# Thomas OATES BSC MB BS PHD FRCP

#### Personal Information

PLACE OF BIRTH: UK
CITIZENSHIP: British

EMAIL: toates19@gmail.com

**?**: toates19

# **CURRENT POSITIONS**

**Consultant Physician (Nephrology & General Internal Medicine)** 

Royal London Hospital Whitechapel Road Barts Health NHS Trust London E1 1BB

I am a Consultant Physician at the Royal London Hospital. I see patients with a wide range of nephrological and general medical problems and specialise in nephrotic syndrome, haemodialysis, kidney transplantation, and acute kidney injury. I also deliver an innovative virtual chronic kidney disease clinic as part of the East London Community Kidney Service.

I also use diverse methods to investigate whether patients at risk of progressive CKD can be predicted from routinely collected data in the primary care electronic health record. This work is supported by competitively awarded grant funding from Barts Charity.

### **EDUCATION**

SEPT 2010-SEPT 2013 PhD INTEGRATED GENOMICS & MEDICINE, MRC London Institute of

Medical Sciences, London, UK

Thesis: "Single Base Resolution Analysis of DNA Methylation in a Rat Model of Crescentic Glomerulonephritis" | Advisor: Dr Enrico Petretto

SEPT 1998-JUN 2004 MB BS MEDICINE

University College London, London, UK Graduated with Merit in final examinations

SEPT 2000-Jun 2001 Intercalated BSc Pharmacology

University College London, London, UK

Graduated with First Class Honours

# PREVIOUS PROFESSIONAL APPOINTMENTS

#### Sept 2015-Nov 2017

### NIHR Clinical Lecturer in Nephrology & Transplantation

50% split between GIM posts at North Middlesex Hospital and research post at UCL Centre for Nephrology

Academic activities in this period included trust wide quality and service improvement project on acute kidney injury at Royal Free London, award of Kidney Research UK grant (see below), and publication of articles 7-12 and abstracts 19-21 in lists below

#### Sept 2013-Sept 2015

# Specialist Registrar in Nephrology & Transplantation and General Internal Medicine

Sept 2013-Sept 2015: Hammersmith Hospital, London, UK

Specialist Nephrology and Transplantation post including inpatient and outpatient cover for AKI, vasculitis, SLE, nephrotic syndrome, haemo- and peritoneal dialysis, kidney and kidney-pancreas transplantation

#### Sept 2010-Sept 2013

# Chain-Florey Fellow of the Medical Research Council

MRC London Institute of Medical Sciences, London, UK

Fully funded doctoral studies leading to award of PhD by Imperial College London in 2014. Significant experience gained in whole genome sequencing & computational biology

#### August 2008-Sept 2010

# Specialist Registrar in Nephrology & Transplantation and General Internal Medicine

Sept 2009-Sept 2010: Royal Free Hospital, London, UK

Specialist Nephrology and Transplantation post including inpatient and outpatient cover for AKI, vasculitis, SLE, nephrotic syndrome, haemo- and peritoneal dialysis, kidney and pancreatic islet cell transplantation

Aug 2008-Sept 2009: North Middlesex Hospital, London, UK Predominantly GIM post with Nephrological commitment

#### Aug 2005-Aug 2008

#### **Senior House Officer**

Rotation positions held at Guy's & St Thomas', Hammersmith, Charing Cross and Kingston Hospitals. All in London, UK. Full list of positions available on request.

#### Aug 2004-Aug 2005

#### **Pre-Registration House Officer**

6 month positions in Surgery and Medicine at the Conquest Hospital, Hastings, UK and the Queen Elizabeth II Hospital, Welwyn Garden City, UK

# MEDICAL CERTIFICATION

- 2021 Fellowship of the Royal College of Physicians (FRCP)
- 2018 Certificates of Completion of Specialist Training in Nephrology & Transplantation and General Internal Medicine
- 2015 Royal College of Physicians Specialty Certificate Examination in Nephrology & Transplantation | mark: 155/200
- 2007 Member of the Royal College of Physicians (MRCP)
- 2005 General Medical Council UK Full Registration GMC no: 6105196

