

ONSITE ENGAGEMENT ACTIVITIES

Home to a beautiful natural environment and diverse landscapes, Avana's 15 hectares mountain retreat is all yours to explore. Nature lovers can always find a place to reconnect with nature. Couples lose their soul in romance and privacy, while families have many options to delight their children. With meaningful activities operated within the retreat to choose from, there is something for everyone, making Avana a place like nowhere else in Vietnam.



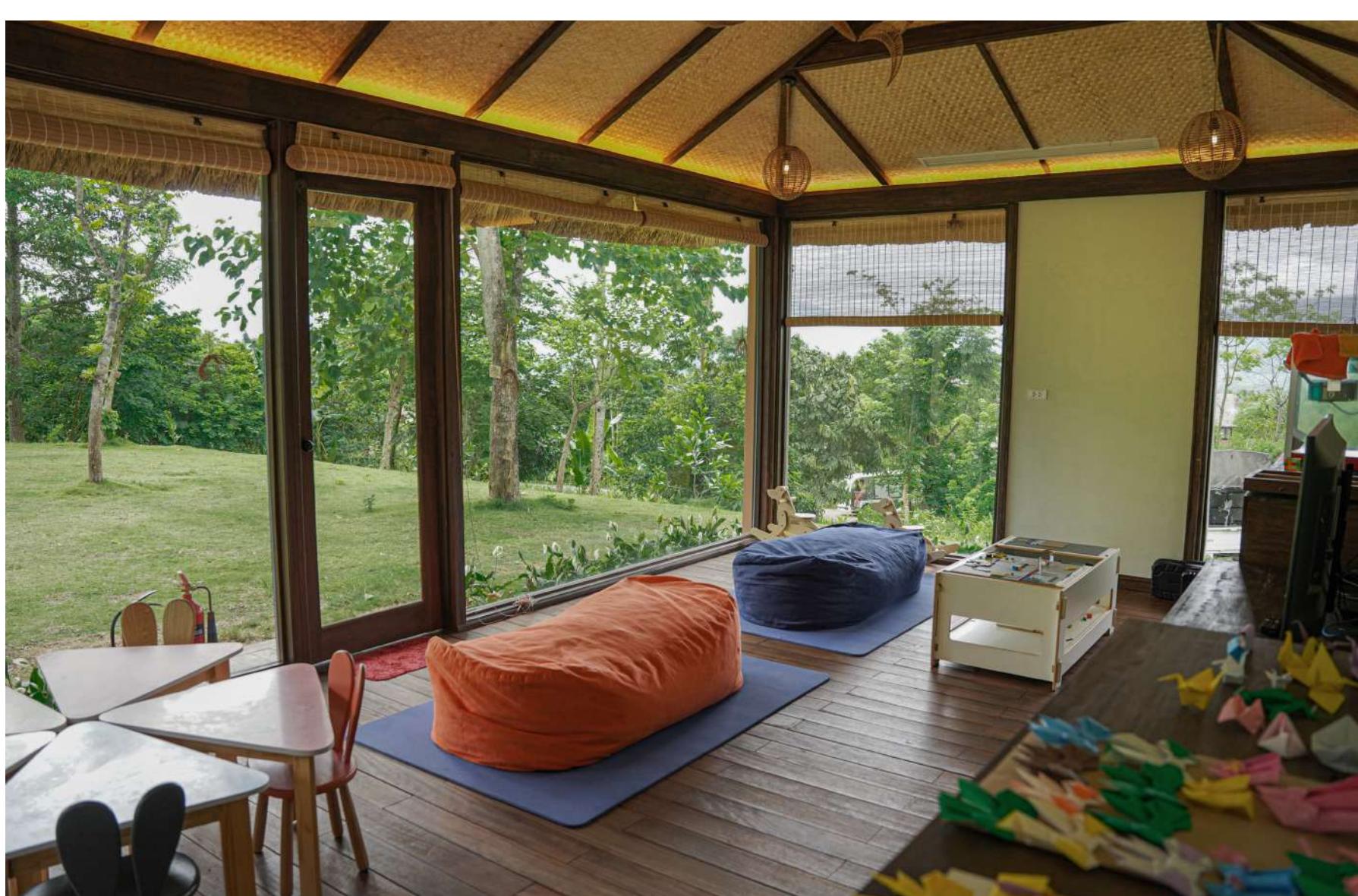


Museum Stilt House

Beautifully located on a low hill and surrounded by trees and wild grasses, a 1970 traditional Thai stilt house is transformed into a museum that showcases objects that we collected from three ethnic groups living surrounding Avana. Every afternoon, a local guide will introduce you to the beliefs, rituals, and everyday life of the three groups living in the surroundings through the museum's collections.

