



Meditation Renovation - On the Inside: Workbook #2

By Rev. Molly C. Cook B. Msc.

Createspace. Paperback. Book Condition: New. This item is printed on demand. Paperback. 94 pages. Dimensions: 11.0in. x 8.5in. x 0.2in.Meditation Renovation - On The Inside, Workbook 2, will take you deep within your body and mind, to help heal you from within. It starts where workbook 1 left off, and follows the same easy structure, so you will be able to transition from your outer areas of consciousness, to your inner areas of consciousness, known as Chakra points. Step inside your house, and renovate your life for a happier, healthier you. This item ships from La Vergne,TN. Paperback.



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