# **HONOURS & AWARDS**

2004	Certificate of Merit in final MB BS examinations, University College London
2004	John Briffa Prize for Outstanding Academic & Extracurricular Activities,
	University College London
2004	Prankerd Jones Elective Bursary, University College London
2003	Chick, Constantine & Atchinson Prize, University College London
2001-2003	Certificates of Merit for Medical Studies
2000	Middlesex Hospital Club Travel Bursary

# **EXAMINING, REVIEW & MODERATING ACTIVITIES**

Grant Reviewer British Renal Society/Kidney Care UK

Kidney Research UK

PhD Thesis Examined S. Dufek-Kamperis

"Genome wide association study in steroid sensitive nephrotic syndrome"

Supervisor: Prof Robert Kleta, UCL

Abstract Reviewer American Society of Nephrology Kidney Week 2017 | Topic: Fellows and

Residents Case Reports

UK Kidney Weeks 2017-2021 | Topics: Acute Kidney Injury, Haemodialysis & Case Reports

Scientific Reviewer British Medical Journal

**BMC Endocrine Disorders** 

**BMJ** Open Quality

Clinical Journal of the American Society of Nephrology

Clinical Kidney Journal Clinical Medicine (Lond.) Future Healthcare Journal

International Urology and Nephrology

Journal of the American Society of Nephrology

Nephrology Dialysis Transplantation

**PLoS ONE** 

Poster Session Moderator UK Kidney Week 2017 | Topics: Acute Kidney Injury, MDT Education/Research

& Patient Education, Involvement and Experience

# **INVITED LECTURES & PRESENTATIONS**

International Feb 2021 Sept 2017	COVID-19: Successes, Challenges and Lessons Learnt Ahvaz Jundishapur University of Medical Sciences, Iran Using Information Technology to Improve Patient Care: The Power of Social Media European Society of Paediatric Nephrology
National	
October 2021	Kidney Transplantation for Acute Medicine Society for Acute Medicine Annual Meeting
November 2018	Social Media: Empowering Patients & Engaging Professionals Kidney Research UK IgA Nephropathy Patient Information Day
September 2018	Nephrology, Dialysis & Transplantation Outside the Renal Unit Society for Acute Medicine Annual Meeting
June 2018	Machine Learning, Artificial Intelligence and Healthcare: Where the Field is Now and Where it Might be Soon UK Kidney Week 2018
May 2018	Update in Nephrology BMJ Masterclasses: Physicians General Update
Feb 2018	Paediatric Innovation Education & Research Network
Nov 2017	Association of Renal Industries Annual Meeting
June 2017	Clinical Trial and Research Communication in the 21st Century: A Strategy in Partnership with Kidney Research UK UK Kidney Week 2017
Feb 2017	Using Social Media to Build a Research Network and a Personal Brand NIHR Leading to Impact Meeting
Dec 2016	Harnessing Social Media for Continuing Professional Development Royal Society of Medicine
June 2016	Can Social Media Become Scholarship? UK Kidney Week 2016
Local	
October 2019	Future or Fugazi: The Promise of Technology in Healthcare Barts Health, UK
May 2019	Machine Learning in Medicine: Hype & Reality Oxford Kidney Unit, UK
April 2019	Machine Learning in Medicine: Hype & Reality LDNephroTx, London, UK
November 2018	Staying Ahead of the Hype Cycle: Medicine in the Era of Big Data Greater Manchester Area Nephrology Network Symposium
June 2018	The Role and Challenges of a Hospital Consultant Barts Health SpR Leadership & Management Course
June 2017	·

# **GRANTS AWARDED**

Sept 2020 "Predicting Chronic Kidney Disease Outcomes From Primary Care Records

Using Machine Learning" | Primary Investigator

**Barts Charity Small Project Grant** 

Ref: MRC0259 £48,955.93

Jan 2017 "Responding to the Needs of Patients with IgA Nephropathy:

