

# Eigenvalues, Expansion, and Flows

## 1 Characterizing Slow Mixing

Which graphs would have very slow mixing? Intuitively, graphs with bad bottlenecks. One example is the “barbell graph”: two complete graphs  $K_n$  attached by a single edge. It is as “close” to disconnected as possible without actually being disconnected. In general, if graphs have low “expansion” – that is, they have large cuts with few edges across – then these bottlenecks will hurt mixing speed. If expansion is high, the walks mix rapidly.

To keep the analysis clean, we focus on undirected  $d$ -regular graphs. In most applications of this technique, we are building such graphs to sample objects from a uniform stationary distribution.

Let  $\mathbf{A}$  be the (symmetric) adjacency matrix of a graph  $G$ . Then  $\mathbf{P} = \frac{1}{d}\mathbf{A}$  is the transition matrix of the walk. Just in case  $\mathbf{P}$  is not aperiodic, look at

$$\mathbf{Q} = \frac{1}{2}\mathbf{P} + \frac{1}{2}\mathbf{I},$$

which gives a self-loop with probability  $1/2$  to each node.  $\mathbf{Q}$  is symmetric, and it has therefore  $n$  real eigenvalues  $\lambda_1 \geq \lambda_2 \geq \dots \geq \lambda_n$ . It is not difficult to show that  $\lambda_1 = 1$  and  $\lambda_n \geq 0$ .

One of the main theorems of algebraic graph theory (not very difficult, but skipped here) is that the number of connected components of  $G$  is the largest  $i$  with  $\lambda_i = 1$ . By analogy, if  $\lambda_2$  is “very close” to 1, it means there are “almost” two components (and similarly for larger  $i$ ).

So  $\lambda_1 - \lambda_2 = 1 - \lambda_2$  is a useful measure of connectivity. It is called the **spectral gap** of  $\mathbf{Q}$ .

## 2 Spectral Gaps and Mixing Speed

The stationary distribution  $\pi$  by definition satisfies  $\pi\mathbf{Q} = \pi$ . In linear algebra terms,  $\pi$  is a left eigenvector of  $\mathbf{Q}$  with eigenvalue  $1 = \lambda_1$ . Let  $\mu$  be any starting distribution. After  $t$  steps, the  $L_2$ -error is

$$\|\mu\mathbf{Q}^t - \pi\|_2.$$

Because  $\mathbf{Q}$  is symmetric, it has an orthonormal basis of eigenvectors  $\omega_1, \omega_2, \dots, \omega_n$  with  $\omega_1 = \pi$ . These correspond to the eigenvalues  $\lambda_1, \lambda_2, \dots, \lambda_n$ . Write  $\mu$  in the basis as

$$\mu = \sum_{i=1}^n \alpha_i \omega_i.$$

Then

$$\begin{aligned} \mu\mathbf{Q}^t &= \left( \sum_{i=1}^n \alpha_i \omega_i \right) \mathbf{Q}^t \\ &= \sum_i \alpha_i (\omega_i \mathbf{Q}^t) \\ &= \sum_i \alpha_i \lambda_i^t \omega_i. \end{aligned}$$

Because  $G$  has a single connected component,  $\lambda_1$  is the only eigenvalue which equals 1. So as  $t \rightarrow \infty$ , this converges to

$$\alpha_1 \omega_1 = \alpha_1 \pi.$$

Since  $\mu Q^t$  is known to converge to  $\pi$ , we have  $\alpha_1 = 1$ . Going back to the  $L_2$  error, we have

$$\begin{aligned} \|\mu Q^t - \pi\|_2 &= \left\| \sum_i \alpha_i \lambda_i^t \omega_i - \pi \right\|_2 \\ &= \left\| \sum_{i=2}^n \alpha_i \lambda_i^t \omega_i \right\|_2 \\ &= \sqrt{\sum_{i=2}^n \alpha_i^2 \lambda_i^{2t}} \\ &\leq \lambda_2^t \sqrt{\sum_{i=1}^n \alpha_i^2} \\ &\leq \lambda_2^t \|\mu\|_2 \\ &\leq \lambda_2^t \\ &= (1 - (1 - \lambda_2))^t \\ &\leq e^{-(1-\lambda_2)t}. \end{aligned}$$

So to get error  $\delta$ , it suffices to have  $t \geq \frac{\ln 1/\delta}{1-\lambda_2}$ . In particular, if the spectral gap  $1 - \lambda_2$  is large enough  $-\Omega(1)$  or  $\Omega(1/\text{polylog}(n))$  – the walk mixes rapidly. Thus, our goal is to bound the spectral gap.

