

You Are Awesome!: Live Your Life by Design, Not by Accident!



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Reviews

Completely among the finest ebook We have at any time read through. it was actually writtern really properly and helpful. You are going to like just how the writer compose this publication.

(Mr. Deangelo Considine)

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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Jan Michael Gaynor, the author of *You Are Awesome!* is bringing to the reader his first-hand life experiences. As a youth leader and father of five, he was also an experienced college teacher with 2 Masters Degrees. His experiences cover a wide spectrum of ages, young and old and he has taught many topics for many years. Being very successful in life, a medical incident caused temporary paralysis. Unable to work, he lost almost everything: .business, cars, home, retirement savings, and the ability to complete his PhD - fifty plus years of life s treasures all gone. Overcoming both the physical and mental pain he experienced, he corrected these hardships through attending many self-help classes and seminars for over five years. These events were presented by worldwide known Gurus, coaches and trainers in self-improvement and motivation. Written for the whole family, he teaches the best of the best techniques that work from his own experience. - Learn how you are awesome already - Become even more awesome with a new mindset - Understand why you act and believe as you do - Learn how to overcome negative influences - Learn how to train your mind to think positive - Understand the different personality types - Learn how you learn and how to ask for help The family can learn how to work for the success of each other and the family as a whole. The goal is to improve each family member s life through awareness, mutual respect, communications and cooperative teamwork. Remember *You Are Already Awesome!* *You Are Awesome* has been endorsed by International Bestselling author, coach, speaker; and International Best-Selling author of the...



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