A Social Media Approach" | Co-Investigator

Kidney Research UK John Feehally-Stonegate Award

Ref: JFS\_IN\_006\_20160916 £38,322.80

Sept 2010-Sept 2013 "The Epigenetic Regulation of Gene Expression in Macrophages and its

Relevance to a Model of Glomerulonephritis" | PhD Studentship

Medical Research Council Chain-Florey Fellowship

Calculated as 12.5% of Integrative Genomics & Medicine group annual

laboratory costs paid retrospectively

# **ARTICLES**

1. Oates, T. More on Pneumonia: "Surviving Sepsis" Campaign May Contradict CURB Score. BMJ 2006;332:1333–1334.

- 2. Oates, T, Afzali, B, and Goldsmith, D. Chronic Allograft Nephropathy (CAN) An Update. Trends in Transplantation 2008;2:3–11.
- 3. Oates, T, Pinney, JH, and Davenport, A. Haemodiafiltration versus High-Flux Haemodialysis: Effects on Phosphate Control and Erythropoietin Response. American Journal of Nephrology 2011;33:70–75.
- 4. Pinney, JH, Oates, T, and Davenport, A. Haemodiafiltration Does Not Reduce the Frequency of Intradialytic Hypotensive Episodes When Compared to Cooled High-Flux Haemodialysis. Nephron: Clinical Practice 2011;119:c138–144.
- 5. Oates, T, Cross, J, and Davenport, A. Cost Comparison of Online Haemodiafiltration With High-Flux Haemodialysis. Journal of Nephrology 2012;25:192–197.
- 6. Topf, JM, Sparks, MA, Iannuzzella, F, et al. Twitter-Based Journal Clubs: Additional Facts and Clarifications. Journal of Medical Internet Research 2015;17:e216.
- 7. Rackham, OJL, Langley, SR, Oates, T, et al. A Bayesian Approach for Analysis of Whole-Genome Bisulphite Sequencing Data Identifies Disease-Associated Changes in DNA Methylation. Genetics 2017;205:1443–1458.
- 8. Oates, T and Salama, AD. Epigenetic Modifications in ANCA-Associated Vasculitis: Potential for Insights into Disease Pathogenesis and Prediction of Outcome? Journal of the American Society of Nephrology 2017;28:1011–1013.
- 9. Topf, JM, Sparks, MA, Phelan, PJ, et al. The Evolution of the Journal Club: From Osler to Twitter. American Journal of Kidney Diseases 2017;69:827–836.
- 10. Oates, T and Moochhala, S. Recognition and Management of Acute Kidney Injury. Prescriber 2017;28:17–21.
- 11. Oates, T. How is health information technology changing the way we deliver NHS hospital care? Future Healthcare Journal 2017;4:222.
- 12. Graham-Brown, M and Oates, T. Social Media in Medicine: a Game Changer? Nephrology, Dialysis and Transplantation 2017;32:1806–1808.
- 13. Colbert, G, Topf, JM, Jhaveri, KD, et al. The Social Media Revolution in Nephrology Education. Kidney International Reports 2018;3:519–529.
- 14. Graham-Brown, M, Vasilica, C, Oates, T, et al. Study Protocol: Responding to the Needs of Patients with IgA Nephropathy, a Social Media Approach. Clinical Kidney Journal 2018;11:474–478.

- 15. Dritsoula, A, Kislikova, M, Oomatia, A, et al. Epigenome-wide methylation profile of chronic kidney disease-derived arterial DNA uncovers novel pathways in disease-associated cardiovascular pathology. Epigenetics 2020:1–11.
- 16. Leveson, J and Oates, TM. Exome sequencing as a diagnostic tool in chronic kidney disease: ready for clinical application? Curr Opin Nephrol Hypertens 2020;29:608–612.
- 17. Vasilica, C, Oates, T, Clausner, C, Ormandy, P, Barratt, J, and Graham-Brown, M. Identifying Information Needs of Patients With IgA Nephropathy Using an Innovative Social Mediastepped Analytical Approach. Kidney Int Rep 2021;6:1317–1325.
- 18. Oates, T, Hull, S, Ashman, N, and Collins, G. How to appraise a clinical prediction model. Clinical Journal of the American Society of Nephrology 2022;In preparation.

