

Kandil, Nahla

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**Division of Pediatric Endocrinology**

Monmouth Medical Group, P.C. In Association with Monmouth Medical Center

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Requesting Physician: Yassin Mahmoud, M.D., 115 Lacey Road, Forked river, NJ 08731

**Revisit Kandil, Nahla**

14.34 (14 yrs 4.02 mos) female

DOB: 7/28/1997

Visit Date: 11/28/2011

Diagnosis: 244.9 Hypothyroidism, acquired, 245.2 Hashimoto's Thyroiditis

Years since initial visit: 5.8 yrs

Informant: patient and mother

Interval Hx: 11/28/2011 11:50:06 AM

Nahla is here for followup consultation at Monmouth Medical Center for acquired hypothyroidism. She has no reports of fatigue, constipation, or cold intolerance. She is on levothyroxine. There has been compliance with the medication. There are no reported missed doses.

Prev Labs: Date: 3/18/2011 T4: 6.5 ug/dl (Normal) TSH: 2.0 UIU/mL (Normal)

Date: 7/27/2011 T4: 9.0 ug/dl (Normal) TSH: 6.6 UIU/mL (High)

Date: 9/17/2011 TSH: 0.72 UIU/mL (Normal) T4: 9.7 ug/dl (Normal)

ROS: no constipation, dry skin, hair loss or cold intolerance; Weight Gain / Loss: normal; Vision: normal; Ear, Neck, Throat: normal; Cardiovascular: normal; Respiratory: normal; Gastrointestinal: normal; Musculoskeletal: normal; Skin: normal; CNS: normal; Behavioral: normal; Genitourinary: normal; Heat / Cold intolerance: normal

Pain Assessment: 0 (0 = none, 10 = worst)

meds

allergies NKDA

Levoxyl 88 mcg, 1 tab po qD

Family History, Social History, and Past Medical History unchanged from visit on 7/26/2011

**PHYSICAL EXAM**

prev date: prev hgt: 164.4 cm (chg = -480.0 cm/yr)

BSA: 0.00 m2 7/26/2011 prev wgt: 52.0 kg (chg = -52.0 kg)

Pt is at 0% IBW of 0.0 kg ( 0.0 lbs )

general: Healthy appearing, interactive, alert

eyes: Extraocular movements intact

fundus: Not visualized

mouth: Normal

dentition: Within normal limits for age

neck: Normal; no adenopathy

thyroid: Palpable Enlargement: diffuse Consistency: firm Surface: pebbly

thyroid comments: R lobe 3X3cm; L lobe 3X3cm;

heart: Normal S1 and S2, no murmurs

chest / lungs: Clear to auscultation bilaterally

abdomen: Soft, non tender, no hepatosplenomegaly

extremities: Normal

spine: No abnormalities noted

neuro: Grossly intact

Tanner (pubic hair) 4

acne: none

Breast Tanner: 3

**ASSESSMENT / PLAN****Discussion**

Nahla is here for followup consultation at Monmouth Medical Center for acquired hypothyroidism. She is clinically euthyroid. I repeated TFT's to assess the adequacy of the current lthyroxine dose. She has had age appropriate growth and development. Thank you for allowing me to participate in the care of Nahla. If you have any questions please do not hesitate to contact me.

Attending: Frank P. Barrows IV, D.O.

Pediatric Endocrinologist

Monmouth Medical Group, P.C.

beeper:

Report Date: 12/7/2011

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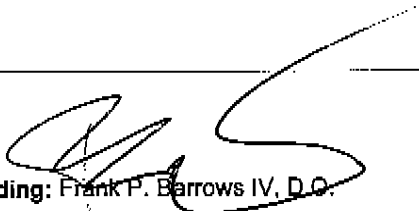
Visit Date: 11/28/2011

**Labs / Imaging Ordered:**

T4	12/2/11 Normal	9.8	ug/dl
TSH	12/2/11 Normal	1.51	UIU/mL

thyroid function tests are normal.

Follow-up: 4 months



Attending: Frank P. Barrows IV, D.O.  
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beeper:

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