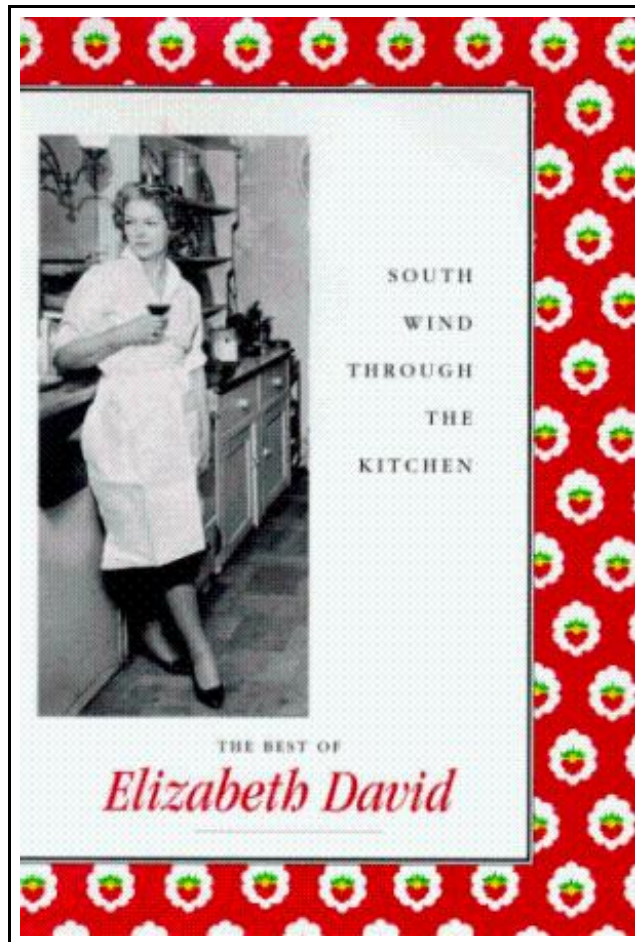


South Wind Through the Kitchen: The Best of Elizabeth David



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SOUTH WIND THROUGH THE KITCHEN: THE BEST OF ELIZABETH DAVID



North Point Press, 1998. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Like M. F. K. Fisher & Julia Child, Elizabeth David changed the way we think about & prepare food. David's nine books, written with impeccable wit & considerable brilliance, helped educate the taste (& taste buds) of the postwar generation. Insisting on authentic recipes & fresh ingredients, she showed that food need not be complicated to be good. A Book of Mediterranean Food, published in 1950, introduced the ingredients of a sunnier world (olive oil, garlic, eggplant, basil), celebrating their smell & taste & above all highlighting the concept that food reflects a way of life & should be a source of joy. Subsequent books on French & Italian cooking & a stream of provocative articles followed. Later, David's monumental English Bread & Yeast Cookery became the champion of the Real Bread movement. Her last book, Harvest of the Cold Months, is a fascinating historical account of food preservation, eating habits, & the astonishing worldwide food trade through snow & ice. Many of the recipes & excerpts here were chosen by David's friends & by the chefs & writers she inspired (including Alice Waters & Barbara Kafka). This collection will enable some of us to discover, & others to remember, what made David one of our most influential & best-loved food writers.



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