



## Blessed Living a Grateful Life

By Ellen Michaud

Readers Digest. Paperback. Book Condition: New. Paperback. 176 pages. Dimensions: 6.8in. x 5.3in. x 0.5in. Sometimes we need to pause for a moment and absorb the quiet moments in life. Blessed is a compelling collection of stories that are true reminders of the everyday blessings that surround us a reminder to take a deep breath and appreciate the things that bring us joy. Whether sitting in front of the fire at her snow-covered cottage high in the mountains of her Vermont hometown, laughing with friends on the porch of a bungalow near the sea in California, gardening, baking or knitting, award-winning author Ellen Michaud offers an intimate glimpse into daily peaceful moments that frequently go unnoticed. Entries include: The Teapot: During a snowy winter storm, the author pulls her great-grandmother's worn silver teapot down from a shelf. As she polishes the teapot's tarnished surface, she discovers engraved hallmarks that lead to a deeper understanding of its 200-year history, and her appreciation for the women who traveled with it grows. Holding the teapot in my hands, I can feel its strength and sturdiness. I can run my fingers over its dents, study the cracks in its bone lid ornament, lightly stroke the scorch...



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