



Get Your Shit Together: How to Change Your Life by Tidying Up Your Stuff and Sorting Out Your Head Space

By Vicki Vrint

Summersdale Publishers. Hardback. Book Condition: new. BRAND NEW, Get Your Shit Together: How to Change Your Life by Tidying Up Your Stuff and Sorting Out Your Head Space, Vicki Vrint, 'The secret of getting ahead is getting started.' Mark Twain Organise your stuff and organise your life - you'll soon see the results. This bright, bold and friendly book tells you exactly how to get your sh*t together so you can start living the best version of your life. Super-accessible and practical life hacks are paired with inspiring quotations, stylish design and lots of good sh*t to kick-start the changes. Includes top tips on sorting out your space and sorting out your head space by: * motivating * decluttering * goal-setting * managing your time * creating more good times and living the life you've been dreaming of!.



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