \int_{x=\frac{\pi}{2}}^{x=\frac{\pi}{2}} \sqrt{\sin^2 x} \sin x dx$$

$$= \int_{0}^{x=\frac{\pi}{2}} \sin^2 x dx = \frac{\pi}{4} .$$

$$\int \tan^8 x \sec^4 x dx = \int \tan^8 x \sec^2 x \sec^2 x dx$$

$$= \int \tan^8 x \sec^2 x d (\tan x) \qquad \text{Can we rewrite } \sec^2 x \text{ via } \tan x?$$

$$= \int \tan^8 x \left(1 + \tan^2 x\right) d(\tan x) \qquad \text{Set } u = \tan x$$

$$= \int u^8 \left(1 + u^2\right) du$$

$$= \int \left(u^8 + u^{10}\right) du$$

$$= \frac{u^9}{9} + \frac{u^{11}}{11} + C$$

$$= \frac{\tan^9 x}{9} + \frac{\tan^{11} x}{11} + C \qquad .$$

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$$\int \tan^{5} x \sec^{9} x dx = \int \tan^{4} x \sec^{8} x \tan x \sec x dx$$

$$= \int \tan^{4} x \sec^{8} x d(\sec x) \qquad \text{Can we rewrite } \tan^{4} x \text{ via } \sec x?$$

$$= \int \left(\tan^{2} x\right)^{2} \sec^{8} x d(\sec x)$$

$$= \int \left(\sec^{2} x - 1\right)^{2} \sec^{8} x d(\sec x) \qquad \text{Set } u = \sec x$$

$$= \int \left(1 - u^{2}\right)^{2} u^{8} du$$

$$= \int \left(1 - 2u^{2} + u^{4}\right) u^{8} du$$

$$= \int \left(u^{8} - 2u^{10} + u^{12}\right) du$$

$$= \frac{u^{9}}{9} - 2\frac{u^{11}}{11} + \frac{u^{13}}{13} + C$$

$$= \frac{\sec^{9} x}{9} - 2\frac{\sec^{11} x}{11} + \frac{\sec^{13} x}{13} + C \qquad .$$

# Partial strategy for fast evaluation of $\int tan^m x \sec^n x dx$

$$\int \tan^{m} x \sec^{n} x dx = \int \tan^{m} x \sec^{n-2} x d(\tan x)$$

$$= \int \tan^{m} x \left(1 + \tan^{2} x\right)^{\frac{n-2}{2}} d(\tan x)$$

$$= \int u^{m} \left(1 + u^{2}\right)^{\frac{n-2}{2}} du$$

$$\int \tan^{m} x \sec^{n} x dx = \int \tan^{m-1} x \sec^{n-1} x d(\sec x)$$

$$= \int \left(\sec^{2} x - 1\right)^{\frac{m-1}{2}} \sec^{n-1} x d(\sec x)$$

$$= \int \left(u^{2} - 1\right)^{\frac{m-1}{2}} u^{n} du$$

$$n - \text{even}, n \ge 2$$

$$\sec^{2} x dx$$

$$= d(\tan x)$$
Express  $\sec x$ 
via  $\tan x$ 

$$m - \text{odd}, n \ge 1$$

$$\tan x \sec x dx$$

$$= d(\sec x)$$
Express  $\tan x$ 
via  $\sec x$ 
Via  $\sec x$ 

Outside of the above cases we either use more tricks or resort to the general method  $x = 2 \arctan t$ .

$$\int \tan x dx = \int \frac{\sin x}{\cos x} dx = \int \frac{1}{\cos x} d(-\cos x) \quad \left| \text{ Set } u = \cos x \right|$$

$$= -\int \frac{du}{u} = -\ln|u| + C$$

$$= -\ln|\cos x| + C = \ln|\sec x| + C$$

The following can be/was computed via  $x = 2 \arctan t$ . Alternatively:

# Example

$$\int \sec x dx = \int \sec x \frac{(\sec x + \tan x)}{(\sec x + \tan x)} dx$$

$$= \int \frac{\sec^2 x + \sec x \tan x}{\sec x + \tan x} dx$$

$$= \int \frac{d(\tan x + \sec x)}{\sec x + \tan x} \qquad | \text{Set } u = \sec x + \tan x$$

$$= \int \frac{du}{u} = \ln|u| + C$$

$$= \ln|\sec x + \tan x| + C.$$

$$\int \tan^3 x dx = \int \tan x \tan^2 x dx$$

$$= \int \tan x \left( \sec^2 x - 1 \right) dx$$

$$= \int \tan x \sec^2 x dx - \int \tan x dx$$

$$= \int \tan x d(\tan x) - \ln|\sec x| \qquad |\operatorname{Set} u = \tan x|$$

$$= \int u du + \ln\left|\frac{1}{\sec x}\right|$$

$$= \frac{u^2}{2} + \ln|\cos x| + C$$

$$= \frac{\tan^2 x}{2} + \ln|\cos x| + C$$

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$$\int \sec^3 x dx = \int \sec x \sec^2 x dx$$

$$= \int \sec x d(\tan x)$$

$$= \sec x \tan x - \int \tan x d(\sec x)$$

$$= \sec x \tan x - \int \tan^2 x \sec x dx$$

$$= \sec x \tan x - \int (\sec^2 x - 1) \sec x dx$$

$$= \sec x \tan x - \int \sec^3 x dx + \int \sec x dx$$

$$2 \int \sec^3 x dx = \sec x \tan x + \ln|\sec x + \tan x| + C$$

$$\int \sec^3 x dx = \frac{1}{2} (\sec x \tan x + \ln|\sec x + \tan x|) + K.$$

Integrate by parts

#### To evaluate integrals of the form

- $\int \sin(mx)\cos(nx)dx$

#### use the corresponding identity:

- 2  $\sin A \sin B = \frac{1}{2} [\cos(A B) \cos(A + B)]$
- 3  $\cos A \cos B = \frac{1}{2} [\cos(A B) + \cos(A + B)]$

$$\int \sin(4x)\cos(5x)dx = \int \frac{1}{2}[\sin(4x - 5x) + \sin(4x + 5x)]dx$$

$$= \frac{1}{2}\int (\sin(-x) + \sin(9x))dx$$

$$= \frac{1}{2}\int (-\sin x + \sin(9x))dx$$

$$= \frac{1}{2}(\cos x - \frac{1}{9}\cos(9x)) + C$$