



### Release Your Potential: Making Sense of Personal and Professional Development

By Rosalie Marsh

Christal Publishing, United Kingdom, 2011. Paperback. Book Condition: New. 214 x 138 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. You are having a career change; you are looking to get into employment; you are looking to simply become more effective in your present role but don t know how to go about improving your skills. If this sounds familiar, Release Your Potential will help you to: Identify what you know now and need to know in order to improve Look at how you learn best Make best use of your time Handle stress Plan how you will achieve your goals Develop and maintain a Personal Development Portfolio In Release Your Potential: Making Sense of Personal and Professional Development, the author guides the reader gently through the maze of learning styles, ways of learning and how to identify future goals and development needs. Stress and Time Management are examined with a real life case study analysis to bring it to life. Finally the author guides you through the construction of a Personal Development Portfolio with the subsequent Action Plans, and Development Records aimed to enhance learning and development and impress any prospective employer. This is the...



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#### The Well-Trained Mind: A Guide to Classical Education at Home (Hardback)

WW Norton Co, United States, 2016. Hardback. Book Condition: New. 4th Revised edition. 244 x 165 mm. Language: English. Brand New Book. The Well-Trained Mind will instruct you, step by step, on how to give your child an academically rigorous, comprehensive...



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