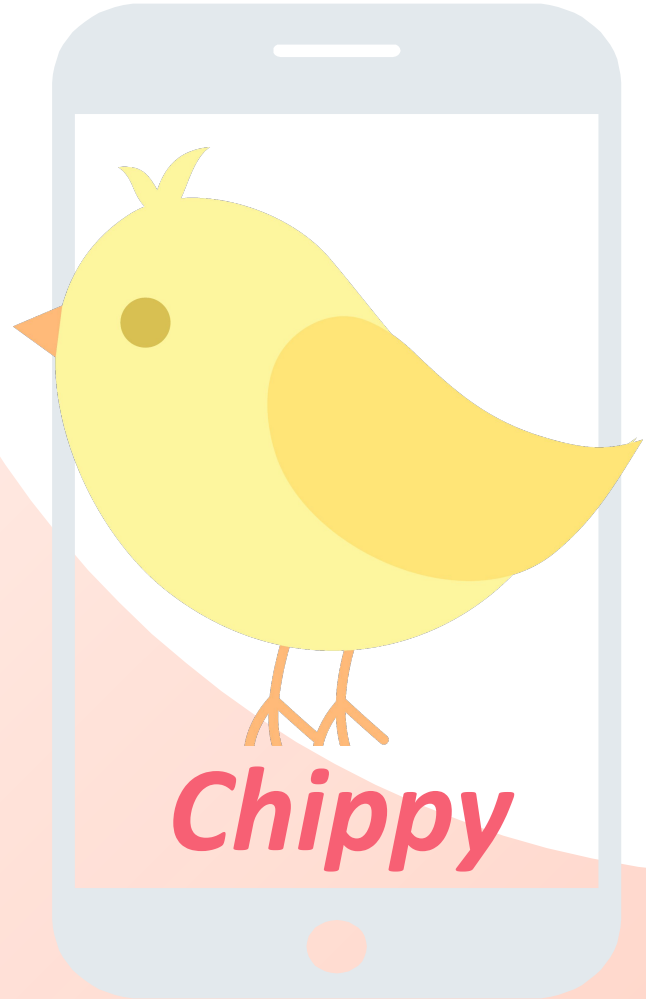# TABLE OF CONTENTS

01

BACKGROUND

02

PROBLEM STATEMENT

03

WORKFLOW

04

DATA CLEANING & EDA

05

MODEL & EVALUATION

06

CONCLUSION & RECOMMENDATIONS

01

Corporate Social Responsibility

According to JAMA Psychiatry,
studies show that *adolescents* who **use social media**
> three hours /day may be at *heightened risk* of
mental health problems

According to Bachmann S. Epidemiology of Suicide and the Psychiatric Perspective, *most suicides are related* to psychiatric diseases and depression

REPORT FEATURE

- Enables users to flag other users if they suspect a user to be suffering from mental health issues based on their posts

