



Your Many Faces: The First Step to Being Loved

By Virginia M. Satir

CELESTIAL ARTS, United States, 2009. Paperback. Book Condition: New. 3rd Revised edition. 200 x 128 mm. Language: English . Brand New Book. Each one of us has a medley of faces that composes our individual personality: intelligence, anger, love, jealousy, helplessness, courage, and many more. We re often quick to judge these characteristics as either positive or negative, without recognizing that we need each of them in order to become fuller, more balanced human beings. Originally written in 1978 by renowned psychotherapist Virginia Satir, the timeless classic Your Many Faces has been updated and reissued and is as relevant today as ever. In a refreshingly candid style, Satir takes us on a lively and insightful journey of self-discovery and transformation. We learn how to acknowledge, understand, and manage our many faces and in doing so, open up a world of possibilities for ourselves. This new edition also features a compelling foreword by Mary Ann Norfleet, PhD, which explores Satir s pioneering approaches to psychology and her enduring legacy in the field of family therapy.



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Reviews

This book is definitely worth acquiring. I have go through and so i am certain that i will likely to read through again again in the future. Its been printed in an exceptionally basic way in fact it is only after i finished reading this publication in which actually altered me, change the way in my opinion.

-- **Andres Bashirian**

Comprehensive guide for publication fanatics. This really is for all who statte there had not been a well worth reading through. I discovered this ebook from my dad and i encouraged this book to find out.

-- **Lacy Goldner**