Macromolecules Ch. 5

Lipids

- insoluble in water because of non-polarity
- energy storage (twice as much energy as a carbohydrate or a protein)
- animals store fats in adipose tissue which is light weight and also serves as a cushion for organs
- fat or blubber also prevents heat loss in mammals
- plant fat usually only found in

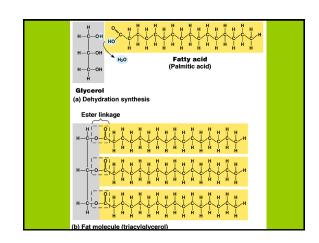






Fats

- a glycerol (three carbon alcohol) and fatty acid (long, hydrocarbon chain with a carboxyl group)
- enzymes catalyze synthesis of fats by making an ester (bond between a hydroxyl group and a carboxyl group) linkage between glycerol and fatty acids
- since there are three carbons on the alcohol it will typically take three fatty acids making a triglyceride.



CFU

- · Which elements are in lipids?
- · How do carbs and lipids differ?
- · Do lipids dissolve in water?
- What makes up a fat?
- What is the main functional group on fatty acids?
- · What four things make up a triglyceride?

Characteristics

- fatty acids within a fat may not all be the same
- fatty acids may differ by the number and location of carbon-to-carbon bonds
- Unsaturated Fats-no double bonds between carbons
- Saturated Fats- one or more double bonds between carbons

| 포화 지방 | 시스 불포화 지방 | 트랜스 불포화 지방 |
|----------------|-----------|------------|
| H-0-H H-0-H | H H | E-F- |

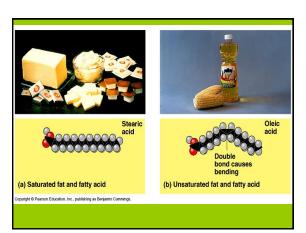
Saturated Fats

- maximum number of hydrogen
- · Solid at room animal.
- · Lard, butter, bacon grease



Unsaturated Fats

- C=C causes kinks and lower number of hydrogens
- · liquid at room temperature
- most plant fats
- · Ex. corn, peanut and olive oil
- * Peanut butter has been hydrogenated to be solid



 animals can only make saturated fats and monounsaturated (only one double bond) fats so polyunsaturated fats must come from the diet (called essential fatty acids)

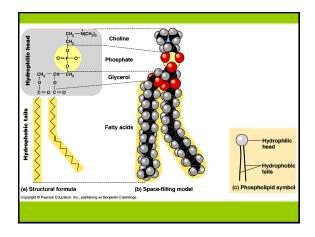
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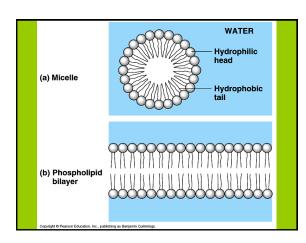
- Which type of fat has the most hydrogensaturated or unsaturated?
- Which type of fat has double bonds?
- Which type of fat is solid at room temperature?
- What causes unsaturated fats to be liquid at room temperature?
- · Do plants have fat? Which type?

| Nutrient | Daily Value |
|-----------------------|--|
| Total Fat | 65 grams (based on 30% of 2000 calories) |
| Saturated Fat | 20 grams (based on 8% to 10% of 2000 calories) |
| Cholesterol | 300 milligrams |
| Total Carbohydrate | 300 grams (about 60% of 2000 calories) |
| Fiber | 25 grams |
| Sodium | 2400 milligrams |
| Potassium | 3500 milligrams |
| Protein | 50 grams (about 10% of 2000 calories) |

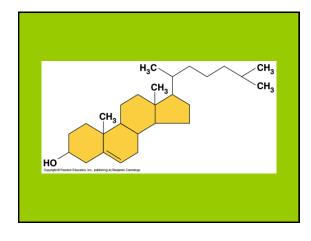
Phospholipids

- glycerol, two fatty acids, and a phosphate group
- are ambivalent towards water: one end is hydrophobic and the other is hydrophilic
- major part of cell membranes









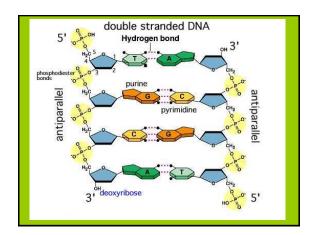
CFU

- · What makes up a phospholipid?
- Which side of a phospholipid is hydrophillic? Hydrophopic?
- Where are phospholipids found?
- How can you recognize most steroids?
- · Give examples of some steroids.

Nucleic Acids

- two types: DNA (deoxyribonucleic acid) and RNA (ribonucleic acid)
- five carbon sugar covalently bonded to a phosphate group and a nitrogenous base
- polymer of nucleotides make a nucleic acid
- nucleotides are joined by phosphodiester linkages between the phosphate of one nucleotide and the sugar of the next





Functions of nucleotides

- · monomers for nucleic acids
- transfer energy (ex. ATP)
- enzyme acceptors (ex. NAD)
- · DNA is code of life
- DNA can be used to look at relationships among organisms