Opening Hours: 09:00 – 17:00

Museum Tour with a local guide: Daily from 14:30 - 15:00.



Kids Activities

Our Kid Club offers a wide range of supervised activities to entertain children from 3 to 12 years old.

The children can play with colors in Postcard Painting, develop their creativity in Clay Art, learn to recycle in Toilet Roll Craft, and have so much fun in Treasure Hunt Game that we have specially designed for our little guests.

Location: Kid Club

Opening Hours 07:00 – 21:00



Dining By The Waterfall

Indulge in an intimate dining experience next to the waterfall while we bring the impressive spread to you. Our team will create a one-of-a-kind gourmet experience to be truly memorable.



Saturday Live Performance

Every Saturday, Green Chili Restaurant presents local dances. Come for the delicious food and stay for the excellent performances.





Egg Collecting

At Avana, we have free-range chickens that live an outdoor life. We offer ample space for them to roam and peck for grubs and worms.

Get up early to visit our joyful chickens, visit our joyful chickens and see how many happy eggs you can collect.



Fishing

Hold a cane pole and watch the red cork float on the water of our pond that is stocked with fish while patiently waiting for your catch. It is also a fantastic family activity that most of the kids find fun and engaging.

Parents and children can spend time together bonding in the natural surroundings. Enjoy the reward of having a meal later with the fish you catch.

Local Workshop

Give yourself a little time to look insight into this mountainous area and its ethnic groups in our complimentary workshops. Local artists perform traditional loom weaving and rattan basket making every day at the Stilt House. They will give you a hands-on lesson to make Thai crafts on your own. Combine with the museum tour to make your day more knowledgeable.

Thai Weaving Demonstration: Every Monday, Wednesday, and Friday. From 14:00 - 17:00

Rattan Basket Weaving: Every Tuesday, Thursday, Saturday, and Sunday from 14:00 - 17:00.

Location: Stilt House Museum



Outdoor Cinema

Opening Hours: Sunday to Friday in the evening.

Backdropped by the terraced rice fields, the grass field nearby Green Chilli Restaurant is the perfect setting for a movie night out. Our tropical hideout is romantically outfitted with candles, big beanbags, and a huge outdoor movie screen where you can watch movies under the stars.

Wedding and Events

Offering stunning natural beauty, Avana is a luxury mountain retreat that's perfect for intimate proposals, everlasting vows, and unforgettable celebrations. From flower bouquets to music selection, table decorations to the gourmet menu, our dedicated team understands how to make every single moment truly breathtaking and forever memorable.

Sweet Potato and Corn Roasting by the Fire

The fire stove plays an important role in Thai stilt houses. It is considered the soul of every Thai stilt house and symbolizes the affluence and coziness of the family.

Join us at the stilt house every Sunday evening in winter to set the fire, share stories of the day, enjoy sweet potato and corn roasting by the fire in a relaxed, traditional environment.

