



How to Stop Worrying and Start Living

By Dale Carnegie

Paperback. Book Condition: New. Paperback. 388 pages. Learn how to break the worry habit -- Now and forever! With Dale Carnegies timeless advice in hand, more than six million people have learned how to eliminate debilitating fear and worry from their lives and to embrace a worry-free future. In this classic work, How to Stop Worrying and Start Living, Carnegie offers a set of practical formulas that you can put to work today. It is a book packed with lessons that will last a lifetime and make that lifetime happier! DISCOVER HOW TO: Eliminate fifty percent of business worries immediately Reduce financial worries Avoid fatigue -- and keep looking young Add one hour a day to your waking life Find yourself and be yourself -remember there is no one else on earth like you! Fascinating to read and easy to apply, How to Stop Worrying and Start Living deals with fundamental emotions and life-changing ideas. Theres no need to live with worry and anxiety that keep you from enjoying a full, active life! This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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