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Enjoy Every Sandwich: Living Each Day as If it Were Your Last

By Lee Lipsenthal

Transworld Publishers Ltd. Hardback. Book Condition: new. BRAND NEW, Enjoy Every Sandwich: Living Each Day as If it Were Your Last, Lee Lipsenthal, Lee Lipsenthal had a charmed life: married to the love of his life, the proud father of two remarkable children, working as medical director of the Preventive Medicine Research Institute. In his personal relationships and with his patients, Lee was committed to living his life fully and gratefully each day. The power of those beliefs were tested in July 2009 when he was diagnosed with esophageal cancer, leaving him with a 90 percent chance of dying within five years. As Lee and his wife Kathy navigated his diagnosis, illness and treatment, he discovered that he did not fear death, and even as he faced his own mortality, he felt more fully alive than ever before. In the bestselling tradition of "Don't Sweat the Small Stuff" and "The Last Lecture", "Enjoy Every Sandwich" distils everything Lee learned about how we find meaning, purpose and peace in our lives. Told with humour and heart, this deeply inspiring book will help readers embrace their humanity, accept uncertainty and live a life of gratitude - whether they are facing the end...



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