#### ABSTRACTS

- 19. Oates, T, Desai, M, Jayasena, D, Onwubalili, J, and Dupont, P. Impact of a Novel Dietician-led Phosphate Control Initiative in a Haemodialysis Satellite Unit. In: *UK Renal Association Annual Congress*. 2009.
- 20. Oates, T, McAdoo, S, D'Souza, Z, et al. The Effect of 5-Aza-2-Deoxycytidine on Nephrotoxic Nephritis and DNA Cytosine Methylation in Macrophages. In: *UK Renal Association Annual Congress*. 2014.
- 21. Oates, T, Mueller, M, Pusey, C, Cook, T, and Petretto, E. The Role of DNA Methylation in a Rat Model of Crescentic Glomerulonephritis. In: *American Society of Nephrology Kidney Week*. 2014.
- 22. Oates, T, Hull, R, Mueller, M, Pusey, C, Cook, T, and Petretto, E. DNA Methylation Differences at Gene Regulatory Elements are Associated with Disease Susceptibility in a Rat Model of Crescentic Glomerulonephritis. In: 17th International Vasculitis & ANCA Workshop. 2015.
- 23. Oates, T and Ashby, D. Diagnostic Reference Values for Cerebrospinal Fluid May Not be Useful in Haemodialysis Patients Suspected of Having Central Nervous System Infection. In: *American Society of Nephrology Kidney Week*. 2015.
- 24. Oates, T, McAdoo, S, Pusey, C, Cook, T, and Petretto, E. 5-Aza-2-Deoxycytidine Reduces Nephrotoxic Nephritis and DNA Cytosine Methylation in Nephritic Glomeruli and Macrophages in Vitro. In: *American Society of Nephrology Kidney Week*. 2015.
- 25. Oates, T, Rackham, O, Langley, S, Behmoaras, J, and Petretto, E. Whole Genome Transcriptome, Methylome, and Transcription Factor Binding in Nephrotoxic Nephritis. In: *American Society of Nephrology Kidney Week*. 2016.
- 26. Oates, T, Flores-Barros, F, Min, Z, et al. Re-establishment of Immune Tolerance in ANCA-Associated Vasculitis: Defining a cohort with sustained ANCA negativity and drug free clinical remission. In: *American Society of Nephrology Kidney Week*. 2016.
- 27. Oates, T and Salama, A. Integrative Analysis of Genome-Wide Transcriptome Data Sets Reveals Shared Biology Between Lupus and its Co-Morbidities. In: *American Society of Nephrology Kidney Week*. 2017.
- 28. Oates, T, Gleeson, S, Gupta, S, et al. Strategies for Reduction of Cardiovascular Risk: Effect of Time and Different Treatments on Lipids in Membranous Nephropathy. In: *UK Renal Association Annual Congress*. 2020.
- 29. Oates, T, Mathur, R, Hull, S, and Ashman, N. Predicting Progression of Chronic Kidney Disease Using Machine Learning. In: *UK Renal Association Annual Congress*. 2020.
- 30. Hornby, C, Tariq, U, Charrot, S, Burke, S, White, W, and Oates, T. "Some Fava Beans and a Nice Blood Gas". In: Society of Acute Medicine Annual Meeting. 2021.

# **BOOK CHAPTERS**

31. Oates, T, Chan, G, and Goldsmith, D. Iron Deficiency in Renal Transplantation. In: Anaemia in Transplantation. Permanyer Publications, 2009:25–29.

- 32. Oates, T and Masson, P. Information Technology and Data in Nephrology. In: Practical
- Nephrology. Springer, In Press.

  33. Oates, T. Acute Kidney Injury. In: Oxford Handbook of Nephrology and Hypertension.

  Oxford University Press, In Preparation.