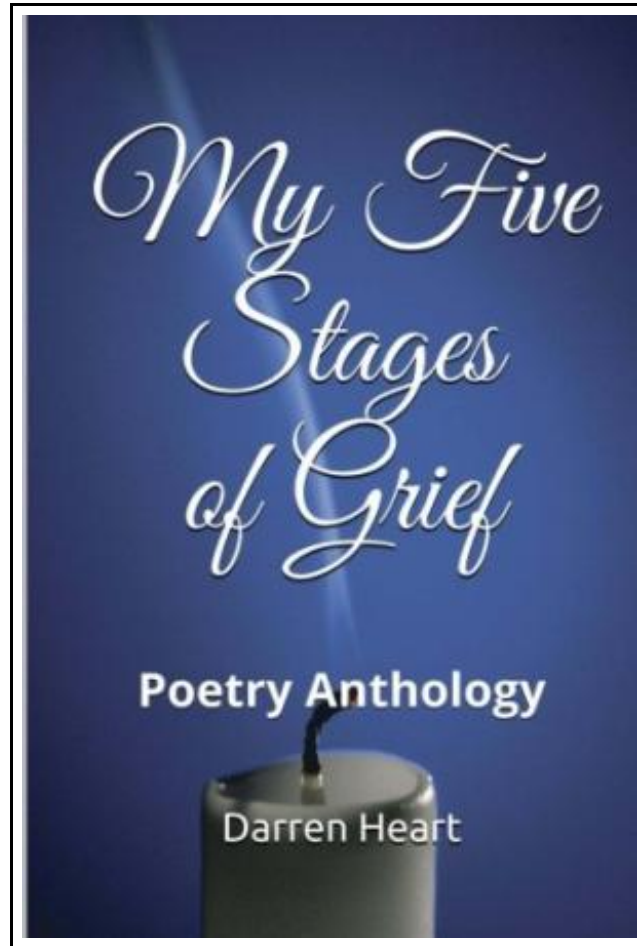


My Five Stages of Grief: Poetry Anthology



Filesize: 1.85 MB

Reviews

Very useful to any or all type of people. This is certainly for those who statte there was not a worth reading through. You can expect to like how the writer write this pdf.
(Dr. Rashawn Lang)

MY FIVE STAGES OF GRIEF: POETRY ANTHOLOGY



Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.My Five Stages of Grief: Poetry Anthology by Darren Heart is an emotional chronicle of the author s ten year journey of recovery and healing from the grief and the overwhelming sense of loss caused by the tragic deaths of his long term partner, and shortly afterwards, his step son. The original poetry contained within this anthology is taken from the more extensive book My Five Stages of Grief: A Father s Journey to Recovery from Bereavement, written by the same author. The main body is represented by five chapters featuring poems dedicated to the five stages of grief, namely; Denial, Anger, Bargaining, Depression and Acceptance ; Intended to reflect upon the various emotions and thoughts he experienced during that particular stage of the grieving process. Contains 45 original emotional, and thought provoking, short poems, capturing the author s raw thoughts and emotions associated with each stage. For those who have suffered the loss of a loved one, this poetry book explore a mourner s need to acknowledge death and embrace the pain of loss and bereavement, as a pathway to recovery. At one time or another, we will all find ourselves facing a dark journey through the grieving process. My Five Stages of Grief Poetry Anthology is written to provide support and comfort for a person who is in the wake of despair following the loss of a loved one. Example Poem from this Anthology A Castaway Dark clouds of despair rolling above, Obscures the peak of mount melancholy. Surrounded by a rough sea of sadness, Waves of woe crashing all over me. Where is this place i have landed? A castaway in a far off land....



[Read My Five Stages of Grief: Poetry Anthology Online](#)



[Download PDF My Five Stages of Grief: Poetry Anthology](#)

Related PDFs



Star Flights Bedtime Spaceship: Journey Through Space While Drifting Off to Sleep

CreateSpace Independent Publishing Platform, 2013. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: "Star Flights Bedtime Spaceship" is a charming and fun story with the purpose to help children...

[Save Book »](#)



Daddyteller: How to Be a Hero to Your Kids and Teach Them What s Really by Telling Them One Simple Story at a Time

Createspace, United States, 2013. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.You have the power, Dad, to influence and educate your child. You can...

[Save Book »](#)



Read Write Inc. Phonics: Green Set 1 Non-Fiction 2 We Can All Swim!

Oxford University Press, United Kingdom, 2016. Paperback. Book Condition: New. 217 x 115 mm. Language: N/A. Brand New Book. These decodable non-fiction books provide structured practice for children learning to read. Each set of books...

[Save Book »](#)



The Preschool Church Church School Lesson for Three to Five Year Olds by Eve Parker 1996 Paperback

Book Condition: Brand New. Book Condition: Brand New.

[Save Book »](#)



I Want to Thank My Brain for Remembering Me: A Memoir

Back Bay Books. PAPERBACK. Book Condition: New. 0316118796 Never Read-12+ year old Paperback book with dust jacket-may have light shelf or handling wear-has a price sticker or price written inside front or back cover-publishers mark-Good...

[Save Book »](#)