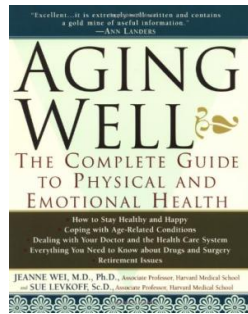


## Aging Well: The Complete Guide to Physical and Emotional Health



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