Chippy

User 1

Insert depressive thoughts

Report

Benefits of Corporate Social Responsibility

BETTER BRAND RECOGNITION

POSITIVE BUSINESS REPUTATION

GAIN BUSINESS ADVANTAGE
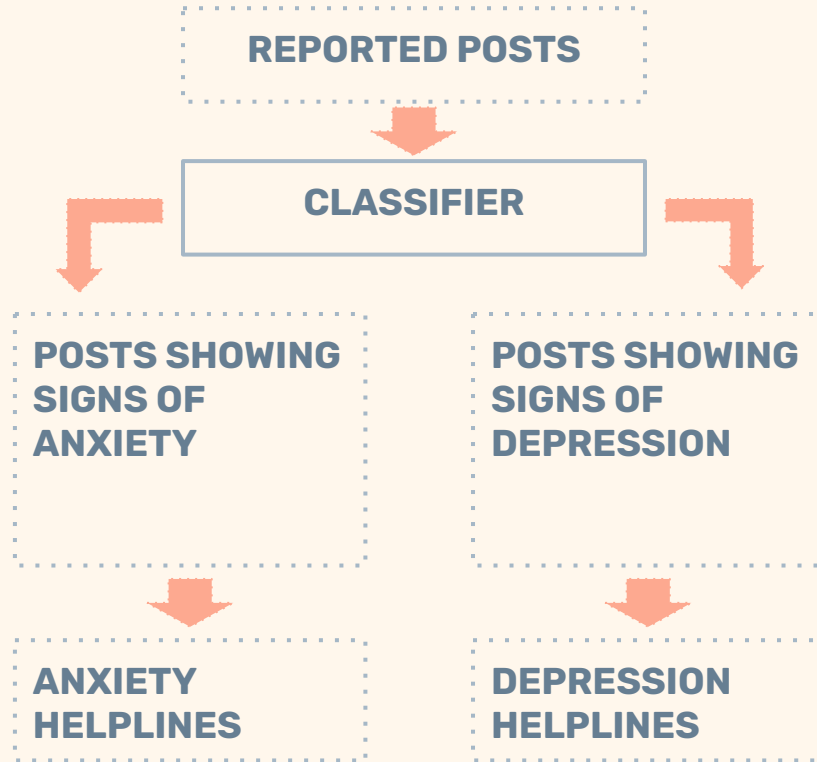
02
Problem Statement
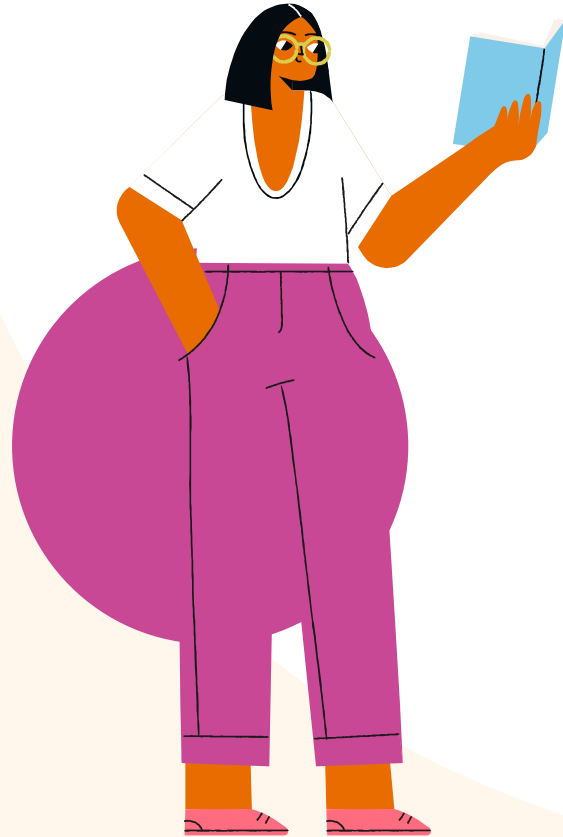
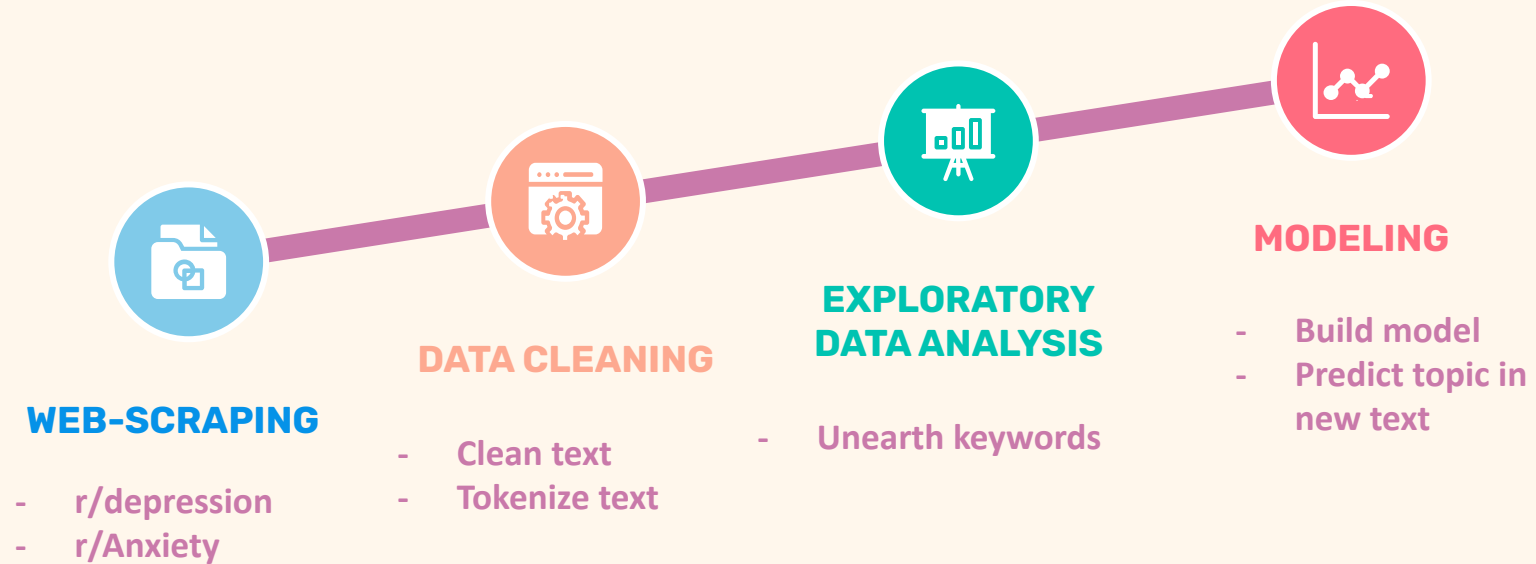# Our Task