### 3 Spectral Gaps and Expansion Measures

For a cut  $(S, \bar{S})$ , define the:

- Edge expansion as

$$\alpha(S) := \frac{|e(S, \bar{S})|}{|S|}.$$

- Vertex expansion as

$$\frac{|\mathcal{N}(S) \setminus S|}{|S|}.$$

- Conductance as

$$\frac{1}{\sum_{u \in S} \pi_u} \sum_{e=(u,v), u \in S, v \notin S} \pi_u p_{uv}.$$

For undirected  $d$ -regular graphs, all  $\pi_u = 1/n$ , so the conductance is

$$\frac{1}{|S|} \sum_{e=(u,v), u \in S, v \notin S} \frac{1}{d} = \frac{e(S, \bar{S})}{d|S|} = \frac{\alpha(S)}{d}.$$

All of these in a sense are a measure of surface-to-volume ratio of  $S$ . Define the edge expansion of a graph  $G$  as the worst expansion of any set:

$$\alpha(G) := \min_{S, |S| \leq n/2} \alpha(S).$$

**Theorem 1.** [*Cheeger's Inequality*]. Let  $G$  be a  $d$ -regular undirected graph. Then,

$$1 - \frac{\alpha(G)}{d} \leq \lambda_2(G) \leq 1 - \frac{1}{4} \left( \frac{\alpha(G)}{d} \right)^2.$$

Rewritten to see the spectral gap,

$$\frac{1}{4} \left( \frac{\alpha(G)}{d} \right)^2 \leq 1 - \lambda_2(G) \leq \frac{\alpha(G)}{d}.$$

*Proof.* The proof is nontrivial, in particular the upper bound on  $\lambda_2(G)$ . The key idea is to interpret the eigenvector  $\omega_2$  as embedding the nodes into a line and show that one of the “line cuts” must have corresponding expansion.  $\square$

In particular, if  $\alpha(G)$  is  $\Omega(1)$  or  $\Omega(1/\text{polylog}(n))$ , then so is the spectral gap – so the random walk mixes rapidly. Our new goal is to prove lower bounds on the expansion  $\alpha(G)$  for graphs we care about.

## 4 Expansion and Flows

The intuition is that cuts with few edges are bottlenecks for flows. In particular, if we can send a lot of flow, we cannot have small cuts. Here, different types of flows correspond to different types of cuts.

Specifically, we focus on all-to-all multicommodity flow. Give each edge a capacity of 1 and find the largest  $\Psi$  such that for each node pair  $(s, t)$  simultaneously, we can send  $\Psi$  units of flow. Denote this quantity by  $\Psi^*(G)$ .

Equivalently, find the smallest congestion  $c(G)$  such that we can route one unit of flow for each pair  $(s, t)$  simultaneously with congestion no more than  $c(G)$  on any edge. Then  $\Psi^*(G) = 1/c(G)$ .

One more related expansion measure:

$$\sigma(G) = \min_S \frac{|e(S, \bar{S})|}{|S| \cdot |\bar{S}|}.$$

**Theorem 2.** [*Leighton & Rao*].

$$\Psi^*(G) \leq \sigma(G) \leq \Psi^*(G) \cdot \mathcal{O}(\log n).$$

For any set  $S$  with  $|S| \leq n/2$ ,

$$\alpha(S) = \sigma(S) \cdot |\bar{S}|$$

lies between  $\frac{n}{2}\sigma(S)$  and  $n\sigma(S)$ . Thus,

$$\frac{n}{2}\sigma(G) \leq \alpha(G) \leq n\sigma(G).$$

So

$$\frac{n}{2}\Psi^*(G) \leq \alpha(G) \leq \mathcal{O}(n \log n)\Psi^*(G).$$

If we can prove a lower bound of  $\frac{1}{n \cdot \text{polylog}(n)}$  on  $\Psi^*(G)$ , we get a  $\frac{1}{\text{polylog}(n)}$  lower bound on  $\alpha(G)$  and thus on the spectral gap (which means our chain mixes rapidly).

