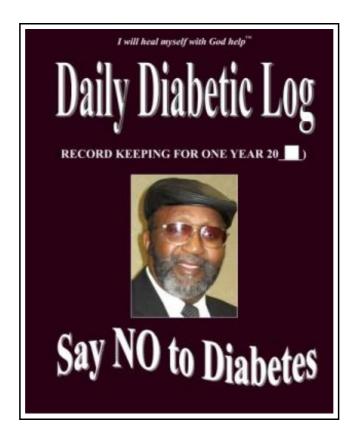
Daily Diabetic Log: (Record Keeping for One Year)



Filesize: 2.37 MB

Reviews

This ebook is very gripping and fascinating. Sure, it is engage in, nevertheless an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Ms. Ora Buckridge)

DAILY DIABETIC LOG: (RECORD KEEPING FOR ONE YEAR)



Createspace, United States, 2012. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.Introduction Diabetes are going to destroy the United States. This all could be prevented if we would turn the clock back to eating only free range meat and more fruit and vegetables with a minimum of artificial stimulants and antibiotics to hasten their growth. We must alter our lifestyles or be doomed to our own self centered greed and unhealthy consumption. Most Illness are selfinflicted. The human body has a super natural designed healing system that can meet most of its problems without outside intervention. Even when outside help is needed, healing is enhanced if the patient can be kept free of emotional devastation and panic. Emotional trauma impairs immune function by decreasing the body s interleukins vital immune defense substances. Panic constricts blood vessels, putting additional burden on the heart. Depression intensifies existing diseases that open the door to other aliments. There is a direct connection between our mental state and the ability of our immune system to do its job. Keep your mind-set positive and free from depression, unnecessary emotional stress which can induces illness. Other words, REFUSE to get involved in a confrontation with anyone, no matter what the issue is. DO NOT allow the daily grime of living and coping take control of your mental health. Bottom line, your body will suffer the consequences by weakening your immune system. Lets face the facts. We do not take care of our bodies. We eat thing that taste good and over indulge in those foods. We have bad drinking habit of some beverages. We have substance abuse of prescription and non-prescription drugs. We are not active doing chores around our homes. Apartment dwellers are even less...



Read Daily Diabetic Log: (Record Keeping for One Year) Online Download PDF Daily Diabetic Log: (Record Keeping for One Year)

You May Also Like



13 Things Rich People Won t Tell You: 325+ Tried-And-True Secrets to Building Your Fortune No Matter What Your Salary (Hardback)

Reader s Digest Association, United States, 2013. Hardback. Book Condition: New. 231 \times 160 mm. Language: English . Brand New Book. Did you read about the janitor who donated million dollars to his local...

Read ePub »



It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em

HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em, Greg Behrendt, Amiira Ruotola-Behrendt, A fabulous new guide to dating...

Read ePub »



Weebies Family Halloween Night English Language: English Language British Full Colour

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Children s Weebies Family Halloween Night Book 20 starts to teach Pre-School and...

Read ePub »



To Thine Own Self

Dog Ear Publishing, United States, 2011. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Carefree and self assured Carolyn loves her life. Her uncle runs...

Read ePub »



Im Going to Read 174 Baby Im Bigger by Harriet Ziefert 2007 Paperback

 $Book\,Condition; Brand\,New.\,Book\,Condition; Brand\,New.$

Read ePub »