

### [Donation-In-Kind](#)

At Metta, we have various Donation-In-Kind plan you can help with. To reduce unnecessary wastage of donated items, we can only accept items (DIKs, groceries) that are related to our current needs. Once accepted, the items become the property of Metta Welfare Association and base on our current needs, we will decide on which to use, distribute to our beneficiary or centres, transfer to other Social Service Agencies or external party or dispose of the items if not suitable.

#### Groceries for our low income familie

Please deliver the items to [Metta HQ 32 Simei Street 1, Singapore \(529950\)](#) for sorting, after which we will dispatch it out to centres and low income families.

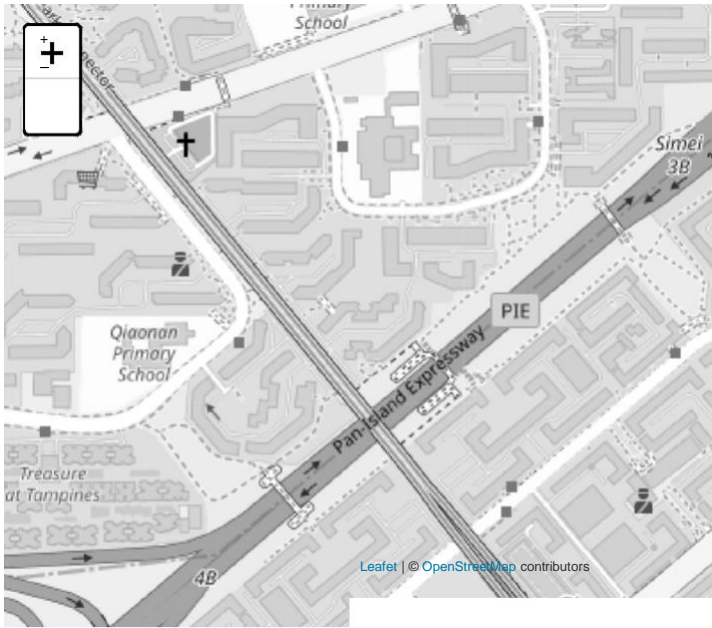
#### [For Food items](#)

(Food items need to be Halal and vegetarian. Items are for centres and low income families. Due to safety issue, we will not be able to accept perishable food items that have an expiry date of less than 6 months) :

##### Donate food items:

Quaker Instant Oatmeal, 400g\*

- Coffee 3 in 1, 600g
- Tea 3 in 1, 600g
- Nonya kaya (less sugar), 400g
- Jam, 450g
- Quaker Instant Oatmeal, 400g
- Halal Canned Braised Peanut, 170g
- Halal Canned Mushroom, 425g
- Halal Canned Young Corn, 425g
- Halal Canned Baked Bean, 425g
- Cream Cracker Biscuits, 428g
- Instant Noodles, 350g (pack of 5)
- Hokkien Mee Sua, 300g
- Everyday Milk Powder, 600g
- Jasmine White Rice, 5kg pack\*
- Vegetable Cooking Oil, 2L\*

**Headquarters**

32 Simei Street 1 Singapore (529950)

Nearest MRT: Simei MRT

Bus Services: 9, 12, 20, 38

Telephone: 6580 4688 (Office) / 6580 4699 (Fax)

Service Hours: Mon to Fri – 8.30am to 5.30pm

Email: [mwa@metta.org.sg](mailto:mwa@metta.org.sg)

Metta Welfare Association (Metta) was founded in 1992 by Venerable Chao Khun Fa Zhao BBM. He is also the President of Golden Pagoda Buddhist Temple and Buddha Tooth Relic Temple and Museum.

Registered as a society in 1994, Metta is presently endorsed by the Ministry of Social and Family Development (MSF), Ministry of Health (MOH) and Ministry of Education (MOE). We are also members of the National Council of Social Service (NCSS), Singapore Hospice Council and Singapore Disability Sports Council.

As a recognition of our efforts in pursuing Business Excellence, we have been awarded the Singapore Quality Class (SQC) with People certification in October 2018.

Metta was also awarded the Charity Transparency Awards (CTA) in 2019. The Award recognises charities with good disclosure practices that the Charity Transparency Framework (CTF) recommends to encourage charities to be more transparent and to recognise them for their disclosure efforts.

#### **Metta's Motto**

Compassionate love to share. Brightens hope to those we care.

#### **Vision**

Inspired by The Great Compassionate Vows of The Medicine Buddha, we aim to provide social services for the community, regardless of race or religion.

#### **Mission**

We are dedicated to delivering social service programmes for individuals and families by collaborating with our donors, partners, vendors and community organisations.