02

WORKFLOW

WORKFLOW

WEB-SCRAPING

- r/depression
- r/Anxiety

DATA CLEANING

- Clean text
- Tokenize text

EXPLORATORY DATA ANALYSIS

- Unearth keywords

MODELING

- Build model
- Predict topic in new text

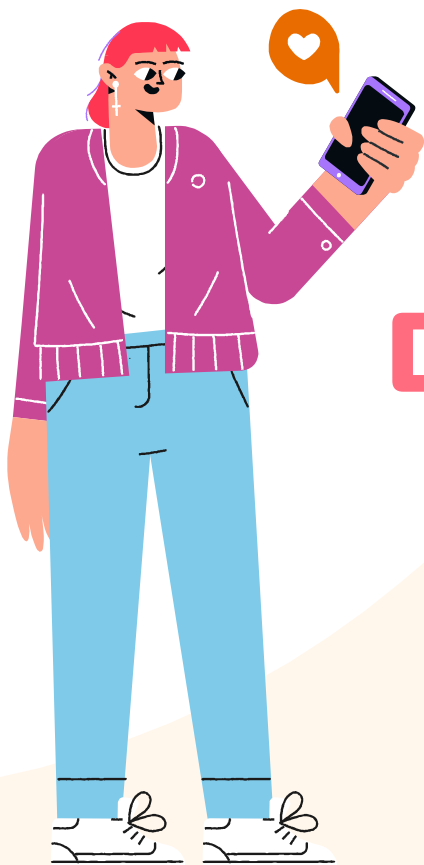# USING PROXY DATA FROM REDDIT

r/Depression

r/Anxiety

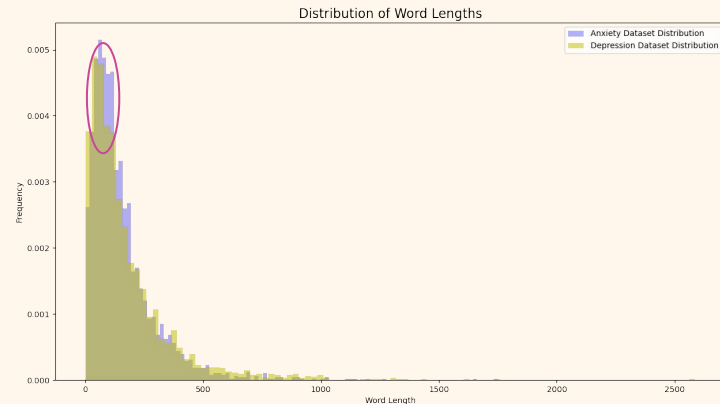Tota **6000** posts scraped from both subreddits

03

DATA CLEANING & EDA

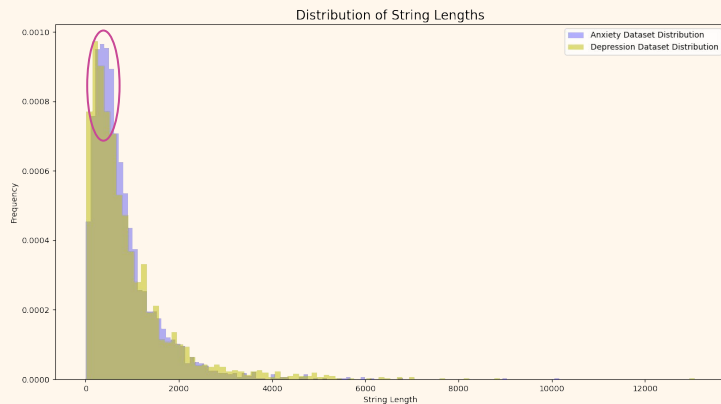# EDA : SIMILAR DISTRIBUTION IN BOTH DATASETS

- REQUIRES NLP FOR IN DEPTH ANALYSIS

What is NLP?

Natural Language Processing

Machine learning technology to interpret, manipulate and comprehend human language

Use Cases

- Spam Filter in Email Account
- Autocomplete in Google Search
- Autocorrect in Word Document

Applications

Text Classification

'What topic does a text instance belong to?'

Preprocessing text data

Remove Punctuations

.,?!

