



The Gift of ADHD Activity Book: 101 Ways to Turn Your Child's Problems into Strengths

By Lara Honos-Webb

New Harbinger Publications. Paperback. Book Condition: new. BRAND NEW, The Gift of ADHD Activity Book: 101 Ways to Turn Your Child's Problems into Strengths, Lara Honos-Webb, So much depends on how you look at things: Are you a glass-half-empty person, or do you discover advantages where other people find only weaknesses? When it comes to raising healthy, happy kids, positive encouragement and support can work miracles where attempts to change and control create frustration and resentment. In her first book, "The Gift of ADHD", psychologist Lara Honos-Webb offers a positive, strength-affirming new way to look at kids who present behaviours associated with attention-deficit / hyperactivity disorder (ADHD). Instead of struggling to "tame" an easily distracted child, she shows parents how to appreciate their creativity, sensitivity, and passion for living. In this new book, she develops the ideas from "The Gift of ADHD" into 101 simple and engaging activities parents can use to help develop their child's unique strengths. The chapters of the book are organized by strengths that can be developed in a child. There is a short discussion of the importance of each strength, and then the book offers simple activities that parents can do with their child to help...



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