# MT2 Review Tricia Ngoon 7.20.2017 Vestibular System

#### The woman who couldn't stand

- Cheryl Schiltz suffered from extreme imbalance.
- Antibiotics had damaged her semi-circular canals.
- Her doctor gave her a helmet with a tongue strip attached to a computer
- The tongue strip detected head movements and eventually formed a new pathway within the brain



[from Norman Doidge's book "The Brain that Changes Itself"]

#### What are the semicircular canals?

are affected by \_\_\_\_\_\_\_.
Hair cell receptors are embedded in the gelatinous \_\_\_\_\_\_ in a mound of cells called the crista ampullaris within each canal's \_\_\_\_\_\_.
As the head rotates the duct moves but the \_\_\_\_\_\_, the fluid

within the canals, lags behind

owing to inertia.

Consist of 3 looped structures that

- This deflects the cupula and bends the hair cells within.
- The bending of these cells does what?
- The fluid eventually catches up with the duct movement, and the sensation of acceleration is stopped.

#### What are the semi-circular canals?

- Consist of 3 looped structures that are affected by **head rotation**.
- Hair cell receptors are embedded in the gelatinous cupula in a mound of cells called the crista ampullaris within each canal's ampullae.
- As the head rotates the duct moves but the endolymph, the fluid within the canals, lags behind owing to inertia.
- This deflects the cupula and bends the hair cells within.
- The bending of these cells does what? Alters an electric signal that is transmitted to the brain.
- The fluid eventually catches up with the duct movement, and the sensation of acceleration is stopped.

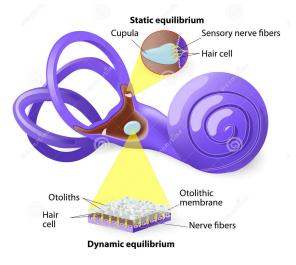
### What are otoliths?

- (Calcium/Potassium) carbonate crystals located in the \_\_\_\_\_ and \_\_\_\_ of the inner ear.
- When the head is (turned/tilted), gravity shifts the crystals, which sends signals to the CNS that the head is no longer level.

### What are otoliths?

- (Calcium/Potassium) carbonate crystals located in the utricle and saccule of the inner ear.
- When the head is (turned/tilted), gravity shifts the crystals, which sends signals to the CNS that the head is no longer level.

## Vestibular System: Keeping you in Balance



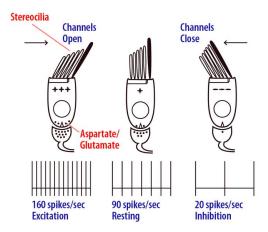


## How are vestibular responses made?

- Hair cells produce (spontaneous/graded) potentials, meaning they fire based on how much stimulus they receive.
- Bending toward the long cilium opens \_\_\_\_\_ gates and causes (hypo/hyper)-polarization and (increases/decreases) spontaneous firing rate

## How are vestibular responses made?

- Hair cells produce (spontaneous/graded) potentials, meaning they fire based on how much stimulus they receive.
- Bending toward the long cilium opens K+ gates and causes (hypo/hyper)-polarization and (increases/decreases) spontaneous firing rate



## Somatosensory System

## Identify these somatosensory receptors

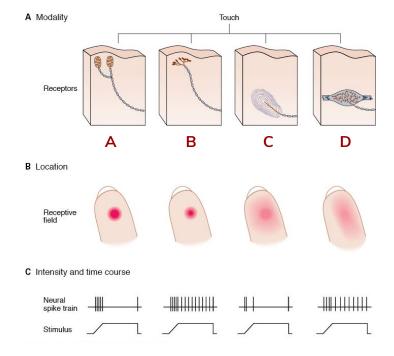
- Detect pain and itch:
- Respond to touch:
- Detect temperature:
- Respond to proprioception:

## Identify these somatosensory receptors

- Detect pain and itch: nociceptors, free nerve endings
- Respond to touch: mechanoreceptors, encapsulated nerve endings
- Detect temperature: thermoceptors, free nerve endings
- Respond to proprioception: proprioceptors, encapsulated nerve endings

