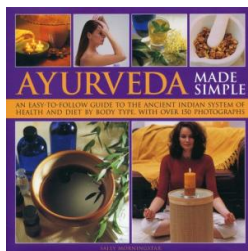


## Ayurveda Made Simple: An Easy-to-follow Guide to the Ancient Indian System of Health and Diet by Body Type, with Over 150 Photographs



### Book Review

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(Mrs. Winifred Fritsch)

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