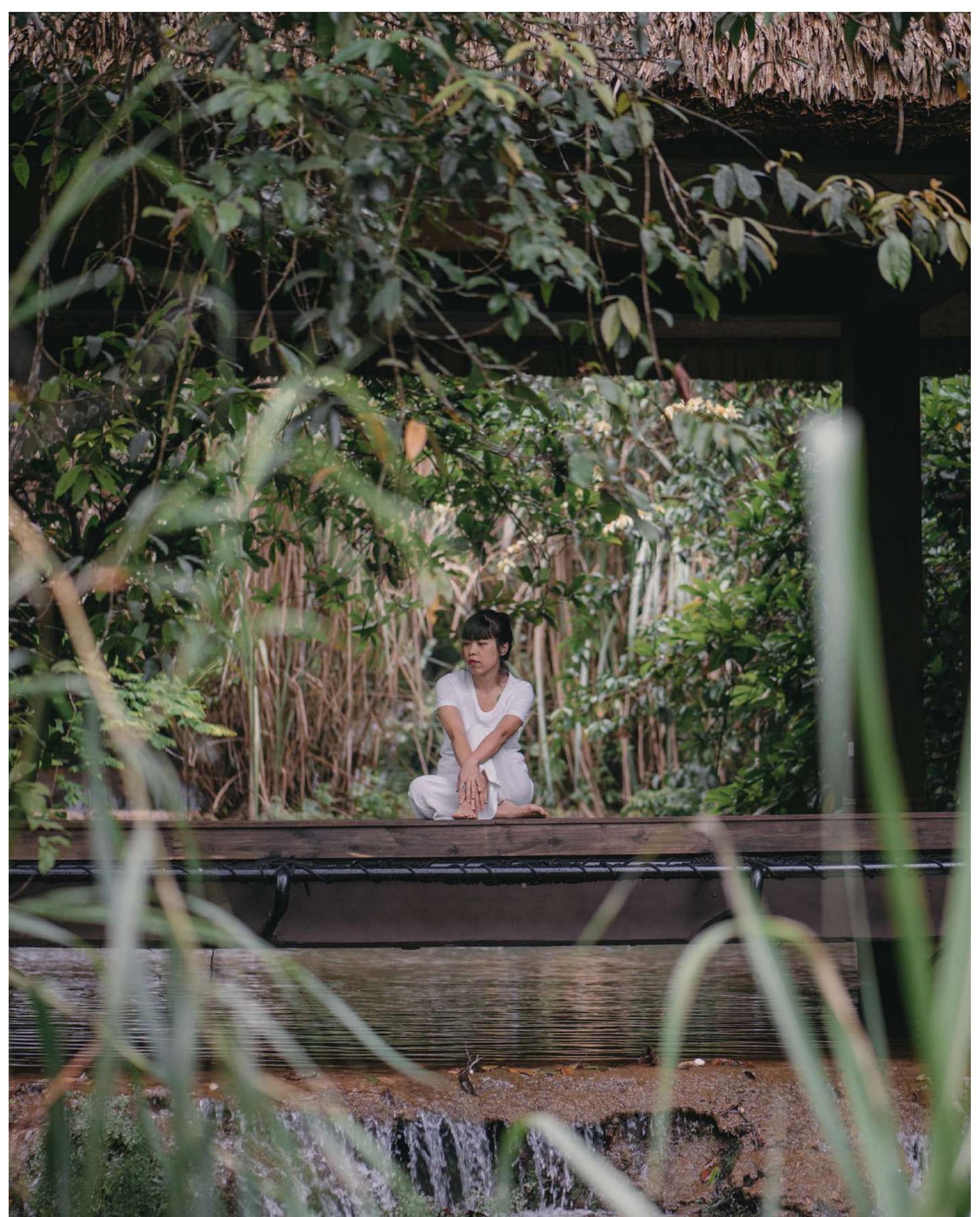
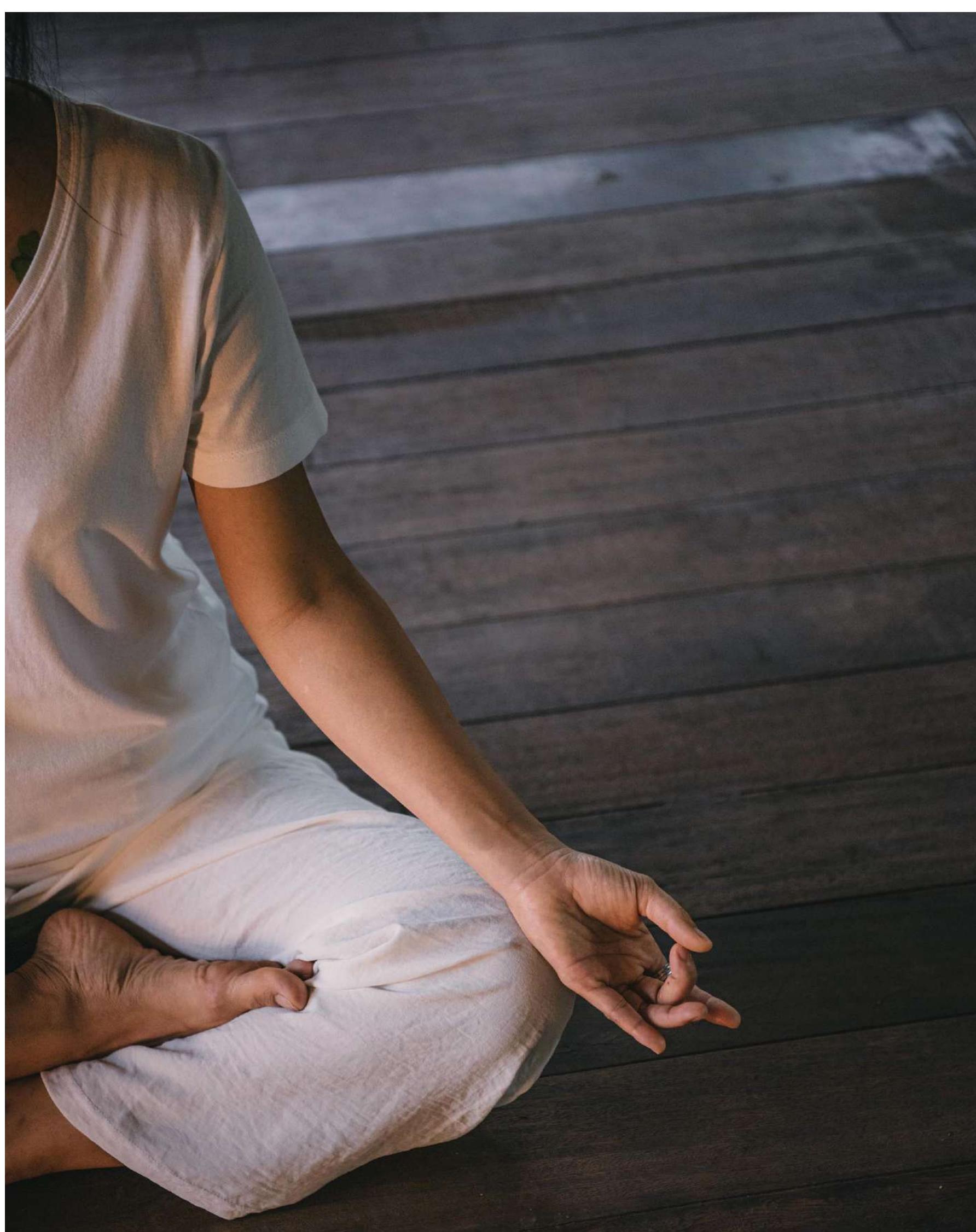