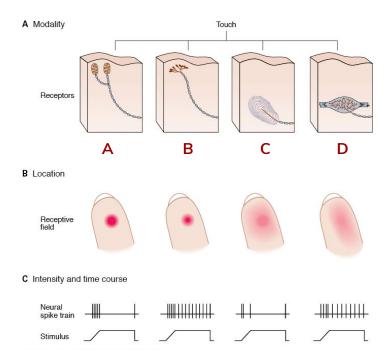
## Match these mechanoreceptors

- Merkel cell
- Pacinian corpuscle
- Ruffini endings
- Meissner's corpuscles



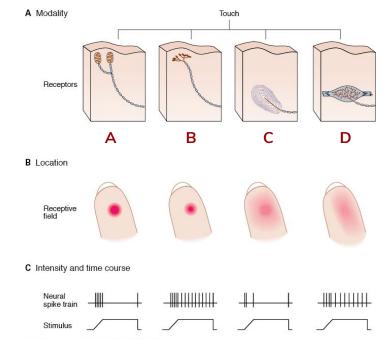
## Match these mechanoreceptors

- Merkel cell B
- Pacinian corpuscle C
- Ruffini endings D
- Meissner's corpuscles A

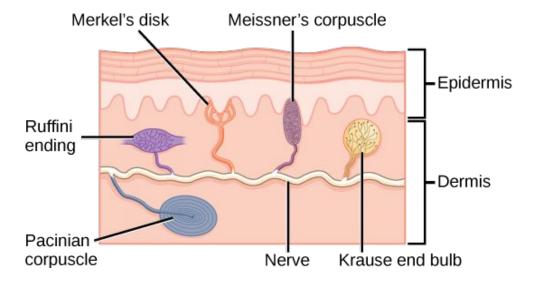


# Match these mechanoreceptors

- Merkel cell detail discrimination
- Pacinian corpuscle large-scale changes
- Ruffini endings large-scale events
- Meissner's corpuscles rapid changes



## Under the skin



# What happens when you put cold hands into warm water?

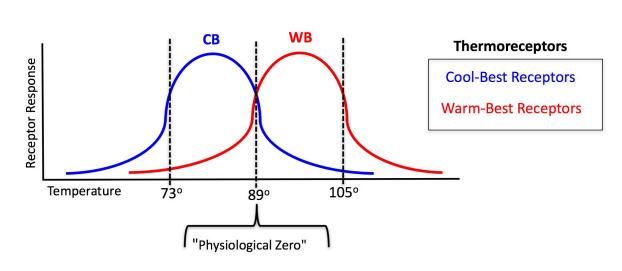


# What happens when you put cold hands into warm water?



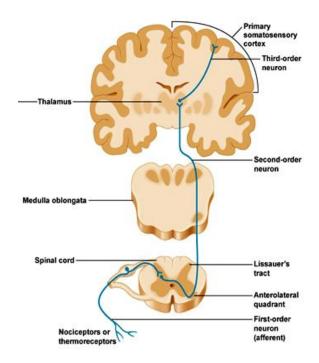
**Selective Adaptation** 

## **Across-fiber coding**



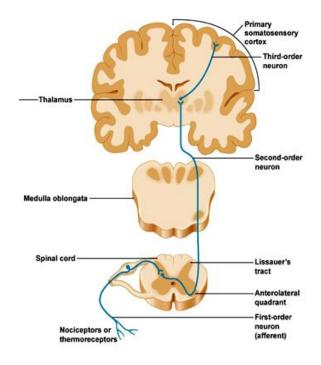
## Describe the spinothalamic pathway

- Carries (free/encapsulated) nerve ending sensations (hot, cold, sex).
- Sensory fibers enter the spinal cord via the \_\_\_\_\_ and synapse.
- Fibers ascend and connect with (first/second) order neuron, which crosses to contralateral side and synapses with VPN
  - (\_\_\_\_\_) of thalamus.
- Nerves are (small/large) and (myelinated/unmyelinated).