**Theorem 3.** If it is possible in  $G$  to route one unit of flow simultaneously for each node pair  $(s, t)$  such that the congestion of each edge  $e$  is at most  $\mathcal{O}(n \cdot \text{polylog}(n))$ , then the random walk on  $G$  mixes in time  $\mathcal{O}(d^2 \text{polylog}(n))$ .

This is called the **canonical flows** technique, and is most often applied by having the flow for each pair  $(s, t)$  along a single path. Then it is called the **canonical paths** technique. In general, analysis using canonical flows often loses several log factors compared to the best possible (but that doesn't matter if you just want to prove rapid mixing).

## 5 Application: Sampling Matchings in Dense Bipartite Graphs

Given a bipartite graph  $G$ , count the number of perfect matchings in  $G$ . Equivalently, compute  $\text{perm}(A(G))$ . This is  $\#P$ -complete (even though finding a perfect matching is polytime). We will count them approximately using sampling. Define  $\mathcal{M}_k$  as the set of all matchings of  $G$  with exactly  $k$  edges. We want to compute  $|\mathcal{M}_n|$ .

Write

$$|\mathcal{M}_n| = \frac{|\mathcal{M}_n|}{|\mathcal{M}_{n-1}|} \cdots \frac{|\mathcal{M}_2|}{|\mathcal{M}_1|} |\mathcal{M}_1|.$$

Clearly  $|\mathcal{M}_1| = m$ . Our goal is to estimate all of these ratios sufficiently accurately, so that even multiplying them leads to an error of at most  $1 \pm \varepsilon$ .

Why estimate the ratios instead? Any  $|\mathcal{M}_i|$  could be very large or very small, so estimating its size by sampling is error-prone. We will show that each ratio is bounded between  $n^{-2}$  and  $n^2$  for dense graphs. (A graph is considered dense if each node has degree at least  $n/2$ ).

To estimate the ratio  $|\mathcal{M}_i|/|\mathcal{M}_{i-1}|$ , we sample nearly uniformly from the union of the two and count the fraction of samples that are from  $\mathcal{M}_i$ . Because the sizes are similar enough, this gives a  $1 \pm \varepsilon$  approximation of the ratio.

Our new problem is to sample nearly uniformly from  $\mathcal{M}_k \cup \mathcal{M}_{k-1}$ . This can be reduced fairly easily to sampling from  $\mathcal{M}_n \cup \mathcal{M}_{n-1}$  (by adding a bunch of new nodes). We want to sample perfect or near-perfect matchings using random walks.

We define a suitable random walk on  $\mathcal{M}_n \cup \mathcal{M}_{n-1}$ . Suppose we are at a matching  $M$ . We choose a uniformly random edge  $e = (u, v) \in G$ .

- If  $M$  is perfect and  $e \in M$ , remove  $e$  from  $M$ .
- If  $M$  is not perfect and both  $u$  and  $v$  are unmatched, add  $e$  to  $M$ .
- If  $M$  is not perfect and  $u$  is matched to some  $w$  and  $v$  is unmatched, replace  $(u, w)$  with  $(u, v)$  – symmetrically if  $v$  is matched and  $u$  is unmatched.
- Otherwise, do nothing.

Is the Markov graph undirected? Yes, addition and removal go both ways, and edge rotation can be undone. Is the Markov graph regular? Yes, each matching  $M$  has degree  $m$  (one edge for each possible edge pick, including self-loops). Once we show connectedness, we will have shown the stationary distribution is uniform.