Morning Yoga

Join us every day for Morning Yoga, complimentary. In the middle of pristine nature, our Yoga class offers not only health benefits for the mind and body but also the healing properties of nature. Private yoga lessons must be booked 24 hours in advance with an additional fee.

Open from: 7:00 - 8:00

Location: Yoga House





DISCOVER THE AWESOME MOUNTAIN VALLEY

Avana is a remarkable mountain retreat where nature and culture meet the elegant architecture.
Ethnic heritages and exciting activities are waiting for you to explore.

AVANA EXPERIENCES

Explore the surrounding hills and valleys either by U.S. military jeep, on foot, or relax and enjoy the stillness of the resort itself. Avana Retreat offers various activities to discover the colorful lifestyle and rural landscapes of northern mountain villages. Knowledgeable local guides are available at any time to assist with any special needs or requests.

Please note that the weather in Avana can vary. All outdoor activities are subject to suitable weather conditions and operated only when weather permits. Water and necessary equipment are provided on the tour. Comfortable outdoor clothing, appropriate to the season, hat, and sun protection is recommended. You might want to bring camera for shooting.





JEEP ADVENTURE

*Never skip the Jeep if you feel vadventurous
in an unknown land.*

Feel the freedom of the wind blowing in your hair as you take a tour in our 1975 US military jeep. The journey takes you through the breathtaking scenery of terraced rice fields on wildly rugged mountain roads. Our Jeeps is available daily between 8 am to 6 pm (last booking at 4 pm).

Duration:	1,5 hours
Meeting Point:	Reception
Grade:	Easy to Intermediate
Maximum Guests:	3 (Ages 12 and up)
Scheduled:	On Request

Must be booked by 8pm, day prior to tour.

Price per Jeep | 2,600,000

Price includes a 15% of service charge and tax



MOUNTAIN TREKKING EXPERIENCES

Let the freedom ring from every mountainside along the trek.

