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15 Minutes Daniel Fast Cookbook: Breakfast, Lunch, Appetizers, Dips, Seasoning, Lunch and Dinner Recipes

By John C Cary

Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.What You Will Find In This Book? If you are tired of eating takeout but between your work and family you do not have enough time to focus on cooking a meal for an hour or so, 50 Daniel Fast Recipes in 15 Minutes or Less can definitely prove to be a lifesaver. Processed foods are convenient and take less time to buy but they just are not the healthy option one looks for; after all you want the best for yourself. It s not as much about treating yourself as it is about taking care of yourself by engaging in a homemade healthy diet and that too by the renowned Daniel Fast. And who does not want to impress their friends and loved ones with some quick cooking that will leave them awed. It all goes under the tag line that makes people say how do they do it! The 50 Daniel Fast Recipes in 15 Minutes or Less recipe book includes: 1.Authentic Daniel Fast less than 15 minute recipes, some even going down...



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