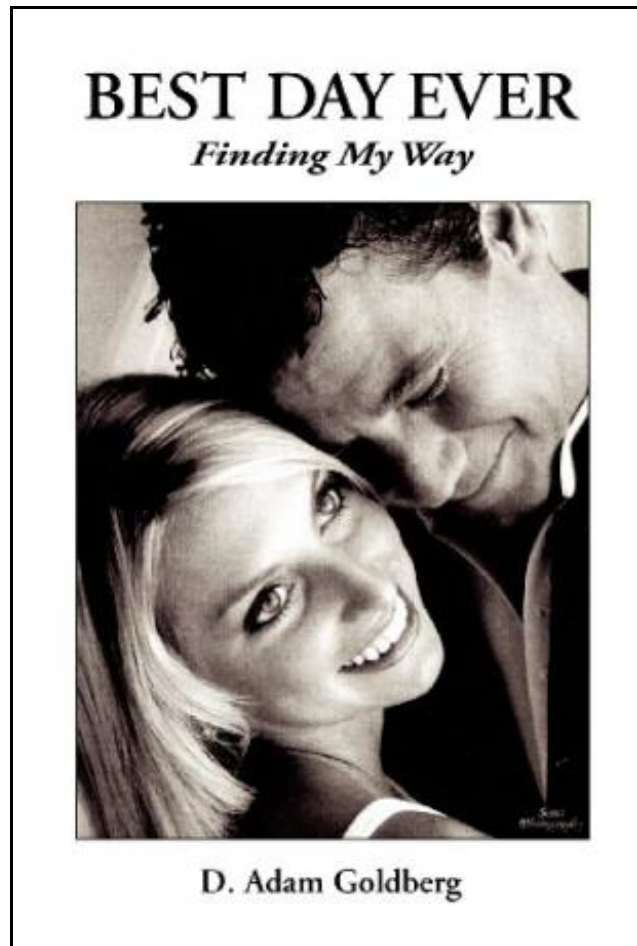


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Regent Press. Paperback. Book Condition: New. Paperback. 290 pages. Dimensions: 8.9in. x 5.9in. x 0.8in. The author Adam Goldberg strains to understand his relationship with his father. As he reviews their history during a phone conversation with him, he experiences an epiphany that illumines his vision of his dad. Rather than compounding his fathers failures, Adams enlightened awareness enables him to recognize and appreciate his fathers attributes. This intuition multiplied and led to inspired observations about truths to be found in common life challenges and answers to such questions as, What do you get out of not enjoying your work And, Does it make you happy to think that way These expanded reflections, and an examination of the circumstances and situations that provoked them, compelled the writing of this book. The author tells us, I quit a great job to write this book. We should all be glad that he did. BEST DAY EVER is a practical and inspirational life story that surveys signal moments in life. Together, we consider responses guaranteed to increase happiness and personal growth. Adam confirms, We know the truth when we see it. Interestingly, BEST DAY EVER was written for both self and others. Adams Pop, beloved step-father and Worker Guy in the Work chapter, observed, Adam, this book is for you. So, together, the author and the reader grasp and gather nuggets to live a happy, balanced and productive life. It all starts with you. No, not you, me. Author Adam Goldberg enjoyed his young life in Santa Cruz where he garnered every athletic award available. He was gifted with smooth moves and great sports sense. Many a fan looked forward to watching him perform on field and court. Adams hopes for a professional athletic career ended at San Jose State where he experienced a...



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