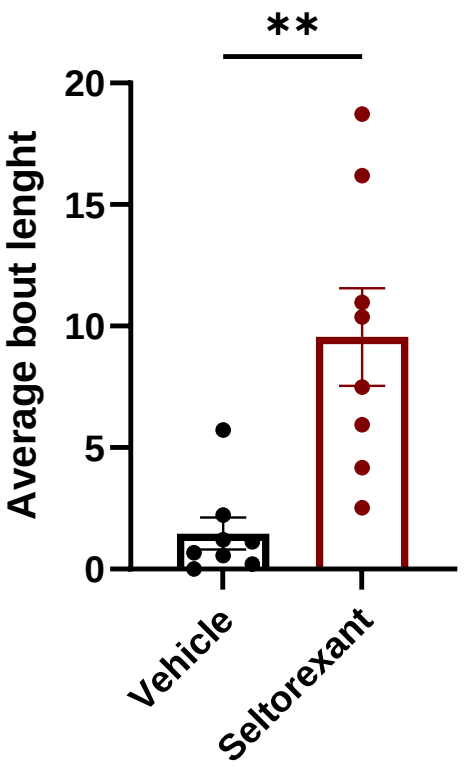
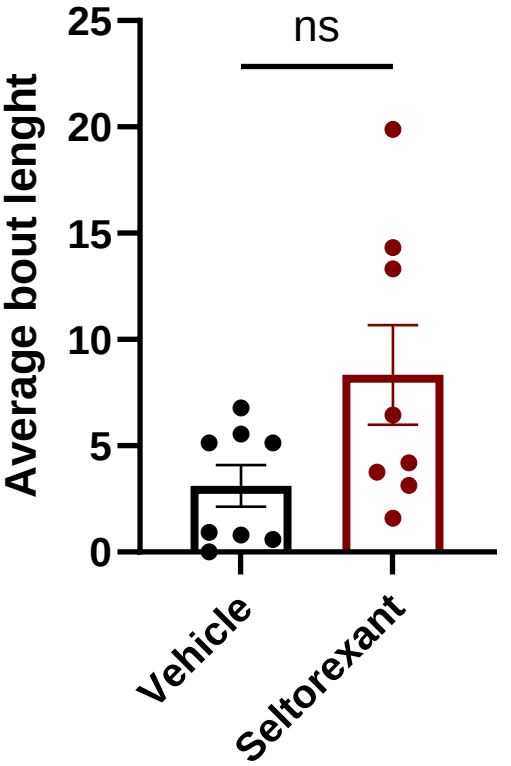
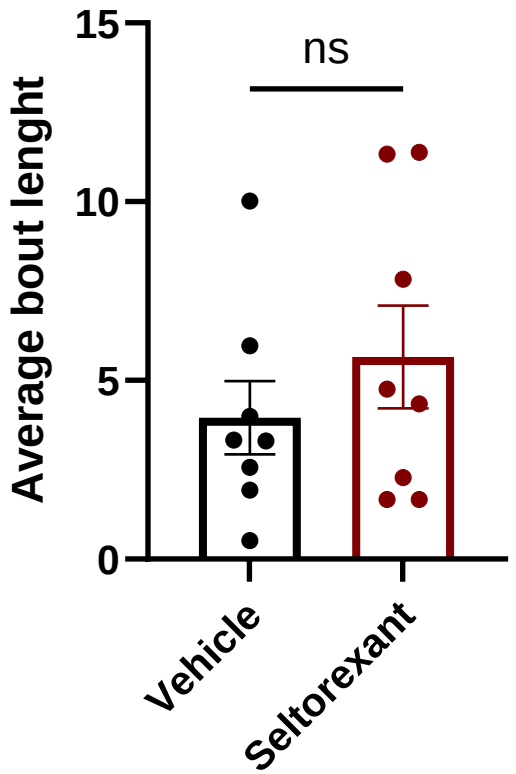
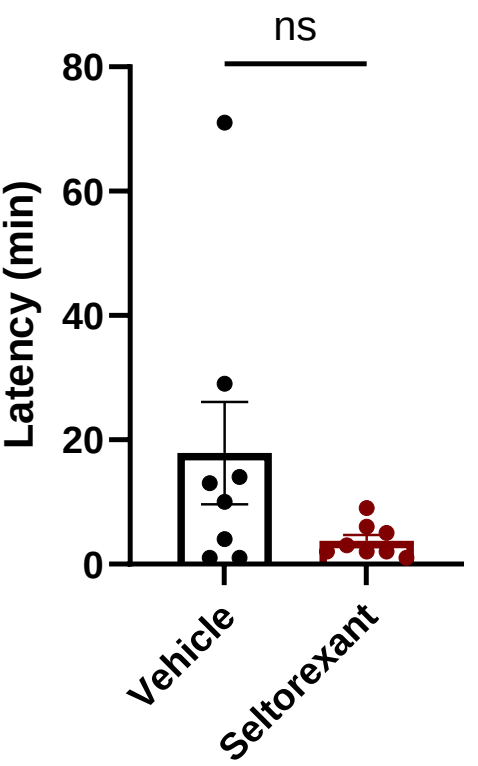
nREM - first 30min



nREM - first hour



nREM - first 2 hours



Average Latency to NREM