

## Third Year Packing List

- ❑ (Refer to Camp Manual for more details)
- ❑ Sleeping bag, p. 30
- ❑ Ground cloth, p. 30 (8x10 tarp (minimum) with no holes, 3 yards of rope (minimum)
- ❑ Frame backpack – You need to be able to attach your sleeping bag to it. Make sure the backpack is adjustable and comfortable prior to arriving at camp.
- ❑ Mess kit (~16oz), cup, utensils
- ❑ Canteen, flask, or water bottle filled with water, (2-one liter bottles) pp.47 & 69
- ❑ Good shoes and socks for the hike; footwear should protect and support your feet.
- ❑ One change of clothes and underclothing/socks – lightweight, non-baggy pieces if possible.
- ❑ Lightweight jacket or sweatshirt
- ❑ Long pants recommended (legs get scratched in shorts) Light weight long pants if possible
- ❑ Rain poncho and 3 large black plastic garbage bags
- ❑ Hat, cap, visor – something to shield the sun from your face
- ❑ Hair tie back for rappelling event.
- ❑ Sunblock – A MUST
- ❑ Insect repellent
- ❑ Small camper first aid kit – p. 46, 3<sup>rd</sup> column (moleskin is optional) Put in sandwich size baggie
- ❑ Small package of baby wipes
- ❑ Matches – review p. 33 & 34
- ❑ Pocketknife – (optional) p. 54
- ❑ Disposable camera (optional)
- ❑ \*\*Small journal or notebook, pen, pencil
- ❑ \*\*Camp Manual – A MUST (review requirements before & take all needed equipment for certification)
- ❑ Scriptures
- ❑ Small flashlight with new batteries
- ❑ Toiletries: \*\*Soap, \*\*shampoo, toothbrush, toothpaste, tissue, tampons, pads, \*\*mirror, etc.
- ❑ \*\*Towel and washcloth
- ❑ \*\*flip flops may be brought to wear in the shower
- ❑ watch
- ❑ \*\*camp chair
- ❑ Bring sack lunch with you for the first day of camp

**DO NOT BRING:** iPod, MP3 or other music player etc., Cell Phone, Playing Cards etc.

\*\*items to be left at camp during overnight hike

**\*Please make sure to have all personal items marked with your name.**