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TASTE OF HOME COMFORT FOOD MAKEOVERS: 325 DELICIOUS COMFORTING RECIPES MADE LIGHT



Reader s Digest Association, United States, 2015. Paperback. Book Condition: New. 226 x 206 mm. Language: English . Brand New Book. The pros at Taste of Home received hundreds of requests to lighten up family-favorite recipes and they did! Whether cutting calories from a bubbling casserole, trimming fat from a cheesy pizza or skimming sugar from a heavenly dessert, these experts revamped classic dishes while keeping all the mouthwatering flavor in tact. Now they re sharing their secrets in Taste...

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