



## The Polyamory Handbook: A Users Guide

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By Peter J. Benson

Authorhouse. Paperback. Book Condition: New. Paperback. 392 pages. Dimensions: 8.3in. x 6.0in. x 1.2in. Youve probably heard of polyamory-expanded loving relationships, done openly and honestly. Maybe youve had caring feelings for someone else even though you love your spouse or partner as deeply as always. Maybe youre single; you want a committed relationship with someone; but you dont want to give up the freedom to date others with integrity. Maybe you and your spouse or partner already live a polyamorous lifestyle-but sometimes you arent sure how to proceed. Maybe the two of you would like to bring a third partner, or more, into your hearts and home as a triad, quad, etc. , but you arent sure how to go about it. Maybe you are already a family of three, four, or more, but the complex interpersonal dynamics threaten to overwhelm you. In these pages youll find guidance about- what polyamory is and is not; communication, conflict resolution, and emotional growth; ethical considerations; sexual hygiene; children; wills, discrimination, and legal hassles; and much more. Whether you are well experienced with polyamory, or new at it, or curious about it, youll find answers here, all conveniently arranged in numbered sections for easy...



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*Complete guideline! Its this type of great read through. it absolutely was writtern quite perfectly and helpful. I am very happy to explain how this is basically the best book i actually have read through during my personal life and can be he very best book for at any time.*

-- **Joshua Gerhold PhD**

*A very awesome book with perfect and lucid reasons. It really is basic but shocks within the 50 percent of the book. Its been designed in an exceptionally easy way and is particularly merely right after i finished reading this ebook where in fact changed me, change the way i think.*

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