Tokenization

Break up long strings & sentences into lists of words

Remove Stopwords

'but', 'if', 'the'
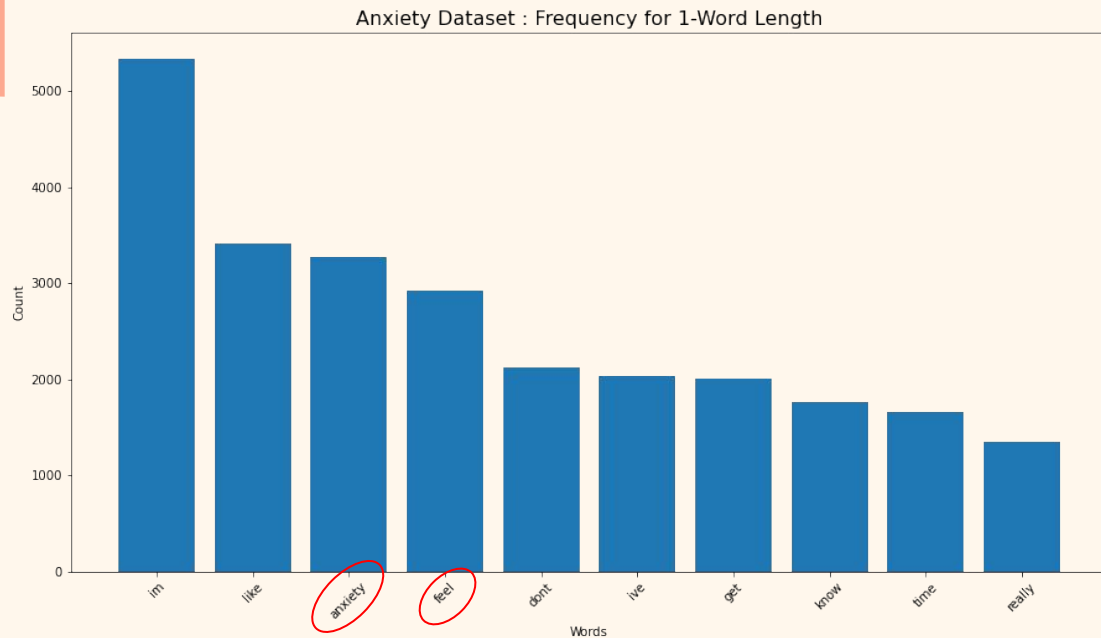
Lemmatization

Reduce words to base form
e.g. bats → bat,
feet → foot, better → good

Top 10 words: Anxiety dataset

Anxiety Dataset : Frequency for 1-Word Length

1.2

'anxiety' per post

1.1

'feel' per post

Top 10 bigrams: Anxiety dataset

Anxiety Dataset : Frequency for 2-Word Length
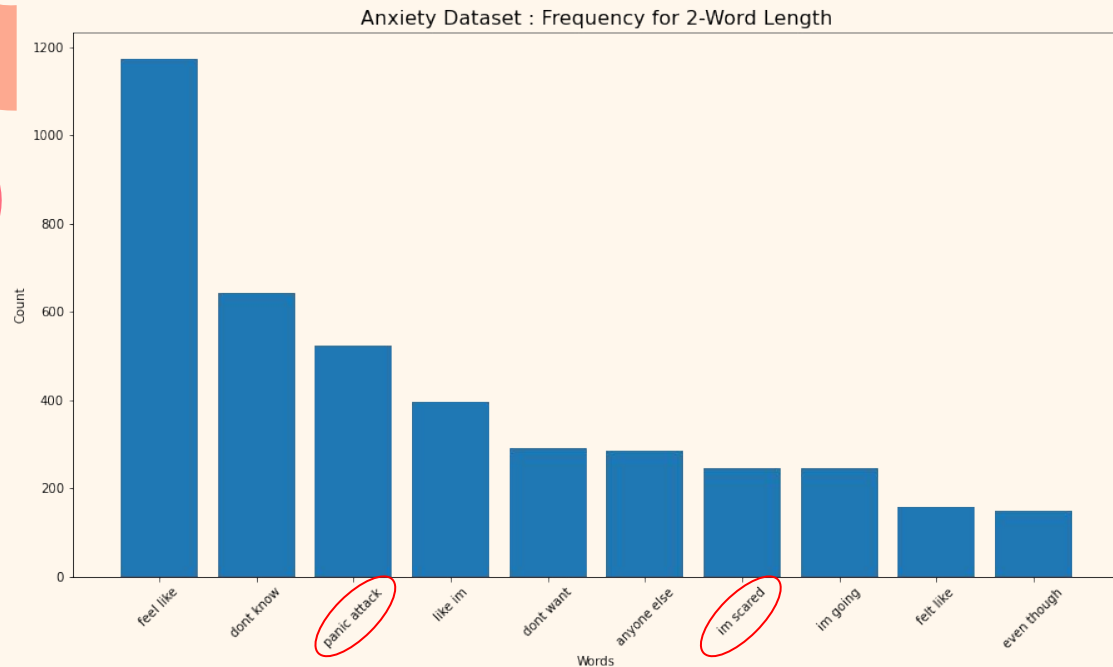
20%
of posts contains
'panic attack'

