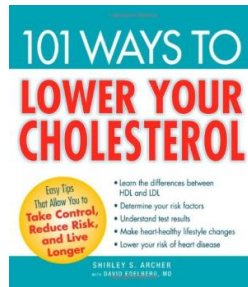


## 101 Ways to Lower Your Cholesterol: Easy Tips That Allow You to Take Control, Reduce Risk, and Live Longer



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