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Brain Training Conversion

By Leadstart Publishing

Happy Squirrel, India, 2013. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book. The brain gives us human potential - to learn, to dream, to achieve and grow. It is perhaps the most powerful and yet the most delicate organ in the body. For many years it was assumed that brain cells could not grow past early childhood and would automatically degenerate as we reached our senior years. But recent scientific research has broken the bondage and fatalism of such beliefs and demonstrated ways in which the brain can be trained, enhanced and kept agile and alert every day of our lives to empower whatever we do. Brain enhancement is the process of developing innate abilities that allow retention of memory. When memory is retained, a person functions better in society, at work and at home. The brain is an organ that produces thoughts and feelings, the anatomy that controls the centre of the nervous system and vertebrae. It not only enhances a person's intellectual abilities, but also controls heart rate, body temperature and blood pressure among other things. In order to enhance the brain, it is essential to improve the Central Nervous System...



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Reviews

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-- **Joshua Gerhold PhD**

A very awesome book with perfect and lucid reasons. It really is basic but shocks within the 50 percent of the book. Its been designed in an exceptionally easy way and is particularly merely right after i finished reading this ebook where in fact changed me, change the way i think.

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