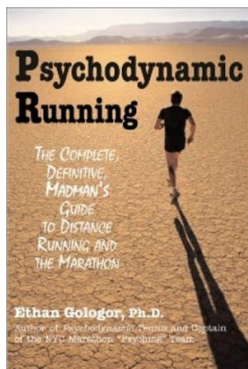


## Psychodynamic Running: The Complete, Definitive, Madman's Guide to Distance Running and the Marathon



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