10%
of posts contains
'im scared'

Top 10 words: Depression dataset

Depression Dataset : Frequency for 1-Word Length
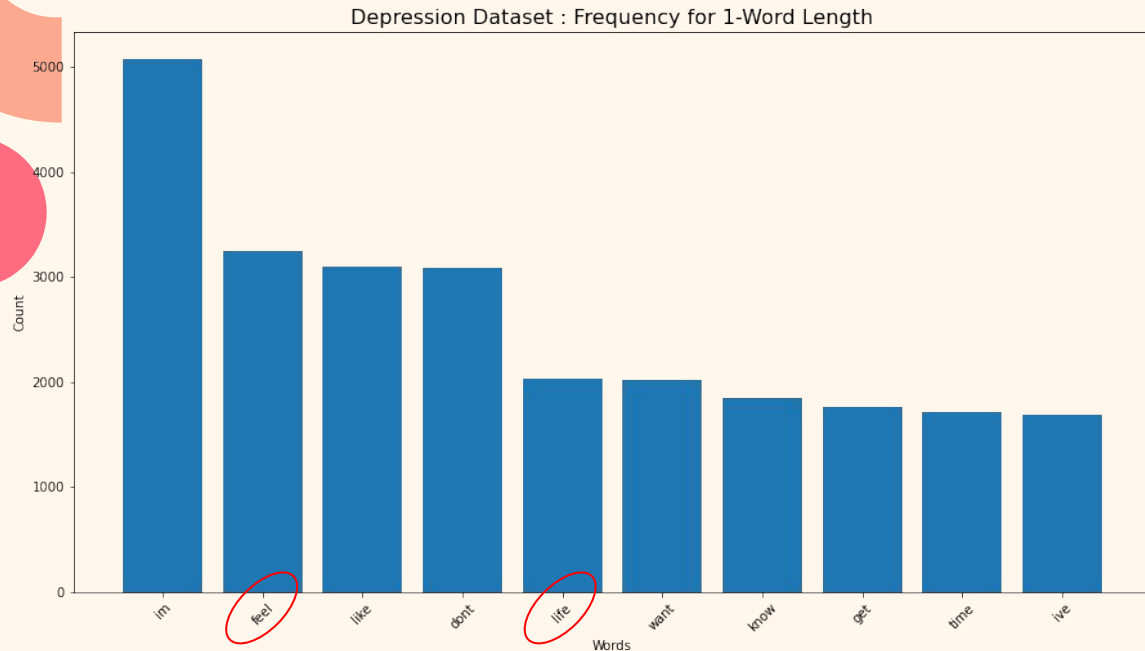
1.4
'feel' per post

0.9
'life' per post

Not in top 10:
'depressed'

Top 10 bigrams: Depression dataset

Depression Dataset : Frequency for 2-Word Length
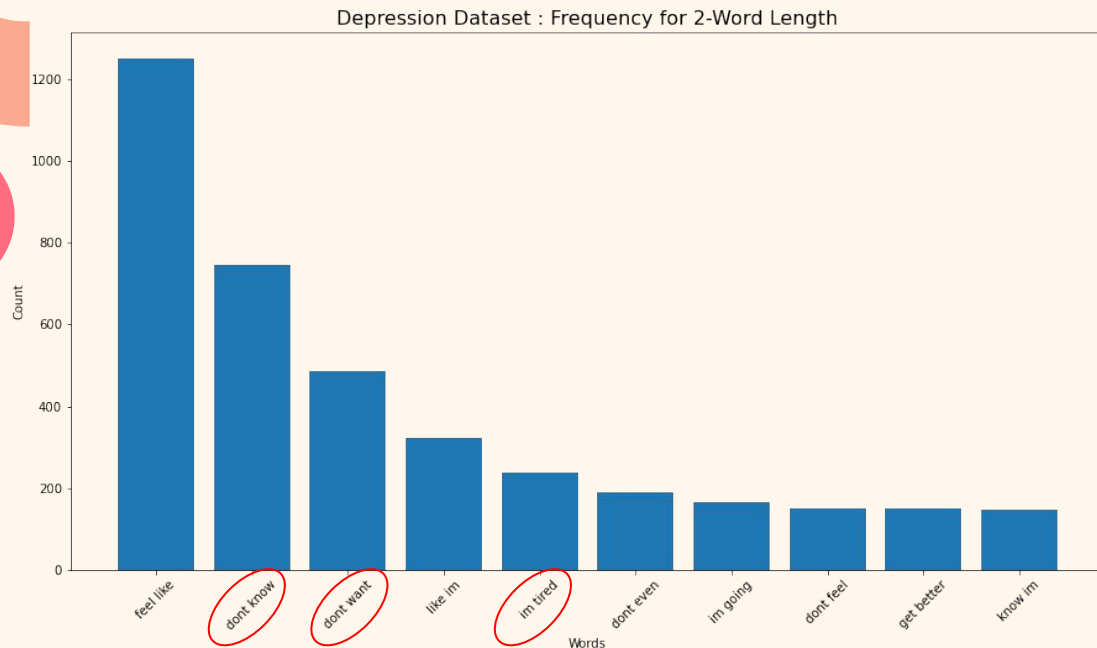
50%
of posts contain
'don't know' &
'don't want'

