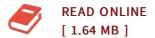




## Screening and Interventions for Childhood Overweight: Evidence Synthesis: Evidence Synthesis Number 36

By U. S. Department of Health and Human Services

Createspace. Paperback. Book Condition: New. This item is printed on demand. Paperback. 204 pages. Dimensions: 11.0in. x 8.5in. x 0.5in. This review examines the evidence for the benefits and harms of screening and earlier treatment of child and adolescent overweight in clinical settings. It summarizes the current state of the evidence for primary care clinicians and identifies key evidence gaps relating to clinical identification and treatment of childhood overweight. Obesity and overweight develop when there is a mismatch between energy intake and expenditure, and are related to health risks and problems in children. The genetic survival advantage for individuals whose bodies use calories more slowly has become a disadvantage in a society where abundant food and inactivity predominate. Obesity and overweight are multifactorial problems rooted in the interaction of the host (susceptibility due to genetics and learned behaviors), agent (energy imbalance), and environment (abundant food; reduced lifestyle activity; and economic, social, and cultural influences). Obesityoverweight has been declared an epidemic and a public health crisis among children in the United States and around the world due to alarming upward trends in its prevalence. Overweight in children aged two and older has at least doubled in the last 25 years. The age-...



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