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5

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of

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The Missing Link to Fat Loss, Overall Wellness, and to becoming Respected, Adored, and Wealthy.

As a dancer, I had excellent posture.
As a choreographer, I noticed not everyone did.
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Jumper Publications and Media

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(Mr. Cielo Koch II)

## THE 5 POINTS OF POSTURE: THE MISSING LINK TO FAT LOSS, OVERALL WELLNESS, AND TO BECOMING RESPECTED, ADORED, AND WEALTHY



Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Selfcare Strategy #8 All original content - as are all of Jumper Publications ABC Water and the Number Crunch Diet - alkalinity, the untold secret to health and energy NCD Flaxseed Shake Recipe - the Number Crunch Diet method for getting omega-3 Nontoxic Teeth Whitening - chemical-free dental hygiene and personal sanitizer 12 Changes A Year - build a NCD recipe repertoire No doctors or diagrams, it s a posture class by those who rely on posture for a living - Ballet Dancers. This book applies to everyone, but particularly useful as the polishing touch for the business professional. Also useful for anyone looking to be more grounded and unmoved. Say good-bye to being intimidated. Jumper Publications and Media - light years beyond the diet and exercise advice When you take control of the numbers you take control of your weight. Includes two free reports - JPM Oral Hygiene Protocol the secret weapon for clean gum lines discover a nontoxic food-grade mouthwash.

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