10%
of posts contain
'i'm tired'

04

MODEL &
EVALUATION

Data Preparation for Modelling

N-Gram (1,2)	TF-IDF
Remove punctuation	
Remove words with numbers	
Remove stopwords	
Lemmatize	
CountVectorizer (max_features = 10,000)	TFIDFVectorizer (max_features = 10,000)

Logistic Regression
Multinomial Naive Bayes
Bernoulli Naive Bayes
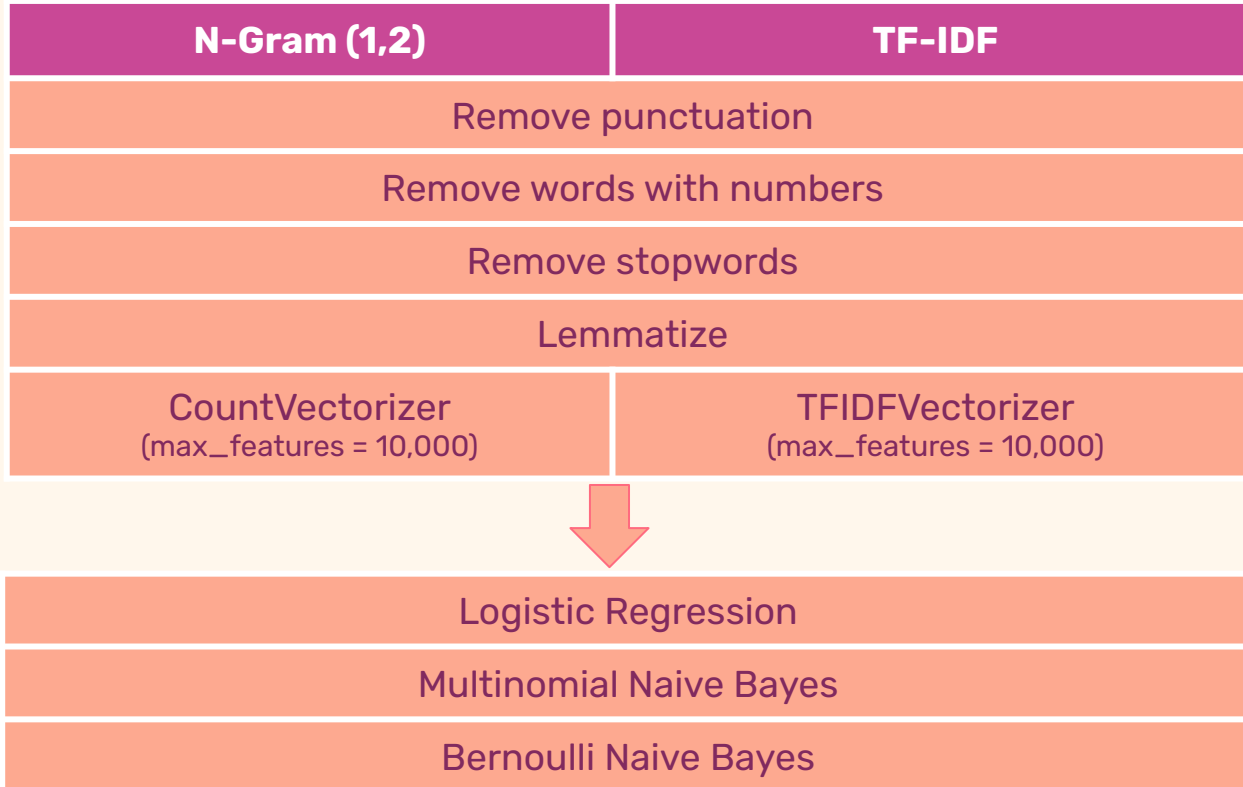
Findings : ROC Curve

