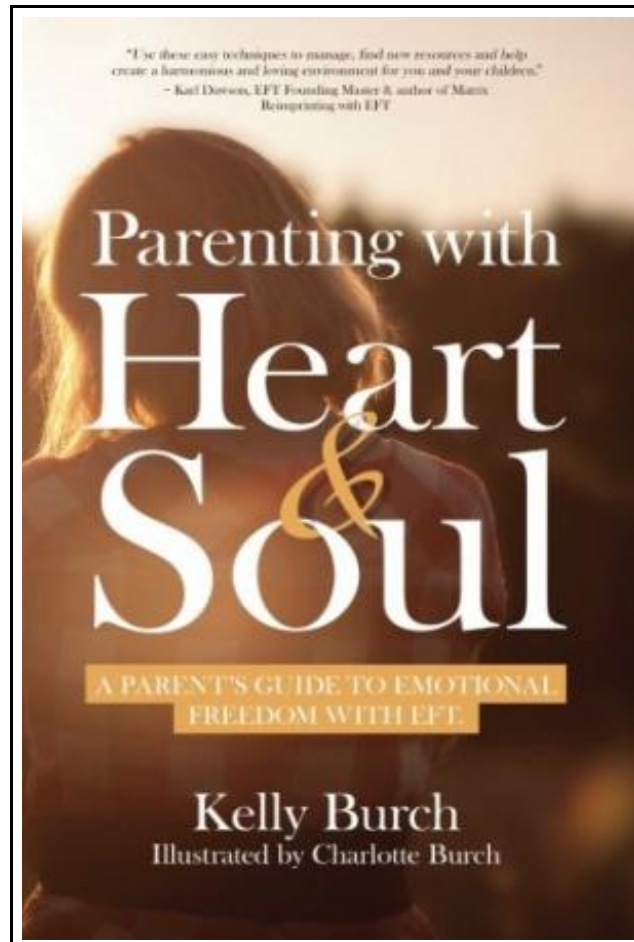


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Reviews

I actually started reading this article ebook. It is actually packed with knowledge and wisdom Its been printed in an remarkably simple way and it is only after i finished reading this pdf where in fact modified me, alter the way i believe.

(Prof. Uriel Witting)

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DragonRising. Paperback. Book Condition: new. BRAND NEW, Parenting with Heart & Soul: A Parent's Guide to Emotional Freedom with EFT, Kelly Burch, In a straightforward and down-to-earth way, Kelly explains concepts of the energy system and why that matters when it comes to the behaviour of children as well as us parents. She explains what emotions are and how to manage them in children. As well as insightful and empowering knowledge, parents are going to love the part of the book which dives lovingly into common areas of difficulty and discusses respectful ways to approach them. Kelly talks about fears, anxieties, sleep, tantrums, and much more. Kelly also includes super-easy energy tools that make light work of mum and dad feeling great, morning, noon and night, as well as tools to support the energy of the entire family. Kelly's open-hearted and relatable anecdotes along the way will remind you that wherever you are at, and whatever philosophies of parenting you subscribe to, there is always opportunity for parenting with your heart and soul.



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