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iUniverse, Inc. Hardcover. Book Condition: New. Hardcover. 170 pages. Dimensions: 9.1in. x 6.1in. x 0.8in.No Whining is one mans gut-wrenching yet humorous account of his eight-week journey through Craig Hospitals Spinal Cord Injury (SCI) rehabilitation program. Paralyzed from the waist down, author Herb Tabak credits Craigs no nonsense rehabilitation philosophy as a major factor in the progress he has made to date towards recovery. Tabak relates the range of adventures he experienced while an SCI patient at Craig Hospitals world-renowned...

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