# HOWTO STOP A STALKER How to Identify a Stalker How They Stalk and Why They Do It What to Do if You Are Being Stained How to Collect Evidence How to Get the Justice System on Your Side What to Do in Court HOWTO STOP A STALKER DETECTIVE MIKE PROCTOR

# How to Stop a Stalker

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1 out of 12 women and 1 out of every 45 men will

be stalked in their lifetime

# **Reviews**

An extremely wonderful publication with lucid and perfect reasons. It typically will not expense too much. You are going to like the way the blogger compose this publication.

(Prof. Maya Hand)

### **HOW TO STOP A STALKER**



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Prometheus Books, United States, 2003. Paperback. Book Condition: New. 230 x 152 mm. Language: English. Brand New Book. One out of every 12 women and one out of every 45 men in the United States are stalked in their lifetimes. If you are a victim of a stalker or suspect that you might be, this book will give you the means, not only to assist in your protection, but hopefully to assist law enforcement in putting the stalker behind bars. Veteran detective Mike Proctor, who has investigated and consulted on over 100 stalking cases (all of which have been successfully prosecuted), has written this essential survival guide for anyone who becomes the target of one of these predators. He teaches you: how to identify a stalker, how and why they stalk, what to do if you are being stalked, how to collect evidence, and how to get the criminal justice system on your side. A pioneer in the investigation of stalking, Proctor continues his quest in educating both the law enforcement community and the public to the seriousness of the crimes generated by these urban predators. He discusses how all victims are subjected to some type of mental abuse either in the form of direct or indirect threats. In some cases these threats can lead to both physical trauma and even death. Proctor lays out many of the behavioral patterns the stalker uses to ply his trade: persistent contact through various means of harassment (phones, pagers, letters); breaking and entering, either to steal some personal items or just to let the victim know that his or her personal space has been violated; as well as a host of other harassment tactics, including contacting family members, filing legal actions, disrupting utility services, threats of violence, and the latest trend: cyberstalking....



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