# Describe the spinothalamic pathway

- Carries (free/encapsulated) nerve ending sensations (hot, cold, sex).
- Sensory fibers enter the spinal cord via the dorsal root and synapse.
- Fibers ascend and connect with (first/second) order neuron, which crosses to contralateral side and synapses with VPN (Ventral Posterior Nucleus) of thalamus.
- Nerves are (small/large) and (unmyelinated/myelinated).

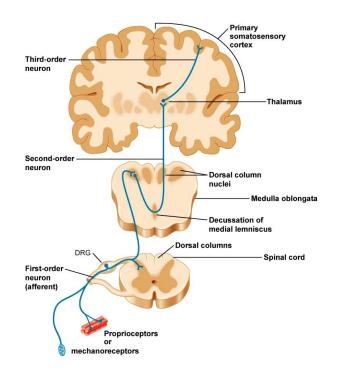


## Describe the Medial Lemniscal Pathway

side to the \_

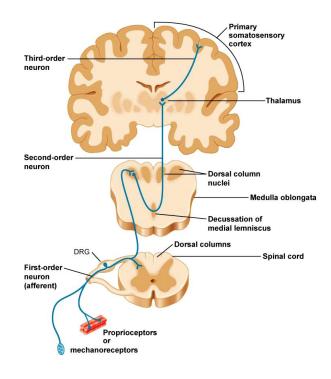
- (Free/Encapsulated) nerve ending sensations enters through dorsal root of spinal cord where
  - \_\_\_\_\_ axon synapses.

    Main fiber ascends on ipsilateral
- Second-order neuron will cross to contralateral side through the brainstem and synapse on VPN.
- Nerves are (small/large) and (unmyelinated/myelinated).



## Describe the Medial Lemniscal Pathway

- (Free/Encapsulated) nerve ending sensations enters through dorsal root of spinal cord where collateral axon synapses.
- Main fiber ascends on ipsilateral side to the medulla.
- Second-order neuron will cross to contralateral side through the brainstem and synapse on VPN.
- Nerves are (small/large) and (unmyelinated/myelinated).



## Why do you rub or hold a body part after an injury?



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- Gate control theory pain impedes inhibitory interneurons (what NT?)
- Large fiber activity excites these interneurons (SG cell), inhibiting \_\_\_ cells from reacting to the pain NT.
- Which region releases endorphins to counteract pain?

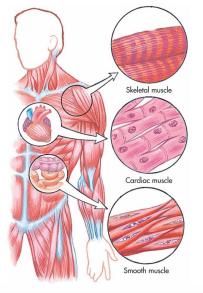
## Why do you rub or hold a body part after an injury?



- Gate control theory pain impedes inhibitory interneurons (substance P)
- Large fiber activity excites these interneurons (SG cell), inhibiting T cells from reacting to the pain NT.
- Which region releases endorphins to counteract pain?
   Periaqueductal Gray Area

## Movement

## 3 types of muscles



Striate (Skeletal) Muscle Connected to Tendons to Bones Voluntary movements

Cardiac (Heart) Muscle
Has endogenous rhythm of activity,
modified by neurons

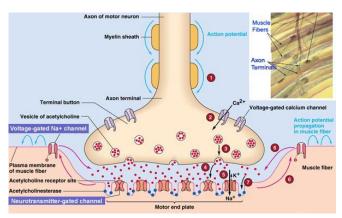
Smooth (Organ) Muscle
Can sustain contraction,
Mostly autonomically controlled

## What is the neuromuscular junction?

- Chemical synapse where a motor neuron can transmit signal to muscle fiber, causing muscle
- Motor neurons release what NT onto muscle fibers?
- Na+ gates open, depolarizing the cell and allowing \_\_\_\_ gates to open.
- This activates \_\_\_\_\_ to contract the muscle.

