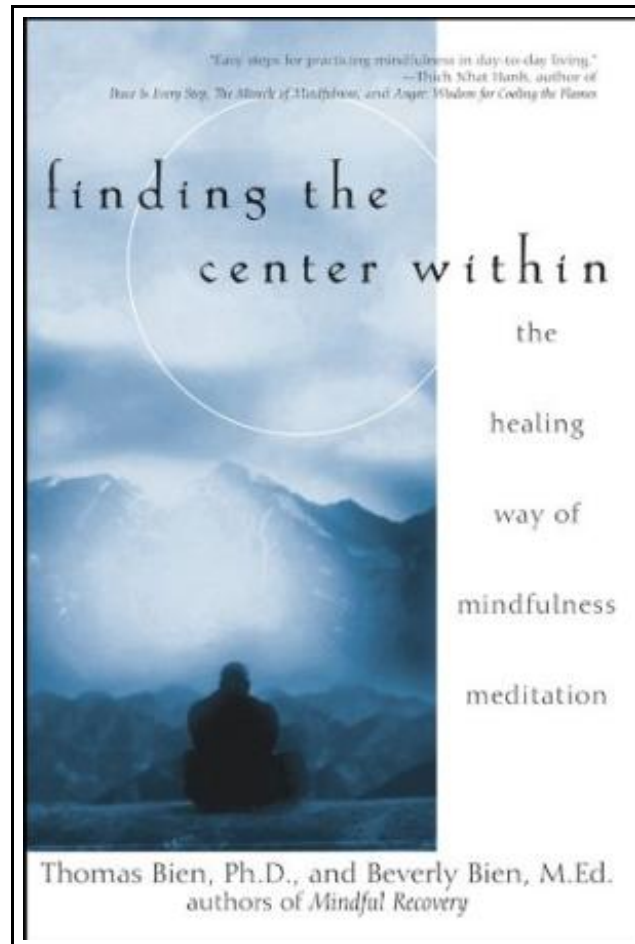


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FINDING THE CENTER WITHIN: THE HEALING WAY OF MINDFULNESS MEDITATION



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