- TF-IDF vectorization performs better than Count vectorization
- Logistic regression perform better than Naive Bayes models

ROC Curve Comparison (TF-IDF)

LogisticRegression (AUC = 0.94)
MultinomialNB (AUC = 0.93)
BernoulliNB (AUC = 0.89)

ROC Curve Comparison (N-Gram)

LogisticRegression (AUC = 0.93)
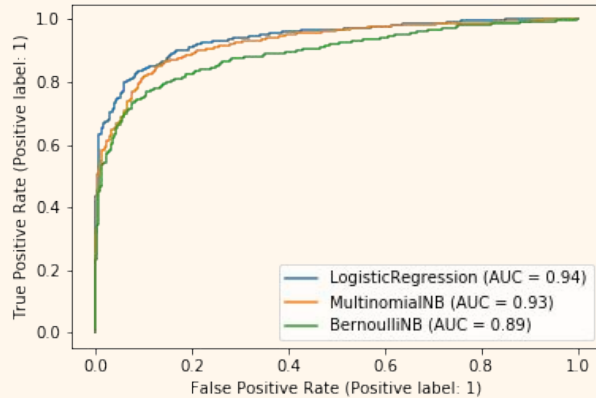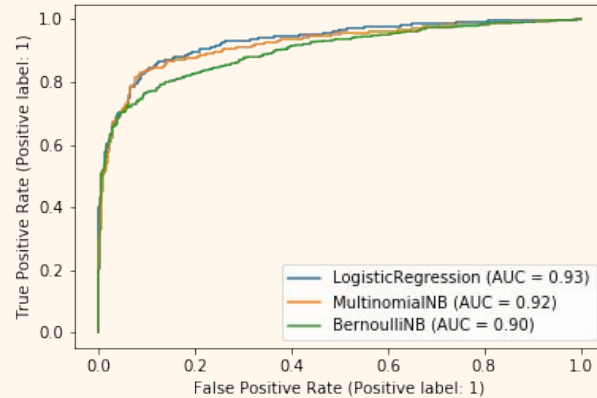MultinomialNB (AUC = 0.92)
BernoulliNB (AUC = 0.90)

Model Results

- Logistic Regression with TF-IDF vectorization selected for production
- Optimized for accuracy

Model	Method	Train Score	Accuracy	Precision (Depression)	Precision (Anxiety)	AUC
Logistic Regression	TF-IDF	0.94	0.86	0.83	0.89	0.94
Multinomial Naive Bayes	TF-IDF	0.91	0.86	0.82	0.89	0.93
Bernoulli Naive Bayes	TF-IDF	0.84	0.80	0.81	0.80	0.89
Logistic Regression	N-Gram (1,2)	0.99	0.86	0.81	0.91	0.93
Multinomial Naive Bayes	N-Gram (1,2)	0.90	0.86	0.81	0.90	0.92
Bernoulli Naive Bayes	N-Gram (1,2)	0.85	0.80	0.79	0.80	0.90

Logistic Regression Results

- Regression model is able to predict with 86% accuracy
- Train Score: 0.937
- Test Score: 0.863

Confusion Matrix
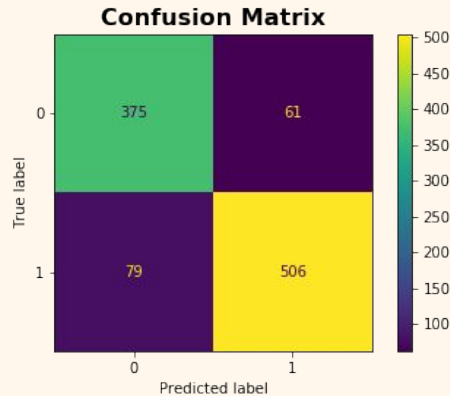
	precision	recall	f1-score	support
0 (depression)	0.83	0.86	0.84	436
1 (anxiety)	0.89	0.86	0.88	585
accuracy			0.86	1021
macro avg	0.86	0.86	0.86	1021
weighted avg	0.86	0.86	0.86	1021

Top 10 Important Words That Classify Text

Feature Importance

Top 10 Feature Importance for Anxiety

Word	Score
anxiety	~10.8
anxious	~5.2
panic	~3.8
attack	~3.1
fear	~2.6
worried	~2.3
scared	~2.3
calm	~2.1
nervous	~1.8
heart	~1.7

