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98 Ways to Cook Zucchini

By Peggy Merritt Hammond

Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Recipes for breads, cakes, cookies, desserts, entrees, side dishes and snacks all using zucchini. This book is dedicated to all you zucchini lovers who think fried is the only way to cook zucchini. I ll bet this title got you to thinking, didn t it. Well, did you know that zucchini is perhaps the most versatile vegetable out there? It can be fried, baked, boiled, broiled, sauteed, stewed and frozen. I ve even seen a recipe for zucchini milk. I love fried zucchini, but you can only eat so much fried zucchini. And let s face it, all that fat is just not good for us. So what are we going to do with all that zucchini in the garden?! Zucchini has a rather bland taste, so it is easy to hide in other foods so your picky eaters don t realize they are getting their (shhh) vegetables. Add it to brownies, cakes, cookies, meatloaf, spaghetti. It s easy to freeze for use later. Just shred it or cube it, seal 1-2 cups in zipper...



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Reviews

This composed book is excellent. This really is for all who statte that there had not been a worth reading through. Your life period will probably be change as soon as you total looking over this ebook.

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The book is fantastic and great. I have go through and i also am certain that i will planning to read through once more once more down the road. Its been printed in an exceedingly simple way and is particularly simply after i finished reading through this publication through which really changed me, change the way i think.

-- **Hank Powlowski**