## What is the neuromuscular junction?

- Chemical synapse where a motor neuron can transmit signal to muscle fiber, causing muscle contraction.
- Motor neurons release what NT onto muscle fibers? Acetylcholine
- Na+ gates open, depolarizing the cell and allowing Ca++ gates to open.
- This activates sarcomeres to contract the muscle.

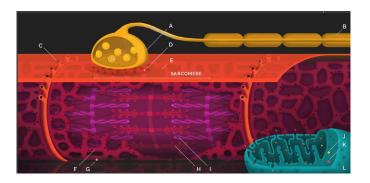


#### How do muscles contract?

- Sarcomeres consist of 2
   proteins: Myosin is a
   (thin/thick) protein filament
   and actin is a (thin/thick)
   protein filament.
- Myosin head binds to \_\_\_\_\_, which is the source of energy for muscle movement.
- Myosin binds to actin when Ca++ enters cell and activates the \_\_\_\_\_\_.

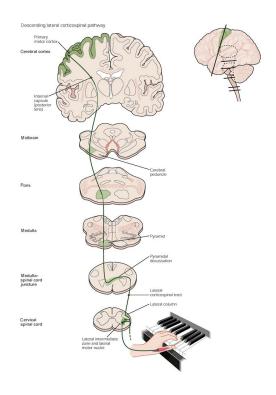
### How do muscles contract?

- Sarcomeres consist of 2
   proteins: Myosin is a
   (thin/thick) protein filament
   and actin is a (thin/thick)
   protein filament.
- Myosin head binds to ATP, which is the source of energy for muscle movement.
- Myosin binds to actin when Ca++ enters cell and activates the cross bridges.



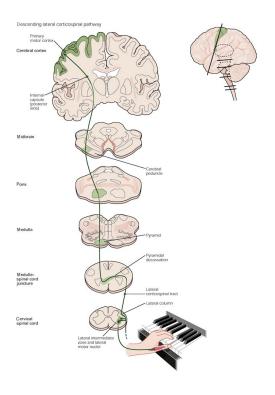
# Describe the corticospinal tract

- Controls (involuntary/voluntary) movement on contralateral side
- (Unmyelinated/myelinated) tract and designed for what?
- Crosses over in pons to synapse on \_\_\_\_\_ nerve to face.



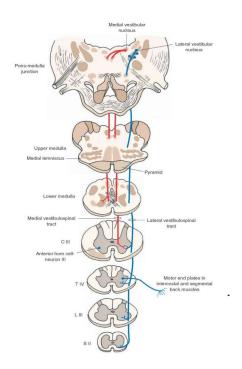
# Describe the corticospinal tract

- Controls (involuntary/voluntary) movement on contralateral side
- (Unmyelinated/Myelinated) tract and designed for what?
- Crosses over in pons to synapse on trigeminal nerve to face.



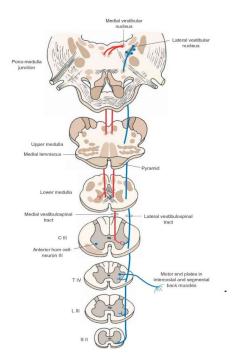
## Describe the ventromedial tracts?

- Bilateral and (ipsi/contra)lateral
- What is an important note about the parts of the body and the movements the ventromedial tracts control?



## Describe the ventromedial tracts?

- Bilateral and (ipsi/contra)lateral
- What is an important note about the parts of the body and the movements the ventromedial tracts control? Primarily controls movements where one side cannot move without the other.



## Describe the mechanism of Parkinson's disease

- axons degenerate from the substantia nigra to striatum.
- What are some symptoms of Parkinson's?
- Globus pallidus is inhibited, meaning what?
- What is used to treat Parkinson's?

## Describe the mechanism of Parkinson's disease

- **Dopaminergic** axons degenerate from the substantia nigra to striatum.
- What are some symptoms of Parkinson's? Tremors, difficulty in initiating and executing movement, paralysis
- Globus pallidus is inhibited, meaning what? Thalamic excitation is decreased
- What is used to treat Parkinson's?L-Dopa