HALFDAY THAI VILLAGE TREK

Leave modern life behind to hike into the mountains. Start from Avana Retreat to trek through the nearby forest before you reach the top of a tranquil mountain where you can behold the breathtaking views over Thai villages. Continue to walk on narrow dirt paths, passing local cornfields, cassava fields, bamboo forests, and paddy rice fields to visit other villages. On the trek, you might see farmers, and hear buffalo's bell ringing out in the air. You also visit a local house and listen to them sharing stories and traditional life customs in an ethnic village. Return to Avana Retreat by shuttle van.

Duration: **3 hours**

Meeting Point: **Still House Museum**

Grade: **Intermediate**

Maximum Guests: **10 (Ages 12 and up)**

Scheduled: **On Request**

Must be booked 24 hours in advance.

A moderate level of physical fitness is required and is not recommended for guests younger than 12 years of age

Price per guest

1 guest	2 guests	3 guests	4 guests	5 - 10 guests
1,200,000	840,000	660,000	570,000	480,000

Avana Retreat provides local guides with basic English. English speaking guides are available for an additional fee. The number of guides is limited, so we can only support early bookings.



HALFDAY NATURE WALK

For guests seeking a private exploration of Mai Chau, this pleasant walk will give you a memorable experience of some of the most peaceful countryside sceneries. With a guide walking alongside, you will slowly meander through ethnic villages, deserted country roads, and a hanging bridge, and stretch your legs on paddy rice fields. Along the way, your guide will provide an insight into the lives of local people and the region's picturesque landscape.

Duration: **2 1/2 hrs**

Meeting Point: **Stilt House Museum at 08:45 AM**

Grade: **Easy**

Maximum Guests: **10 (Ages 8 and up)**

Scheduled: **On Request**

Must be booked 24 hours in advance.

This walk is suitable for adults and children aged 8 years and over.

Price per guest

1 guest	2 guests	3 guests	4 guests	5 - 10 guests
1,200,000	840,000	660,000	570,000	480,000

Avana Retreat provides local guides with basic English. English speaking guides are available for an additional fee. The number of guides is limited, so we can only support early bookings.



HALFDAY NATURE WALK

FULLDAY HMONG VILLAGE TREK

Begin your excursion with a 30 minutes shuttle van ride to the home of ethnic Muong people. From here you trek further up until you can almost feel the mountain in you while taking in the sights and sounds of the remote region along the walk. Trek through a beautiful meadow dotted with Hmong houses. Here and there, you can see Hmong children in their colorful clothes sitting on the rocks playing and their parents working in the garden. Walk on the winding red dirt roads and listen to the music of buffalo neck bells when they are roaming on their own trails before trekking back down to a village where your shuttle van is waiting for you. A tasty picnic lunch is served mid-tour with an opportunity to rest and soak up the tranquil mountain atmosphere.

Duration: **7 hours**

Meeting Point: **Stilt House Museum at 08:45 AM**

Grade: **Intermediate**

Maximum Guests: **10 (Ages 10 and up)**

Scheduled: **On Request**

Must be booked 24 hours in advance.

A moderate level of physical fitness is required and is not recommended for guests younger than 10 years of age.

Price per guest

1 guest	2 guests	3 guests	4 guests	5 - 10 guests
1,500,000	1,150,000	950,000	870,000	780,000

Avana Retreat provides local guides with basic English. English speaking guides are available for an additional fee. The number of guides is limited, so we can only support early bookings.



ADVENTURE TREK - VIEW FROM THE TOP

This trail is the iconic mountain trekking experience in Mai Chau. Trek uphill directly into the mountains behind Avana until you reach the top of a mountain. From here, you can embrace the true feeling of freedom and enjoy a fantastic view over Avana and the whole valley below. Continue to a village of ethnic Hmong people before trekking downhill to visit other ethnic Thai villages. The trek provides an opportunity to enjoy spectacular grasslands, hills, valleys, and local scenery. It includes a gourmet picnic lunch prepared by Avana's culinary team.

Duration: **8 & 1/2 hours**

Meeting Point: **Stilt House Museum at 08:45 AM**

Grade: **Advance**

Maximum Guests: **10 (Ages 15 and up)**

Scheduled: **On Request**

Must be booked 24 hours in advance.

A moderate level of physical fitness is required and not recommended for guests younger than 15 years of age.

Price per guest

1 guest	2 guests	3 guests	4 guests	5 - 10 guests
1,350,000	960,000	900,000	870,000	780,000

Avana Retreat provides local guides with basic English. English speaking guides are available for an additional fee. The number of guides is limited, so we can only support early bookings.