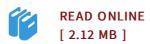




## Traditional South African Cooking

By Magdaleen Van Wyk, Pat Barton

Struik Publishers (Pty) Ltd, South Africa, 2015. Paperback. Book Condition: New. 5th Revised edition. 260 x 220 mm. Language: English . Brand New Book. Anyone who longs for a beloved grandmother s famous milk tart or melkkos, or a great aunt s delicious bobotie or vetkoek, should have this book in his or her kitchen! Traditional South African Cooking is a collection of wellknown South African recipes that will enable the modern cook to continue the tradition and produce the same delicious meals that our ancestors used to enjoy. South African cuisine is a unique blend of the culinary art of many different cultures. Dutch, French, German and British settlers, as well as the Malays who came from the East, all brought their own recipes to this country. The subtle adaptation of these imported recipes by the addition of local ingredients and the introduction of innovative (at the time) cooking methods resulted in an original and muchloved cuisine that still sits comfortably alongside contemporary cooking. Soups, Starters Snacks; Fish Seafood; Poultry; Meat; Game Game Birds; Vegetables, Salads Side Dishes; Desserts; Biscuits, Scones, Cakes Sweet Tarts; Bread and Rusks; Sweets Sweetmeats: Preserves, Jams Jellies; Pickles Chutneys; Fruit Drinks, Beers Liqueurs; Index.



## Reviews

This composed book is excellent. it was actually writtern very perfectly and valuable. I found out this book from my i and dad advised this book to learn.

-- Maymie O'Kon

Here is the finest ebook i have got read until now. It really is simplistic but excitement within the 50 percent in the book. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Lupe Connelly