Top 10 Feature Importance for Depression

Word	Score
depression	~5.9
depressed	~4.0
life	~3.7
anymore	~2.3
sad	~2.1
care	~2.0
want	~2.0
kill	~2.0
suicide	~1.9
dont	~1.9
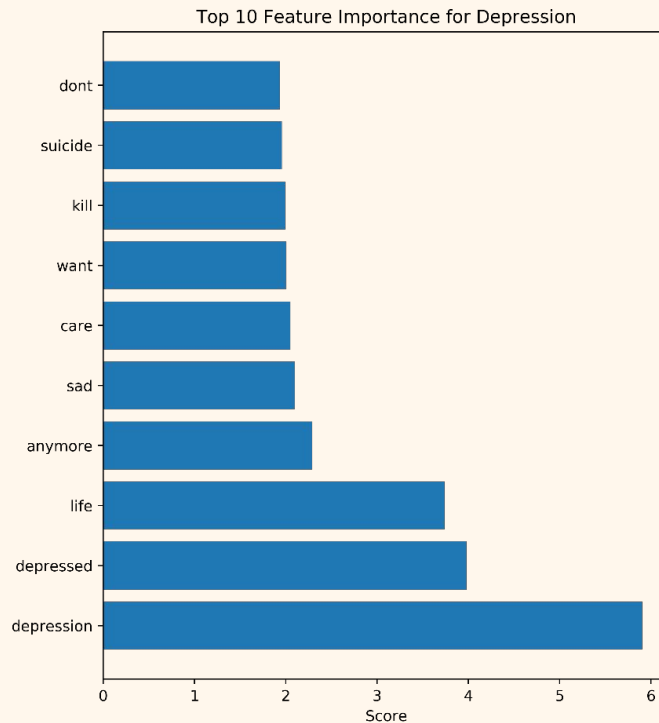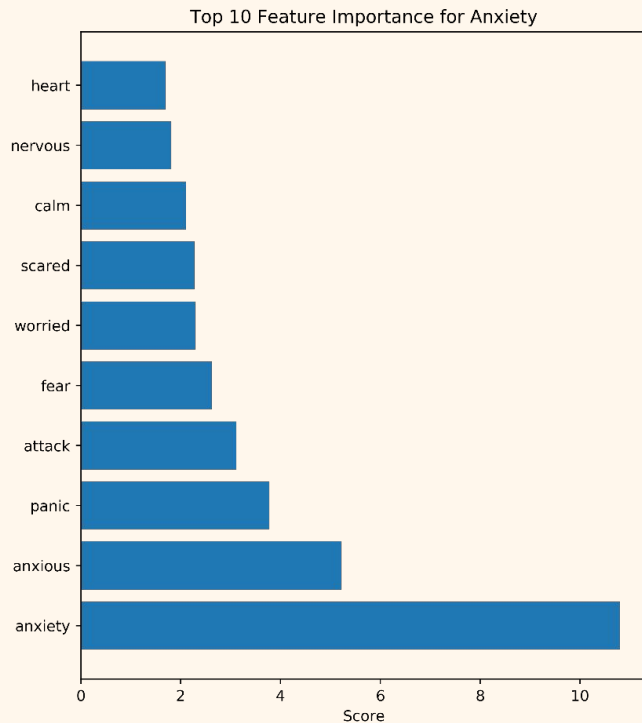
Production

Our *classifier* uses logistic regression results to predict if users are likely to be suffering from Anxiety or Depression based on their posts

Prediction: **Anxiety**

Token Scores:

	token	score
0	afraid	1.1885
2	school	-0.5868
1	going	0.4264

Chippy

Anxiety vs Depression

Predict

Input Text

i am afraid of going to school

Predict

Clear

Prediction: **Depression**

Token Scores:

	token	score
1	school	-0.5868
0	given	-0.3131

Chippy

Anxiety vs Depression

Predict

Input Text

i have given up on school

Predict

Clear

05
CONCLUSIONS

OUR RESULTS & FINDINGS

MISSION ACCOMPLISHED

Built a classifier model
>85% accurate

KEY INSIGHTS

r/Anxiety

r/depression

"anxious"

"panic attack"

"hopeless"

"want to die"

LIMITATIONS

- **Co-morbidity**
  - **Focus on predominant symptoms**

- **Lack of internal data**
  - **Reddit data as proxy**

OUR RECOMMENDATIONS

EXPAND APPLICATION

- Classify other pressing issues

DEVELOP FEATURE

- **Auto-flag** posts that contain experiences with poor mental health

COLLABORATE

- Local mental health helplines
- Provide support for caregivers

THANK YOU