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December 14, 2011

Mahmoud Yassin, M.D.
 1193 Beacon Avenue
 Manahawkin, NJ 08050

RE: Cymanski, Briana
 DOB: 11/16/1996

Dear Dr. Yassin:

I had the pleasure of seeing your patient, Briana, today in our pediatric cardiology office. As you know, Briana is a 15-year-old female who is here for a cardiac evaluation. You also wanted to get clearance before starting medications for ADHD. She is otherwise doing well. She denies chest pain, palpitations, and there is no history of syncope. She does not have symptoms with activities. She has exercise-induced asthma and is on an inhaler as needed. Family history is significant for early heart disease and heart attacks. There is no history of sudden death. Dad has mitral valve prolapse and an irregular heartbeat.

On physical exam, she is well appearing and not in distress. Her height is 65.25 inches. Weight is 118.8 pounds. Blood pressure is 108/64, with a heart rate of 59 beats per minute. Her lungs are clear. Cardiac exam reveals a regular rate and rhythm. Normal S1 with a physiologically split S2. There are no murmurs heard, no gallops, no clicks, no rubs. Abdomen is soft, nontender. No hepatomegaly. Extremities are warm and well perfused. Pulses are full and equal. No edema.

A 12-lead EKG was done and showed normal sinus rhythm with a heart rate of 56 beats per minute. There are no ST segment changes or T-wave inversions. The QTc is normal at 402 msec. There are minimal voltage criteria for left ventricular hypertrophy. Because of this an echocardiogram was done. It showed good biventricular function. The shortening fraction is normal at 38%. There is no left ventricular hypertrophy.

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Cymanski

It is my overall impression that Briana is stable from a cardiac standpoint. Her EKG showed minimal voltage for left ventricular hypertrophy. However, her echocardiogram was normal. Briana is cleared to take medications for ADHD. She does not require any exercise restrictions or SBE prophylaxis. I have not requested any followup; however, if you have any concerns, I will gladly reevaluate her.

Thank you very much for participating in her care. Please feel free to call if you have any further questions or concerns.

Sincerely,



12/17/2011 8:00:15 AM

Maria Angela T. Umali, M.D., F.A.C.C., F.A.A.P.

MATU/dg

c: Evelina Okouneva, D.O.
Children's Specialized Hospital
Toms River, NJ 08755
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Job Confirm #: 132492081 D: 12/14/2011 T: 12/15/2011

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